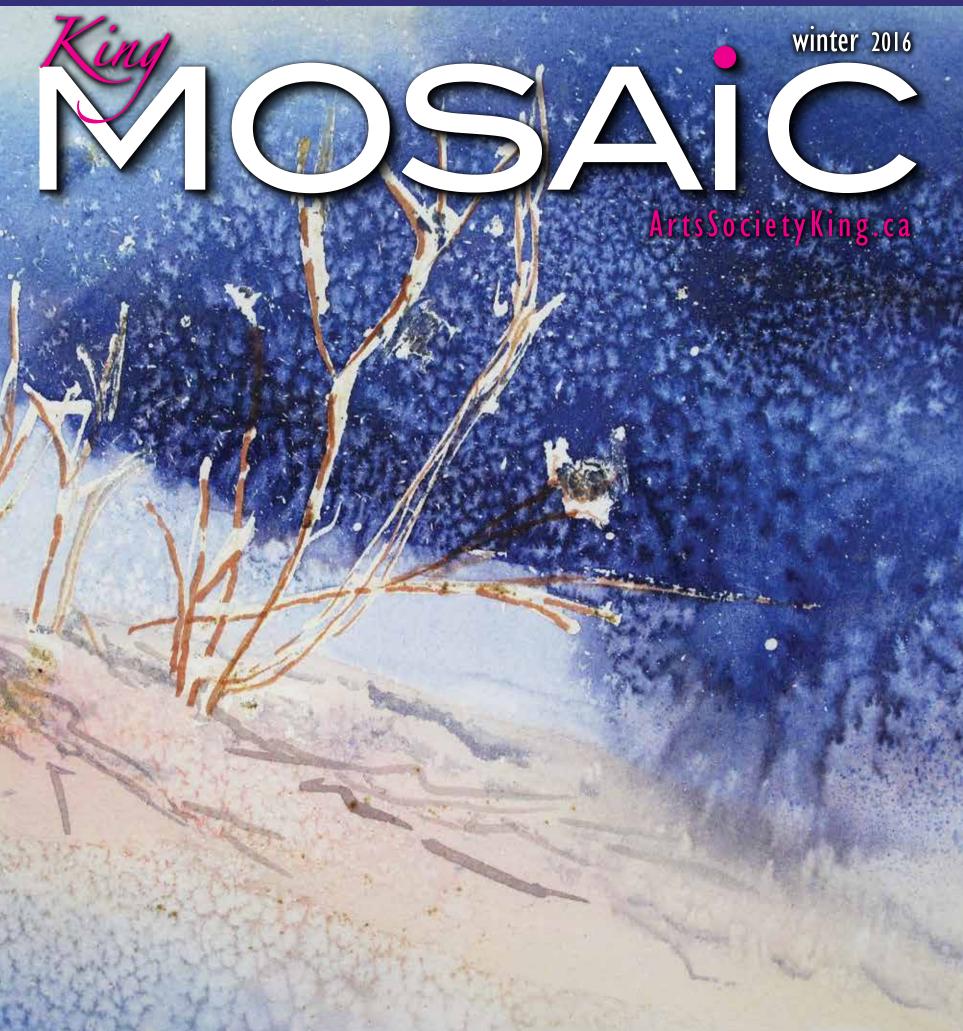
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Cheryl Uhrig

Dr. Arthur Weis

### ArtsSocietyKing.ca

**SPOT THE BINOCULARS:** There was no winner of the September contest. The binoculars were cleverly hidden on page 15.





- What's Going On at the Heritage and Cultural Centre
- WArts What's Happening...
- Events in and around King Township... just ASK!
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- Sara Houstoun poems
- Biologist at the Table: Eating Local Goes Global
- Talent Times Three



### Meet the Editor

Sue laboni has been involved with King MOSAiC magazine since its beginning back in 2011. As arts and culture news poured in, the magazine evolved from a 4-page Arts Society King newsletter into a 16-page magazine. In the fall of 2015 a partnership with London Publishers was established and, by the next issue, the magazine had grown to its current size; up to 28 pages.

People sometimes ask:"Where do you get all the story ideas?"Well the answer is that King Township is a thriving community with lots going on, and Sue always has her ears open. Sometimes her friends are heard to warn other friends: "Be careful of what you say, because it might end up in The Magazine!"

For more information on our 5th anniversary, go to page 6

### King MOSAiC Celebrates Our 5th Anniversary

ITS

Featured on the cover of the Winter issue of MOSAiC is A Crystal Snow Morning by Evangeline Munns. Read all about this artist, who specializes in painting snow, on page 4





Meandering Winter Stream taken from ASK Commemorative Calendar, January

# A CUSA with Nature... Evangeline Munns by Shirley Mackay

I was invited for late afternoon tea on a beautiful warm fall day, to the home of artist Dr. Evangeline Munns. A petite and pretty woman, she greeted me with enthusiasm and warmth and I spent two hours sipping tea at her kitchen table and being enchanted with stories of a life filled with accomplishments, adventures, and creativity. In her career, Evangeline has been a consultant for numerous mental health agencies and, as a Director of Theraplay Services, she currently trains therapists regionally as well as nationally and internationally. She obtained a Bachelor of Science, with an honours degree in Clinical Psychology from the University of Alberta, has a PhD in the same from York University, and a Master of Arts also in Clinical Psychology, from the University of Toronto.

But it was in grade school that Evangeline thought of herself as an artist and initiated the dream of one day being recognized as such. Her mother was an influence in her artistic future. Though the chores still had to be done on the family farm in southern Alberta and school grades had to be kept up, drawing, singing and play were encouraged.



Ove the years Evangeline took art courses at institutions such as The Creative Art School in Edmonton, The Ontario Art College, and the Haliburton School of Fine Arts where she learned Japanese art and where she continues to take classes every summer. There were also holidays to Australia and art trips to Kenya and Peru with artists and photographers. When she speaks of travel and adventure, and her love for the outdoors, there is a twinkle in her eye. "There is such joy when you are painting something you are happy about. You feel such gratitude in beingw alive."

As a Plein Air artist, Evangeline finds beauty, serenity, and communion in nature and she shares her gift of capturing these moments in her painting. She mentions the beauty of watercolour, for both its softness and boldness of colour, the blending of shades and shadows, and how it is conducive to painting outdoors because the paint dries quickly. She has explored and painted many regions in Northern Ontario including Lake Couchiching, Algonquin Park, the scenic Lake of Bays, and Craigleith where she was a certified ski instructor for many years.

