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King
MOSAIC spring 2020

ArtsSocietyKing.ca



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CONTRIBUTING WRITERS AND ARTISTS

- Carlo Allion
- Irene Bayer
- Meline Beach
- Marianne Broome
- Brett Davis
- Julia Galt
- Brigitte Granton
- Tracy Lee Green
- Teri Hastings
- Isobel
- Deborah Jolly
- Louise Di Iorio
- Dorita Peer
- Elsa-Ann Pickard
- Kathleen Rodgers
- Kalli Secord
- Patti Skrypek
- Arlene Stephenson
- Cheryl Uhrig
- Arthur Weis

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King MOSAIC is produced by Arts Society King four times a year (March, June, September, and December), by a dedicated committee of volunteers. The magazine is distributed by London Publishing Corp. to all households in King as well as libraries, businesses, restaurants, offices, and other public places.

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We welcome your feedback and suggestions.

Write to us at

info@artsocietyking.ca

FEATURED CONTRIBUTOR:

KALLI SECORD



Kalli has her Masters of Information and Library Science degree from University College Dublin and loved the time she got to spend in Ireland while studying. She has worked for the King Township Public Library for over 3 years now, doing a variety of children's programming as well as being a part of the marketing team. She is pleased to be working in King Township and getting to be a part of the community through the Library and writing the quarterly MOSAIC articles for the Library.

She is also part of the Ontario Library Association's selection committee for the Forest of Reading, which promotes the reading of Canadian books to Ontarians of all ages! In her spare time, Kalli loves reading, as most librarians do, and she loves to spend time with family and friends while enjoying the outdoors. Read the library article by Kalli on page 21.

• Summer Blooms
• by Brigitte Granton



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LET ME ASK YOU...



OUR COVER CARLO ALLION

Artist Carlo Allion spent a decade experimenting with mixed media in creating his fantasy works of art. Bordering on surrealism, he shares an eccentric and exaggerated perspective with floating objects and disproportionate figures that embrace symbolism and metaphors related to his fondness for wildlife and mother nature as the protector. Allion's diverse experience since college graduation has finally led him to a place in his career doing what he loves most – exploring his creativity, creating meaning and evoking personal connections through his visual works of art, from abstract and fantasy to most recently, landscape.

Read more about Carlo Allion on page 4.



9 • King City Lions singing Christmas carols for residents of the King City Lodge Nursing Home



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LIVING BY THE MOTTO: "WE SERVE"

EXPLORE 3D PRINTING

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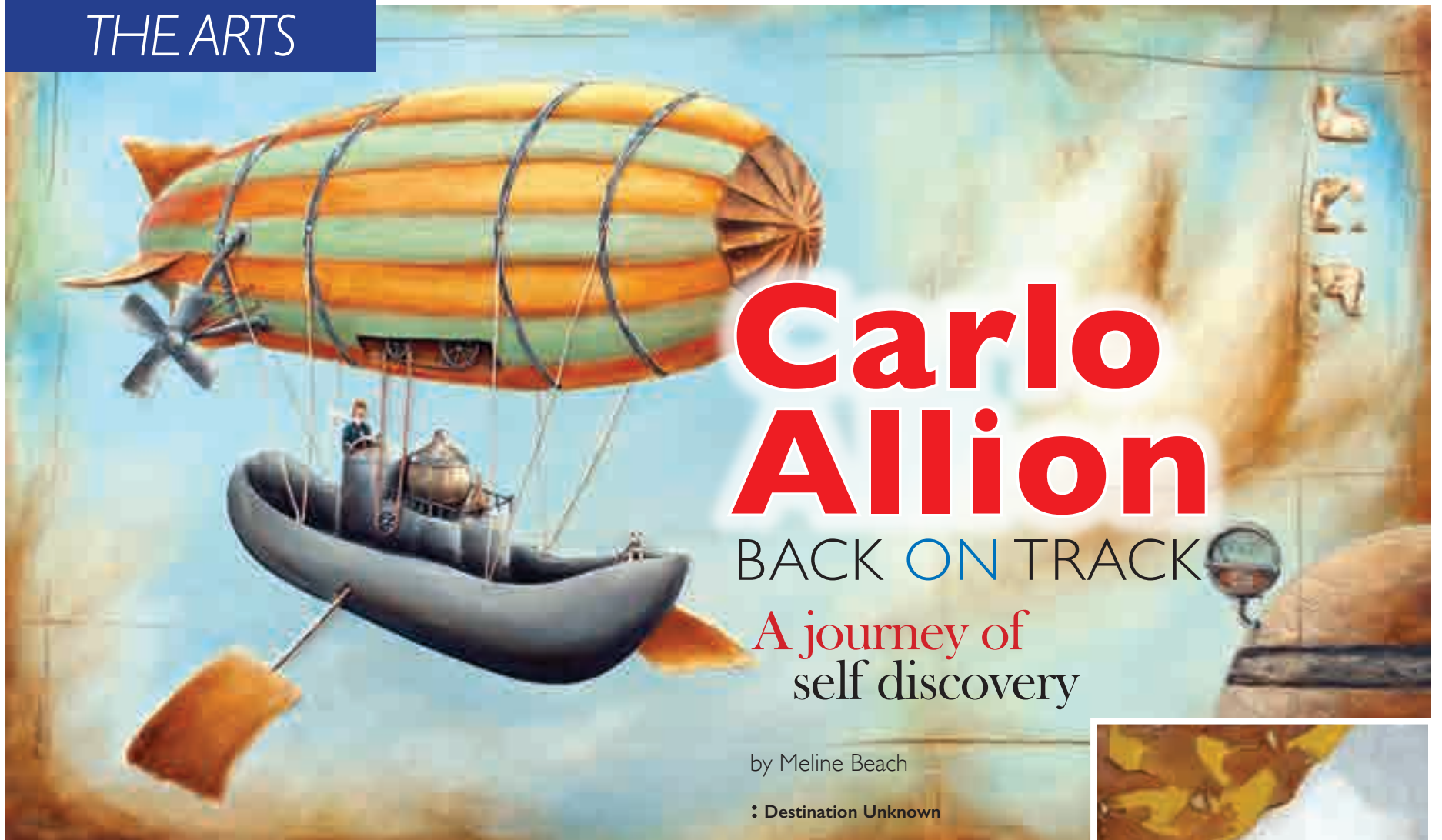
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Carlo Allion

BACK ON TRACK

A journey of self discovery

by Meline Beach

• Destination Unknown

“And why not?” is a question Artist Carlo Allion would often ask himself when embarking on a new project.

“That’s the joy of painting fantasy,” says Allion. “I can expose my imagination, explore my creativity and see how far it can go.”

Allion is referring to his artwork that portrays whimsical, fun and playful images of fairy tale figures and animals with exaggerated limbs and other elements, like larger-than-life headpieces, disproportionate wheels and stilt-like legs on elephants and horses.

“If I wanted to put an elephant in a tree or on a floating carpet, I’d just do it,” says Allion, who even includes images of his dog, an outgoing Yorkie, in many of his paintings – seen leaping or sitting on a floating piece of land with a tree. He prides himself on having a vivid imagination from an early age that he expressed through years of doodling.

Using a unique mixed media sculpting technique, Allion applies multiple layers of

moulding paste with trowels and knives to build out what starts off as a single idea or concept on canvas or panel before painting it with acrylic. While he considers his fantasy art form to be very time consuming, it was an important period in his development as an artist that allowed him to build a solid collector base.

“I take subconscious-derived imagery, and like a little kid, I apply a more playful approach to take my work in any direction,” says Allion. Bordering on surrealism, Allion’s fantasy work can take on multiple meanings and evoke a unique emotional connection with each piece.

The meaning of surrealism is, after all, related to the subconscious – a movement or message about an altered reality. Influenced by the works of Alberto Giacometti and Salvador Dali, for their eccentric and exaggerated perspective with distorted objects and visual puns, Allion admits there is symbolism and metaphors in his fantasy works of art that may not necessarily be related to politics but rather to what is happening in society at the time. A devout vegan, Allion condemns animal cruelty and through his fantasy art expresses a fondness for wildlife and mother nature as a protector. It is for this reason that he says his fantasy work can also be mentally draining.

