

King

MOSAIC

summer 2014

arts • heritage • nature



ASK
Festival King
brochure inside
July 10 to 26
2014

Ansnorveldt | Kettleby | King City | Laskay | Lloydtown | Nobleton
Pottageville | Schomberg | Snowball | Strange | and surrounding area



On behalf of Council, we are delighted to be part of the 2014 summer edition of Mosaic.

At long last, summer is upon us! Kick-start the season by joining us at the King City Craft Beer and Food Truck Festival on Saturday June 14th from 12pm to 9:30pm in the village of King City. The event will feature a variety of craft beer vendors and gourmet food trucks. With a main stage full of musical performances, the King City Craft Beer & Food Truck Festival promises to be a full-day celebration of local culture and cuisine! It is both my honour and privilege to invite you to attend the Mayor's Annual Golf Tournament "Casino Classic" on Wednesday July 16th at Cardinal Golf Club. Join us for a day of play and an evening of fun with both Golf & Dinner and Dinner-Only tickets available. Proceeds from this year's event will once again go towards funding the development of Parks, Recreation and Culture initiatives within the Township. For more information please visit www.king.ca.

Are you ready for Muck Madness? On July 19th at 9am, Centennial Park will be hosting Muck Madness, a 7km trail run designed to challenge your strength, endurance and mental stamina. Run, climb, jump and crawl your way through a series of obstacles throughout the park to help you and your team conquer your physical goals. Register by contacting the Trisan Centre at (905) 939-1216.

Stay tuned for the release of our 2013 Community Report! This publication serves as an extensive snapshot of the Township of King, providing detailed information and statistics that track progress made towards our Strategic Plan goals and showcase why King is such a great place to live, work, play, invest, and conduct business. Thank you to everyone who has contributed to our outstanding success! I encourage you to review the Community Report at www.king.ca and familiarize yourself with the events, opportunities, and resources that await you in your hometown!

Sincerely,


Mayor Steve Pellegrini

Parks, Recreation & Cultural Events 2014

"Landed" Exhibit:
June 3rd to June 28th
King Township Museum
A pictorial evolution of the Italian immigration into Toronto.

King City Craft Beer and Food Truck Festival
Saturday, June 14th.
Memorial Park
12:00 pm to 9:30 pm
www.craftbeerandfood.ca

Muck Madness Adventure Race
Saturday, July 19th
Centennial Park
9:00 am to 12:00 pm
www.king.ca



SustainableKing

Supporting our Community Groups

Congratulations to the Rotary Club of Kleinburg, Nobleton & Schomberg and the King Township Public Library who both received Sustainable King funding this spring to support community initiatives that further the vision, goals, strategies and actions identified in King's Community Sustainability Plan.

If you are a member of a community group that is working on a project or initiative that helps to further the vision, goals, strategies and actions identified in King's Community Sustainability Plan you may be eligible to receive funding or resource support from the Township in 2014! For more information contact Sara Puppi, Sustainability Coordinator: (905)833-4080 or sustainability@king.ca

King's Sustainability Plan is focused on implementing sustainable actions and leveraging the resources of our community. We must work together to ensure the Plan's success! www.sustainableking.com

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2014 CALENDAR OF EVENTS

Colossal Chamber Networking Event
The Manor
Tuesday, June 10

Networking Breakfast
Thursday, July 31st

1-on-1 Business Consultation with Adam Kallio
Trisan Centre
Monday, September 15th

Networking Breakfast
Thursday, September 15th

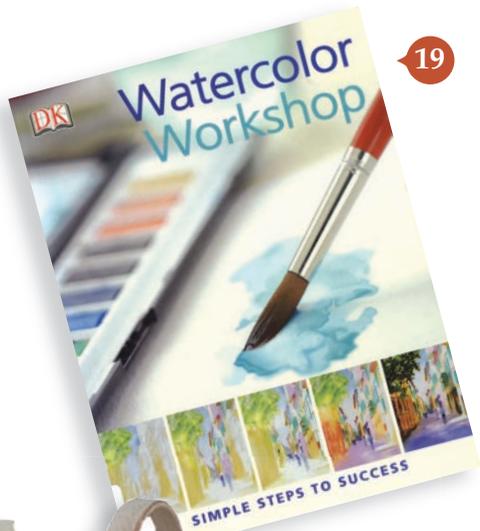
Excellence in Business Awards Dinner
Thursday, November 6th

Networking Breakfast
Thursday, November 27th

Christmas Luncheon & Toy Drive
Cardinal Golf Club
Thursday, December 4th

For further details visit www.kingchamber.ca or call 905-717-7199

YOUR VOICE FOR BUSINESS IN KING



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Art materials belonging to Lawren S. Harris, Gift of Stewart Sheppard, grandson of Lawren S. Harris, McMichael Canadian Art Collection

King **MOSAIC**

Volume III Issue 4



King MOSAIC is published by Arts Society King
www.ArtsSocietyKing.ca

The mission of Arts Society King is "to establish and maintain an organization in King Township that fosters inspiration, understanding and appreciation for the arts, heritage and nature." Our primary objective is "to provide support services to the arts, heritage and nature communities in King Township for the purpose of enhancing communication, education and the promotion of their respective activities."

Distributed four times a year (December, March, June, September) to all households in King and some in Aurora.

Other Distribution Sites in King Township: **Kettleby** – Cardinal Golf Club: The Bistro at Redcrest, Dorios Kettleby Italian Bakery; **King City** – Arts Society King Office, Black & Associates Law Office, Country Day School, King City Dental, King City Farmers' Market, King Country Spa, Kingbridge Conference Centre and Institute, Locale Restaurant, Meadow Valley Garden Centre, Oak Ridges Trail Association - All Saints Anglican Church, Pine Farms Orchard Country Café, Seneca College, Tim & Brenda's Cruise for the Cure, Villanova College; **King Township** – U of T's Koffler Scientific Reserve, Libraries, Municipal Offices, Museum; **Nobleton** – Art Equine Studio Gallery at Winsong Farm, Cold Creek Gate House, Dreamwood Furniture, Nobleton Physiotherapy, Specialty Meats; **Pottageville** - Pathways to Perennials & Blossom Café; **Schomberg** – Artista Custom Framing, Piety Ridge Primitives, Richvale Saddlery, Schomberg Agricultural Fair & Farmers' Market, Sheena's Kitchen, The Grackle.

Distribution Sites Outside of King Township: **Alliston** - Gibson Centre, South Simcoe Arts Council; **Alton** - Alton Mill Arts Centre; **Aurora** - Caruso & Company, Pine Tree Potters, The Aurora Cultural Centre, York Region Arts Council; **Bolton** - Forster's Book Garden, Naked Vine; **Caledon** - The Fine Art of Cory Trépanier; **Creemore**: Mad & Noisy Gallery; **Etobicoke** - Humber River Shakespeare Co. @ Montgomery's Inn, **Kleinburg** - Cashew & Clive Café at The McMichael, Hawthorne House; **Maple** - Meadow Valley Garden Centre; **Muskoka** - Muskoka Rustic Furniture; **Newmarket** Covernotes tea & coffee house, RBC Dominion Securities; **Richmond Hill** - Burr House Craft Gallery, Covernotes tea & coffee house, Mill Pond Gallery; **Rosemont** - Dufferin County Museum, Simcoe Arts Web Design; **Toronto** - Toronto & Region Conservation; **Tottenham** - A Taste of Freedom Restaurant, Century 21 Gallery.

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Spring Beginnings

by Sue Iaboni



◀ ASSORTED PLATTERS ▶



The wonder of the changing seasons, this year more than ever, inspires us with the possibilities of new beginnings. And, at Pathways to Perennials, this is true of the re-named Blossom Café and of its employees, past and present.

Pathways to Perennials had a wonderful season last year with Chef Ron Cherry and his wife, serving up delicious meals in the shade of umbrellas and gazebos that inhabit the garden café. But this year, Ron and his wife Elisapeti, or Betty, have decided that, as gas prices have continued to rise, interest in making their daily commute from Utterson, Muskoka has declined. Instead they're going to stay home up north and work there. Betty has embarked on a new career path - a service business: cleaning, gardening, and other seasonal work that cottagers require. Ron, the chef, is going to focus on his other interest, woodworking.

Last year's visitors entering or leaving the café may have noticed some of Ron's work hanging on the walls, or used as furniture. He reclaims life for old trees. He delights in salvaging raw

materials from deadfall trees or old barn timbers, and turning them into: trays and cutting boards, stools and benches, paddles and masks. He says his inspiration is "in the wood." He claims he never really knows what is going to happen when he picks up a tool and begins to carve.

One such inspiration; "Gordon", is on the cover of our June issue of King MOSAiC. Gordon is made from cedar with horsehair, lead eyes, square nails as pupils, and a turkey feather. Ron says it is an Iroquois face, similar to his very first mask, one he made for his daughter while they were living in Tonga. He often makes masks on commission for customers who want something different as a gift or a wall decoration.

When asked how this interest began for him, Ron states that it was partly out of necessity. He had grown up with a "furniture family" and learned something of the craft as he went along. Later on, while he was living in Tonga in the South Pacific, he and Betty built their own home and restaurant. When they needed bar stools at the last minute, there were none to be found anywhere on the island. So - they made their own! Add a little fancy embellishment on the legs and a new love was born.

When not carving beautiful things out of wood, Ron is a master in the kitchen. He studied with the well-known Chef Michael Stadtländer of Eigensinn Farm in Singhampton, famous for using local, fresh ingredients in cooking. Ron spent last summer

perfecting his culinary skills with ingredients from King Township. He is sad to give up "his" Pathways to Perennials' kitchen, but happy to turn it over to another like-minded chef, John Cooper.

John is likewise happy to receive! He's a local guy, growing up in Oak Ridges and finding his first job in the cooking field in an Aurora bakery. There he was the "commis", chef jargon for apprentice. He did all the jobs nobody else wanted, including getting on hands and knees and scraping hardened dough off the floor at the end of each day. He vividly recalls having his thumb almost crushed in the tart-making machine. Surprisingly, he didn't quit but went on to work in a pizza restaurant in Richmond Hill. This was followed by a stint as a short-order cook in a health club and a prep. cook in a Markham restaurant.