On one particular winter drive up to the family cottage in the Dorset area, the scene of a brook whose snow had started to melt lured Evangeline to pull her car over to the side of the road and, for the next two hours as cars passed by on the highway, she painted the scene before her. Her artistry in the painting of Canadian winter enables us to appreciate the changes of light from the lower sun, the beauty of frost on the trees and drifts of freshly fallen snow, as well as the shades of blue during this cold season. The changes in the Canadian landscape and sky are reflected through a beautiful translucency in her paintings.

Evangeline's home is her permanent art gallery and is graced with many of the paintings she has made over the years as well as beautiful artwork she has collected. She has shown her art through the Toronto Heritage Society, has been part of the ASK Studio Tour, and is a member of the Toronto Watercolour Society where she has received awards for her work. She has been a member of Kingcrafts for over 43 years. She has a painting in the ASK 2017 commemorative calendar where one of her beautiful winter scenes is featured for the month of January.

Evangeline's art shows both a vibrancy and a reservedness which might be used to describe herself as well. "I have followed my heart. My art represents my traditional side, but there is also a side of me that is pretty unconventional."

At age 82, Evangeline Munns is a woman of many accomplishments and her goals of teaching, travel, art and adventure continue.

### WHAT'S GOING ON at the Heritage and Cultural Centre

# $M_{USEUM}^{\rm king\ township}$

# Celebrating the Holidays with Traditional Food by Kathleen Fry

The holiday season is a time with many different traditions and many ways of celebration. It wouldn't be a tradition if it didn't have historical roots, so here are some of the stories and histories of the food we share. Next time you bring a yummy fare to a familial feast, think about how this food took place in our hearts and stomachs for generations.

### Gingerbread

Gingerbread was brought to Europe by the Crusaders when they journeyed to the Middle East. Early references show that Swedish nuns were baking gingerbread to ease digestion by the year 1444.

Gingerbread recipes from the 14th & 15th centuries aren't anything like our modern cake-like variety. At the time, it was more like a candy or a confection than bread and quite a treat for anyone with a sweet tooth.

The first gingerbread man is credited to the court of Queen Elizabeth I, who had gingerbread created to resemble important visitors to court. After the Grimm Brothers' house "made of bread," in Hansel and Gretel German bakeries began creating elaborate gingerbread houses with icing snow on the roofs, along with finely detailed cookies. Tinsmiths fashioned cookie cutters into all imaginable forms, and every woman wanted a shape that was different from anybody else's.

### Fruitcake

Fruitcake is a love or hate kind of item. Food scholars date fruitcake back to ancient Egypt and the Roman Empire. According to some historians, Egyptian fruitcake was considered an essential food for the afterlife. Consumption during the holidays was made popular by the English who would pass out slices of cake to poor women who sang Christmas carols in the street during the late 1700s.

#### Panettone

Panettone is a version of fruitcake specific to Milan and now found in stores everywhere. Its history began with a big Christ-



Trees of Giving is an exciting new event this year, organized by the Museum Board. Community Groups all across the Township have been invited to create a holiday tree which captures their identity in some way. Everyone is invited to drop by the HCC, see how their own community group chose to depict its story, and vote for their favourite tree. A vote costs a loonie, and the proceeds go to the King Township Food Bank.This display is on from November 26, Tuesdays through Saturdays, 10-4, until closing day, which is Saturday December 17.

mas banquette held by the local Duke, when the court cook burned the planned dessert. The day was saved, however, by the kitchen boy. In a moment of crisis, the boy prepared a sweet loaf of bread with butter, candied fruit and leftover dough. This improvised cake was such a hit with his guests that the Duke asked what it was called and when the kitchen boy, Toni, replied that he hadn't yet thought of a name, the Duke proclaimed that henceforth it would be called pan del Toni.

### Eggnog

The most interesting thing about eggnog is its name. Food expert have found that the drink adopted the "nog" part of its name from the word "noggin", a Middle English term used to describe a small, wooden, carved mug used to serve alcohol. Yet another story is that the term derived from the name "egg-and-grog", a common Colonial term used to describe rum. Eventually the term was shortened to "egg"ngrog", then "eggnog"

### Yule Log

A Yule log is a large wooden log which is burned in the hearth as a part of traditional Yule or Christmas celebrations in several European cultures. It can be a part of the Winter Solstice festival or the Twelve Days of Christmas, Christmas Eve, Christmas Day, or Twelfth Night. At some point, the tradition of finding an actual wooden log in the forest became one of replicating a log in icing of a cake. The tradition lived on, in a much more edible form.

### Sufganiyot

This is a ball-shaped doughnut that is first fried, pierced and injected with jelly or custard, and then topped with powdered sugar, similar to the German Berliner, the Polish pączki, or the Russian ponchik. In Yiddish, they are known as ponchkes. They are usually eaten warm.

The sufganiyot are widely consumed in Israel in the weeks leading up to

and including the Hanukkah holiday. At Hanukkah, Jews observe the custom of eating fried foods in commemoration of the miracle associated with the Temple oil. While potato pancakes (latkes or levivot) are also eaten, sufganiyot are considered a more "Israeli" Hanukkah treat.

### Goose

Feasting on geese is a tradition that goes back to ancient mythology. There are a number of goose gods in numerous cultures that show the ritual importance of geese. People in Europe, Central Asia, North America, and North Africa customarily sacrificed geese, particularly at the turn of the seasons. Like other migratory fowl, geese appeared and disappeared at crucial times in the yearly cycle, so eating them customarily accompanied ceremonial events in the solar and agricultural year:



KING MOSAIC MAGAZINE

# Celebrates our Anniel States our Our very first cover artist, back in December 2011, was rug hooker Bea Grant

Our very first cover artist, back in December 2011, was rug hooker Bea Grant (see photo page 3). Five years down the road, Bea is still hooking. She has moved from a house to a smaller apartment where she is able to focus more on her art. She recently completed a piece she has named "Remembering McMichael" which mirrors the colours and styles of some Group of Seven artists, and contains faux fur, beads, even some bubble wrap in the design. Her current project is an  $8 \times 10$  "bed rug." In her spare time. Bea goes on hooking holidays seeking out new fabrics, and she teaches at Trent in the summers.

### OUR READERS TELL US:

"I can't believe it's been five years since the first issue. I always look forward to its arrival and love the fantastic content!"