While art in any form is subjective and personal, Allion acknowledges that his fantasy work appeals to a very specific clientele – “a buyer who appreciates the story, or what they think the story ought to be... that makes them think.” Over 80 pieces of Allion’s fantasy works of art are shown on his website – all but two are listed as sold.

This isn’t Allion’s first collection of work.

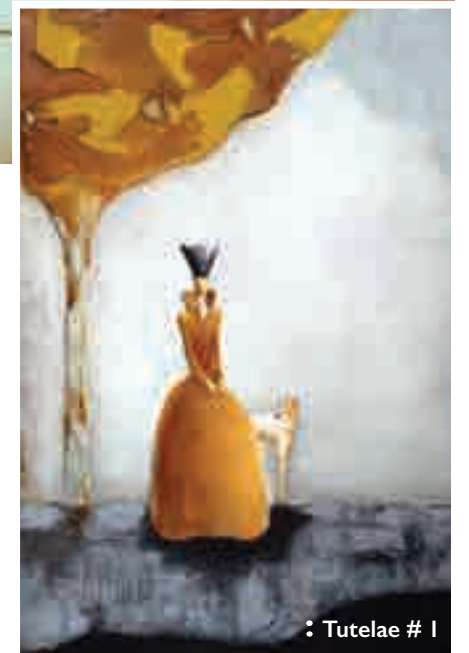
Despite his formal education in fine art, philosophy, mythology and photography at

Centennial College, it took 25 years for Allion to realize his true passion and transition to life as a visual artist. Like many students who strive to find their career path after graduation, Allion pursued a variety of jobs, from sales and retail management to small company start-ups in landscaping, renovations and architectural finishing. While he was successful in all of his endeavours, it was the latter that enabled him to carve a niche and create a name for himself. His specialized skills in high-end architectural finishes earned him a reputation as a top painter, texturist and faux finisher in Toronto, which served as a launchpad and secured his commitment to the visual arts.

Before transitioning to a full-time visual artist, he spent two years taking workshops and studying with seasoned artists in order to further develop his skills. His first genre of artwork was abstract, which he exhibited for the first time at the Toronto Art Expo in 2008. After a few showings and sales of his work, Allion gained the confidence to pursue his passion and earn a living from his art. He now considers himself a mid-career full-time artist, whose work has evolved from abstract to fantasy to most recently, landscape.

Allion lives in Kawartha Lakes where his natural surroundings inspire his current work. The fresh air and rural views he enjoys while out walking his dogs are captured in his landscapes, painted oil on canvas. His work is a reflection of nature’s charm from sunrise to sunset across the seasons – complete with secluded trees, waterways and shoreline edges.

A self-professed slow painter, Allion averages 60 to 80 pieces a year, with 10 to 12 pieces at various stages of completion at any given time in his studio. He relies on his imagination,



• Tutelae # 1

inspiration, mood and a playlist of easy listening music in his basement studio to get him through each project.

“My favourite piece is always my last piece,” says Allion. “However, I’m always driven to do better and feel the need to push my work and explore new directions in order to grow as an artist.”

And that’s a good thing. Had Allion not been driven to explore the potential of his creative side, the arts community would be void of his talent. While it took him 25 years to finally pursue his passion, Allion is back on track and happy where he is and doing what he loves.

“Pursuing a career in fine arts is not only about skills and ability,” says Allion. “It’s a leap of faith and a strong dose of confidence to trust your strengths, know how to market your work and support yourself.”

Based on a friend’s suggestion, Allion joined Arts Society King in 2015 and has since participated in the Schomberg Street Gallery and Studio Tour King. His work is also represented at a number of galleries across the province, a variety of juried shows throughout the year, and online at www.carloallion.com. You can also follow Allion on Facebook or Instagram (@carloallionart) or subscribe to his e-newsletter at carloallion@gmail.com for more information.



• Embraced by Light and Lace

THE *Peace* OF WILD THINGS



• The artist at the
• Schomberg Street
• Gallery - photo credit: Dorita Peer

TRACEY LEE GREEN

by Dorita Peer



Spring.

Life is burgeoning all around us, bursting forth oblivious to human history and technology, as it has since the beginning of Earth time.

What is more endearing than a puppy or a kitten or an Easter duckling: these familiars to our domestic lives. Even more precious is our beleaguered wildlife and its habitat, to which this artist has committed her life.

Tracey's menagerie leapt out at me during my 2019 Schomberg Street Gallery tour. What her masterly hand had captured was the essence of animals without exaggerated cuteness. What she had not done – enlarged an eye, injected a sappy look – was as telling as what she had: aroused in us a deep feeling for our animal family as it really is.

Fluid acrylics on water-resistant yupo paper preserve their intensity of value even when diluted. The combination misbehaves nicely, which delights the artist's spirit of partnership with blots gone wild. And that alluring transparency lets light flow in and around animals in compositions that set them against spare backgrounds and cloudless skies. Tracey's hummingbird glitters magically iridescent and shows the genius of choosing this paper and that paint.

Photographic references from Wetcanvas.com or Shutterstock complete the perfecting of a whisker here, a quill there, a twitch, a gesture. The artist's scientific roots demand such verismo. Tracey completed environmental studies at Sir Sandford Fleming and has advised on projects near Orangeville and Haliburton, where she currently lives. It was around that time, in the presence of a friend's abstract, that she experienced a flash of illumination telling her that art was her true path. Though she honours her many teachers, she admits that her preferred method by far is trial until success, and shares the best advice she ever got: "When you are not sure what to do next, find the best part of your painting and paint over it."

Each animal appears both vital and fragile, its well-fleshed out feathered or furred or

leathery anatomy seeming so touchable, is rendered by a hand of exceptional draughting skill as well as passion for the subject. It was not always thus. For fifteen years prior, Tracey painted only more traditional figures and landscapes, not animals.

There came a turning point in her life. In fact, she nearly ended it. Of Metis heritage, she was raised in a culture of shame. Growing up an abused child with no role model, she turned to nature for sanctuary and a sense of normalcy. She made meaning of her days by parenting the household and holding up bits of the community. She chose over-achievement instead of self-pity; her words. Then, when she hit the wall in 2015, she was hospitalized. PTSD comes with clumsy therapies and the offer of drug fixes, which she eschewed. For all her trials, Tracey exudes great strength and energy. Sometimes the fates that dish out horror also hand out a survival kit. Creativity is humanity's superpower.

Her second chance brought Tracey full circle and the conviction that what made her heart beat strongest was painting animals. Animal art is suicide, she was warned. Well used to harsher challenges, she rose in defiance. Notwithstanding her brush with extinction, Tracey possesses an intuitive sense of direction. "As an artist, I'd come home," she says. Into the peace of wild things, as Wendell Berry's poem promises.

Her work is beyond ordinary. It has won awards and graced walls in galleries such as Rails End in Haliburton and the Art Gallery of Bancroft. Her application to the grand Toronto Outdoor Art Fair is sure to earn the jury's approval. And fans like me will seek her out again at the 2020 Schomberg Street Gallery. She is excited to tell of her plan to put a series of short lessons on YouTube. "I want to inspire people to play because that is what I do now."

traceyleegreen.artist@gmail.com



• A work in progress



• "I want to rawr!"
• Eastern Cougar Cub



: Il Tappeto Magico #1

Humans are animals blessed with imagination.

Yet our kind is also subject to the powers of instinct, and our celebrated reason is as plastic as chewing gum. Pop goes the answer! Any illusionist can fake us out. We are also natural seekers, given to questioning the status quo. What are we seeing? What do we know? When we stretch our perceptions beyond the obvious, our precious vanity is stopped in its tracks. The twitchy twilight zone of knowing, the maddening outer limits of credulity are where artists like Carlo Allion (this month's cover) and writers like Isobel invite us to venture.

by Dorita Peer

Nowhere

by Isobel

It is known that elephant calves trip on their trunks when they are born. This noodle-like, tripping appendage is like a jump rope to hides of fossil, mink and thunder grey; to feet thick and cumbersome with five toes in the front, four in back, the little ivory speckles sitting under tusks harvested for chess pieces. Mothers stay close to their young, making sure they do not stray too far from the herd and do not mingle with savanna cats with pearly whites dripping with ravenous anticipation.