Next up was the biggest culinary challenge of all: stay-at-home-dad and chef to his own 3 children. John spent several years cooking kids' favourites, but one can imagine that hot dogs and chicken fingers would not be much of a challenge for a true chef. Finally last fall John signed up for a two-year culinary program at Georgian College. He is delighted to be spending his summer practising his art at Blossom Café. He is also excited about his next school year; the first ten weeks will be spent living in a castle in France and learning the art of French cooking.

When asked about using local ingredients in his creations, John's passion comes through loud and clear. He gives

an on-the-spot lecture on the dangers of "GMO" foods. Apparently genetically modified foods have had such terrible results in experiments with lab rats that John has already envisioned a research paper on "Killer Vegetables of the Future." He will be taking advantage of the herb garden just outside the kitchen door, and shopping at local farmers' markets wherever possible.

John Cooper looks up from our interview to see Ron Cherry and his wife arriving at the door for the change over of the kitchen. They hug each other warmly and share a smile. Things are in good hands at Blossom Café. **M**



MuskokaRusticFurniture.com



MAPLE AND BLACK CHERRY BURLE BOWLS

Editors' note: If you would like to taste Chef Cooper's cooking; listen to the story of a local sculptor and his mentor; go for a guided walk around the lovely gardens of Pathways to Perennials; and maybe even buy a mask, then sign up for ASK/P2P's Lunch and Learn, Thursday July 24th, part of ASK Festival King 2014. This year's festival brochure is in the centre of our magazine. Details at ArtsSocietyKing.ca



FOUR SEASONS MASK

Paul Bennett Photography

The Canadian Heritage Rivers System (CHRS) is Canada's national river conservation program that promotes, protects and enhances Canada's river heritage, and ensures that Canada's leading rivers are managed in a sustainable manner. The CHRS is a public trust with local citizens as champions of the program - actions taken at the grass roots level that drive the program forward.

One of nine watersheds within TRCA's jurisdiction, only the Humber River was bestowed this prestigious designation in 1999. The uniqueness of this designation is punctuated by the fact that not only is the Humber accessible by public transit, but you can hike or bike along the river to enjoy all of its beauty.

There are 11 rivers in all of Ontario, a province internationally renowned for its lakes and rivers, that merit this national designation. However, with this unique honour comes a responsibility to promote, protect and celebrate the river.

In order to achieve this goal,

the TRCA is celebrating the 15th anniversary of the Humber's CHRS designation with the watershed communities. The confirmed date and location are: June 8th, 2014, at Etienne Brule Park, in the City of Toronto. The festivities will commence Sunday at 10:00 a.m.

This year, TRCA is working in partnership with the City of Toronto, and four Regional Police Services (Peel, York, Durham, Toronto) as well as the RCMP to help promote awareness of the unique cultural attributes of the Humber River. The "4 Directions Peacekeepers" is a project that brings together police officers, Aboriginal youth, community partners and others from north, east and west of Toronto. Traditional teachings, historical education of cultural significance and outdoor education will be the focus of the program.

Community activities include: Scienstational Sssnakes, story telling and hikes, electro-fishing and lamprey demonstrations, Shimano Rods and Reels, canoeing, bike clinic, facepainting, BBQ and cake.

Photo: Jon Clayton

The Humber celebrates 15 years as a Canadian Heritage River!



For more information please contact Lia Lappano at: llappano@trca.on.ca



The McMichael Shines a Light on Lawren S. Harris

by Rachael Weiner, McMichael Canadian Art Collection

The McMichael Canadian Art Collection, which is currently comprised of almost 6,000 works of art, began to take shape with the initial purchase of a single painting—*Montreal River* (c. 1920) by Lawren S. Harris (1885–1970). Robert and Signe McMichael bought the small oil sketch in 1955, launching what would become a lifetime obsession for the couple: to build a remarkable collection dedicated to the work of exceptional Canadian artists.

In 1965, the McMichaels donated their collection, which at that point in-

cluded 194 works, as well as their land and their home, to the Province of Ontario. In July of 1966, the McMichael Conservation Collection of Art, later renamed the McMichael Canadian Art Collection, officially opened to the public.

Since that time, the McMichael has been renowned for its outstanding collection of works by Tom Thomson and the Group of Seven, who are perhaps the most well-known and beloved Canadian artists of the twentieth century and whose legacy is unmatched

within the history of Canadian art.

Harris, who is often credited with forming the Group, was born in 1885 in Brantford, Ontario to a wealthy industrialist family. He enjoyed a privileged upbringing that allowed him to concentrate on his painting, and at the age of nineteen, Harris travelled to Europe to study art.

In 1910, he married Beatrice Phillips and settled in Toronto, where he met and developed a friendship with J.E.H. MacDonald. The two artists painted together, and through MacDonald, Harris was introduced to Thomson and several future members of the Group of Seven.

As an heir to the Massey-Harris fortune, Harris was able to use his wealth to promote the interests of Canadian art and artists. In 1914, he and Dr. James MacCallum (1860–1943), an art enthusiast and collector, opened the Studio Building on Severn Street in Toronto, providing artists with an affordable space in which to work and share their vision of a distinctly Canadian style of art.

Harris also organized the famed “boxcar trips” to Algoma, the last of which took place in 1921 when he and A.Y. Jackson travelled to the North Shore of Lake Superior. There, Harris encountered a stark and austere landscape—one that would lead his work in a new direction and result in the highly stylized paintings of

mountains and icebergs for which he is famous, including *Mt. Lefroy* (1930) and *Icebergs, Davis Strait* (1930), both part of the McMichael Collection.

Harris’s treatment of light, often depicted in his work as sharply defined beams descending from the sky, is particularly striking and was influenced by his interest in philosophy and Eastern thought, namely theosophy. His spiritual beliefs eventually pushed his work further toward abstraction, a theme which will be explored in a 2016 exhibition at the McMichael tentatively entitled *Lawren Harris: Mystical Modernity*.

Recently, the McMichael received an incredible donation of Harris’s art materials from his grandson Stewart Sheppard. Among the rare artifacts are Harris’s paintbox, two palettes, a wood panel for sketching, a canvas stretcher, several knives and brushes, and a small wooden box containing drawing tools. The objects are an invaluable source of insight into Harris’s working methods and are currently on display at the McMichael.

The McMichael gallery, often referred to as the “spiritual home” of the Group of Seven, displays an ever-changing selection of works by Harris and his fellow Group members, six of whom, including Harris, are buried in the picturesque Artists’ Cemetery on the gallery grounds. **M**

On Tuesday, July 15, 2014, Anna Stanisz, Associate Director, Creative Learning and Programs at the McMichael, will deliver a lecture as part of the ASK Festival King on Harris and his quest for truth and spirituality in art. For more information about the ASK Festival King, visit ArtsSocietyKing.ca, and to learn more about the McMichael Canadian Art Collection and the work of Lawren Harris, visit mcmichael.com.

Images:

Lawren S. Harris (1885–1970), *Icebergs, Davis Strait*, 1930, oil on canvas, 121.9 x 152.4 cm, Gift of Mr. and Mrs. H. Spencer Clark, McMichael Canadian Art Collection, 1971.17

Lawren S. Harris, 1957, Photographer: Robert McMichael Studios, Gift of the Founders, Robert and Signe McMichael, McMichael Canadian Art Collection Archives, ARC-Photo-Harris-1a



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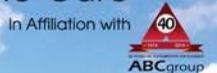
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BIOLOGIST AT THE TABLE

The life your food leads before it reaches your table

by Dr. Arthur Weis



WHY ARE CARROTS ORANGE?

When my son Adam was 4, he asked "Why are carrots orange?" His mom smiled and said, "Because carrots are full of beta-carotene, which, by the way, is a source of vitamin A. And vitamin A is good for your eyes." I'm sure 99% of scientists would have told him the same. But to my mind, "beta-carotene" answers an

entirely different question, specifically; "What makes carrots orange?" The "Why" of orange carrots lies not in science, but in history!

Like so many of our crop species, carrots were first cultivated in the Fertile Crescent, a region that centres on present-day Iraq. They were derived from a plant we call Queen Anne's Lace. When you walk through a field this

summer, pull up one of these wildflowers, break the root in two and take a sniff. Though the root is white, you will detect a distinct carrot scent.

For centuries, this plant was grown not for the root, but for the seeds. These were used as spice, as are the seeds of cumin and fennel, two additional members of the same plant family. By the end of Roman times, however, the carrot root was a common component of the European diet. The Dutch, who were second to none in agriculture, grew them in abundance. Their carrots, like the wild ancestor, were mostly white, although a purple-rooted variety was also known.

Fast forward to 1566. Through a series of marriages among the nobility, control of the twelve provinces of the Netherlands passed from the Duke of Burgundy, to the Holy Roman Emperor and on to the King of Spain. This did not sit well with the Dutch, who had just whole-heartedly embraced the Protestant Reformation. Rather than aligning themselves with the popish monarch in Madrid, they proclaimed the Dutch Republic. And they named as their Stadtholder (literally translated as 'place holder', i.e., in place of the king) one Willem de Oranje (William of Orange).

As the story goes, at about this time some humble Dutch farmer encountered a mutant carrot plant that produced an over-abundance of beta-carotene in the root. The bright orange color inspired such patriotic fervor for the House of Orange that soon farmers throughout the Low Countries were growing orange carrots. The splash of colour they bring to a pallid

plate was no doubt behind their rapid spread to France, England, and even in our day, to the Holland Marsh.

Bowing to my fellow scientists, beta-carotene from carrots is in fact good for the eyes; vitamin A deficiency can cause vision loss. And when Adam wrinkled his brow in disbelief on this point, his mom queried, "Have you ever seen a rabbit wearing glasses?" **M**

Carrot-Ginger Soup

Here is a recipe I developed just for this column, inspired by something I once had at a friend's house...a scientist friend! It is a nice prelude for a menu featuring pork or sausage.

