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fall 2023

King MOSAIC

ArtsSocietyKing.ca



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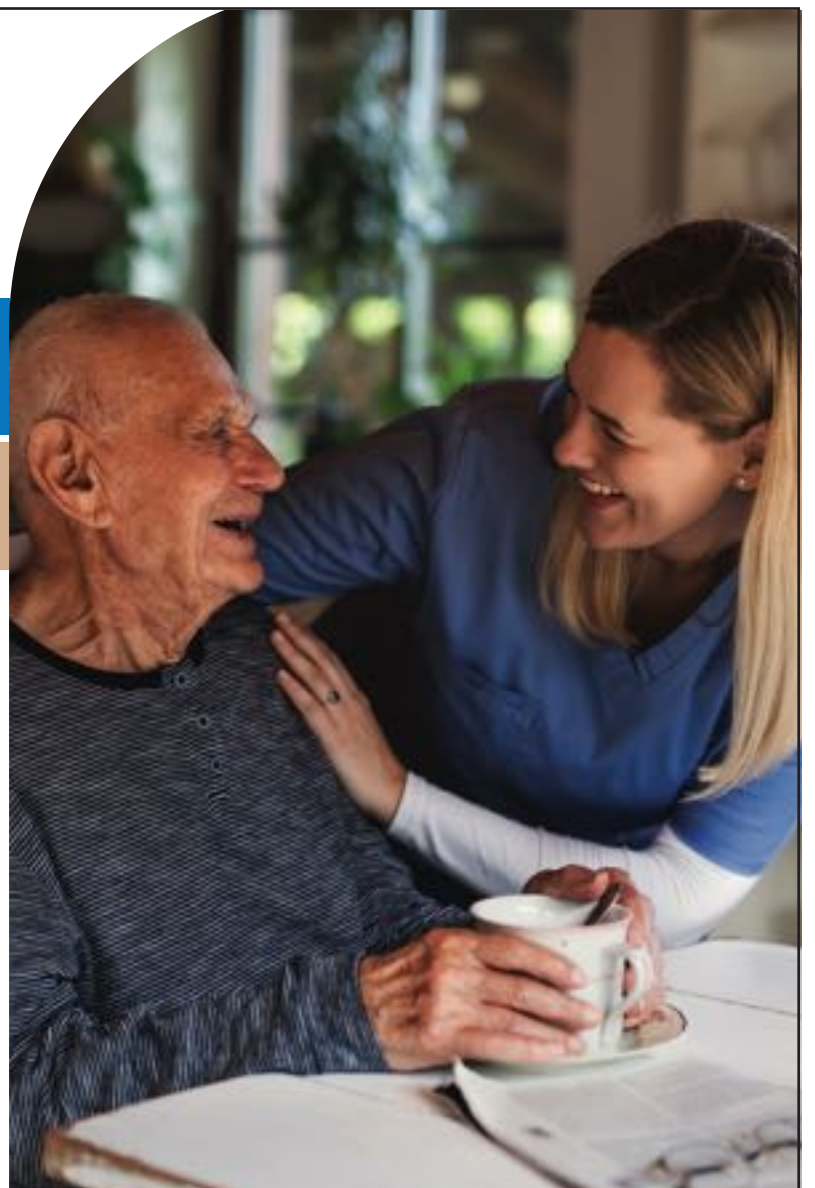
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We welcome your feedback, contributions,
and suggestions.

Write to us at

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FEATURED CONTRIBUTOR: BRIAN BOAKE



Brian Boake is a retired Information Technology professional and Toronto Raptors fan. He lives in Newmarket where he and his wife Christina raised their two sons. Brian played basketball at Runnymede Collegiate in west-end Toronto, which is where he met ASK stalwart, and Renaissance woman, Dorita Peer. Brian attributes his involvement with ASK to having reconnected with her. With her encouragement, Brian participates in 'Write Now!', a writing group where he reads his latest efforts in prose and poetry, and offers thoughts on the work of others. Alternative techniques to keep his brain sharp include cryptic crosswords and duplicate bridge. Brian avoids languishing too long in front of the keyboard by playing hockey in two leagues, and long walks with his dog Shelagh. This issue features two articles and a Haiku written by Brian.