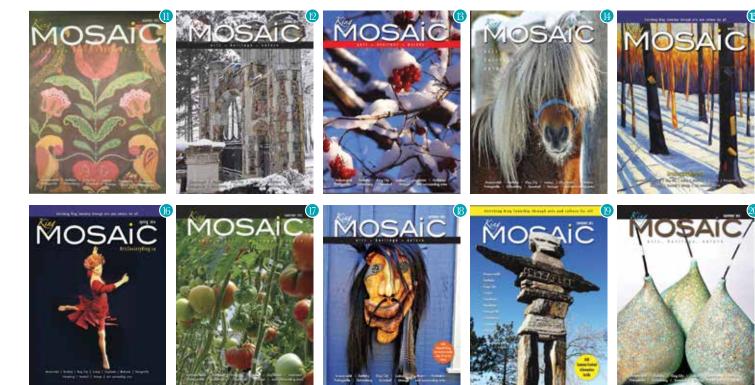
"If I want information on local events, I always look at MOSAIC first."

"I just want to say that I read through every MOSAIC and love your articles. Good work."

"Reading this magazine makes me wish I lived in King. If I were younger I would move here."

### Which cover is your favourite?

Write to us at info@artssocietyking.ca with your choice and we'll announce the winning cover in the Spring issue. We love to hear from our readers any time. Send us your comments and suggestions.



# KING.ca

On behalf of King Township council, I'm pleased to welcome you to the winter edition of Mosaic.

As you start thinking about your holiday plans, I'd encourage you to think about shopping locally.

All three of our urban centres – King City, Schomberg and Nobleton – have a great assortment of shops and services that will help you cross people off your gift list. Whether you're looking for something to place under a Christmas tree or an establishment to host a holiday party, you'll find something in King.

There are also plenty of free events in King to enjoy during the holiday season.

If you're in King City on Sat., Dec. 10, drop by the Keele and King Road intersection between 5 pm and 9 pm for the lighting of the Christmas tree, an appearance by Santa Claus and more.



"A Main Street Christmas" is being held Sat., Dec. 3 in Schomberg and is presented by the Schomberg Village Association.

Schomberg gets all dressed up and invites everyone to come and enjoy a fun-filled family event along historic Main Street from 3-9pm. Visit the Craft Show in the Community Hall, enjoy the parades, jugglers, musicians and singers while

enjoying some delicious food. Admis-

sion is \$5 per adult and includes admission to the Craft Show. The Schomberg Santa Claus Parade at 4 pm kicks off with

creative floats, costumed walkers and music to get you into the Christmas spirit!

The Spectacular Farmers' Parade of Lights begins at 8 pm with dozens of farming machinery decorated with Christmas Lights slowly making their way along the street...with Santa on the biggest machine of all!

Nobleton will hold its Tree Lighting Ceremony and Toy Drive on Sun., Dec. 4 from 4 pm to 8 pm at the Nobleton Gazebo. Come have a cup of hot cocoa or other Christmas goodies donated by our local merchants, while having your picture taken with Santa, or listening to the local children's choirs sing some carols on lit-up tractors. Remember to bring an unwrapped toy for the kids in need in Nobleton or purchase a personalized ornament to hang on the community tree for \$2.

All toys and monetary donations collected are given to the Nobleton Christmas Drive, a local charity that has been filling children's Christmas wishes for the past 20 years, right here in town. Admission is free, although an unwrapped toy or monetary donations are much appreciated.

No matter what you plan on doing this month, have a safe and happy holiday season.

Best wishes,

Mayor Steve Pellegrini

### KING TOWNSHIP PARKS, RECREATION AND CULTURE EVENTS

### KING CITY CHRISTMAS

Sat., Dec. 10 – 5 pm and 9 pm Keele and King Road intersection in King City

A MAIN STREET CHRISTMAS IN SCHOMBERG

Sat., Dec. 3 – 3 pm to 9 pm Main Street, Schomberg

NOBLETON TREE LIGHTING CEREMONY AND TOY DRIVE Sun., Dec. 4 – from 4 pm to 8 pm Nobleton Gazebo

#### **KING TREES OF GIVING**

Running until Dec. 17 King Township Museum Exhibit featuring trees decorated by various King Community groups. Vote for your favourite tree by donating \$1 per vote with all proceeds going to the King Township Food Bank.

FAMILY DAY WINTERFEST

Mon., Feb. 20 – 11 am to 3 pm Cold Creek Conservation Area

MAPLE SYRUPFEST Sat., March 18 – 10 am to 2 pm Cold Creek Conservation Area

# SustainableKing

If you are a member of a community group that's working on a new project or initiative that helps to further the vision, goals, strategies and actions identified in King's Community Sustainability Plan you may be eligible to receive funding or resource support from the Township through the Sustainable King Grant Program.

The Sustainable King Grant Guidelines and Application Form can be accessed at www.sustainableking.com.

Congratulations to Cold Creek Stewardship, Nobleton Children's Theatre Co, Bluff Trail Neighbours and Toronto Wildlife Centre which all received Sustainable King funding in 2016 to support community initiatives that further the vision, goals, strategies and actions identified in King's Community Sustainability Plan.

King's Sustainability Plan is focused on implementing sustainable actions and leveraging the resources of our community. We must work together to ensure the Plan's success!

Learn more about the Plan's fourteen priorities in addition to the Plan's themes, goals and strategies by visiting www.sustainableking.com.

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### JOIN US AT AN OPEN HOUSE | January 28, 10am – 1pm | February 9, 7pm – 9pm

### SUPPORTING EXCELLENCE

The Country Day School is pleased to announce the creation of the York Scholarship Bursary available to three incoming Senior School students starting in 2017-18. This renewable scholarship will provide support for 65% of tuition and additional fees throughout their high school career. The York Scholarship Bursary is awarded to students based on financial need, as well as a demonstrated and balanced approach toward academics, the arts and athletics. To learn more, visit www.cds.on.ca/ yorkscholarshipbursary

Emma Pellegrini

#### Emma Pellegrini looks somehow out of place sitting politely in the Tim Horton's booth. We spend a very pleasant hour talking about her accomplishments, so many for so young an age, but there is an impatience in her gestures and stolen glances out the window, as if she is hoping to spot just a few snowflakes fluttering down amidst the autumn leaves.

Emma can only blame her parents for this passion; for taking her to the ski hills as a child. The whole family are ski buffs and have spent winter weekends in Collingwood for as long as she can remember. At age 7 she branched out; watching her older sister manoeuvering a snowboard she says; "I wanted to be cool like her!"

By age 10 Emma had honed her skills and was addicted to bordercoss. She explains that bordercross is one of the several forms of snowboarding, which also includes freestyle and racing. Bordercross involves 4 boarders all going down the hill, over berms, jumps and rollers, at the same time. She loves the speed, the jumps, and the competition. She explains how this sport is different

from its cousin, skateboarding. Unlike skateboarding, a snowboarder's feet are attached to the board, and the impetus comes from going downhill on snow instead of having to create the momentum on concrete.