In the upside-down world, where there are no savannas or giant African baobab trees holding a decade's worth of water, calves are born with legs longer than their

trunks. They tower over trees, over clouds and cliffs and see over the edge of the wooden barricade where poor Mary the elephant shed her own tears over her lost calf. Here splashes of tortilla, peanut and russet brown define sky, land and horizon, and calves can wave at friends floating in ruby-and-topaz striped hot air balloons floating off to the Nowhere.

A fellow quadruped pushes a baby carriage, another calf standing proud in its tiny velvet throne, waving at its fellow floating quadrupeds in the sky, robin's egg blue and aquamarine stretching off horizons defined by fading blues and bursts of brown. A quaint little parasol is over the shoulder of the motherly mammalian

friend, minding a sun which does not exist and light which brightens its shining white fur. The ground is wet, but there is no rain. It is good to be an elephant in the Upside Down world. No one minds your spindly legs and when you fall there is always someone to pick you up.

Here the risk is floating off too far to the Nowhere. Plenty of calves have seen their fellow furry friends go up in the balloons, promising to come back, saying goodbye, and do not see them again. It can be sad. But, a cat or a dog is trapped on a cliff, ready to fall. It's a good thing the calf is there to help. No height is too great for such amazing legs.

Up they go, and there! Saved! But don't go too far, my friend, or

wander too close to the balloons or the carpets. They, too, can whisk you away to the Nowhere, and the calf will never see them again.

But this is the Upside Down world. A calf does not have to worry about tripping on his trunk, or worry about falling. It is easy to step on the floating red carpet and let it whisk him away wherever he wants it to go – because in the Upside Down world, Nowhere always leads to Somewhere. The calf will see his friends again. Splashes of ruby, garnet, sangria and berry red will let him know they have returned.

Next time, he'll join them. The calf has his new carpet. He, too, can fly – and see the Nowhere from Somewhere.



On behalf of King Township council, I'm pleased to welcome you to the spring edition of Mosaic.

Now is a great time to start thinking about registering your children for sports leagues and activities. I encourage you to browse through our 2020 Spring and Summer Community Guide for a list of exciting programs and activities for you and your family.

You can find printed copies of the guide at the municipal offices at 2585 King Rd. in King City, township arenas and libraries. The guide is also online at www.king.ca.

Local artists from King Township and guest artists from neighbouring communities are preparing for the next Arts Society King (ASK) Studio Tour King. This two-day annual spring art event takes place April 25 and 26, and is expected to be the largest in its 15-year history.

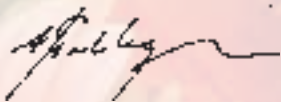
A broad spectrum of disciplines will be represented during ASK Studio Tour King 2020. Artists working in oil, acrylic, and watercolour painting, leather, photography, textiles and woodworking will be showing a variety of unique and original creations at their own studios and in public locations such as the King Heritage and Cultural Centre. Visitors to the ASK Studio Tour King will be encouraged to stop by all locations during the weekend of the studio tour to see how artists work in their own environments. This is a great time to connect with artists on a personal level, find out what inspires them, and purchase artwork from a local source.

ASK Studio Tour King takes place on the weekend of April 25 and 26, 2020, from 10 am to 5 pm, both days, at various locations in King Township. For an interactive online experience, connect with Studio Tour King on Facebook at: www.facebook.com/studiotourking and at www.ArtsSocietyKing.ca.

Have a safe and fun spring and, as always, shop locally as much as you can.



Steve Pellegrini
Mayor, King Township



PARKS, RECREATION AND CULTURE EVENTS

MAPLE SYRUPFEST

Location: Cold Creek Conservation Area

Age: All ages

Fee: \$10 per person or \$35 for a family of 4 (includes breakfast & activities).

Date and time: Sat., March 14, 2020, 10 am – 2 pm

Start your day right with a delicious pancake breakfast and learn about syrup tapping, evaporating and the rich history that brought us this sweet treat. Drop in for the sweet taste of maple syrup and take part in a variety of exciting activities for all ages.

EARTH HOUR LANTERN MAKING WORKSHOP

Location: Cold Creek Conservation Area (Nobleton)

Age: All ages

Date and time: Sat., March 28 – 8 pm - 9:30 pm.

Fee: free (Registration required – visit king-env.weebly.com or call 905-833-6555: registration code – 165)

In celebration of Earth Hour, switch off your lights and join us in a lantern-making workshop! Bring an old mason jar to re-purpose into a lantern and enjoy a bonfire. This is a family-friendly event. All supplies will be provided other than the mason jar.

INDOOR COMMUNITY YARD SALE AT TRISAN CENTRE (SCHOMBERG)

Sat., May 2, 2020 8 am - 12 pm

It's time to do some spring cleaning and turn that clutter into cash. The Township of King invites you to join us for the annual Community Indoor Yard Sale. Participants have the option to donate any unsold items to the Salvation Army and/or Diabetes Canada onsite upon the event's completion. Tables can be purchased for \$20/table, two tables for \$35 or three tables for \$45.

For more information email events@king.ca

NOBLETON VICTORIA DAY PRESENTED BY TIM HORTONS

Mon., May 18, 2020

Come celebrate Victoria Day in Nobleton! Start your day watching the annual Victoria Day Parade (leaving from the Nobleton Library at 11am). Make your way to the Nobleton Arena for the famous Victoria Day Fair which includes vendors, food, entertainment and a midway. Finish off the day watching the greatest Victoria Day fireworks display in Ontario. Parade starts from the Nobleton Arena at 11 am. Fair and Midway start at 12 pm at the Nobleton Arena (15 Old King Road) Fireworks start at dusk behind the Nobleton Arena. For more information please contact events@king.ca

SCHOMBERG AGRICULTURAL FAIR

May 28 - May 31, 2020

The Schomberg Agricultural Fair is a heart-warming (and fun!) local tradition that is marking its 170th edition this year. Every May, rain or shine, Schomberg plays host to a colourful celebration of local agriculture, art, and talent. Many attractions and traditions are featured at the Schomberg Fair which is located in the heart of Schomberg.

The 170th fair theme is "Through the Farm Gates." It runs from May 28 to May 31, 2020.

For more information on admission fees, event schedule and parking please visit www.schombergfair.com/.



SustainableKing

Are you a member of a community group that is working on a project or initiative that helps to further the vision, goals, strategies and actions identified in King's Community Sustainability Plan? If so, you may be eligible to receive funding or resource support from the township. Visit www.sustainableking.com to access the Sustainable King Assessment Form.

King's Sustainability Plan is focused on implementing sustainable actions and leveraging the resources of our community.

For more information, email sustainability@king.ca.

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LIVING BY THE MOTTO “WE SERVE”

by Julia Galt

If you've spent decades, years, or indeed even hours in King Township, chances are you've been affected, in some close or far-reaching way, by one of the three dedicated Lions Clubs we call our own. Since the organization's founding in 1917, a commitment to honouring the motto "we serve" has led to Lions across more than 200 countries and geographical areas tirelessly volunteer their time, efforts, and abilities into enriching their communities on a global and personal scale. King's Lions Clubs of Schomberg, Nobleton, and King City are no exception; through their efforts, they've not only enriched the lives of us all, but have helped make King Township the warm, welcoming, and wonderful community that it is.