CONTEST WINNER

Congratulations to Sophie Naidoo! The substance released by the trees that benefit humans is called "phytoncides", which helps with immune response and overall well-being. The article was written by Irene Zonta.

CONTEST

In this issue of MOSAIC, a writer mentions that King Township is a national hub of a specific sport, where Olympic teams are developed. What is the name of that sport and who wrote the article?

Submit your answer to:

Editor@ArtsSocietyKing.ca by
October 16, 2023, for a chance to
win a **\$50 gift card** to a local
establishment in King Township.



OUR COVER MANUELA STEFAN

Featured on the cover of the fall issue of King MOSAIC is a photograph of horses in motion from a ranch near Jackson Hole, Wyoming titled "Wyoming Beauties". Manuela Stefan loves spending time on Western ranches, which have proven a rich source of photographs for her. With the world returning to something approaching normalcy following the pandemic, she looks forward to filling her calendar with travels. Read more about Manuela on page 4.



GO ELECTRIC



EAT & PRESERVE LOCAL
IF YOU CAN!

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Grace & MAJESTY OF EQUINE PHOTOGRAPHY



WRITTEN BY BRIAN BOAKE

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts, and Toronto Raptors fan.

The **Schomberg Street Gallery**, which takes place on Sunday, September 17, 2023, (schombergstreetgallery.ca) is thrilled to have Manuela Stefan as the featured artist this year.

Manuela was born and raised in Romania, where she spent many happy childhood summers at her grandfather's farm. Those visits

included her first contact with horses, and a sense of the special connection which exists between humans and equines.

After moving to Canada, she pursued a business career, and interned at a wedding photography studio on weekends. Picture-taking proved too enticing; she went full-time, but horses continued to play on her mind. Her epiphany arrived in the form of a *Photoplay* article about Art Wolfe, an American wildlife photographer. His striking photographs of an ancient breed of white horses from Le Camargue, in southeastern France, inspired Manuela's first personal equine art project.



Manuela took her own trip to the marshes of La Camargue, and prepared her kit.

Manuela was fortunate, and so were her subjects. She had gotten the memorable shot within minutes of setting up. When she learned that the horses were getting fatigued by running through the heavy Rhone delta, she cut short her session. Les Camargues' modelling assignment was complete.

Although Manuela had no commission to defray the costs of this trip, her risky adventure has borne financial fruit over the years. Kudos to her, speaking as one who would be thrilled if starving artists, like horses working in coal mines, were a thing of the past.

Manuela has had wanderlust in her soul since adolescence. She recorded her travels using her father's old Zorki film camera, though today she favours Canon gear. She's happy to head outside, often for great distances, where the horses are; thus, so much of our conversations dealt with far-flung settings.

A perpetual issue for photographers is

finding the best light to support the shot under consideration. Fortunately, Manuela has always had the knack for doing so; her early work photographing nuptials was received with frequent compliments about how her subjects looked luminous.

The history of the human-equine relationship is long and colourful. While the canine is 'man's best friend', and most of us love the blasé charm of cats, the horse has been a boon to mankind since time immemorial.

In first-world countries, horses are no longer 'beasts of burden'. Surely man and beast are happier when equines provide recreation instead. Horses today are jumpers, racers, trail riders, and compete in polo. They are the only non-humans which contend for Olympic medals, in events such as show jumping, and the subtle, complex ballet of dressage. They are also increasingly popular as support animals. Horses are generous creatures, willing to work and play with people. However, they require time and space with their own kind too.

Contact Manuela Stefan at info@gracefulhorses.com, or visit her work at www.gracefulhorses.com. She is available for private equine photography commissions. Facebook (@GracefulHorses) & Instagram (@gracefulhorsesart).



In that spirit, we find Manuela at a ranch in Montana, capturing the return of horses for their summer duties. They 'winter' in the Tetons.

If a photographer is engaged to take a portrait of a family's Rover or Fluffy, often the work will

take place indoors, and up close. Such is not the case with horse photography, particularly if the beasts are to be 'caught' in unguarded moments of their (and, consequently, our) maximum pleasure.