At age 16, the young athlete is now consumed by her sport. She attends the High Performance Athlete program at King City Secondary, a program where students work individually, with the aid of a teacher, to complete high school courses. Allowances are made for practice time and competitions. In the winter she spends Thursdays to Sundays

on the ski hills.

MAKING HER

MARK ON SNOW

The skateboarding season is long, beginning with pre-season practice in November and December, and competitions from January to April. During the months without snow Emma spends a lot of time on dryland training: in the gym, building strength and balance. She is also a swimmer and works as a lifeguard at the Nobleton pool in the summer. She says that working on lifesaving skills, especially towing a simulated drowning person, really builds muscle.

by Sue laboni

For Emma competition is key. In the 13-15 age category she came third inn the Nationals. But now that she has moved on to the next category, ages 16 and over, she is often competing with people 10 or more years older and the competition is tougher. Nevertheless she has her hopes set on the Nationals again this year. After that? There is a gleam in her eye as she mentions the Olympics in 2022.

Do her parents know about this? She proudly tells me that her parents, (yes she is Mayor Pellegrini's daughter), are very supportive, driving her around the province, attending practices and competitions, and biting their nails as they watch. She had two accidents last year. During the Provincials she broke her wrist in a fall and had to compete in Quebec while wearing a cast. Another, more serious accident resulted in a concussion. She was off the hills for guite a while as she went through recovery protocol; slowly being introduced to light and television screens, going back to school a day at a time, and finally back on the hills. No wonder her mother quips, "You're giving me grey hairs!"

Residents of King Township, and perhaps the world, will be watching this young athlete as she makes her way down snow-covered hills in nearby ski country, Quebec, British Columbia, and even possibly another continent. Those grey hairs on her mom just might be worth it.

### Hidden Gems: Holland Marsh Wines by Irene Bayer

twenty-two acres are not onions, carrots or beets...

Since 2008, there has been a winery tucked away up on Keele Street. Who knew that grapes could grow in King Township? Roland Nersisyan did. Though flat, the land is not marsh muck but welldrained sandy loam, with terroir essential to producing tasty wine. When they founded Holland Marsh Wineries, the Nersisyan's—third generation Armenian winemakers—imported a 6100-yearold tradition of Old World winemaking to this surprising microclimate. Nevertheless, the only grapes hardy enough to grow came from Niagara and Quebec stock, so the family is very proud of the Canadian heritage of their product as well.

"We took baby steps getting here," explains Nori the son, who has taken precious time from his chores for the interview. "And all of our wines are like our babies" he says, by which he means that the grapes dominate the activities year-round. It is a hands-on family affair,

On the edge of the Holland Marsh, but the winery also provides employment for a dozen core and seasonal workers. The aim is to produce drinkable, affordable wines of several varieties, both white and red.

> In rare years, when conditions allow, magic happens. The decision itself, to leave some grapes unharvested in the fall, is part of the guess-and-by-gosh of ice wine making. In mid-winter (if the gamble paid off), frozen grapes hang like jewels on the vines. Freezing turns grape juice into syrupliquid gold. The ice wine harvest begins. The grapes are pressed and stored in

steel tanks as opposed to oak barrels in keeping with the winery's modern outlook. The winery only makes white ice wine, but red grapes are also well-suited to this dessert style. Although ice wine is notoriously costly, the winery has kept theirs affordable at \$29.95.

Signs will lead any wine lover to the charming and very local setting, which is open for tastings and other milestone events.

...and there are six more acres just waiting for new vines: baby steps toward Holland Marsh Winery's well-crafted future wines.



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CANADA 20

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# What's Happening by Teri Hastings

### WHERE HAVE 12 YEARS GONE, YOU ASK? MORETO COME!

Arts Society King (ASK) welcomes 2017. ASK volunteers have been busy making plans and coming up with new initiatives. All are intended to enrich King Township through arts and culture for all.

In 2016, ASK produced LIVE concerts, a major student art exhibit, a limericks evening and more 'experiences'! Ahead lay some returning favourites such as the Studio Tour King and Schomberg Street Gallery. NEW events on the horizon include an 'Open Mic' literary evening, Welsh Choir performance and so much more. Please join us, get involved. We encourage anyone interested in learning more to contact us and visit www.ArtsSocietyKing.ca

With 2016 coming to a close, Arts Society King wishes to thank our community of friends, supporters, donors, sponsors and partners: Ann and David Love, Ann Marie and Marc Neeb, Artista Custom Frame Shoppe, Avia Eek, Beverly Lerner, Black and Associates, Blair and Elizabeth Day, BMO Bank of Montreal, Boynton Bros. Sod, Carol Ann Trabert, Chloe Romeril, Curry's, Davis Orthodontics, Debbie Schaefer, Denny and Dennis Starritt, Design Innovations Inc., Dorita Peer, Engel & Volkers, George and Catherine Webster, Geraldine Alleston, Guaranteed Roofing, Helga Schmidt, Humber River Shake-

speare Company, Irene Bayer, Jackie Catto, Jean Gairdner, Joe Saracini RE/MAX, Joanne Hofstetter, John and Beverley Berger Judy and Gordon Craig, King Connection, King Township, KingTownshipBiz.com, King Heritage and Cultural Centre, Kingcrafts, King Township Public Library King Weekly Sentinel, KJ Beamish, LD Cairns, Leslie Whicher RE/MAX, Magna, Maria Ongaro, Marion Hogg, Marilyn Conway Jones, Mary Muter, Murdene Pozdrowski, Nobleton Optometry, Northern Wide Plan Flooring, Oak Ridges Retirement Community, Orr and Associates, Owen and Lynda Rogers, Peter and Louise Walter, Phyllis and Len Vernon, Pioneer Honey, Rolph Family, Schomberg Village Association, Schomberg Foodland, State Farm Anna Raeli, Stephen Ongaro Intercity Realty Inc., Sue and

Peter laboni, Teri Hastings and Family, The Fireplace Stop, Trisan Construction, Valerie Rowley, Virginia and Tom Atkins, Write Now @ King, York Energy Centre, York Region Arts Council, Zoreh Zandvakili. Thank you also to ASK'S 94+ Artist Members, 13 hard-working and dedicated Board of Directors, hundreds of event attendees and guests, King Township staff and many more!