It was Schomberg that was responsible for first introducing the Lions to King Township when a group of businessmen looking to boost commerce and give back to the community formed the area's first Lions Club in 1947. Two years after the end of the Second World War, with an itch to get back to work, these 36 charter members set their sights on a single goal: raising money to install lights in the Schomberg ballpark and fairgrounds. Led by the group's first president, Elwood Dale, owner of the local Cashway Hardware Store, the Lions decided that the best way to raise money was to shut down Main Street every Wednesday in summer, and hold dances, have games, and sell food on the busy road. Over

\$50,000 was promptly raised, and the newly installed lights were wired up by an electrician Lion. For three years, the Lions continued to raise funds on Main Street, after which they switched to raffling off cars, and, finally, to their current method, the yearly cash raffle. The Schomberg Lions have, through the years, donated \$40,000 to build the Schomberg Community Agricultural Arena and \$30,000 for the Trisan Centre, helped propose and develop the Kitchen-Breedon Manor; created the Osin Lions park, and sponsored local sports teams, amongst others. With a 20-strong membership in 2019, the Schomberg Lions have continued this tradition of volunteering.

King City was the second place to gain a Lions Club in the Township, with 32 dedicated community members coming together to form a Club in 1952. John C. Dew, the Lions' President for the first 3 years, led the group as it assumed the role of organizing the local hockey league, driving players to the nearest arena in Nobleton and renting out the rink on Saturdays to play. They also dedicated themselves to the baseball community, refurbishing the diamond and running the local league. Uniquely, the King City Lions also found fundraising success by selling lightbulbs and fertilizer door-to-door, which was then in turn used to provide financial assistance to the poor. By selling \$60 cash draw tickets, the Lions were able to raise \$68,000 towards the building of the King City Arena, and through a

combination of an auction and \$20 cash draw, they also contributed \$75,000 towards the Seniors' Centre - a third of total costs for both buildings. Monthly poker tournaments, cash draws, and fundraising dinners provide the bulk of the Lions' funds in modern-day, and volunteer work by its 21 members has seen donations to the local food bank, seniors' events, and the purchasing of defibrillators, amongst others.

Nobleton joined the Lions' ranks in 1962, seeking to make positive changes at a regional, district, and global level. Local bank manager Bill Beacom assumed the role of first President, leading a group of 35 locals during the Club's inaugural year. While their first undertaking was the relatively simple task of re-flooring the local Community Hall, fundraising efforts soon kicked off and the Lions set their sights on two larger goals: building a new library and purchasing a used ambulance for the community. They found staggering success in their car draws, the first of which saw a 1964 Pontiac Strata Chief auctioned off for \$10 a ticket. As the car draws attracted more and more attention, the Nobleton Lions were able to donate over \$100,000 to the Nobleton Arena, build the public swimming pool at a cost of \$96,000, and supply lighting for the baseball diamond at a cost of \$19,000. A Lioness Club was also formed during this time and donated to charities alongside the Lions until its dissolution in 1995. The 27 current Nobleton Lions members, including original member

Dave Harper, have continued this tradition of excellence. Through the success of their annual Golf Tournament fundraiser and regular cash draws, the modern-day Lions have made incredible contributions to multiple charities and community projects.

The three Lions Clubs have made it a tradition to meet once a year, enjoying a sit-down dinner that rotates between each of the three towns. They're always looking for new members - it's a wonderful way for men and women to make new friends, help make their communities a better place, and to have fun all the while. If you are interested in becoming a Lion or would like more information, please contact a local Lion or reach out to the Clubs online.



• A tree is planted at the Trisan Centre honouring Schomberg Lion Bill Hanlon, the Club's longest-serving member

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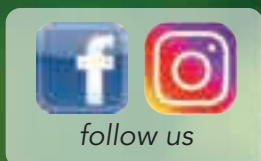
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• Photo of the Steering Committee for the Mayor's Cultural Gala – photo credit to Liza Mallyon, Collections and Exhibitions Coordinator. Names from left to right: Michelle McNally (Arts Society King), Lynda Rogers (Arts Society King), Ann Love (King Township Historical Society), Erika Baird (King Township) Not pictured: Alexandra Ney (King Township Museum Board), and Teresa Barresi (King Township).



• Teri Hastings,
• Photo Credit:
• Ken Hastings

VOLUNTEERING

by Deborah Jolly

Welcome 2020 – a new year and new decade is an occasion to celebrate MOSAiC Magazine!

We are entering our ninth year of publication (31 issues - wow!) and celebrating 15 years since Arts Society King was established (more wow!). Collectively that is almost 25 years in which volunteers have dedicated their free time to sharing the Arts & Culture of King Township!

I reached out to ASK's Executive Director for the last five years, Teri Hastings, to find out exactly what it takes to sustain this giving-spirit for 15 years and was warmed by Teri's commitment to one simple philosophy: "build meaningful relationships". It is at work in ASK and MOSAiC's extremely committed team of volunteers, writers, artists, editorial committee, musicians, actors, and partnerships, including King Township (KT), as well as a Board of Directors that give and give (and give!).

Teri points out that ASK had many years of success prior to her arrival. It was established in 2005 when Judy Craig, an art enthusiast passionate about the arts and talent within King, connected with Marianne Broome and Garry Conway, both artists who initiated the first Studio Tour King. By February 2006 they had incorporated a solo entity, our not-for-profit volunteer organization, known as Arts Society King (ASK).

A kind and generous force with operations and social media experience, Teri has provided event planning services for 15+ years. Early on, she set out to "refine job descriptions so that roles were understood and there were no mixed

messages in requirements and delivery." She adds that "truly showing appreciation, often with a handwritten note," allowed her reach beyond ASK and establish meaningful connections within the community. With ASK offering an average of 24 events per year, and MOSAiC distributing 50K issues annually through its quarterly publication, that's a lot of hand-written notes!

In fact, our spirited and selfless volunteers contributed more than 5,000 hours over the last two years alone. Teri recognizes that "engaging new volunteers, and more importantly, retaining a loyal team of volunteers, means being committed to them, offering clarity of expectations, and being available to answer their questions." And this same commitment of clarity also extends to the King community, through her bi-weekly emails, with updates on all that is arts and culture within KT. An initial roster of 60 members and residents, Teri has grown this to 900+ people, who are the first to know 'where-and-when' about upcoming events.

"When people see and feel how they fit into something larger, this is when you realize the benefits of coming together with purpose." Every year, Canadians contribute 2 billion volunteer hours, with 6% of these committed to arts and culture. "So, what makes a great volunteer?"

"It really is an interesting box of chocolates," Teri said. "It takes all types of people and strengths to make something meaningful happen. I just smiled inside when

you asked me. I really believe that every volunteer has the potential to be great if we take time to listen and understand how they would like to commit their time, and where they can bring the biggest benefit to themselves, as well as our events. I know this may sound cliché but there truly is something for everyone within ASK and MOSAiC." Agreed, indeed!

ASK offers art-driven events such as Studio Tour King, Schomberg Street Gallery, youth art groups, and cultural and experience events such as Literary Festival, Summer Blooms, Historic Tours, Scotch Tasting, and King Travel Diaries. The first annual Mayor's Cultural Gala was held at the Cardinal Golf Club in February.

Hosting 100 people, the Mayor's Gala is a great representation of partnership, coordination, and teamwork involved in one of our volunteer-driven events between ASK, KT, KT Heritage & Cultural Centre, KT Museum, and KT Historical Society. King City Mayor, Steve Pellegrini, and community members came together to share dinner, dancing and a silent auction to support and celebrate this great community and promote arts and culture in KT.

Collaboration of this scope requires a steering committee of two KT staff members, four volunteers, and a dedicated team of 20+ volunteers who employ talents to branding, advertising, event organization, ticket sales, and, often, event participation. Logistics, volunteer enthusiasm, and a common love for KT is

what made this event such a success, with one hundred percent of all monies raised, supporting each partnership member's own rich and diverse endeavours.

To some, it is altruism, philanthropy, or pure selflessness, but Teri has a different take. "In my first interview, with a panel of eight people, including the Board of Directors, I was instantly drawn in with their excitement and I credit each person there for sprinkling their magic fairy dust all over me. They were all ASK members, volunteers, and their enthusiasm was infectious. I was hooked immediately!" Teri's most important take away from many volunteers is simple, "Don't sweat the small stuff and all will be fine." And that it will. As Teri moves on to new adventures, we thank her for helping to grow both ASK and MOSAiC to where we are today. Recognizing that volunteering improves happiness and quality of life and noting that Teri has also contributed 15-20 hours per week during her tenure with ASK and MOSAiC, I would say that's a whole lot of joy she has given and received.