From Manuela's birth nation comes this stud horse¹ with its remarkable ever-growing mane. Romania's government considers the preservation of 'heritage' breeds so important it maintains a dozen or so farms where the Hutul, among others, can thrive.

On a ranch north of Mexico City, Manuela captured a young lady outfitted in a glorious traditional dress against a floral backdrop. She was mounted on a Criollo, a smallish breed which can cope with Mexico's extreme heat.

Here we find Manuela in Costa Rica. She was invited to photograph a destination wedding and took advantage of the opportunity to capture her host on his horse sporting a magnificently crafted pair of riding boots.

Manuela's contact with horses has produced some astonishing results. She has seen guests who have visited her booth at an art show begin to cry, spontaneously.

She has led retreats for women in Canada, Mexico and St. Lucia in which horses are used as therapy.² She has returned the favour, so to speak, by learning equine massage techniques.

Manuela connects deeply, almost metaphysically, with horses. She pointed out to me that science is beginning to explore the human-equine 'connection'. Could its power be deeper and more profound than most of us can imagine?



SAY
HELLO
TO

haiku



WRITTEN BY
DORITA PEER

Dorita Peer is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician then as an equestrian trainer, coach, breeder and international official.

The ancient Japanese poetic form, haiku, is perfect for our harried times where, hearts on our sleeves, we shoot out bulletins in texts and tweets.

But haiku also lifts us beyond the tentacles of ego into the sublime world of reflection, where we accept ourselves subtly included rather than featured. The tiny perfect three-line, 17-syllable commandment of haiku makes sure we dig as swiftly as we do deeply into our subliminal well of impressions to express our awe of and reverence for Great Nature. A touch of dramatic irony may affect a line, and a reference to a season completes the message – what could be more Canadian? Uncontrived, Haiku seeks a momentous moment called ichi-go, ichi-e: a once-in-a-lifetime capture of an experience in situ. You had to be there, in other words.

Here is a collection of fine examples captured at the Kingbridge Centre during ASK's A Picnic with Poets event.



: Angels in Waiting by Clare Ross

HURRY UP!

This cold-as-fall morning
sees the winged geese still walking –
winter will not wait.

(Dorita Peer)

Trail's floor surprises
bursting through – jovial impudence
of yellow toadstools.

(Brian Boake)

Stream bends murmuring
glinting sunshine like silver –
turtle swims in wealth.

(Brian Burns)

Warm rocks and tall grass
nature clings to beating hearts
like the light green moss.

(Lavinia Maria)

Sky laid on the ground
gathered in a rain puddle
reflections that move.

(Lavinia Maria)

Seahorse; I see horse
whether on reef or meadow
carve the shape of grace.

(Dorita Peer)

Fields getting haircuts
abundant cricket sound bath
countryside living.

(Lavinia Maria)

Peace be with you, man,
who disturbs the mother goose
long calls the bird – away!

(Diliny De Alwis)

Mush rooms under ground offer
water to sym biotic trees, receiving sugar
Sequestering carbon dioxide from air.

(Debbie Fox)

POND

Clear water as sky
green forest blooms thick below
fish the new squirrels.

(Brian Burns)

LADIES' MAN

A hetero's dream
Countless females engulf me
sadly – mosquitoes.

(Brian Boake)



• Dorita Peer on Lambiek,
• sired by Olympic Ferro,
• a horse she imported
• from the Netherlands.



• A 1727 copper engraving Dorita
• had framed from an original text
• by Baron D'Eisenberg.

THE ART OF Dressage

Greece, around 355 BC: Xenophon writes the first book on the **Art of Horsemanship.**



WRITTEN BY DORITA PEER

Dorita Peer is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician then as an equestrian trainer, coach, breeder and international official.

AT first, practical advice is given; many lands away from home, cavalry needed sound and obedient horses. But men were well aware of the stature they gained on horseback. Friezes show the noble horse, gleaming, snorting fire, prancing and curvetting, ennobling the naked ape in pedestrian eyes during victory parades. Xenophon's bible ardently prescribes the method for turning a remount into a dancer. *Anything forced is not beautiful*, he warns.