Please visit the ASK website and facebook page. Meet artists, sneek a peak at upcoming ASK events and enjoy archived editions of MOSAiC. www.ArtsSocietyKing.ca and www.facebook.com/artssocietyking





www.ArtsSocietyKing.ca 905-939-9357 Info@ArtsSocietyKing.ca Arts Society King: Enriching King Township through arts and culture for all.

# Events in and Around King Township 1050

**Every Saturday** - Arts Society King and the King Heritage and Cultural Centre present 'Saturday Art Club' and welcome children ages 5-11 for drop-in arts and crafts, \$5 suggested donation.

**To December 17 -** The King Heritage and Cultural Centre presents 'Trees of Giving' an exhibit featuring Christmas trees decorated by local community groups. Vote for your favourite tree with \$1 with proceeds going to the King Township Food Bank.

**December 2** - The King Township Historical Society will host their 'Winter's Tale Annual Christmas Concert' featuring Canadian fiddle music historian Anne Lederman, with Ian Bell and others at All Saints Anglican Church, 7:00 pm. Contact Diana at 905-859-3965 or King HCC at 905-833-2331

**December 3** - All Saints Anglican Church presents 'Yule Market' with special gifts and delicious holiday baking from 11:00 am to 3:00 pm. Contact the Church office at 905-833-5432.

**December 3** - The Schomberg Village Association presents a 'Main Street Christmas' from 3:00 to 9:00 pm. Enjoy a fun-filled family event along historic main street and visit the craft show in the Community Hall, enjoy the parades, jugglers, musician, singers and delicious food. amainstreetchristmas.com



**December 4** - Oak Ridges Trail Association will host a hike at Cold Creek Conservation, 1:30 pm for a 3.5 km walk. Call Marianne at 905-939-7007 for information in advance.

**December 4** - The Nobleton Village Association presents 'Christmas in Nobleton Tree Lighting and Toy Drive' from 4:00 to 8:00 pm. Enjoy a cup of hot cocoa, Christmas goodies donated by our local merchants, have your picture taken with Santa, or listen to the local children's choirs sing some carols on our very own lit-up tractors. Unwrapped toys welcomed for the kids in need in Nobleton. nobletonvillage.com

**December 4** - The King City Seniors Centre open house, 2:00 pm. All are welcome and there will be light refreshments, Christmas carols and entertainment.

**December 7** - The King City Seniors Centre will visit Merry Farms Christmas Store & Tree Farm, including coffee, muffin, & shopping, turkey dinner at Erie Beach Hotel, & River of Lights Show at Simcoe. Coach departs at 12:15 pm, \$90 per person. Contact 905-833-5870 or 905-833-2828.

December 8 - Arts Society King and the King Heritage and Cultural Centre welcome York Region Arts Council for 'Arts After Hours' from 6:30-8:30 pm. Gather and meet other arts and culture professionals and celebrate the holidays at this networking reception. Pre-register at yorkregionartscouncil. com/arts-after-hours

**December 9** - All Saints Anglican Church presents 'Lessons and Carols' featuring the Christmas story re-told from pipe organ and choir music. 905-833-5432

**December 10** - The King City United Church presents 'The Harmony Chorale: Welcome to Christmas!' 7:30 pm. Enjoy voice choir bringing a delightful mix of songs and carols. 905-833-5181

**December 10** - The King City Business and Community Association in partnership with the Township of King would like to invite you to participate in the 5th Annual 'Christmas in King City' Event, 5:00 pm - 9:00 pm, Keele Street and King Road intersection. info.kcbca@gmail.com

**December 17** - The Schomberg Skating Club welcomes the community to a 'Friends and Family' skate, 9:15 - 10:00 am,



Trisan Centre. Helmets required. schombergskatingclub.ca

.....

**December 18** - Oak Ridges Trail Association will host a Hike at Seneca College Mary Lake, 10:00 am for an 8 km walk. Call Josie at 416-296-1408 for information in advance.

**December 28-30 and January 3-6** -The King Heritage and Cultural Centre are offering drop-in crafts, 10:00 am -12:00 pm, \$5.00 per child.

**January 10 - 27 -** The King Heritage and Cultural Centre presents the '150 Years of Quilting in King' exhibit featuring a variety of locally made quilts.

**January II** - Oak Ridges Trail Association will host a hike at Seneca College Mary Lake, 9:30 am for an 11 km walk. Call Malcolm at 905-477-7260 for information in advance.

**January 17** - The King Heritage and Cultural Centre presents a Youth Animation Art Class that will allow students to work with a professional artist to develop and enhance observational and conceptual drawing skills. kingmuseum@king.ca or 905-833-2331.

January 18 - Arts Society King presents the King Township Community Groups Meeting at the King Heritage and Cultural Centre, 6:30 - 8:00 pm. Gather with fellow community partners and stake holders to discuss your organizations plans for 2017. ArtsSocietyKing.ca **January 19** - The King Heritage and Cultural Centre presents an Adult Portrait Art Class that will teach students to draw realistic or caricature portraits by learning proportion, shading, movement and contour with a professional artist. kingmuseum@king.ca or 905-833-2331.

January 22 - Arts Society King will host a special reception for 2016 supporters, donors, sponsors and volunteers from 2:00 - 4:00 pm at the King Heritage and Cultural Centre. Please also join us if you would like to learn about how you can get involved. ArtsSocietyKing.ca

**January 26** - (and mark your calendars for February 23 and March 23 - fourth Thursday of the month) Write Now @ King! will hold their monthly meeting at the King City Public Library, 7:00 to 9:00 pm. Open to all published and aspiring writers. Contact doritapeer@bell.net for the scoop.

January 28 - The King City United Church presents 'Gospel and Popular Songs with Sandra Kirby and Dr. Oleg Samokhin', 6:00 pm. Enjoy dinner and a concert with great music of inspiration and strength. 905-833-5181

**January 28** - The King Heritage and Cultural Centre presents a Puppet Show and Workshop, 12:00 - 3:30 pm. Enjoy a puppet show before making your very own puppet theatre and puppet! Please register by contacting kingmuseum@king.ca or 905-833-2331. Please contact all groups directly for location and ticket information as some fees apply and may not be listed. Details may be subject to change.

February 6 - 28 - Arts Society King presents 'King Township Secondary Students Art Exhibit' at the King Heritage and Cultural Centre, open Tuesday's- Saturday's, 10:00 am - 4:00 pm. The exhibit celebrates the talented senior art students of Country Day School, King City Secondary School and Villanova College and is an art exhibit for the entire community to enjoy. Join us for the opening reception on February 9. ArtsSocietyKing.ca

The Carlo of

**February 8** - Oak Ridges Trail Association will host a Hike at Happy Valley Forest, 9:30 am for a 10 km walk. Call Malcolm at 905-477-7260 for information in advance.