Ingredients:

- 1 lb. carrots, peeled
- 1 medium sweet potato, peeled and cut in quarters
- Olive oil
- 1 1/2 T grated fresh ginger root
- 1 medium onion, diced
- 1 litre chicken broth
- 1/2 cardamom seed pods
- 1/2 t each, ground cumin, fennel seeds, curry powder
- 1 cup 10% cream
- Greek yogurt and chopped scallions for garnish

Directions:

- Brush the carrots and sweet potato with olive oil and roast on a cookie sheet in a 375° oven for 40-50 min. Do not let them brown too much.
- Sauté the onions and ginger in a large pan.
- Add the carrots, sweet potato and spices to the pan, followed by the chicken broth.
- Bring to a boil, then simmer for 45 minutes, or until the carrots are completely tender.
- Purée with an immersion blender until smooth.
- Add the cream and bring briefly back to the simmer.

Ladle the soup into warm bowls. Garnish with a generous dollop of yogurt and a sprinkling of chopped scallion. Serves four.

Art Weis is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill

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A Cool Coincidence and the Scent of Balsam

by Virginia Atkins



This is a story I wanted to tell my friend, the late Heather Robertson, knowing that she would have enjoyed the amazing connection that binds seven decades of time and space; it's one of those rare coincidences that could be fiction but it's all true. Since she is gone, I now share it with readers of MOSAIC.

Recently I was surfing the 'net in unfamiliar territory when the words "Twitchell Lake" leaped from the screen and I caught several nearby words, "two woodswomen." My grandparents' summer home was on Twitchell Lake in upper New York State's Adirondack Mountains, where I had spent vacations as a child. (It's called 'camp,' not 'cottage' as in southern Ontario.) Cascading memories sent me to the link on that page - a Colgate (N.Y.) University journal article about a project documenting some intrepid women living in a remote wilderness, but information about them was sketchy. I knew of these 'woodswomen' -Katharine and Adelaide (K&A) - their camp was across the lake, built before my time, back into the forested hills, private, almost secret.

Offering my slim in-put, I e-mailed the editor of the journal who answered immediately. Thus began my unexpected connection with the co-author of the project, Colgate professor, Ellen. She and her husband now own the camp at Twitchell Lake that K&A had designed so long ago.

K&A were friends of my aunt, Dr. Bea. They lived in a distant city where Katherine had been a librarian, Adelaide a teacher. It

was said Katherine wrote trashy novels. "Waste of time!" said my mother who claimed not to know Katherine's pen name, nor does anyone else, even now. I really wanted to be acquainted with the author and discuss writing with her but understood a writer's work must not be interrupted. My acquaintance with K. never went beyond saying "Hello."

Twitchell Lake is about three kilometres long and half that distance wide, part of a meandering chain of rivers and lakes hidden far in the interior of the Adirondack Mountains which lie south of the St. Lawrence River and continue southwest from the Canadian Laurentians into the Appalachian highlands. This wilderness was eagerly explored by princes of American enterprise yearning to "get back to nature" and in the late 1800s built their camps amid pristine tracts of forest where urban sophisticates could play at simple lifestyles. The Vanderbilts bought Great Camp Sagamore on Racquette Lake not far from Twitchell; it has over twenty-seven rustic buildings including a separate village for the staff- even a school for children of the cooks, carpenters and maids. Today the estate is an American National Historic Site.

Adirondack Mountains then were abundantly populated by moose, deer, bears and many smaller species. Adventurers trekked into remote lakes and rivers to fish and hunt. My grandfather and his doctor cronies slept in tents, enjoyed their trout catch and bagged a few big game specimens. Grandfather bought lakefront property and had a sturdy two-storey camp built for my grandmother and their six children. They travelled by train from Rochester, N.Y. to the Big Moose station; from there the party walked the rough trail to the Twitchell landing, followed by the hired man leading a horse-drawn sledge loaded with the summer larder - a barrel of flour, kegs of butter and bacon, wheels of cheese. The journey wasn't over until several trips by rowboat had delivered people and supplies to the family's boathouse dock. I relished those old-time tales, because in the 30s and 40s

we arrived by car and water taxi.

One summer in the early days of WWII, Norwegian author, Sigrid Undset, 1928 Nobel Laureate in Literature, travelled in America urging the US to fight the Nazis. A guest of K&A at Twitchell, Mme. Undset, was invited for tea by my aunt, Dr. Bea. She arrived in a canoe outfitted with big sponson floatation pockets attached to the gunwales, paddled by a Norwegian friend, who had survived the siege of Malta. The two were heavy freight for their craft; as they landed, two cousins and I secretly watched the two bulky adults struggling to get out of the canoe by rolling onto the dock. This created more rollicking comedy than polite children could ignore. We fled into the thickets behind the boathouse, trying to muffle our exploding laughter so as not to disgrace dignified Dr. Bea. Later Mme. Undset kindly autographed our copies of *Kristin Lavransdatter*, her Nobel trilogy.

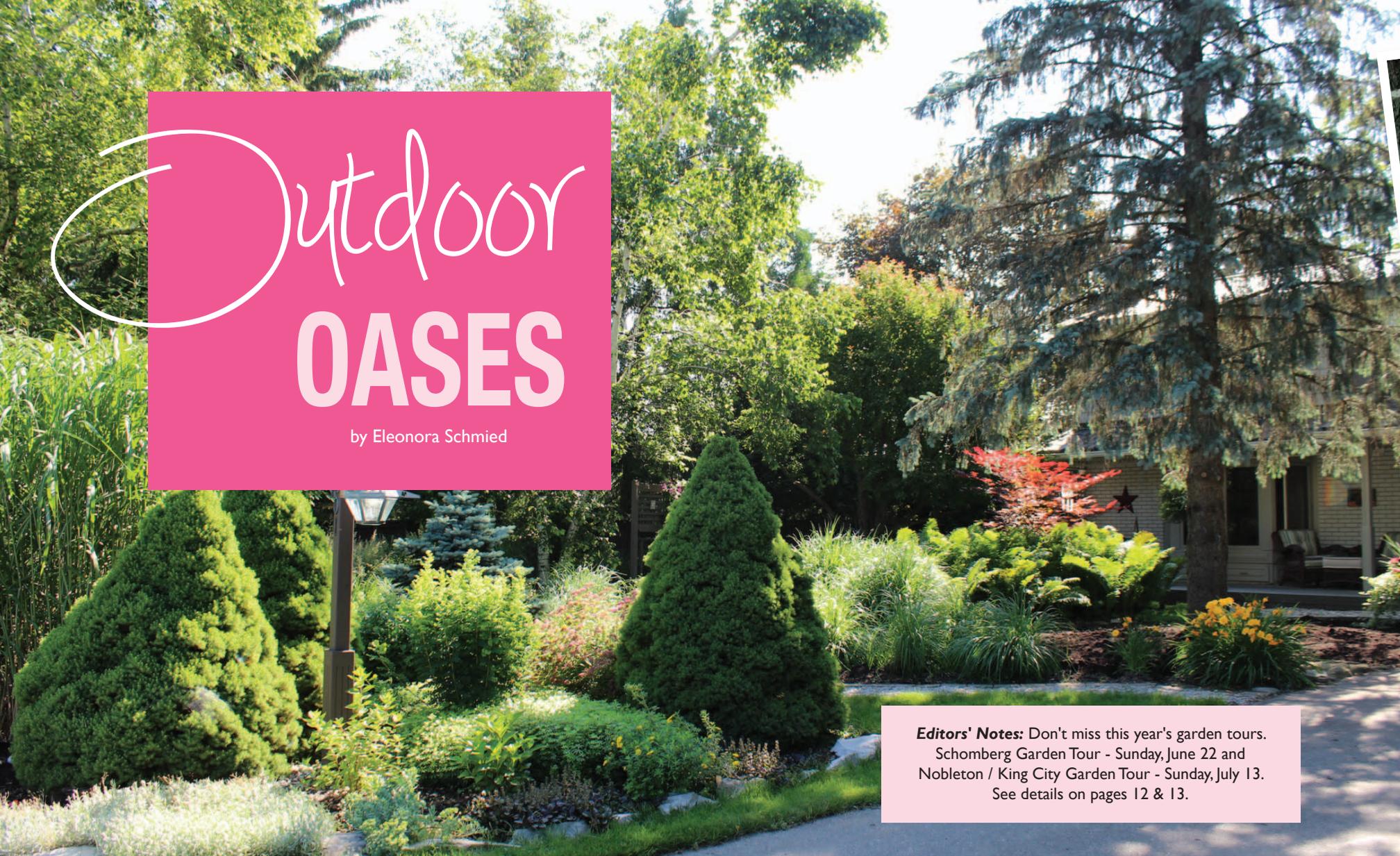
My grandmother, Dr. Bea and K&A corresponded with the renowned British philosopher and theologian, C.S. Lewis, author of many scholarly works and later, *The Chronicles of Narnia*. In Britain like so many war-torn countries in 1945, larders and shops were bare; Americans like my aunt and her friends shipped necessities and treats to Lewis and others who suffered privations at the end of the European conflict. Grandmother read us Lewis' responding letter, expressing special admiration for the hand-knit socks.

When Ellen phoned me from Colgate, I shared my memories with her. Our mutual affection for the quiet delights of the Adirondack land and waters produced an instant bonding, reinforced by the colourful connections of the personalities in these stories. Ellen promised to send me an overview of the project on 'woodswomen.' Two weeks later, a lumpy parcel was jammed in to my rural mailbox. It contained the full article on the project and the lump turned out to be a true Adirondack icon - a coolly fragrant balsam pillow and a warm thank-you note - a cool coincidence, an intuitive gift, indeed - very cool. **M**



Outdoor OASES

by Eleonora Schmied



Editors' Notes: Don't miss this year's garden tours. Schomberg Garden Tour - Sunday, June 22 and Nobleton / King City Garden Tour - Sunday, July 13. See details on pages 12 & 13.

Photo Donna Greenstein

Every year King's two hardworking horticultural societies: Nobleton/King City and Schomberg scour the Township looking for interesting gardens to include in their annual tours. In 2013 they were lucky to find the gardens of Carolyn and Alan in King City and Beth and Simon in Schomberg, who graciously opened their properties to visitors taking part in the annual summer garden tours.