Alas, the dream died out with Greek high culture. Horses went back to drudgery, jousts, bloody battlefields, and bullfights.

Europe, the Baroque: the sports cars of the day, glossy and responsive, were horses who carried the bloodlines of Araby, of Spain, of

Italy. Bred for princes and kings, who humbled themselves before their riding masters to master the high art of horse ballet. Such training deserved a fine French name: Dressage. And palatial arenas for practice. Such an idealistic academy still exists: The Spanish Riding School of Vienna, where it takes five plus years to train a horse and ten to train a rider.

The Fédération Equestre Internationale commands that a horse must appear to be performing of its own accord. Perfect harmony is the aim. A meeting of minds that depends on trust, deep understanding and a lifetime for mastery. Well-balanced inside and out, sensitive and wise as well as knowledgeable, defines an expert trainer. The great masters' legacy to future seekers rests in tomes and reams.

Almost from confederation, King Township has been a national hub of equestrian sport, where Olympic teams developed. Dressage was well represented by such as Gary Vander Ploeg, Nancy McLaughlin, Helen Hermanns (née Bumby), Daphne Haagmanns, et al. Expanded to York Region, the list includes Eva Maria Pracht and daughter, Martina Pracht and

Jacqueline Brookes. Julie Laforge and Meredith Risk are lively proponents yet. The crown belongs to Christilot Hansen-Boyle, who put Canada on the globe of dressage and who, with German industrialist, Hans Pracht, brought the World Cup out of Europe for the first time, to Cedar Valley.

What about the star of the show? The horse is a prey animal, a herd animal. He or she learns by trial and error; responding to touch, gesture and sound, and learning what action causes a rider to cease their demand – a horse's main reward. Each comes with a personality ranging from cool to hot, in intellect slow to sharp. Systematic dressage helps every sport horse but it takes a unicorn to reach the stars; such power, flexibility, generosity and durability as maybe a handful in a hundred possesses. Horses are not strong as horses. Cave paintings show equines built to last by natural selection. Modern horses – too tall, too slender of limb, too untested by natural agents – are made genetically vulnerable by and to our demands. Only conscientious eugenics assures breeders create the "Happy Athlete" the FEI orders. Most are European imports.

A proven Grand Prix horse a rare gem. Natural gifts, thousands of training hours and along the way, risks of injury an investment advisor would decry. If you could even find such a diamond for sale, he would cost you a King's ransom. Legend inflated the price of the best ever, Totilas, to \$15 million US. Once upon a time, the art of dressage was accessible to the dreamy working girl or boy with a yen for the most exotic of sports. As a lifetime practitioner myself – from student to coach of coaches, competitor, international official, breeder, trainer, seller of champions, to sport horse inspector – I strove for the ideals with unwavering zeal at tremendous cost and sacrifice. Leased my soul to master an archaic and arcane practice while learning all the life lessons a body could stand, and why? Dressage chooses you. Our bond with our specie's spirit partner remains a powerful magnate for ones who crave a warm and silent being to throw their arms around. And you get to where you are going on the shoulders of giants. As Ralph Waldo Emerson said, "Riding a horse is not a gentle hobby... it is a grand passion."



On behalf of King Township's council, it's my pleasure to welcome you to the fall edition of Mosaic.

Back-to-school safety

Slow down, keep your head up and obey the rules of the road.

These three simple actions are something we're asking motorists to keep in mind now that students are about to return to school.

Motorists need to adjust to an increase in traffic as people return to work from vacation and students return to school after the summer break. Be mindful of school busses and children walking or biking to school. Trying to shave a couple of minutes off your trip by speeding or passing busses with lights flashing is not worth the risk.

Here are some safety tips:

- Leave early to avoid rushing and disobeying the rules of the road.
- Stop when a bus has its arm extended and lights flashing. Do not proceed until the lights are turned off.
- Slow down in school zones and keep an eye out for children.
- Do not park in bus loading/unloading zones, even if you're only going to be a couple of minutes dropping off a child.
- Avoid three-point turns and U-turns in school zones.
- Obey crossing guards and signage.