Profound gratitude and praise to each volunteer and partner who make all that we do possible! We are ready to greet the next decade with KT's unique style of enthusiasm, grace, and complete social harmony. If you would like to support ASK, get involved, or if you would like to receive our bi-weekly e-blast, please contact us at info@artsocietyking.ca.



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BRETT DAVIS
Sculptor
lives in Newmarket
www.ageofbronze.ca

Let me ASK you...

Have you ever heard of the Proust Questionnaire? It's a series of questions that was popularized by Marcel Proust, the French essayist and novelist, almost 150 years ago. It started as a parlour game to discover new things about a friend's true nature, and it's been used ever since by writers and interviewers. Famous people who have answered the questionnaire include Oscar Wilde, David Bowie and Jane Goodall. Below is a sampling of Proust questions to help you get to know three Arts Society King (ASK) members a little better.

featuring
*Brigitte Granton,
Marianne Broome
and Brett Davis*

by Patti Skrypek



Spring March by
Brigitte Granton

What is your idea of perfect happiness?

- A quiet walk in the woods, usually off the path, observing, listening and exploring. That's when I feel most inspired, refreshed and at peace. Brigitte Granton (BG)
- Hiking off the beaten track with my dog for some plain air painting. Marianne Broome (MB)
- Loving what you do for a living, family and friends. Brett Davis (BD)

What do you consider the most overrated virtue?

- Magnificence. Magnificence is self-defined and fleeting. The joy of creating a "masterpiece" lasts only until I finish the painting, at which point I know that my next painting will be even better. (BG)
- Silence. (MB)

Which talent would you most like to have?

- To be a better oral communicator. I find it difficult to express myself in the literal sense and feel more comfortable communicating in paint. (BG)
- Playing the piano (better than I do). (MB)
- Being able to play and write music. (BD)

What is your most treasured possession?

- Experiences and memories as I don't value materialistic things. (BG)
- My most treasured possessions are not things. I value family, friends, animals and nature. (MB)

What is your most marked characteristic?

- I feel I'm a fair and caring person. I tend to want to fix situations. (BG)
- Empathy. (MB)
- Personality. (BD)

What do you most value in your friends?

- I value humour and humility. I value people who have the ability to not take themselves too seriously and be able to laugh at oneself. (BG)
- Integrity and loyalty. (MB)
- Honesty, truth and respect. (BD)

Who is your hero of fiction?

- I don't have any particular heroes. I highly respect people who dedicate themselves selflessly to causes that benefit the environment and the health of humankind. (BG)
- Jane Eyre. (MB)
- As a writer of fiction, Charles Dickens. (BD)

What is it that you most dislike?

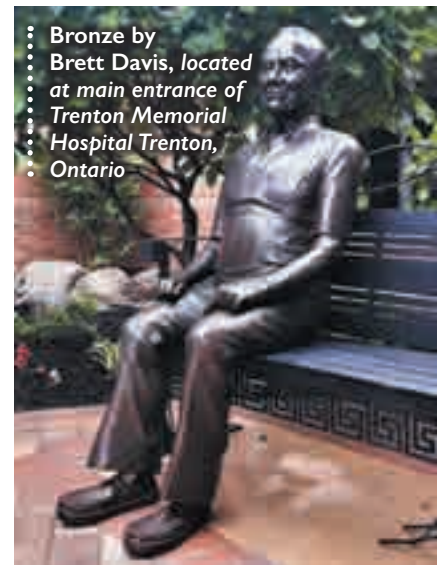
- Arrogance in people. We all have strengths and weaknesses and should be respected for our differences. No one is above becoming a better person or becoming better at what you do. (BG)
- Corporate and political greed that results in harm to people, animals and/or the environment. (MB)
- Dishonesty and disrespect. (BD)

What do you consider your greatest achievement?

- Aside from raising two healthy, happy and successful children, my greatest achievement is having the confidence to pursue my lifelong passion at this later stage in my life. It really is never too late to follow your dreams. (BG)
- Founding and running a Montessori School. (MB)
- Raising three boys while establishing and maintaining my artistic practice. (BD)



Yellow Iris by Marianne Broome



Bronze by
Brett Davis, located
at main entrance of
Trenton Memorial
Hospital Trenton,
Ontario

Events in and Around King Township

by Arts Society King



February 27 - Mayor Cultural Gala at Cardinal Golf Club. A must go to Event! This is your chance to come out and support the Cultural Colonies in King. Open your horizons to the world of colour, shape and sound.

March 7 & March 14 - Wet Felted Workshop and Beaded Bangle Workshop at Kingcrafts Studio, 12936 Keele Street, 10 AM - 2 PM. Join us for a Wet felted Workshop and Beaded Bangle. Check our website for details www.kingcrafts.ca

March 11 - Gordon Fogg Memorial Youth Curling Bonspiel all day event at Trisan Centre, Schomberg. Curling bonspiel for youth curlers. Enter your team at kingcurling.com or email communications@kingcurling.com.

March 14 - Go For Green Curling Bonspiel, all day event at Trisan Centre, Schomberg. Curling bonspiel. Enter your team at kingcurling.com or email communications@kingcurling.com.

March 16 to March 20 - March Break Nature Camp at Lake St. George Field Centre (950 Bethesda Side Road, Richmond Hill), 9 AM - 4 PM (extended care available). Campers will explore and learn about nature through active play, discovery and skill building. We will play games in the forest and have fun orienteering, tracking, creating nature art, making shelters, and building a fire! Contact

Toronto and Region Conservation Authority at 416.667.6295 ext. 4 or cservice@trca.ca.

March 20 - Pot Luck Lunch at the King City Seniors' Centre, 12:30 PM. Attendees are asked to bring a main course item or a dessert.

March 21 - The Importance of Fruit Trees for Pollinators Educational Talk at Cold Creek Conservation Area, Visitor's Centre, 10:00 AM - 12:15 PM. Join us for a hike in the conservation area to learn about the sugar bush and sap production; a Lake Simcoe South Master Gardener will follow up with a presentation on the importance of fruit trees to various pollinators. This is a free event; registration is required. For more information contact environmentalstewardship@king.ca; 905-833-6555.

Coming Soon - Arts Cultural Experience Series. A variety of chances to experience Art Galleries, Speakers and more. Details coming watch the website. Artsocietyking.ca

March 23 - Pruning Demonstration at Nobleton Community Hall - 19 Old King Rd, Nobleton, 7:30-9 PM. The purpose of this seminar is to provide gardeners with enough knowledge and practical information that they will feel confident to prune, shape, and / or manicure their landscape plants with the ultimate goal of improving functionality and plant health; and enjoy their garden to its full

potential. Contact Nobleton/King City Garden Club at nobletonkingcitygardenclub@gmail.com.

March 24; 5:00 PM - 8:00 PM, March 28; 9:00 AM - 12:00 PM, April 21; 5:00 PM - 8:00 PM - Beginner Bee Keeping Workshop at Cold Creek Conservation Area, Visitor's Centre. If you have interest in becoming a beekeeper, this is the workshop for you! After attending this workshop, you will have the knowledge to start a bee hive and become a successful beekeeper. Registration is mandatory. For more information and to register: environmentalstewardship@king.ca; 905-833-6555; king-beekeeping.eventbrite.ca

March 25 - Speaker: Christina Liorti, from CHATS at King City Seniors' Centre, 10 AM - 12 PM. Learn about services for seniors to enable them to age at home. For more information contact Frank: 905-833-0796.

April TBA - Mayor's Celebration of the Arts, Township Offices in the evening.. Youth Art Exhibit. The Mayor is passionate about encouraging the youth of King in all endeavours. This Exhibition brings together the outstanding art work being created in the School rooms of King. Drop by the Municipal office and select your favourite. Artsocietyking.ca

April 1 - Movie Night at King City Seniors' Centre, Doors open 6:30 PM, Movie starts 7 PM. Enjoy a great movie (TBA). Admission by donation. For more information contact Carolyn: 905-833-0792.