Although the Moore property is in a subdivision right in town, it does not feel that way at all. The front garden leading up to the house, with its tall grasses offering protection from the traffic on the street, gives them lots of privacy. The idea behind the collection of ornamental grass gardens and dry riverbeds was to eliminate grass cutting and lawn maintenance, thus replacing the lawn with environmentally friendly green space.

Carolyn's favourite plants are different varieties of grasses and hostas. In the vast front gardens there are several clumps of native birch trees, day lilies, and ostrich ferns. Abundant ground cover hugs the edges of the dry riverbeds and well placed rocks, which are used throughout the gardens and walkways for water management, adding interest and texture. In the spacious back yard there are a number of buildings that extend the indoor living space to the outdoors.

"We both enjoy our gardens and back yard tremendously; they seem to bring the feeling of nature into an urban area. It produces an aura of relaxation and the appreciation that we are doing something to better the

environment," says Carolyn.

This busy couple was awarded the Mayor's Award for the most outstanding garden in King Township. In 2013 though there were two winners of this prestigious award. The judges also awarded this honour to Beth Egan and Simon Prigmore who had the same amount of points.

When one enters Beth & Simon's farm through the inconspicuous gates and meanders along the winding driveway, passing by an artificial pond, it becomes imminently clear that a special gem is hidden here. The visitor is immediately greeted by a flock of chickens that, from that point on, follow you wherever you go. The gardens, surrounding the farmhouse built in 1871, are spectacular. Of particular interest with this garden are the animals in the recently renovated barn and barnyard; here one can find horses, a cow, miniature donkeys, Jacob sheep, goats, and fowl which include chickens, ducks, geese, turkeys, quail, guinea fowl, peacocks, pigeons and doves.

The spectacular gardens and garden rooms were designed by local business Pathways to Perennials during the winter months. The homeowners were an important part of

the design process with distinctive garden rooms created for different types of entertaining.

Simon recalls the fun they had "harvesting" large boulders and rocks in the hay fields, which were later used as features and seats in the gardens. They were so heavy there was concern that the tractor might tip over under the weight of the rocks but they have special meaning to the homeowners because they came from their own property.

When entering through the garden gates, one immediately gets drawn into this magical place. The stone pathway leads along perennial garden beds to a sunken sitting area with two waterfalls that feed a Koi pond. Continuing around the corner of their century old farm house a dry river bed leads to the show stopper of this backyard oasis; the elevated, rustic, yet elegant dining area which is dominated by a massive granite stone fireplace.

"The gardens offer a constant show of colour; when one variety of flower finishes blooming something else comes up to elates us," says Beth. "Simon and I truly enjoy every aspect of these gardens and the property." **M**



Photos Shirley Miller



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www.pathwaystoperennials.com



Now to June 11 – South Simcoe Arts Council presents “Arts on Main Festival 2014”. Many exciting events in Alliston, Beeton & Tottenham. Watch for 4th annual Battle of the Brushes in Alliston on June 7th. 705.435.2378. www.SouthSimcoeArtsCouncil.com

Now to October 18 – Nobleton Lions 52nd ANNIVERSARY Community Fundraising Draw for prizes totaling \$5000. There are three winning tickets. Third prize \$250, 2nd prize \$750 and 1st prize \$4000. There will be a maximum of 1000 tickets sold. All the money goes back into the community and its related service organizations. Tickets \$20 each or three for \$50. Tickets will be sold in front of the Nobleton Post Office. henryphillips@sympatico.ca or call Bob at 416.522.9675.



June 3 to 30 – “Landed” Exhibit by Famee Furlane Group, at King Township Museum. This exhibit shows a pictorial evolution of the Italian immigrant into Toronto. They will have available informational brochures and the Landed book (display only) that is made up of pictures of the early days of the immigrants in Toronto. Contact Kathleen 905.833.2331.

June 4 to 21 – Blackhorse Village Theatre – “Hilda’s Yard” a comedy by Norm Foster. Evening 8:15 p.m. Sunday Matinee 2:15 p.m. at 17272 Mount Wolfe Rd. Caledon/King border. Tickets \$17, Seniors (60+) \$13. Box Office at 905.880.5002. Blackhorse.ca

June 7 - 15th Annual Nobleton/Kleinburg Rotary Club “LOBSTERFEST” Dinner & Dance. 6 p.m. to midnight, at Dr. William Lacey Nobleton Arena. All you can eat lobster & beef! Silent auction! Live entertainment! Tickets \$75. Contact Lucy 905.859.0999 or Lucy@Kingprint.ca

June 7 (8 p.m.), July 5 (8 p.m.) August 2 (7 p.m.) September 6 (6 p.m.) - “What’s in the Night Sky this month?” at Education Centre, Cold Creek Conservation Area. Astronomy workshops - bring your binoculars or telescopes. Guest speakers. All are welcome. Contact Shirly, sgiro@king.ca or www.ColdCreek.ca.

June 7 to October 11 - Schomberg Farmers’ Market. 8 a.m. to noon. Every other Saturday in the Schomberg Fairgrounds. Fresh vegetables, flowers and much more. Call Andy 905.939.8181. www.SchombergFair.com

June 7 - Dufferin Marsh Wine Tasting. 8 p.m. at Sheena’s Kitchen, Schomberg. A representative from Niagara-on-the-Lake’s Palatine Hills Estate Winery will lead us through a tasting of award winning Ontario wines. Tickets \$40. Details at www.DufferinMarsh.ca

June 8 - Celebration of 15th Anniversary of the Humber River’s designation under the Canadian Heritage Rivers System (CHRS) - Canada’s national river conservation program, at Étienne Brûlé Park, City of Toronto starting at 10 a.m. Community activities include: Scien-sational Sssnakes, storytelling, hikes, electro-fishing and lamprey demonstrations, Shimano Rods & Reels, canoeing, bike clinic, facepainting, BBQ and cake. Contact Lia Lappano. llappano@trca.on.ca. See article page 5.

June 14 to August 22 - “Seeing Red” Art Show. June 14 - Official Opening of the Show, at the King Township Museum, 1 to 3 p.m. www.ArtsSocietyKing.ca

June 14 - The Moraine for Life, Adventure Relay. Non stop 160km team challenge from Gores Landing to north of King City. Run, hike, bike, paddle. Up to 15 people per team. Proceeds support the Oak Ridges Trail Association. The Moraine supports 65 river systems, supplies drinking water to 1/4 million people and is the longest moraine in Canada. www.MoraineAdventure.com or call 905.833.6600.

June 14 – King City Craft Beer and Food Truck Festival, King City Memorial Park. Noon to 9:30 p.m. An afternoon of great music, food, drink and King City Lions 58th Annual Draw (see below). Event open to all ages. For more information or to purchase tickets. www.KingCraftBeerAndFood.com

June 14 - 58th Annual King City Lion’s Cash Draw. Draw will be held at the Craft Beer and Food Truck Festival. Total prize amount: \$15,000 (1st & 2nd drawn - \$500; 3rd - \$1500; 4th - \$2500; 5th - \$10,000). All proceeds go to Community projects. Tickets - call 905.751.3856 or 905.833.6691.

June 15 - Father’s Day. See *How’d I Do, Dad, How’d I Do on page 18.*

June 15 to October 5 - King City Farmers’ Market. 8 a.m. to 1 p.m. Every other Sunday at the All Saints Anglican Church parking lot. Watch for Field to Table Dinner October 19th. Contact Janet at 905.830.9403. www.KingCityFarmersMarket.ca

June 19 - MM2 Modern Dance presents BREATH at the McMichael. 7:30 p.m. conversation; 8 p.m. spectacular performance - series of seven new works choreographed and performed by seven exceptional dancers. \$29. McMichael members \$24. Call 905.893.1121 ext. 2209. www.McMichael.com

June 20 - Hotel Solstice, SpringHill Suites by Marriott in Vaughan. Imagine over 4000 square feet with over 30 artists inhabiting every corner and crevice....plays in hotel rooms, musicians on the patio, a poetry café, a short film cabaret, dancers in ballrooms, painters in the lobby and fortune tellers too. Tickets \$55 in advance, \$60 at door. Admission includes hors d’oeuvres, a drink tickets, a \$20 tax receipt, silent auction and explosion of arts under one roof. www.ShadowPathTheatre.ca

June 20 to 22 - 31st annual Tottenham Bluegrass Festival. The Tottenham Bluegrass Festival is three days of Bluegrass Music held in the natural amphitheatre of the Tottenham Conservation Area, by the waters of the village pond. Workshops, children’s program, crafts & concessions. Ticket & Schedule info www.TottenhamBluegrass.ca

June 20 - 22 - Polo for Heart. 11:30 a.m. to 4 p.m. 13401 Leslie Street, Richmond Hill. Two international polo matches each day with an Art Walk. \$15 per day. www.PoloForHeart.org

June 21 - Cycle for Sight goes from York University to Collingwood in support of the Foundation Fighting Blindness. King City Lions will provide Gatorade, water and snacks as their first refreshment stop at the King City Arena. www.CycleForSight.ca

June 21- 4th Annual “Push for your Tush” Family Fun Day 5 km walk/10 km run for colon cancer. Starts at Aurora Family Leisure Complex on Industrial Parkway, Aurora. Registration at 2:30 p.m. Walk/Run at 4:15 p.m. Full event details ColonCancerCanada.ca/Aurora OR contact Kathy Cartan at kathy@motivemedia.ca.



Lawren S. Harris (1885–1970), Montreal River, c. 1920, 27 x 34 cm, Gift of the Founders, Robert and Signe McMichael, McMichael Canadian Art Collection, 1966.16.77

July 1 – Celebrate Canada Day with Kettleby Village Association at 7:30 p.m. Tyrwhitt Park. The Kettleby Canada Day “modest celebrations” are fun for the whole family. Hot dogs and pop available but you can also bring your own picnic. Free cake served at 8:30 p.m. followed by a 20 minute firework display at 9:45 p.m.

July 8 - Laskay Raspberry Social, 6:30 to 8 p.m. at Laskay Hall (Weston Road, south of King Road). Raspberry desserts served in historic Laskay Hall. Reservations recommended. Call 905.833.0222

Humber River Shakespeare Co. - Romeo & Juliet. 7th Season of outdoor theatre! With breathtaking love scenes, riotous comedy, thrilling fights and the most heartbreaking sacrifice of young life, this production of Shakespeare’s most thrilling and romantic play, will inspire, move and enthuse audiences of all ages. Full schedule at www.HumberRiverShakespeare.ca. Most performances are pay-what-you-can. Suggested donation \$20.