We all have a role to play in making sure our kids get to and from school safely.

Schomberg Street Gallery

If you're looking to enjoy art on one of Ontario's best main streets, head to Schomberg on Sunday, Sept. 17 from 10 a.m. to 5 p.m. for the Schomberg Street Gallery.

The Schomberg Street Gallery, presented by Arts Society King, is an outdoor, juried exhibition and sale of quality fine art. Main Street will be closed to traffic allowing for full pedestrian access to the artists and their work.

Tents line the street displaying original fine art and skilled craftsmanship all available for purchase to the public. Admission is free to all visitors, and many local shops and restaurants are close by. With thousands of visitors over the years, the Schomberg Street Gallery is sure to be the outstanding feature for the start of the fall 2023 season.

Township-Wide Recreation Centre construction update

Work continues on the Township-Wide Recreation Centre being built on the southeast corner of Seneca's King City campus at the 15th Sideroad and Dufferin Street.

The state-of-the-art, high-efficiency, fully accessible recreation complex will feature two NHL-sized ice surfaces, a six-lane 25-metre-long lap pool and a multi-purpose community room.

The multi-purpose athletic fieldhouse will include an artificial turf field, a three-lane walking/running track, fitness equipment, and a multi-purpose court consisting of basketball, volleyball and pickleball.

Site servicing is nearly complete, the pool is 40 per cent done and the two rinks are 10 per cent complete. The facility is scheduled to open next year. For construction updates, visit king.ca/majorprojects.



Sincerely,

Steve Pellegrini
Mayor, King Township

A handwritten signature in black ink, appearing to read "Steve Pellegrini".

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Let me ASK you

WRITTEN BY
PATTI SKRYPEK

Patti is a retired communications professional and active volunteer who applies her creative skills to support a number of not-for-profit organizations within the community.



: Kevin McBean



: End of Season

KEVIN MCBEAN kjmcbean@hotmail.com

Kevin McBean lives in Aurora and developed his love of photography over the past 20 years as he travelled and created permanent records of memories and places he visited. In the past decade, he has taken to editing photos digitally and taking part in various competitions. Kevin worked for nearly 30 years for the York Region District School Board in areas ranging from IT and HR to Facilities Management. His favourite subjects to photograph are buildings and items in a state of decay; his least favourite are people, animals, landscapes and water. More recently, he has started to create mixed media pieces which, ironically, allow him the opportunity to use items in states of decay to create something new and original.

WHAT DO YOU MOST VALUE IN YOUR FRIENDS?

I value extremely honest friends who will not hesitate to gently but thoroughly critique my photographs and mixed media pieces before such pieces get out in the world. I draw the line when kindergarten and my creations are mentioned in the same sentence.

WHAT IS IT THAT YOU MOST DISLIKE?

Sexism. Racism. Homophobia. For many years, I delivered diversity training in one form or another to a wide variety of audiences. In discussion with a former police officer who also delivered diversity training, he asked me whether it was just him who felt that the more you learned about these issues, the more questions and complexity arose. I would have to agree.

WHAT IS YOUR INDULGENCE.

Dark chocolate.

WHAT IS YOUR IDEA OF PERFECT HAPPINESS?

In addition to dark chocolate, perfect happiness includes standing on a Costa Rican farm with a special friend, overlooking where the cacao beans were grown and the chocolate was

made. I've been fortunate enough to do this once. Watching the sunset over the Sahara Desert did not provide the happiness I expected. It was simply overwhelming.

HOW DO YOU GET INSPIRED?

I love exploring, be it in my tiny backyard or on the other side of the world. Finding things new to me (but quite often very old in actual terms) and missed by others, brings about a special pleasure. One simple goal is to take pictures or make other creations that are unique.

WHAT IS THE ONE THING PEOPLE WOULD BE SURPRISED TO LEARN ABOUT YOU?