April 17 - Pot Luck Lunch at King City Seniors' Centre, 12:30 PM. Attendees are asked to bring a main course item or a dessert.

April 18 - A Night of Bluegrass Music with Tom Walker Band, 8:00 PM at King Museum. This is an intimate evening of melodious melodies that treat the ear. Tom Walker is well know and brings together an outstanding group for this gig. Artsocietyking.ca

April 20 to April 26 - King Clean Up Day, All day event at various locations. Join the Township in celebrating Earth Week by taking part in the Township-wide clean up day challenge! Pick up free clean up supplies (garbage bags, gloves) from the following locations: Trisan Centre, Schomberg Library, Nobleton Library, Ansnorveldt Library, King Township Municipal Centre. Please register your clean up group and location via e-mail or phone. environmentalstewardship@king.ca; 905-833-6555

April 22 - Bee House Building at Laskay Hall, 7:00PM - 8:30PM. To celebrate the Township of King's commitment as a Bee City, come out and learn about our local pollinators. Participants will have the opportunity to create their own bee house to take home. This is a free event; registration is required. For more information contact: environmentalstewardship@king.ca; 905-833-6555

April 25 & April 26 - Annual Spring Sale at Kingcrafts Studio, 12936 Keele Street, King City, 10 AM - 4 PM. Our members are keeping

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FOR GARDEN TOUR INFORMATION CONTACT: 905-833-7454.
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their hands warm & busy this winter. Come join us at our spring sale to see their amazing creations. www.kingcrafts.ca

April 25/26 - ASK Artist Studio Tour from 10 am to 5 pm both days at various locations including Schomberg Community Hall; King Heritage & Cultural Centre; Laskay Hall and Nobleton Community Hall. A Brochure with map will be available. Come out and meet the Artist. This annual pilgrimage of King Art Studios is a perennial favourite. The juried offering will lift you to new heights. Watch for the brochure. Facebook, Instagram, Artsocietyking.ca

April 27 - Gardening Your Front Yard: Projects and Ideas for Big & Small Spaces at Nobleton Community Hall - 19 Old King Rd, Nobleton, 7:30-9 PM. Tara Nolan will cover topics ranging from sustainable ideas, like rain gardens and eco-friendly grass alternatives, to planting for pollinators and sneaking veggies into your front yard perennial garden. Contact Nobleton/King City Garden Club at nobletonkingcitygardenclub@gmail.com.

April 27 - Free Seminar on Sustainable Gardening at King City Seniors' Centre, 10 AM - 12 PM. Learn to garden to attract bees, butterflies and birds. For more information contact Susan: 905-859-4583

May 5 - Youth Week Tree Planting at Tasca Park (49 Parkheights Trail, Nobleton), 3:30 PM - 6:30 PM. Get outside and earn volunteer hours! Help plant trees and shrubs and pick-up litter. Free bus transportation is available to and from King City Secondary School. Tasca Park. Age Range: High school students.

Contact Toronto and Region Conservation Authority at 416.661.6600 ext. 5203 trca.ca/get-involved/events

May 6 - Movie Night at King City Seniors' Centre, Doors open 6:30 PM, Movie starts 7 PM. Enjoy a great movie (TBA). Admission by donation. For more information contact Carolyn: 905-833-0792.

May 8 - York Region Summer 55+ games from 1 PM. Progressive Euchre. For more information contact Vic: 905-833-3510.

May 9 - Neighbourhood Network Spring Tree Planting at the Schomberg Community Farm, 9:30 AM - 12:30 PM. Celebrate spring by participating in Neighbourhood Network's annual community tree planting! Registration is recommended. For more information visit: www.neighbourhoodnetwork.org

May 9 - Mother's Day Wildcrafting High Tea at Lake St. George Field Centre (950 Bethesda Side Road, Richmond Hill), 1 PM - 3 PM. Forage for your own herbal blend, then sit down to high tea with homemade desserts and create a set of soothing bath tea to take home. Contact Toronto and Region Conservation Authority at 416.667.6295 ext. 4 or trca.ca/get-involved/events

May 9 - Mother's Day Tea and Succulent Workshop at Laskay Hall, 3:00 PM - 5:00 PM. Join the Lake Simcoe South Master Gardeners for a Mother's Day tea with finger foods provided. Participants will be able to create their very own small succulent planter to take home with them. Registration is required: environmentalstewardship@king.ca; 905-833-6555

Started in January 2020 - Write Now! @ King - Twice Monthly. This group meets one evening and one afternoon a month at the Municipal centre to share their writings for encouragement and comments. All are welcome. Visit www.kinglibrary.ca for more information.

May 12 - King Community Tree Planting at the King Heritage and Cultural Centre, 6:00PM - 8:00PM. Join the Township and LEAF for a native tree planting at the King Heritage and Cultural Centre; all ages are welcomed for this family friendly and fun event! Registration is recommended. For further information visit: www.yourleaf.org/events

May 15 - Pot Luck Lunch at King City Seniors' Centre, 12:30 PM. Attendees are asked to bring a main course item or a dessert.

May 23 - Plant Sale & ASK Art Pop up from 10 AM-1 PM. Arts Society King's event is SUMMER BLOOMS, a pop-up art show and sale at Laskay Hall. This is in partnership with the Nobleton King City Garden Club who are also hosting their annual plant sale. This day will be EVERYTHING floral! For more information and location details contact Nobleton/King City Garden Club at: nobletonkingcitygardenclub@gmail.com.

May 23 to May 24 - Canoe Certification Course: ORCKA Basic Canoeing at Lake St. George Field Centre (950 Bethesda Side Road, Richmond Hill), 9:30 AM - 4:30 PM each day. This course will introduce new canoeists to paddling, with an emphasis on mastering the fundamentals of tandem canoeing, water safety and safe canoeing practices. All equipment and personal flotation devices provided. Contact

Toronto and Region Conservation Authority at 416.667.6295 ext. 4 or trca.ca/get-involved/events

May 25 - All Potted Up at Nobleton Community Hall - 19 Old King Rd, Nobleton from 7:30-9 PM. Slide presentation will show how: "Patios, balconies or beside the front can be the perfect place to grow your favourite plants in containers be they petunias or potatoes. For more information contact Nobleton/King City Garden Club at nobletonkingcitygardenclub@gmail.com.

May 30 at 7 PM & May 31 at 1 PM - "The History of King" The Musical at Laskay Hall, King Heritage & Cultural Centre, 2920 King Rd., King City. Back by popular demand, "The History of King" takes you through every town and hamlet in King Township from the time of the explorers to present day through light-hearted stories, songs and surprises. For more information contact Nobleton Children's Theatre Co. at nobletonchildrenstheatreco@gmail.com.

June 4 - MOSAiC Magazine Summer 2020 edition delivered in the King Weekly Sentinel community newspaper. ArtsSocietyKing.ca

TBA - King's Feet Underground Sound & Literary Festival. Work is underway for this festival that will make you laugh, make you cry and make you think. The word is a powerful tool, come and enjoy the experience. Artsocietyking.ca



Read more about Studio Tour King 2020 on page 21.

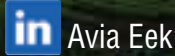


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TREASURES IN THE ARCHIVES



• Ferguson
• Family Photograph

by Louise Di Iorio and Elsa-Ann Pickard, Archives volunteers

The King Township Historical Society initiated a King Township Archives Project in 2001, with funding from the Ontario Trillium Foundation. A year later, an ambitious new partnership between the Society and the King Township Public Library Board provided a permanent home for the Archives in the Library's King City branch. The fledgling Archives were looked after by dedicated volunteers and were overseen by an Archives Management Committee. In 2015 The Archives became part of the King Township Museum collection and moved to the west wing of the newly-renovated King Township Heritage and Cultural Centre, where volunteers continue to collect, preserve, share, and celebrate the history of King Township.

The residents of King Township, both past and present, are the most important partners of the Archives. The Archives welcomes information and contributions from individuals, businesses, and organizations whose activities and achievements have given King Township its distinctive heritage. The Archives collection continues to grow and includes a variety of letters, photographs, diaries, minutes, deeds, maps, oral histories, as well as the records of local families and businesses. Original photographs and documents are gratefully accepted, but scans of your documents and photographs can

also be taken that will enrich our files if you wish to retain your family treasures.