July 8/9 - Dick’s Dam Park, Bolton
July 10 - Country Day School, King
July 11/12 - Aurora Town Park
July 13 & 20 - McMichael Canadian Art Collection
July 17/19/24 - Fairy Lake, Newmarket
July 18 - Alton Mill Arts Centre
July 25/26 - Nineteen on the Park, Stouffville

July 10 - Liona Boyd’s The Return...to Canada with Love at 8 p.m. at the Woodland Gallery, McMichael Canadian Art Collection. Ms. Boyd, “The First Lady of Guitar” performs songs from her latest album including pieces inspired by the Group of Seven and Emily Carr. A+ seating \$79.10. A seating \$65. Call 905 893 1121 ext 2209. www.McMichael.com

ArtsSocietyKing.ca

This fall

September 6th - 38th Kettleby Fair.
www.KettlebyFair.ca

September 6 - Binder Twine Festival
in Kleinburg. www.Bindertwine.ca

September 7 - 25th Anniversary, Organic Advocates “Feast of Fields” at Cold Creek Conservation. www.FeastOfFields.org

September 14 - 6th Annual Schomberg Street Gallery, ONE DAY ONLY.
www.Schomberg.ca and
www.ArtsSocietyKing.ca

June 22 - Schomberg Horticultural Society’s Annual Garden Tour, 10 a.m. to 4 p.m. Tickets: \$10 available on the day at the Schomberg Community Hall, Main Street or in advance from Pathways to Perennials, Black Forest Garden Centre and Sheena’s Kitchen. Visit beautiful gardens in Schomberg and surrounding area. Call Barb for more information 905.939.2216. See article on page 17.

June 23 - “Gardening in the Shade” with Wayne Hingston. Nobleton King City Horticultural Society’s general meeting at 7:45 p.m. at the Nobleton Community Hall. All welcome. Members free. Guests \$3. Contact Lorraine at 905.857.0321.

June 24 – I Dig Holes and Build Things with Peter Wood. Schomberg Horticultural Society’s general meeting at 7:30 p.m. at the Schomberg Community Hall, 325 Main St. All welcome. Contact Jill 905 939 2781.

June 27 - Albion & Bolton Agricultural Society’s 36th Annual Tract & Tractor Pull. 6 p.m. at the Bolton Fairgrounds. Adults - \$15. Children under 12 - \$5. BoltonTractorPull.ca

June 28 to September 21 - Charles Edenshaw at the McMichael Canadian Art Collection. Tuesday to Sunday 10 a.m. to 4 p.m. Storytelling you can feel. See over 80 powerful works by the 19th century Master Artist. Organized and circulated by the Vancouver Art Gallery. Adults \$15. Seniors/Students \$12. Members free. www.McMichael.com or 905.893.1121.

July 10 to 26 - ASK Festival King 2014

Celebrate King's Arts, Heritage and Nature with two weeks of activities throughout King Township.

REGISTRATION:

online www.ArtsSocietyKing.ca or call Jane at 905.939.9357 unless otherwise stated.

*TOURS & EVENTS

***July 10 - A Night to Behold Love: a modern Romeo & Juliet.** 6:30 p.m. Reception. 7:30 p.m. Performance at The Country Day School's Performing Arts Centre, 13415 Dufferin St. (north of King City). Humber River Shakespeare Co. is thrilled to be returning to King Township this summer for the Strawberries & Champagne Opening of their York Region tour and the official start of ASK Festival King. Come celebrate the magic, romance and theatre, with the iconic tale of star-crossed lovers. Adults \$40, Students \$20. www.BrownPaperTickets.com/event672584 or www.ArtsSocietyKing.ca or 905.939.9357. See article on page 16.

***July 12 - Hike at Cold Creek,** 10:30 a.m. to 12:30 p.m. Meet at Education Centre, Cold Creek Conservation, 11th Conc. (3.5 km north of King Road, south of 16th Side Road). Visit wetland and the famous Bog Walk on this hike led by Cold Creek Volunteers. Bring water and wear good boots. Terrain is moderate hills and valleys. All ages welcome. Please no dogs.

***July 13 - Nobleton & King City Horticultural Society's Garden Tour,** 10 to 4 p.m. Tickets \$10 available from Black Forest Garden Centre, King City Guardian Drugs and Nobleton Pharmasave and at each garden on the day of the tour. Visit a variety of gardens representative of the beauty of King Township. Call Lorraine at 905.857.0321. www.altflora.com/nobleton See article on page 17.

***July 15 - "Lunch & Learn" - Into the Light: The Art and Life of Lauren S. Harris.** 11 a.m. to 2 p.m. at McMichael Canadian Art Collection. Tickets \$40. (Parking, Gallery Admission, Lecture & Lunch included). Join Anna Stanisz, Associate Director, Creative Learning & Programs, for a private lecture and tour discussing some of Harris's most seminal works. After the tour enjoy a delightful lunch at Cashew & Clive Café. See article on page 6.

***July 19 - Famous People's Stories and Sites: King Heritage Bus Tour,** 9 a.m. to 12:30 p.m. Our AC bus leaves from old Schomberg Arena, Western Avenue. \$35 includes morning snack. Famous People - Jesse & Phoebe Lloyd, William Lyon Mackenzie, Sir John & Lady Eaton, Sir Henry & Lady Pellatt, Samuel Holland, John & Ann Snor, Lady Flavelle, Etienne Brulé, Robert de la Salle, and many others. Join Elaine Robertson & Murdene Pozdrowski local heritage enthusiasts from King Township Historical Society and ASK, as they lead you on this story telling tour of King.

***July 22 - Canada: A Space Odyssey.** 6:30 p.m. dinner at Locale Restaurant's Upper Lounge, King City. 8 p.m. Presentation. Join Jim Middleton, Chief Engineer for the Canadarm, in exploring Canada's many achievements in space from Apollo, Canadarm, International Space Station to Mars. Ticket \$60 (incl. 3 course dinner & presentation).

***July 24 - "Lunch & Learn" - Reflecting on a Sculptor's Life - William McElcheran** with King Sculptor, Brett Davis. One of McElcheran's amazing sculptures is at the Marylake Shrine. Famous for his businessman sculptures. Enjoy a delicious lunch at Blossom Garden Café at Pathways to Perennials, Pottageville. \$30 (includes lunch and lecture and tour of the gardens/sculptures)

***July 26 - Oak Ridges Trail (ORTA) Hike - Scenic King.** 9:30 a.m. to 11 a.m. Join us for a moderate hike along forest and meadow trails. Meet at the south end of the 7th Conc. 2.5 km south of Lloydtown Aurora Road in Pottageville. Hike leaders are Brian and Wilma Millage. 905.853.2407 or cell on hike day 416.722.6512. No charge.

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WORKSHOPS - All materials supplied.

Full day or Two half day workshops
\$85 members; \$90 non-members.

****July 11 - Unique Greeting Cards** with Debbie Essex. 9:30 a.m. to 12:30 p.m., at 15 Hillside Drive, Nobleton. Using a plethora of beautiful papers from old magazines, wrapping paper, brochures, labels, tickets and a few simple tools, you will make up to three cards. Age 14 and up. \$45 ASK members; \$50 non-members.

****July 14 - Abstract Collage Painting** with Karola Steinbrecher. 9 a.m. to 3 p.m. at 5625 16th Sideroad, Nobleton. Using photographs, newspapers, magazines, tissue paper, stencils, cloth, buttons, or jewellery create a collage with acrylic paint. You may bring your own materials - anything that can be attached/glued to a canvas.

****July 16 - Creating Beautiful Jewellery** with Amanda Brittin. 9:30 a.m. to 4:30 p.m. at Kettleby Pottageville Lions Hall. Make pieces of jewellery with glass beads, stones, found objects, or copper/brass/silver-plated sheets and wire. Techniques include hammering, stamping, patinas & wrapping.

****July 17 - Intro to Watercolour** with Anni Bretschneider. 9:30 a.m. to 3:30 p.m. at Trisan Centre, 25 Dilane Drive, Schomberg. Learn different washes and more to make your own floral. Watch each petal become a painting on its own.



****July 18 & 25 - Two day - Fun with Ceramics** with Christine Paige. 9:30 a.m. to 12:30 p.m. at 2 Laskay Mills, Laskay. Now's your chance to make that one piece of art you never thought you could. Show it off in that special place and proudly say, "I made it!" You will amaze yourself and wow your friends and family. Simple techniques will guide you to a great feeling of achievement.

****July 21 - Basket Weaving** with Michelle Zikowitz. 9 a.m. to 3 p.m. at Kettleby Pottageville Lions Hall. Weave your own contemporary multi purpose basket and learn the basic techniques and possibilities of basket weaving.

****July 23 - Wire Sculpting** with Julie Coleman. 10 a.m. to 4 p.m. at Kingcrafts, 12936 Keele Street, King City.

****July 25 - Travel Writing** with Wendy Rolph. 10 a.m. to noon at Pine Farms Orchard. Turn your journal jottings, photographs and videos into a compelling travel narrative that will engage the interest of others. Cost \$15.

July 16 - King Township Mayor's Annual Golf Tournament "Casino Classic", at Cardinal Golf Club, Country Western theme. Shotgun 12:30 p.m. or dinner only (\$75 per person). Proceeds go towards the development of Parks, Recreation & Culture initiatives in the Township. Contact Teresa in the Mayor's Office at tbarresi@king.ca.

July 20 - Tim & Brenda's 4th Annual Cruise for the Cure, from 9 a.m. to 6 p.m. at 13200 Weston Road, (north of King Rd. on west side of Weston Rd.) Supporting Prostate Cancer Canada and Alzheimer Society, there are hundreds of fabulous exotic, classic, custom & performance cars, live music, lots of food, activities for all ages and awards, trophies, raffles, door prizes and much more. info@timandbrendasplace.com

August 1 to 3 - Newmarket Jazz+ Festival 2014. Enjoy great musicians, entertainers, visual artists, food, beer/wine garden and festival fun. Call 905.841.6489 www.ArtsMusicFestivals.com

August 8 to 10 - 41st annual Alliston Potato Festival. www.AllistonPotatoFestival.com

August 20- King Travel Diaries - I always wanted to go there! 7 p.m. Nobleton Library. Back by popular demand. Your own motor home through Europe and Asia - 5 months, 30 countries with Diana & Rick Russo. www.ArtsSocietyKing.ca or www.KingLibrary.ca.