After getting a Master's degree in Education, I took sketch comedy writing courses at Second City. In the former, some professors thought they were comedians. In the latter, the professors really were comedians. Both



: Ted in the Shed

: Winnie Chen



: Blooming Poppies"

WINNIE CHEN moonmoonartwork@outlook.com

MoonMoon Artwork Studio. Her artistic style is a seamless blend of abstract shapes and realistic forms, infused with vibrant colours that are sure to captivate the senses. For Winnie, art is a form of therapy that transports her into a dream-like world. Her ultimate goal is to invite her viewers to immerse themselves in her creations, find solace, and experience a moment of peace.

WHAT TECHNIQUES AND MEDIUMS DO YOU USE IN YOUR WORK, AND WHY DO YOU PREFER THEM?

I primarily use watercolour, drawn to its transparency and unpredictable water flow that adds uniqueness to each painting.

HOW DO YOU SEE YOUR ART EVOLVING OVER TIME, AND WHAT GOALS DO YOU HAVE FOR YOUR ARTISTIC CAREER?

I aim to continuously evolve as an artist, exploring new styles, subjects and techniques. My goal is to create meaningful artwork that resonates with others, and exhibit in galleries.

WHAT HAS BEEN YOUR GREATEST CHALLENGE AS AN ARTIST, AND HOW DID YOU OVERCOME IT?

One of my greatest challenges was overcoming self-doubt and fear of judgment. To overcome this challenge, I sought feedback, attended workshops and surrounded myself with supportive individuals who encouraged my artistic voice.

WHAT DO YOU THINK IS THE MOST IMPORTANT LESSON YOU'VE LEARNED AS AN ARTIST?

The most important lesson I've learned as an artist is the power of perseverance and embracing failure as a stepping stone to growth. Not every artwork will turn out as

envisioned, and setbacks and rejections are inevitable in the creative journey.

CAN YOU DESCRIBE A MOMENT THAT CHANGED YOUR LIFE, AND HOW IT AFFECTED YOUR ART?

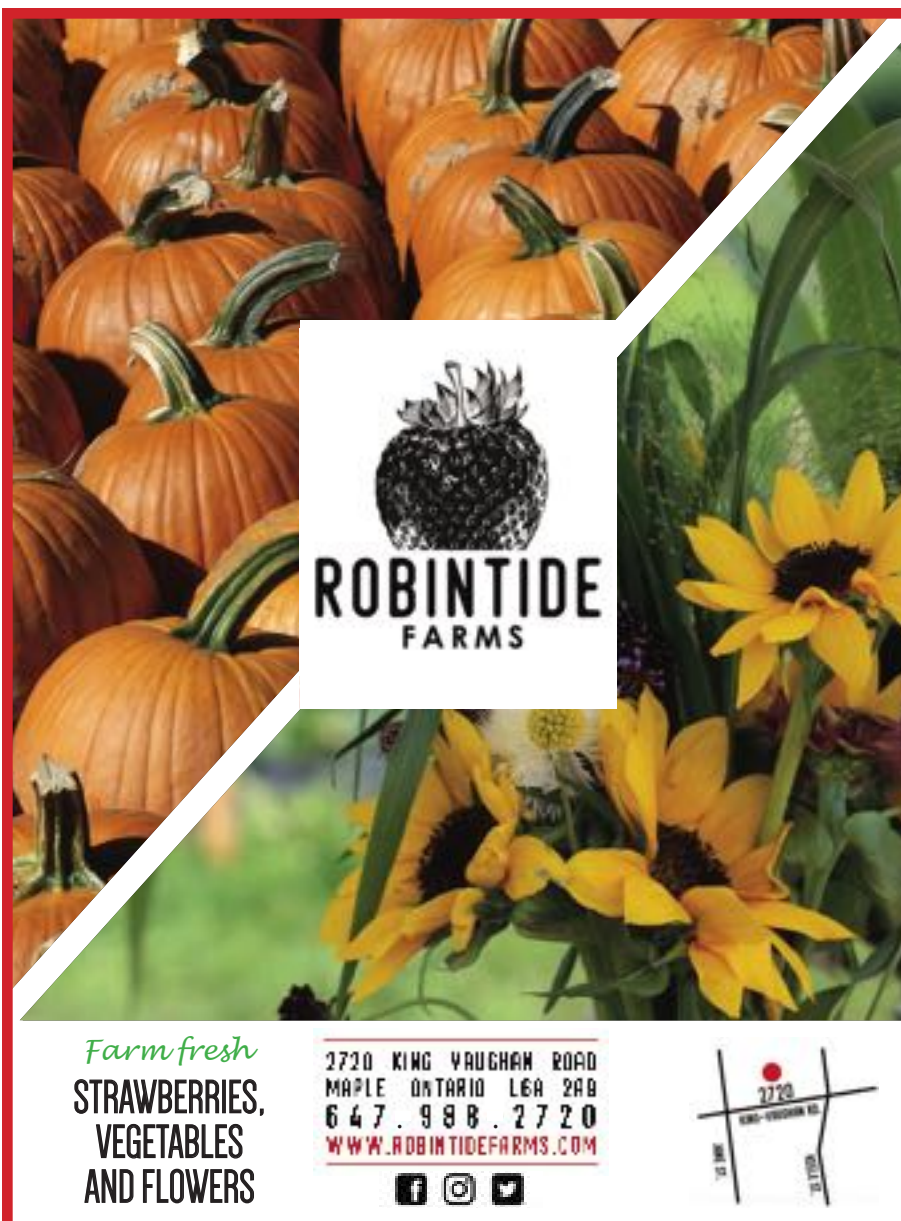
Immigrating to Canada in 2016 was transformative for my art. This country's awe-inspiring nature, from its vast landscapes to vibrant flowers and diverse birdlife, became my greatest inspiration. My deep connection with nature shaped my artistic focus, primarily on landscape, flowers and birds.