The Archives volunteers receive many genealogical inquiries from across Canada and the United States, and even from overseas. These writers and visitors are searching for information on their forebearers – where they lived, what they looked like, what they did for a living, if they prospered, if they moved on. The Archives collection contains some of the answers they seek, but mysteries abound and questions often remain unanswered, waiting for others to add their bit of history to the Archives collection and resources.

Here are three remarkable Archives treasures that have helped us to bridge time and link fascinating people, distant places, and enduring stories.

FAMILY HISTORIES AND PHOTOGRAPHS

The Archives has a large collection of family histories and family trees, dating back to the first settlers in the Township. This sweeping photograph of a large family gathering has many unique attributes: we know the date - June 5th, 1926; we know the location - Maple Grove Farm; we know who – 150 descendants of Thomas and Catherine Ferguson (and their names!); and we know why - the celebration of the 100th anniversary of the purchase of

Lot 4 and 5, Second Concession of King, by Thomas Ferguson. Today, nearly 100 years after this gathering, Ferguson descendants can still be found in King Township.

WHERE THEY LIVED

Maps, assessment rolls, deeds and mortgages help to establish who owned properties in the Township, and when. The Archives has detailed property maps from 1860, 1878, and 1917, as well as Township Assessment Rolls from 1843 to 1950. A rare parchment land grant by King George III to Andrew Wilson dated 1803 for a property on Highway 27, near Schomberg, is one of the most valuable possessions in the Archives.

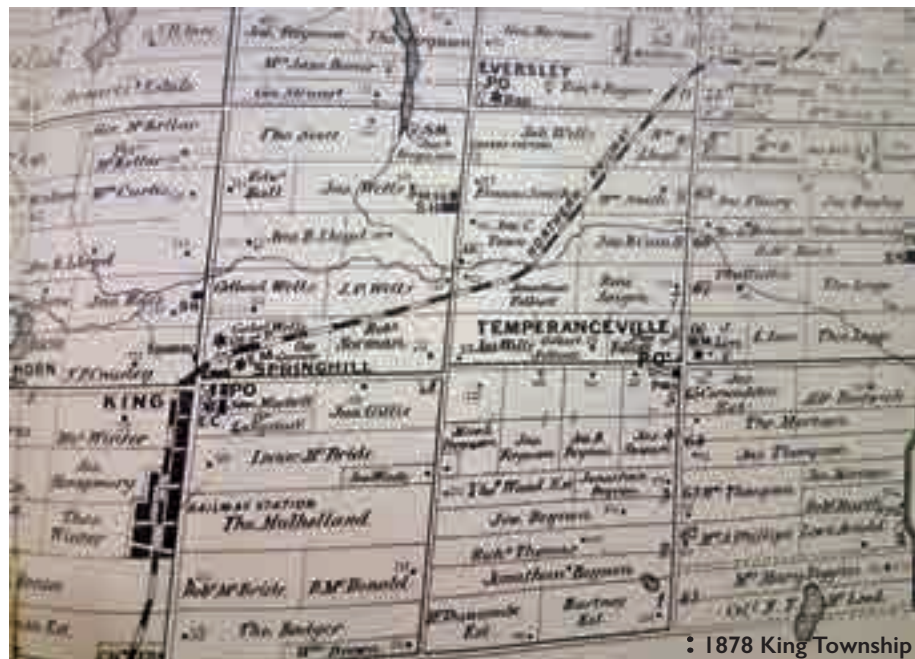
This section of the 1878 Illustrated Historical Atlas of the County of York includes the villages of Springhill (King City), Temperanceville, and Eversley. Ferguson landholdings can be found on the south-east corner of what is now King Road and Dufferin Street.

FAMILY STORIES

Letters, diaries, family histories and oral interviews reveal the struggles as well as the successes of King's early pioneers. In 1830 Christopher Stokes and his family left England for Upper Canada, living first in Thorn Hill Mills, and then in Vaughan, before finally settling in King Creek. Three of the early letters he wrote

home to his brother Reuben were kept by the Stokes family and passed down through the generations until they were donated to the King Township Archives in 2012. These richly detailed letters describe the endless physical toil, homesickness, loneliness, cholera epidemics, and the unpredictable weather. But they also portray Christopher's pride in his growing family, his success as a farmer and miller, and his wish for Reuben and his family to join them in their new country (which they did, at last, in 1850).

Perhaps you have King Township treasures of your own that you would be willing to share, documents and photographs and stories that may help the King Township Archives provide answers to some of the many inquiries that continue to arrive. The Archives reside in the King Township Heritage and Cultural Centre, 2920 King Road. You may reach the Archives volunteers at 905-833-2331 and archives@king.ca.



• 1878 King Township



• Christopher
• Stokes



• Christopher
• Stokes Letter



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BIOLOGIST AT THE TABLE

The life your food leads before it reaches the plate

Art Weis is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

— Illustration by Cheryl Uhrig
cuhrig@rogers.com



Bistecca alla Fiorentina

Grilling a steak is not complicated, but here are several hints to achieve a good approximation of the Italian version.

1. The cut: the best options are a very thick porterhouse, T-bone or a single rib of a prime rib roast.
2. Dry hanging: wrap the steak in a layer of cheesecloth, place on a rack and refrigerate 48 hours; change the cloth midway through.
3. Let the meat warm before grilling; because the steak is so thick there is the danger that the outer layers get nicely done while the interior stays cold. Remove the cheesecloth and let the steak sit out for several hours. After it comes to room temperature, pat dry and brush with olive oil.
4. Place the steak on the grill but do not lay it flat at first. Rather, balance it on the cut bone edge (porterhouse/T-bone) or as best you can on the rib (prime rib) for 10-15 minutes. The bone will conduct gentle heat to the interior.
5. Then, on high heat, grill for ~5 minutes per side. Season it with coarse salt and fresh ground pepper, and serve with a nice Chianti. Fava beans are optional.

Why is Red Meat Red?

One of my most memorable meals was at a popular restaurant in Florence, near the edge of the old city. It serves many of the dishes you would expect, but with unexpected flair. For instance, they make their fresh pasta in a small kitchen located right in the front window. After the dough is rolled, cut and boiled, they bring it to the table in a hollowed-out wheel of Parmesan, dressed with olive oil and herbs. The heat of the noodles melts a bit of the cheese, giving them a glistening coat and sumptuous flavour. The whole is much greater than the sum of the parts. But Jean and I did not go there for spaghetti. We were in search of the fabled Florentine steak, or as the locals call it, La Bistecca.

Tuscan butchers know how to cut a steak. The most similar cut to be found on this side of the Atlantic is the porterhouse, but the Florentine version includes bits of a few more muscles. And it is thick - over 2 inches. Before grilling, they lightly brush it with rosemary sprigs dipped in garlic-infused olive oil. The

waiter will never ask how you want it cooked, for there is only one way. Rare. Or as my dad would say, bloody!

Sensitive folks repulsed by the thought of eating anything bloody can relax. The red oozing from a rare steak is not blood. Rather, these are juices coloured by a special muscle protein called myoglobin, and properly matured beef cattle have lots of it. Chicken breasts have almost none. And why the difference? Here is where the biologist at your table begins to matter.

Muscles perform work. When you flex your arm, strands of actin protein ratchet along strands of myosin protein, contacting your bicep. This ratcheting requires energy, which muscle cells get by burning sugar-like compounds. And just as a backyard chef needs oxygen to burn charcoal, muscles need it to extract energy. Like all tissues, muscles get oxygen from the blood, which in turn grabs it from the air your lungs breathe in. The body adjusts oxygen supply to meet demand by altering breathing rate,

heart rate, and by expanding or contracting blood vessels. But in some animals, at some times, muscle oxygen demand exceeds supply. Think of a seal diving for a half-hour on a single breath, or a mallard on the long migratory flight from Nunavut to Nebraska.