Art for Kids

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ArtsSocietyKing.ca

June Schedule

Saturday June 7th
Colour Wheel Fun
Mix your own colours and paint an original work of art!

Saturday June 14th
"Seeing Red"
Be inspired by our latest exhibit at the Museum, and paint your own red work of art!

Saturday June 21st
Pick a Piece of Picasso
Learn about Pablo Picasso and paint a wonderful abstract!

Saturday June 28th
Rainbow Looms
Have lots of fun making bracelets, rings or necklaces with the rainbow loom!

July Schedule

**July 5th
Watercolour Fun
Paint with watercolours, an original work of art!

Saturday July 12th
Dreaming of Dreamcatchers
Learn about the history of dreamcatchers while creating one yourself!

Saturday July 19th
Monet's Water Lilies
Discover Claude Monet and paint a wonderful waterlily scene!

Saturday July 26th
Bead Buddies
Create your own little bead pet keychain that you can hang right off your backpack!

August Schedule

Saturday August 2nd
Origami Fun
Fold your own origami animal and learn about the ancient art of paper folding!

Saturday August 9th
Tie-Dye T-Shirts
Create our own crazy colourful tie-dye t-shirts!

Saturday August 16th
Learn Like Leonardo
Learn about Leonardo DaVinci and create a DaVinci inspired piece!

Saturday August 23rd
Travel Diaries
Make your very own special journal and write about your summer vacation!




A DREAM FULFILLED



Photo ORTA Files

by Peter Schaefer, Past President, ORTA

On October 26, 1991 an enthusiastic group of trail supporters gathered at the King Campus of Seneca College to discuss “the dream of establishing a continuous system of trails along the Oak Ridges Moraine, from the Niagara Escarpment in the West to the Northumberland Forest in the East.” What were they thinking? The group included King City residents of that time Frank Bowman, Marie Casey, Fiona Cowles, Stuart Koch and Peter Scholefield. They met monthly through early 1992. The founding meeting was held on May 23, 1992, represented by a group of 30 that called itself “Citizens for an

Oak Ridges Trail” (CORT). On that day, they must have wondered what this dream meant in terms of real length of trail, as it would be winding through forests, over hills, along lakes and around private land.

The first sections of the trail were established along existing road allowances in the Township of King and subsequently on roads in Uxbridge Town-

ship. At a January 9, 1994 meeting in the Log Cabin of Seneca, the name of CORT was changed to ORTA. By May of that year, the membership had risen to 94. From 1995 on, a strong membership drive grew the count in only a few years to well over 650 and it has held above 600 in recent years.

During 1996 and 1997, active Chapters were formed in Uxbridge, King, Scugog and Whitchurch-Stouffville, in that order. In 1998, Caledon, Clarington and Hope-Hamilton Chapters were formed, followed by Aurora. The Oak Ridges Moraine Trail was now established from Palgrave in the West to Gores Landing on Rice Lake in the East. In 2001, the Northumberland Chapter was formed with the ambitious hope of “someday” extending the Trail to the “Far East” of the Oak Ridges Moraine.

In 2001, the Oak Ridges Moraine Conservation Plan (ORMCP) was enacted. In 2002, the ORTA trail system was accepted as the starting point for a trail across the whole of the Moraine as mandated by the ORMCP. ORTA

and the Oak Ridges Moraine Foundation (ORMF) created a Strategic Plan for the Oak Ridges Moraine Trail that was adopted in early 2004. Its vision was “to establish a hiking trail providing continuous east-west access across the Oak Ridges Moraine”. Wherever possible, the Trail was to be moved from roads and road allowances to public lands and easements in “Natural Core” and “Natural Linkage Areas” of the Moraine and an Optimal Trail Alignment was identified.

The progress was remarkable. In 1992, the trail was 198 km long. It grew to 218 km in April 2006 and to 273 km as of today. We also have now over 70 km of side trails. In 2010 we officially opened the trail through the Northumberland County Forest to two trail gateways in the East. In the West, the trail now meets the Bruce Trail at the Niagara Escarpment in Mono Township.

After 20 years, “the dream of establishing a continuous system of trails along the Oak Ridges Moraine, from the Niagara Escarpment in the West to the Northumberland Forest in the East” has been fulfilled. **M**

Editors' Note: Join Brian & Wilma Millage on an Oak Ridges Trail Hike during ASK Festival King 2014. Saturday, July 26th from 9:30 a.m. to 11 a.m. ArtsSocietyKing.ca or see Festival brochure in centre of magazine.

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This Family Friendly Charity Car Show Is One Of A Kind

by Zohreh Zandvakili



Last year I attended Tim & Brenda's 3rd Annual Cruise for the Cure Show in King City and was very impressed by how well it was organized, the beautiful show cars and by the great spirit of the hosts, volunteers and visitors who had come to have a good time and at the same time supporting two important charities.

When MOSAiC asked me if I would write an article for the magazine I gladly accepted. Here are my questions directed at Tim Schmidt, who is a long time resident of King City and the host of the event.

Tim, what made you fall in love with cars and since what age?

There have been several factors which have contributed to my passion for cars. It all started when I was approx. 12 years old. On Saturdays, my Dad would put the lawnmower in the trunk of his car and drive me over to **ABC Plastic Molding & Supreme Tooling** where I would cut the grass and Dad would give me \$5.00. On one of those Saturdays, the owner at the time - Lou Blackstein - came out and gave me a package of *Hot Wheels* from Mattel, and continued to do so over a period of time. I will never forget that! Eventually my dad -Mike Schmidt- became CEO

and part owner of (now known as) ABC Group. My dad passed away in 2009 and since then my mom, Helga, has stepped into that position. ABC Group is a tier one supplier and world leader in the design, development and production of plastic automotive systems and components and has supported **Tim & Brenda's Cruise for the Cure** since its beginnings in 2011. I've basically grown up in the automotive industry and become a collector. My showroom, which holds several of my collections from Hot Wheels-, Jim Beam to Dale Earnhardt and Snap-on, etc. will be open to the public on the day of our fundraiser. You will soon realize I'm a hoarder of cars.

My other collection of "real cars" will be on display as well.

What was the first car you drove and what was the first car you ever owned? At what age?

14 years old. The first car I ever drove was a 1968 LTD Ford - I had to stay in the confines of the fenced in ABC parking lot and the first car I ever owned was a 1974 Camaro. It was a hand-me-down: first owned by my mother, then by my late brother Frank.

Is this car show a dream come true or did it just evolve to become what it is? What is Brenda's role in all this?

Yes, one could say this is a dream come true as I always wanted to have a car show and contribute to a good cause. Throughout the years I have participated in many events and my cars and motorcycles have won many prizes and have been featured in respective magazines. Now I'm hosting car shows. Brenda, my wife, supports my passion of cars and digs her heels in to help make our fundraiser a success each and every year.

Do you also do mechanical work yourself?

I used to be hands-on and I know lots about mechanics, but at this stage in

life, I come up with ideas, discuss it with experts who then fulfill my wish. Each time it is a great experience.

You get cars, work on them and turn them into a beauty - has there ever been a case where you were totally at awe and amazed how it turned out?

My 55 Chevy was such a case. When I first got it, it was just a drivable Chevy. After the work was finished and the final touches of polishing were done I looked at it and literally had tears in my eyes. It turned out to become a magnificent show car.

This kind of an event is a huge undertaking and needs lots of planning and decision making, how do you manage?

I'm lucky as I have a wonderful group of volunteers who help me. They are all in it to make this event a great family day and to raise as much money as possible for two important causes. Sabrina is one of the key people who coordinates this huge undertaking, but our visitors are the ones who make this fundraising a success.

As Tim mentioned his right hand being Sabrina, I used this opportunity to ask her how she feels about this event:

It is an incredible feeling to be part of something so huge. We have visitors from all over the country including the

United States. Besides the cars we have lots of entertainment: music, live bands, carnival and many vendors. It is a wonderful event where the whole family can have fun.

There is no better feeling of knowing everybody had a great time and the money collected has been above expectation. The looks of joy on the faces of Helga Schmidt - our main sponsor and representative of ABC Group -, Tim, Brenda and all the volunteers after hearing the outcome is just indescribable.

This event has been a success from year 1 and with each experience we have learned something new - it is growing and becoming bigger and better.

It has grown from 1,000 visitors in 2011 with \$50K going to Prostate Cancer Canada (sole beneficiary in the first two years). Second year we raised \$75k. In 2013 we reached \$112k with 7000 visitors and 700 show cars. Last year the money raised went to Prostate Cancer Canada and Shriners' Hospital for Children-Canada (50/50 split).

This year our goal is to meet or exceed \$200K with the proceeds going (50/50 split) to Prostate Cancer Canada and The Alzheimer Society of Ontario. **M**

Editors' Notes:

Tim and Brenda's 4th Annual Cruise for the Cure Show and Shine takes place at 13200 Weston Road, King City (just west of Hwy 400 & King Road) on Sunday July 20th from 9 a.m. to 6 p.m. Don't miss Tim's Showrooms/Museums. You will be blown away. This event is open to all. \$20 donation per car load and \$35 donation to exhibit a show car. Visit www.timandbrendasplace.com for more information.



Legendary Lovers

by Kaitlyn Hesketh



Editors' Note: Join Arts Society King (ASK) and Humber River Shakespeare Company (HRSC) on July 10th for the kick-off event of ASK Festival King and HRSC's modern take on Romeo & Juliet in York Region at The Country Day School's Performing Arts Centre, 13415 Dufferin St. 6:30 p.m. Champagne & Strawberries, 7:30 p.m. Performance. Adults \$40. Students \$20. www.brownpapertickets.com/event672584 or ArtsSocietyKing.ca or 905 939 9357.