WHAT ARE SOME OF YOUR HOBBIES OR INTERESTS OUTSIDE OF ART?

I enjoy growing a variety of flowers (especially roses) in my small garden. Cultivating these delicate blooms is a therapeutic escape and a reminder of nature's beauty that inspires my artwork.




: Village In Autumn






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FALL HARVEST

The Benefits and Beauty of Community Gardens

Community gardening provides an opportunity to experience the joy of growing your own vegetables, feeling the soil between your fingers and **witnessing the magic** of seeds sprouting.



• Tony Marciano



• Schomberg Community Garden



WRITTEN BY JOANNE BAILEY

Joanne is a retired college professor and registered nurse and active volunteer with the Schomberg Community Farm, Arts Society King, and the Nobleton Seniors' Centre.

IT allows you to nurture vibrant plants and taste the unparalleled freshness and flavours of locally-grown produce, where you can gain a sense of self-sufficiency and savour the rewards of your green thumb efforts.

King Township is home to two community gardens – one in King City and the other in Schomberg. Both foster a sense of belonging, cooperation, and social interaction while promoting sustainable food production, enhanced biodiversity, and physical and mental well-being.

As a member-at-large of the Schomberg Community Farm, located near Osin Lions Park, I am inspired by the enthusiasm of the gardeners. Launched in May 2017, with the completion of a bridge, thanks to various fundraising and Township support, the garden is managed by a volunteer-run farm committee. Now in its 7th season, the 6-acre community

garden has 49 active plots, sized 10' by 20' and rents for \$40 per season. Though open to the public, garden plot rentals are available to King Township residents only, with a waitlist for anyone interested.

Many gardeners have vertical structures to maximize their growing area and there is a large community section where produce is grown to sell and donate. As part of my commitment to the farm, I collect the surplus vegetables from the gardeners and donate them to local places in town, such as the Kitchen Breendon Manor on Main Street in Schomberg.

Cheryl Fisher, the manager of the Schomberg Community Farm, highlights the various features available, including an orchard, native plantings, a butterfly garden, bee hives and bird and bee boxes, compost bins, leaf mulching containers, an herb garden, bean pole tent, and more, making the farm an interesting and educational place to visit.

The large barn on the property provides needed storage and tools to share and the wooden notice board provides gardeners and visitors with information. Cheryl adds that garden plot renters or members are obligated to assist with maintenance, including various

project days, such as spring opening, Earth Day clean up, or fall closing.