February 9 - Arts Society King art exhibit opening reception, 7:00 - 8:30 pm at the King Heritage and Cultural Centre. Everyone welcome to attend to meet the young artists and celebrate their creative accomplishments. ArtsSocietyKing.ca

**February 13** - King Township presents a Community Skate at Dufferin Marsh, 3:00 - 6:00 pm. Enjoy skating on the pond and warm your toes in an open bon fire. king.ca **February 20** - King Township presents Family Day 'Winterfest' at Cold Creek Conservation Area, 9:00 am - 3:00 pm. An exciting winter adventure with a variety of fun activities. king.ca

**February 20** - The King Curling Club presents 'Family Day Curling' throughout the day, Trisan Centre. Discover curling and play with your family, registration is required. kingcurling.com

February 21 - Arts Society King presents 'The King's Feet Underground Sound & Poetry Feast', The Scruffy Duck Schomberg, 7:00 pm. Open to all - join us for this first-time 'open mic' style literary event. ArtsSocietyKing.ca

**February 26** - The King Heritage and Cultural Centre presents 'Family Trees and Family Treasures', where you can discover what it takes to learn about your family history, how to create your own family tree, and understand more about the treasures your ancestors have left behind. Register by contacting 905.833.2331 kingmuseum@king.ca. March 2 - Arts Society King publishes MOSAiC Magazine, Spring 2017. Copies distributed in the King Weekly Sentinel or available at area shops, cafes and municipal buildings. ArtsSocietyKing.ca

March 5 - The King Township Historical Society will host their Annual General Meeting, 12:00 pm, King City Seniors Centre. Speaker Ryan O'Connor, author of 'The First Green Wave' will present about the early environmental movement in Ontario. 905-833-3965

**March 6 - 31 -** The King Heritage and Cultural Centre presents 'King's Heritage Buildings in Miniature' – where visitors are invited to explore the early years in King through handcrafted 3D models of historic buildings.

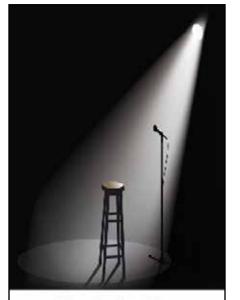
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March II - The Schomberg Skating Club welcomes the community to a 'Friends and Family' skate, 9:15 - 10:00 am, Trisan Centre. Helmets required. schombergskatingclub.ca

**March 13 - 17 -** The King Heritage and Cultural Centre will host 'March Break Madness', perfect for ages 5-11 to drop-in for funky crafts. \$5 per child.

March 18 - King Township presents 'Maple Syrupfest' at Cold Creek Conservation Area, 10:00 am - 2:00 pm. Enjoy a pancake breakfast, learn about syrup tapping and the rich history that brought us this sweet treat. king.ca

**March 25** - King Township celebrates 'Earth Hour' at Memorial Park and Dufferin Marsh, 8:30 - 9:30 pm. Enjoy lights out and a moonlight walk followed by a bonfire. king.ca



Arts Society King presents

'THE KING'S FEET UNDERGROUND SOUND & POETRY FEAST'

Tuesday, February 21 7:00 pm at The Scruffy Duck, Schomberg



Support ASK and pick-up your calendar today! Will make a great holiday gift



The TRAVEL DIARY group is off travelling for a while and will return with new adventures to share. SEE YOU SOON!





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- approximately 25 new classrooms, computer labs, a library, learning commons and student study space
- specialty labs focused in heath-care and early childhood education
- multi-purpose athletic and recreation space, gymnasium, fitness centre, student commons and event spaces
- Leadership in Energy and Environmental Design (LEED) Gold certification

Follow the journey and witness the King Campus transformation as we build a new space for the future leaders and caregivers of our communities.



senecacollege.ca/king

### SNOWFLAKE

The dots of 'last to fall' snowflakes have no direction

Buffeted by unseen gusts, some attempt to return to the clouds shoot momentarily up, in fairy hysteria to flee the downward path

Others too weightless to fall dither, distracted their journey willy-nilly solo adventurers, no controls, no flight plan

#### Now they sparkle!

Bits of crystal flung into air pulsing across the deck soundless and accepting as petite reflections of the late-day fire of the sun

Between dusk and the road lamp's illumination they exist unto themselves

Darkness brings anonymity as they gather in nooks and crannies relinquish the adventure to be seen by morning as

snowfall snowstorm dusting

I will mourn their labeled existence and quietly acknowledge each tiny morsel in the solid mass I will whisper'l know you are there'

Sara Houstoun

### WINTER'S NOT DONE

walking from the barn at night leaning into the blast of cold

I can hear the birch branches squeak feel the deer in the dark

stars are brilliant stark against a well of black

winter's not done with us yet

Sara Houstoun

Editor's note: Sara Houstoun Bijou's poetry is inspired by the seasons, all of which she learned to embrace thanks to a certain enthusiastic springer spaniel. Together, she and Howie rambled daily over the King farm where she has lived for twenty years. Among her best recollections are following that waving white tail through forest, meadow and lakeside.

### Cozy Up By the Fire; Featuring King Township Public Library Staff Favourites!

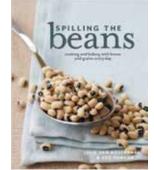
By Kelley England, Manager King Township Public Library kinglibrary.ca

As we approach the winter months, we find ourselves inside more and more, often seeking solace in a warm blanket with a great book, ideally in front of a toasty fire. Let us help you to stock up on some great reads!

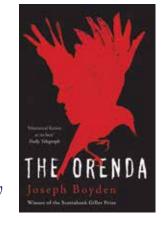
We have asked the Library staff to submit some of their favorite books, for your enjoyment this holiday season. Whether the books hold sentimental value or are just for pure entertainment, these titles are some of their favorites! All are available at your Library in a variety of reading formats; books, eBooks, audiobooks, and eAudiobooks.

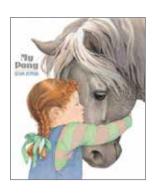


to you and your family from all the Staff at the King Township Public Library!











Sandra Miceli suggests; Spilling the Beans: Cooking and Baking with Beans and Grains Everyday by Julie van Rosendaal & Sue Duncan

Why not read a cook book while attempting to stay cozy during one of our Canadian winters? "Spilling the Beans" really is...full of beans. Recipes include some with meat, some without; some with vegetables, some without. There are even recipes for desserts. My favorites? Spinach and Artichoke Dip with White Beans, Red Lentil, and Sweet Potato Curry with Spinach. So try cooking - enjoy eating.