This is where myoglobin comes in. This protein stores oxygen that muscles can mobilize to fill a supply gap. Its structure and function are similar to hemoglobin, the protein that holds onto oxygen in red blood cells. The illustrations of myoglobin you can see on the internet look like a tangled mess of cheap gift-wrapping ribbon. At the heart of that mess is an atom of iron, which attracts an oxygen molecule when supply is high and releases it when supply drops. In the oxygenated state, myoglobin has a bright red colour. Once the oxygen is released it turns bluish purple, just as blood shifts from red to blue on its round trip from the lungs to the extremities and back. You might have noticed that when you unwrap beef and set it on the kitchen counter, the top

surface gets pinker while the bottom does not. That's the myoglobin picking up oxygen from the air.

If myoglobin is so great, why isn't all meat red? There are two factors in play: age and activity. Veal is simply meat from a very young cow and is very pale. As cattle mature, myoglobin concentration increases 10-fold. Pork is also more pale than beef: pigs are butchered at a younger age. Standing and walking may not seem a vigorous activity, but the leg and body muscles in cattle are constantly twitching to maintain balance. Thus, there is a constant oxygen demand. The wild ancestors of the chicken walked and scratched their way around the forest floor, seldom taking wing. This explains why chicken legs and thighs have enough myoglobin to make the meat dark, while breast muscle (which power the wing stroke) is the whitest meat of all. But ducks are flyers, and a nicely grilled duck breast is as red and delicious as almost any steak. Except, that is, in Florence.



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Explore 3D Printing at the King Township Public Library



by Kalli Secord,
Librarian
kinglibrary.ca

King Township Public Library (KTPL) has a 3D printer in every branch location and soon to be in the King City Library's new Make-It-Lab. During select times you can come to see the 3D printer in action at the King City, Schomberg and Nobleton branches. Or you can book an appointment with a staff member to try it out for yourself!

Let's talk 3D printing...

You're looking to create, now what? With 3D printing, there are no limits. You can manipulate existing files or design your own models through file creation websites like TinkerCAD, Thingiverse, Sketchfab, OpenSCAD and more! 3D printing is a process of making three dimensional solid objects from a digital file. The spool of filament is fed through a tube into a heating chamber. It is then heated at a very

high temperature and extruded out of a thin nozzle head, forming and building the 3D object.

What if you want to copy something that already exists (e.g. an appliance knob, a teapot handle, a board game piece) or you're looking to try something new for a patent? Don't worry KTPL has a 3D scanner for just that purpose. Its portability allows you to fully scan all sides of your object so you don't miss a detail. Have you been to our Nobleton branch recently? A replica of one of our staff member's heads, and for those that haven't yet, we recommend you check it out when you get the chance!

Hurry in to one of the branch locations, printing is currently free to help celebrate the launch of our 3D printing program. Please contact your local branch for more details.



: 3D Printer

SPOT THE DIFFERENCE



— Illustrations by Cheryl Uhrig
cuhrig@rogers.com

(The ten missing changes are: From left to right - 1. Dog one's hind leg missing; 2. Heart picture in bubble gone; 3. Half of steak in machine missing; 4. Man's ears missing; 5. Dog 4's tail missing; 6. Sign missing; 7. Dog 6 - part of dog toy missing; 8. Dog 8 - poodle's tail ball missing; 9. Dog 9's tongue missing; 10. Dog 10's left ear missing)

A Call to Art Lovers!

Visiting the country is a wonderful way to spend a weekend.

by Kathleen Rodgers

Studio Tour King

April 25 & 26, 2020

10 am to 5 pm

www.ArtsSocietyKing.ca

It offers the opportunity to explore quaint villages and the studios of the local artists and artisans whose artwork often reflects the landscape around them. The Studio Tour King takes place in King Township each spring and is celebrating its 15th year on the weekend of April 25 and 26 from 10:00 a.m. to 5:00 p.m. The Studio Tour features fine paintings (in acrylic, oil, and watercolour), woodworking, pottery, photography, soap, fibre arts, glass, metal works and mixed media.

This year, Studio Tour King will feature twenty plus artists and artisans at different locations including the King Heritage and Cultural Centres, Laskay Hall, as well as studios around King Township including King City, Nobleton and Schomberg. You can check out the Arts Society King (ASK) website at www.ArtsSocietyKing.ca or pick up a brochure around King Township including the King Heritage and Cultural Centre to help plan your route.

If you are looking for something to do in April after a long cold winter, take a drive in the country and visit the local art studios to support the artists and artisans. Some artists offer classes so it may be an opportunity to try something new! Who knows maybe one day you will be participating in a studio tour!

We look forward to seeing you and sharing our work with you on this year's Studio Tour King 2020!

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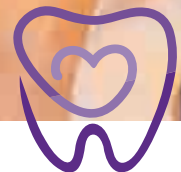
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Less is more!

by Arlene Stephenson

Long before Marie Kondo set off a decluttering craze across the globe, I was living an organized, clutter-free life. I came by it honestly. I was living independently from an early age, and have moved more than 10 times in my life. By 26, I was the primary caregiver to my father who was living with progressive mental health challenges. As his advocate, I navigated the social services and healthcare system, ensured he could live safely in his home, kept important documents accessible, maintained medical records and moved him and his belongings from hospitals to homes to finally, long term care. Along the way, I learned the value of organization and travelling lightly.

As a professional downsizer and move manager with Downsizing Diva, I have strong feelings about excess stuff. I've learned that clutter can undermine our comfort at home, interfere with our ability to use spaces as intended and keep us from moving safely throughout our home. Clutter has serious repercussions!

Through my personal experience and having worked with many clients to downsize, declutter and move, I've learned some valuable lessons.

It's not just stuff, it's MY stuff!

Many of us are attached to our belongings, and who can blame us? We work hard, we accumulate treasures, we decorate, we stash away, and most of the time, we neglect to get rid of the old as we bring in the new. The result is boxes of 'stuff' in our basements and garages. What can be done to part with things we are sentimental about? I'm an advocate for the concept of 'safe passage' as a solution. It's easier to consider parting with our possessions when we can give them safe passage to the next pair of hands and the next chapter in their life. For example, I love to give items I no longer want or need, to friends and family that can use them. I donate to churches and Habitat for Humanity and give items to consignment shops to minimize any angst I might have in parting with my things. For clients who simply can't part with certain possessions I offer this suggestion: take a picture. Let the physical item go, but keep the memory of it alive as a photo to enjoy whenever you wish. If there's no new home for my stuff, I will recycle where possible – let things live another day in another form! Reframing the letting go of our stuff is a great way to manage the emotion tied to our belongings.

Clutter weighs us down.

I often hear clients say they don't want to get rid of things because they may need them "someday". I hear this from clients and...my husband! You may be surprised to learn this professional downsizer has a husband with a penchant for multiples of tools, snow shovels and snow blowers for this very reason. During our recent residential move, I was reminded of the impact of this extra stuff. Because we were in between two houses we had to pack, store, move and then unpack more stuff than we really needed to. Extra stuff adds stress, time and cost to a move, not to mention filling the new house with unnecessary things. As we age, we typically look to downsize from the family home to a smaller space or retirement residence. The more lightly we travel, the easier it will be down the road. I don't believe we should be tied down as caretakers of our stuff.

I have a confession to make.

I like organizing.

No, I **LOVE**
organizing.



Progress, not perfection.

Few of us live in a magazine-perfect home and for good reason – we're busy living full lives with varying degrees of mayhem! I find that doing a little bit of daily tidying and maintaining a "good enough" level of organization is fine for most of us. Living in cluttered chaos takes an emotional toll so I try to keep two steps ahead. Stuff doesn't make me happy. Living in alignment with what matters most to me – my family and my friends – does.

People often ask me for my favourite organizing tip. Here it is: start to clear your clutter today. And, bonus tip, practice "one in, one out" – for every item you bring into your living space, remove one. You'll thank me later.

Arlene Stephenson is a Senior Move Manager with Downsizing Diva. She helps with downsizing, decluttering, organizing and move management. arlene@DownsizingDiva.com



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