LOVE

is a funny thing; it can be so beautiful and happy, yet scary and tragic. It can be frustrating and infuriating and sometimes deadly. Throughout history, and in literature, myths and even legends, we see many lovers that had once been so happy, so in love, only to have it end in tragedy.

Cleopatra and Mark Antony's attraction could have been power, lust or money. Whatever the reason their alliance enraged the Romans who did not like to see Egypt's power growing. Despite threats against them Cleopatra and Antony became lovers and had three children.

While Mark Antony was fighting against the Romans, he received false news that Cleopatra had been killed. Shattered, he fell on his own sword and died. When Cleopatra (who was still alive, and awaiting his return)

learned of Antony's death she took her own life to avoid capture by the Romans.

The love of Sir Lancelot and Queen Guinevere is one of the best known. Lancelot fell in love with Queen Guinevere - King Arthur's wife. Guinevere tried to keep Lancelot at a distance; eventually her passion and love for him overcame her fear of disloyalty and the two became lovers. Their love is said to have brought about the end of the Round Table and the fall of Camelot. Guinevere was sent to a nunnery and Lancelot lived out the rest of his life as a lonely hermit, and never fell in love again.

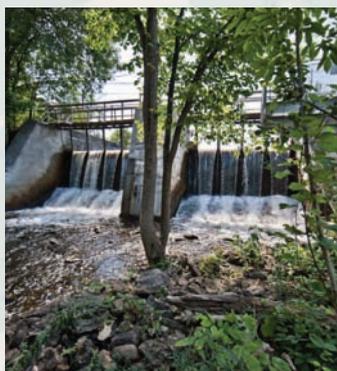
Two of the most famous Legendary Lovers - Romeo and Juliet are coming to King this summer. With breathtaking love scenes, riotous comedy, thrilling fights and the most heartbreaking sacrifice of young life, HRSC's production of Shakespeare's most thrilling and romantic play, will inspire, move and electrify audiences of all ages. **M**



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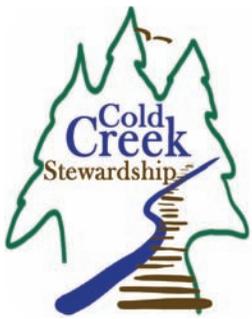
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The Cold Creek Report
by Gordon Craig

Migratory Birds – Long Distance Travellers

Spring migration is in full swing for Cold Creek's birds after a warm southern retreat from our brutal winter. These days we have a pretty good idea of the flight paths of many birds thanks to tracking techniques refined over the last century. Early records report that Henry IV banded a Peregrine Falcon in 1595 that left France and was caught 24 hours later in Malta 2250 km south, indicating birds could fly long distances quickly (94 km/h). Duke Ferdinand banded a Grey Heron in 1669 that was recovered by his grandson in 1728, sixty years later, establishing the longevity of some species.

The first records of banding in North America are those of John James Audubon, the famous American naturalist and painter. In 1803 he tied silver cords to the legs of a brood of phoebes and was able to identify two of the nestlings when they returned to the neighbourhood the following year.

The system of bird banding was developed in 1899 by Hans Mortensen, a Danish teacher, who placed aluminum leg rings on European teal, pintail, white storks, starlings and hawks. In 1919 Friedrich von Lucanus, President of the German Ornithologists' Society, compiled data on 3000 band recoveries for 127 species to identify several different bird flyways across Europe. By 1930 the practice of banding birds was well established in Europe and North America. Banding data relies on recapture, mostly by nets, requiring a high amount of banding for a limited amount of return. The Monitoring Avian Productivity Survivorship Program (<http://www.birdpop.org/maps.htm>) runs constantly maintained mist net stations that enable the estimate of population size and survival rate of many bird species.

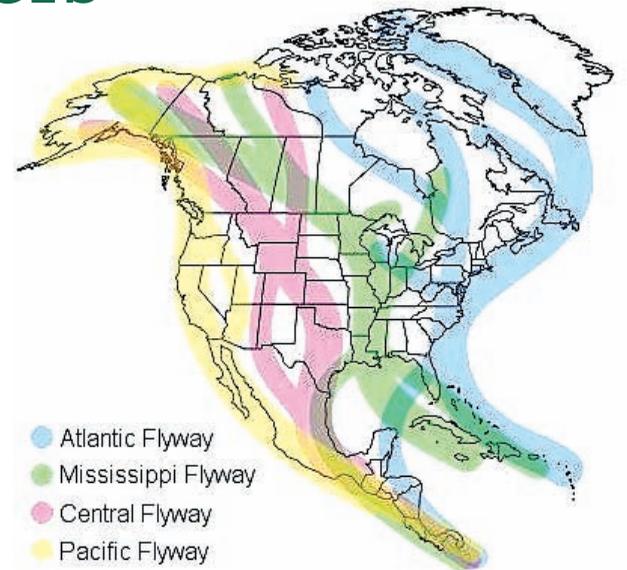
The development of microcircuitry and miniaturization of batteries has enabled the creation of a range of high technology tags that are attached to bird necks, legs, harnesses or feather shafts. The first limitation is that the weight of the tag cannot exceed

2–3% of the bird body weight to avoid affecting behaviour or performance. GPS systems in some tags communicate with satellites and record or report locations of birds in real time. These tags are larger and heavier than most and used on larger birds. Other tags broadcast VHF frequencies that can be triangulated by ground receivers to pinpoint near field locations to characterize foraging and nesting preferences. Dr. Bridget Stutchbury and her colleagues at York University have attached small retrievable photo sensitive tags to wood thrushes and purple martins that record sunrise and sunset in Greenwich time from which the birds' latitudes and longitudes are calculated within 200–300 kilometres. The martins flew 2500 km to the Yucatan in one case and 7500 km to the Amazon in another, both averaging about 500 km a day. While bird banding had recorded the total distance martins flew during migration, this was the first data showing the incredible distance these birds were covering in a single day.

Electrical and microchip technologies, advanced mathematics and statistics merging with fundamental biology and patient observation are providing a better understanding of our migratory bird population needs.

Advancements in geolocation and measurements of environmental conditions provide a better understanding of migratory bird paths, habitat and energy requirements, stopover locations and times and breeding range. Thus our preservation efforts can be more focused. Integration of global and local habitat alteration with climate change trends identifies potential long term impacts on populations and specific protections required of migrating birds.

They are back. Come greet our Cold Creek migrating birds and marvel at their long distance accomplishments and dependency on habitats along and at both ends of their international flyway. Visit ColdCreek.ca for detailed reports, videos and references.



Cold Creek Bird	Winter Destination
Robin	Southern US; Mexico
Mourning Dove	Southern Mexico; Central America
Baltimore Oriole	Florida; Caribbean; Central America; Venezuela; Columbia; Guyana
Cedar Waxwing	Southern US; Mexico; Central America; Caribbean; Columbia
American Goldfinch	Southern US; eastern Mexico
Eastern Bluebird	Texas; eastern Mexico
Ruby-throated Hummingbird	South Mexico; Central America
Belted Kingfisher	Mexico; Central America
Chipping Sparrow	Baha; eastern Mexico; Florida; Caribbean
Eastern Kingbird	Columbia; Peru; western Brazil; Bolivia
Rose-breasted Grosbeak	Central America; Venezuela; Bolivia; Ecuador
House Wren	Southern US; Mexico
American Redstart	Central America; Venezuela; Bolivia; Ecuador
Common Yellowthroat	Mexico; Central America; Caribbean
Yellow Warbler	Central America; Venezuela; Bolivia; Columbia; northern Brazil
Wood Duck	Southwest US; Mexico



References:
Cleminson and Nebel. 2012. Bird banding. Nature Education Knowledge. 3(8):1
Stutchbury et al. 2009. Tracking long-distance songbird migration by using geolocators. Science 323:896.
USGS. 2011. A brief history of the origins of bird banding.
Whitworth et al. 2007. Wild birds and avian influenza. Chapter 7: Radio telemetry and bird movements. FAO, Rome.

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How'd I Do, Dad, How'd I Do

by Robert Gwalchmai

With snow still snuggled against the curb
He ran beside me, holding the seat of my bicycle
"Pedal hard now, I'm gonna let you go" he'd cry
And off I would go, alone and frightened
The wheel would wobble and I would start to lose control
But just before I went down,
I would hear his panting voice calm me
"I have you, don't worry"
Before long, his persistence would win out
And I would circle him, beaming...
"How'd I do, Dad... How'd I do?"

The bubbling brook tickled our toes
As we sat watching the red and white bobber dance in the swirls
"Now watch closely and you'll see him take his first nibble"
He'd whisper around a piece of grass clenched in his teeth
Time and time again I would want to check my hook
But he would hold me back...
And then, just when I thought he was asleep,
He would jump up and softly say, "now, reel it in, smoothly but fast"
The line would go taut, and feeling the resistance I would wind away
Out of the water the fish would jump... trying desperately to get away
But soon, it would be dangling from the line held close in my hand
And with a grin as big as the sky, I would say,
"How'd I do, Dad... How'd I do?"

In the brisk autumn air
We would stand in the yard, mere feet apart, facing each other
"Now hold your glove up like this," he'd say
And would patiently throw the ball to me, time and time again
With each throw, he would move back a step
Until the gap between us was great
And then, I would make that one unbelievable catch
I would run to him with the ball still in my glove, and
With a hearty laugh and a big shiny smile
He'd pick me up and hold me close
And then I'd ask him,
"How'd I do, Dad... How'd I do?"

Steam rose from his reddened face
As he kneeled before me and tugged on the laces of my skates
The snow had been cleared from the little pond
And now it was my turn to soar across the ice
On thin little slivers of steel
Ankles wobbling, I shuffled out just beyond his light touch
With each step my confidence grew and my strides developed
Soon, with stick in hand I would be able to duck and weave
And after "getting one by him"
I would smile and ask
"How'd I do Dad, how'd I do?"

What's left of my hair is grey now.
He passed long ago, and my kids are off on their own
But every now and then I will see a father with his son
Teaching one of life's little skills
A lump will form in the back of my throat
And I will feel his gentle touch on my shoulder
I have done all of the things he taught me, and then some
But I still hear his confident voice urging me on
I smile to my self, and ask
"How'd I do Dad, how'd I do?"