#### Effie Bierling suggests; The Second Half by Lauraine Snelling

The story is about a couple about to retire, with hopes of traveling.

But life takes a different turn for them, as their son who is divorced, needs them to look after his 2 children, ages 5 and 8, when he is sent overseas to an unknown destination, with the army.

When the son becomes missing in action, both his parents and children are very upset. As the children cope with their despair, the love of the grandparents along with their strong faith pulls them through. Travel plans have been set aside as they focus on their grandchildren. Happily, the story ends with a wonderful surprise for the family!

#### Kalli Secord suggests; The Orenda by Joseph Boyden

Everything that Joseph Boyden writes has the power to connect Canada's history and the current climate, especially in regards to First Nations communities. He is able to tell a story weaving both real and imaginary events into an entertaining and in many ways educational read.

This story, set in 17th century Canada, is about one of the Huron Nation's great warriors trying to get retribution for the murder of his own family by kidnapping a young Iroquois girl. He tries to do what is best for themselves as well as their family and community, while also navigating the new and troubling issue of a white Jesuit missionary trying to save them and lead them to Christ. These three characters each try to weave their way through acts of hypocrisy while small battles turn into large wars with extensive effects on all of them. It is no wonder that it won the 2014 Canada Reads title.

#### Adele Reid suggests; My Pony by Susan Jeffers

As a horse-lover with a little girl who has inherited my equine addictions, this has been one of my favourite books to cuddle up and read together. It follows the voyages of a little girl whose pony drawings come to life in her dreams. Not only is the story a wonderful one to read with a child, the artwork by the author, Susan Jeffers, is incredible: colourfully whimsical, it uniquely captures the grace and majesty of horses. This book still holds a place of honour in my personal collection as a very special book both for its sentimental and artistic value.

# An Even Playing Field

So another season has begun for the Leafs. Perhaps we can take some comfort in the Cubs having won the World Series after over 100 years of trying.

Things do look a little better this year with a crop of very talented rookies. It's been a long time since you could say that about the Leafs! Maybe management has their act together. Many questioned the 5 year contract given to their new starting goalie, but anyone who has played hockey knows you can't win without a good goalie. It was a little insurance for the young kids up front. Let's see where it takes them.

I carry insurance, not because I have a bunch of rookies working for me, but because I need the piece of mind it offers me and provides to my employee's and my clients. Because my work takes me into people's homes, I need protection in case an accident does happen and property gets damaged. Also, many clients demand I carry liability because they want protection for the same reason. This may be a cost of doing business, but it does cost me money.

Next, there is the Workplace Safety and Insurance Board or WSIB. Now I'm not happy about giving the government more of my hard earned money, especially when collecting from WSIB after an accident is almost impossible, but again, it is a cost of doing business in Ontario. It is a combination of insurance costs and the HST, which has helped to drive the cost of doing business and providing a service to my clients, way up.

These combined costs add an additional 20% or more to the cost of any project that my clients are considering. Now the reason I am bringing up this issue is to highlight a problem in the trades industry. It affects not just my business, but all trades. When I am putting together a quote for a client, I need to cover these costs and so they are included in my pricing. When someone who doesn't carry liability or who doesn't pay into WSIB quotes on a project they don't have those costs and has a competitive advantage. What's import-

ant to understand here is if people are prepared to use the guy without insurance, they are taking on a huge risk if that person should injure themselves or damage the house or building, they are painting, in any way.

Perhaps this sounds like I am whining, I'm not. My pricing is almost always more expensive than my competitors, that is because I do a better more thorough job than they do and the more labour it takes, the more it costs. But what I want people to consider is, ask your trades person to prove they have insurance and are WSIB compliant or you could find yourself in deep trouble if an accident does happen.

Until next time, have a happy holiday season. Derrick Jones





### **BIOLOGIST AT THE TABLE**

The life your food leads before it reaches the plate

Art Weis is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

### Coq au Vin

W. C. Fields supposedly said "I love cooking with winesometime I even put it in the food." This wine-based recipe is based on one from Julia Child. You can use a tender young grocery store chicken, but as I learned in France, it's even better with a tough old bird... a rooster, if you can find one!

#### **INGREDIENTS** 4 slices of side bacon,

briefly blanched in boiling water

2 T. olive oil and 2 T. butter

I large roasting chicken, cut up

 $\frac{1}{2}$  C brandy, I bottle red wine (I like Beaujolais) and 4 C. Beef stock.

2 T. tomato paste

#### I T. fresh thyme and a bay leaf

2 t. butter and 2 t. flour, worked into a paste.

#### DIRECTIONS

Heat the oil and butter in an enameled skillet, or similar pan (avoid cast iron). Brown the bacon, then remove and set aside. Brown the chicken pieces, season with salt & pepper, and set aside. Pour off the fat, then deglaze the skillet with brandy, flaming it with a match. Add the wine, broth, tomato paste, and herbs, then return the chicken and bacon. Simmer covered for 50 minutes, or until tender. Arrange cooked chicken on the platter. Boil down the cooking liquid by half, thicken with the paste, then ladle it over the bird. Serve with sautéed button mushrooms, and pearl onions braised in dry vermouth.

Growing up in the American Midwest during the 1950's, you didn't learn much about wine. My only experience was the syrupy, purple stuff that Grandma Weis served to the grown-ups on Christmas Eve. I refer of course to Mogen David. One Christmas she decided to give a half-gallon of it to every man in the family. So starting in October, Grandma walked to Buckley's Grocery Tuesdays and Fridays to buy one jug—the most she could carry on foot. In mid-December my Uncle Wally was in the store when the owner pulled him aside. Mr. Buckley was guite worried that Grandma, at age 84, had developed a drinking problem. Wally quickly figured out what was up, and the two had good laugh.

Vines, Wines

and a B

If you've never tasted it, Mogen David had a "grape jelly" flavor, which it got from the Concord grape, a species that evolved here in the eastern U.S. and Canada. The many types of fine wines that now come to us from around the world are made from a different species, Vitis vinifera, which originated near the Mediterranean. As with the apple, this species comes in many genetically distinct varieties. And like apples, they are propagated by grafting buds from one variety onto roots from another. These designer plants have one set of genes in the branches that produces the desired

grape, and a slightly different set in the roots for better water and nutrient uptake. This centuries-old practice allows production of distinctive varietal wines-such as Pinot Noir or Chardonnay-in vineyards from Crete to California.