Past and Present: Exploring the New Basketry

by Michelle Zikovitz

net, email, blogs, websites, and facebook, sharing and feeding off each other's ideas. Magazines and books are online and are available from all over the world. The inspirations and ideas are mind-boggling!

At this same time there also seems to be a new wave of interest in textiles, basketry, weaving and fibre arts, perhaps because of this worldwide connection. As a basket weaver I find myself still producing those functional and traditional baskets, as there is always that need for "another basket in the home". What seems to be evolving in basketry though is a new way of looking beyond those traditional basketry materials of the past. Beautifully designed papers and tissue, unusual fabrics, wools and fibres are eyed in a new way.

Another trend is the new repurposing of clothing, furniture and materials. Colourful glossy flyers, the plastic mesh around wine bottles and fruits, scrap metals and wires are just a few examples of materials finding their way into baskets. Woven baskets are now sculp-

tural vessels and installation pieces created from just about anything that can be woven, coiled or stitched together. Now when I am out in one of those big box stores I find myself looking at the strapping lying on the floor, or the colorful wires and think to myself how can this be used or incorporated into

a basket.

The possibilities are endless, and the day could be spent browsing the Internet looking at all the wonderful fibre art networks, websites, organizations and artists providing more inspiration and ideas than one could ever produce in a lifetime. **M**



Editors' Note: Join Michelle at her Basket Weaving workshop on Monday July 21st during ASK Festival King 2014 (July 10 - 26). ArtsSocietyKing.ca or check Festival brochure in centre of the magazine.

I recently picked up a basketry publication from 1988 and as I was browsing through the pages I came to realize that as much as basketry has changed, the basic concepts and principles have been the same for decades and even longer.

Looking at this 1988 publication made me think back to the challenges artists faced in the 80s, connecting with one another to share ideas and be inspired by each other's work. "Send a self addressed stamped envelope", "phone ... toll free", "request a catalogue" are some of the listings in the advertising pages. Today artists worldwide are connecting through the Inter-

ARTS AND CRAFTS HOW-TO

by Kelley England, Manager
King Township Public Library
kinglibrary.ca

Editors' note:
If you would like some hands-on learning, why not sign up for one of the workshops during this summer's ASK Festival King? You can learn skills such as: collage painting, watercolour, ceramics, basket weaving, wire sculpture, or jewellery making. If your interest is more on the literary side, try gift-card making and add your own verse, or discover how to save your travel adventures through writing about them. See details in the ASK Festival King brochure, stapled in the centre of this magazine.

When it comes to arts and crafts, the Library is a great resource. Each branch has a vast collection of material to foster or discover the many diverse mediums of arts and crafts. These tools come in a variety of both educational and how-to instructional books. You may also want to consider our craft magazines available in both print and digital formats. These resources will undoubtedly appeal to the craftiest of souls.

Do not forget to sign up for our newest database, Zinio. This collection of online magazines is accessible through a wide variety of mobile devices. Step by step instructions are available on the library's website kinglibrary.ca. Craft magazines include: American Craft, Knitter's Magazine, and Martha Stewart Living.

You can also explore the various works of art from the Renaissance to Modern at the library. We have an excellent collection for browsing! Perhaps you are looking to try something new through teaching yourself to draw or trying your hand at watercolour. There is a variety of options just waiting to be discovered. Just stop into the library and staff will be happy to assist. **M**

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MIND YOUR PEAS

by Janet Rodger



Photo Tim Skinner

If we collectively seem a little bit sillier this spring, I think we could put it down to "post polar vortex syndrome". No one dared to utter the words that winter was finally over. The burden of being the jinx was too much to bear. Yet, spring did arrive, the buds blossomed and now we can finally begin to enjoy some of the very early fruits (and vegetables) of the season. How wonderful is it to know that Farmers' Markets are once again part of our landscape!

We are fortunate to live in a region that includes the Holland Marsh, the salad bowl of Ontario. Our close proximity to Niagara provides us with a bounty of local stone fruits and before too long the fields of strawberries, raspberries and blueberries will be ripe and plentiful. I love the changing seasons, because there is always something to look forward to. When I was growing up, my grandparents had an extensive fruit and vegetable garden; they grew enough of everything to provide for the whole family. My grandmother made all of her own preserves, pickles and relishes and baked the best pies in Elgin County!! I never tasted store bought jam until I moved away from home! Food was the central focus of our lives.

I studied languages at university with the intent of becoming an interpreter, but along the way a summer job enticed me into the world of culinary arts. That was more than thirty years ago. I have no regrets; I always

loved my job. My husband, also a chef, and I were fortunate enough to retire early, but we are now busier than ever. In the summer months we run the King City Farmers' Market and during the winter we host community dinners at All Saints Church, King City. Two years ago we began teaching group cooking classes at the Church and we also teach privately.

One of the first vegetables that pops in to mind when spring is mentioned is of course asparagus – the king of vegetable royalty. But what about fresh garden peas right out of the pod? If you are lucky enough to pick them and eat them right away they are a delicious treat uncooked shucked straight from the pod. Perhaps because we have access to frozen peas all year long, we take for granted the lowly pea. Green peas are one of the most nutritious leguminous vegetables. They are relatively low in calories (100 grams = 81 calories), they provide a good source of protein, soluble and insoluble fiber as well as an excellent source of folic acid and vitamins A & C. I love cooked peas with salt, pepper and a bit of butter, but if you add fresh mint you have elevated peas to a whole new level!! Minted pea and potato soup is a favourite spring soup; it can be enjoyed hot or chilled. How about a different twist on guacamole; pea guacamole? Pair it with cooked baby shrimp and finish with a dollop of fresh tomato salsa for a fabulous spring appetizer. **M**

MINTED PEA & POTATO SOUP

- 2 teaspoons canola oil
- 1 medium cooking onion, 1/2" diced
- 600 grams yellow fleshed potatoes, cut into 2" cubes
- 2 1/2 cups of fresh (or frozen if fresh is not available) green peas
- 1 litre of vegetable or chicken stock
- salt & pepper
- 2 tablespoons chopped fresh mint

In a medium sized, thick bottomed pot heat the canola oil. Add the diced onions and 1/2 teaspoon of table salt. Cook the onions on medium heat until they become tender and translucent. (The purpose of the salt is to bring out the moisture in the onions and prevent them from browning. Conversely, if you are intending to caramelize onions, add the salt at the very end, once the desired colour has been achieved.)

Add the vegetable or chicken stock to the onions and the raw, cubed potatoes.

Cook for 15-20 minutes. The potatoes must be tender. (Cooked enough to mash).

Add the peas and cook for an additional 5 minutes. (If you cook the peas out longer than this the colour will not be as bright and the sweetness of the peas will begin to fade.)

Remove the soup from the stove and puree the mixture either with a stick blender or food processor until the mixture is smooth. Season to taste with salt and pepper.

Add the mint and stir it into the soup.

A lovely garnish for this soup is a dollop of crème fraiche.

PEA GUACAMOLE

- 1 cup of cooked peas *
- 1/2 jalapeno pepper, finely diced
- 1/4 medium red onion, finely diced (1/4 ")
- 1 tomato, cut in quarters, seeds removed, flesh is then cut into 1/4" dice (this is referred to as tomato concassé)
- Juice of 1 lime
- 1 teaspoon of chopped fresh cilantro
- Salt and freshly ground pepper to taste

*When cooking the peas, cook them only long enough that they are cooked, but still bright in colour. Immediately plunge the peas into an ice bath to stop the cooking process and cool them instantly. (This process is known as blanching and shocking vegetables.) Drain the peas thoroughly.

Process the peas in the food processor or blender using the pulse button. The peas should be puréed, but not smooth (a little bit chunky) and certainly not liquidized.

Place the puréed peas in a mixing bowl and add the diced jalapeno, onion, tomato and cilantro. Fold the garnish into the peas and then add the fresh lime juice. Season to taste with salt and pepper.

Editors' Notes:

This summer enjoy the bounty of spring fruits and vegetables, all available at your local Farmers' Markets!!!

Aurora Market - May 3 to October 11th, every Saturday, 8 am - 1 pm, 49 Wells St., Aurora.

King City Market - June 15 to October 5, every second Sunday, 8 am - 1 pm, All Saints Church parking lot.

Watch for the fabulous Field To Table Dinner on October 19, 2014.

Schomberg Market - June 7 to October 11th, every second Saturday, 8 am - noon, Schomberg Fairgrounds.

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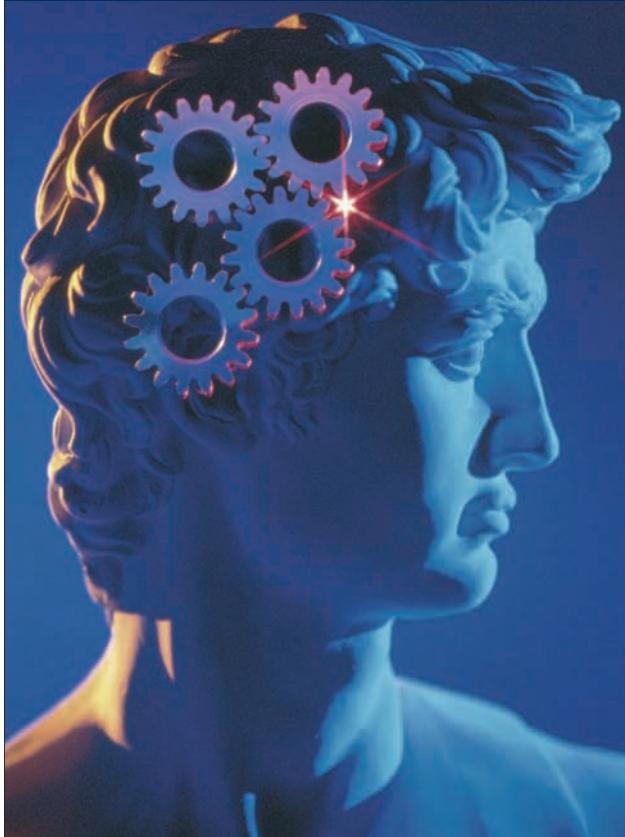
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