One rather curious fact is that viticulturists construct their vines by grafting Mediterranean buds onto North American roots. This transatlantic union came about thanks to the invasion of a rather nasty insect pest with the scientific name Phylloxera vastatrix. This tiny bug has a bafflingly complex life cycle, going through 8 to 10 generations per year. The first generation starts when, after sitting all winter in a bark crevice, the bug egg hatches. Out pops a female nymph that makes her way up the vine to settle on a fresh new leaf, which she then stabs repeatedly with her tiny beak. The leaf reacts by forming a tumor-like growth, called a gall, that surrounds the feeding bug. Inside the gall, she matures and soon gives live birth to several daughters, which in turn give birth several more, and so on into the summer. When the days begin to shorten, they guit the gall and head underground to stab and feed on the roots for a few generations. As the season ends, reproduction shifts: half the bugs give birth to daughters and half to sons. After mating, these final females

move back to the branches and bark to lay one egg each.

- Illustration by Cheryl Uhrig

TO GRAFT IS HUMAN - TO SHARE IS DEVINE

C.E.UHRIG

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Phylloxera is native to North American, where it has co-evolved with the several new world grape species, such as the Concord. Over time, natural selection favored mutations that defended their roots, keeping bug numbers to a tolerable level. Around 1850 several British naturalists decided to import a few North American species to cross-pollinate with their old world varieties, all in hopes getting something new and improved. Unwittingly, they also imported bug eggs. In their new home, full of undefended plants, the phylloxera population exploded. Vitis vinifera didn't stand a chance as the invader shredded its roots. Up to 70% of French vineyards were ruined. Back in the American Midwest, entomologist C. V. Riley went to work studying phylloxera and came up with the solution: import even more new world vines to use as defended rootstocks for the old world varieties. It worked, and within twenty years the wine industry recovered. If you ever visit French wine country, as you travel past kilometers and kilometers of beautiful vineyards, remember the industry's North American roots.





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## TALENT by Sue laboni and Teri Hastings TIMESTHREE

#### COUNTRY DAY SCHOOL

A creative adage at Country Day School is taking art to the next level. Eighteen-year veteran teacher Heather Castellan, head of the Visual Art Program at CDS, takes the approach of exposing as many students to art as possible, and leads students on a creative journey in the school's open-style studio. "Over half the graduating students in art pursue post-secondary studies in the field," she commented. McKenna hopes to apply to Parsons School of Design and can relate to the work of Jean-Michel Basquiat, while Alex likes the modern and colourful style of Andy Warhol. Both grade 12 students and their classmates recently travelled to Temagami for a six-day art experience with nature; the result: en plein air art. Students have also worked on juxtaposed art installations. Julia's 'Culture and Charity'



Our three local secondary schools will present some of their latest artwork to the King Community in February. A display at the King Heritage and Cultural Centre (KHCC), with an opening reception on February 9th, will showcase their passion for art, their post-secondary aspirations, and their unique creativity. Members of the public are invited to view this exciting exhibit from February 6 - 28, during gallery hours, Tuesdays through Saturdays, from 10 am to 4 pm.

is an important piece to her. "The theme I am trying to convey is that communication and mutuality is vital to successful charitable ventures." After travelling to Ecuador, she learned how devastating it can be to impose one nation's culture on another. This can be seen in her thoughtful artwork as in many of her fellow students'.

#### KING CITY SECONDARY SCHOOL

At King City Secondary School, teacher Sabrina leraci says that her goal for art students in grades 9 through 12, is to help them break away from their fear of not being accepted as artists. She says that "It's very threatening to put your work on display." She tries to help students experiment and explore, using different mediums such as print-making, silver leads, and sculpture. She encourages different subjects too; for example, taking a large letter "A," cutting it up and reshaping it into something else. Ms. leraci is new to the school and her enthusiasm for art and her students is evident.

#### VILLANOVA COLLEGE

Art students at Villanova College were featured at a showing of their work at the Heritage and Culture Centre in February 2016, and in last winter's issue of MOSA-IC. As writer Dorita Peer noted, "the spiritual environment of this Catholic college, **Mixed Media by Natalie Rapallo** 





as expected, has some influence on school interiors as well as expressions of student art." Murals decorate the library entrance; self-portraits hang on school walls. These are just some of the projects assigned by teacher Angelo Casbarro to help students build a strong foundation in artistic technique. When artist Helen Lucas spoke to the young artists and their families at the exhibit opening, she proudly said "this is the future of art in our community and the world". Mr. Casbarro has designed a program that allows students to develop and refine their creative skills by producing and presenting art via the introduction of ideas, materials, and processes for both artistic exploration and experimentation. Grounded in both modern and post-modern pedagogy and practices, this rigorous program focuses on generating a well rounded portfolio and body of work to best prepare students for creative studies at the post-secondary level.

Arts Society King (ASK) is pleased to give students of Country Day School, King City Secondary School and Villanova College an opportunity to show their work in a gallery environments and to interact with their own community before moving on to the next stage in their respective art futures. Please join us for the opening reception on Thursday, February 9 starting at 7:00 pm. ArtsSocietyKing.ca



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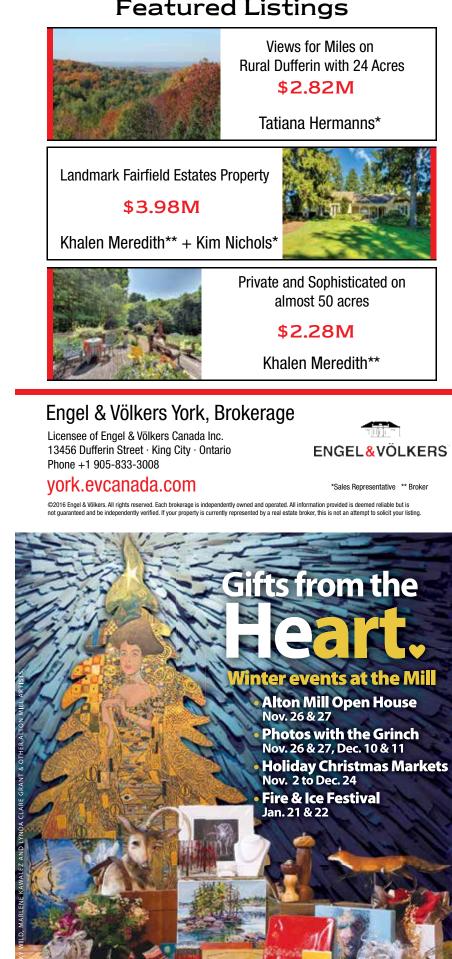
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