Angela and Tony Marciano, Schomberg residents, have been renting a plot in the community garden since moving from their house to a condo. They find the community garden therapeutic and enjoy socializing with other gardeners. At 79 years of age, Tony and his wife appreciate the opportunity to stay active by growing a variety of vegetables, including climbing beans, tomatoes, radicchio, peppers, swiss chard, eggplant, onions, lettuce, and zucchini – all the ingredients of a typical Italian garden.

According to Cheryl, there are a few projects for the balance of the season and into next year. This includes a large pollinator hotel, new fencing, more native shrub plantings in multiple no-mow zones, and preparations for a wildflower meadow.

The King City community garden located at St. Andrews Park at 13190 Keele Street has seasonal plots available from the first Saturday in May until the end of October. Plots are available in two sizes: 4 ft. x 4 ft. and 4 ft. x 8 ft. priced at \$15.82 and \$25.99 for the season respectively. Gardeners are responsible for

maintaining their garden plots throughout the season, including watering, pruning, harvesting, and pest/disease control. This garden includes delineated plots, ready-to-work soil, water, composting, a watering can, and a hand sanitizer dispenser.

Both community gardens have guidelines in place, promoting respect, environmental consciousness, and community cohesion, including no pets and the golden rule, 'If you did not plant it, do not pick it!'

In addition to harvesting one's fruit (or vegetables) from their labour, I believe community gardens foster a sense of belonging, cooperation, and social interaction. They promote sustainable food production, enhance local biodiversity, and improve physical and mental well-being, as a form of stress relief and relaxation. They empower individuals to grow their food, learn about agriculture, and strengthen community resilience. We are fortunate to have these beautiful gardens, which are serene, splendid, delightful, magical, and uniquely defined by our gardeners.

For more information on King Township's community gardens, visit www.king.ca/communitygardens.

GO ELECTRIC



WRITTEN BY KEITH BECKLEY

Local resident and member of Climate Action King, Keith is focused on the 'electrify everything' movement and the need to move energy-related activities off fossil fuels.

Switching from gas and oil energy sources to electricity is not only good for the environment and also for our health. Most people will find that electrical options are better in many other ways.

The "Go Electric Event" in Schomberg on September 10, 2023, is the place to see, touch and experience some of the electrical choices available today. Electric vehicles are superior to their gas equivalent. Heating with a cold climate heat pump makes a home more comfortable than heating with gas, oil or even resistive heat. Heat pump water heaters save money. Induction stoves provide finer heat control without fumes. Battery-operated tools such

as leaf blowers and grass trimmers get the job done without noise and air pollution.

As consumers, there is much to be excited about, but even more interesting, at least to me, is how the electrical power infrastructure around the world is changing. Each jurisdiction will make different choices. A real visionary choice is to move away from big power stations to a distribution system where every home or business can make, use, and store electricity. On a hot summer's day when the demand for electricity is high, participating homes will automatically increase the thermostat by 1-2 degrees (lower AC demand) while also taking electricity from their parked EV for an hour (increase supply). On a morning when there is excess electricity and it's sunny or windy, the home will be pre-cooled by 1-2 degrees (increase demand) and top up EV batteries at a cheap price. This virtual 'grid' is incredibly resilient and reliable; it is already being used in trials around the world. Once

We all know that we must eliminate fossil fuels, the primary source of greenhouse gases (GHG), to protect our world from the negative impacts of climate change, but how do we do that?

a system like this becomes nearly universal then power prices will become very cheap because nearly all supply (solar or wind) will have zero running cost. A few years ago, many people were arguing that solar and wind could never be more than 20 per cent of the power supply due to their variability. Now, coupled with battery storage, 80 per cent is achievable and many see a path to 100 per cent.

In Ontario, nuclear and hydro currently supply the bulk of our electricity needs with natural gas being used when demand is high. As solar and wind are now the cheapest sources of power they should be contracted, along with battery storage systems, to decarbonize our grid even more and create more supply.

If we decarbonize the right way, we can have a better lifestyle, reduce our greenhouse gas emissions and use better tools, vehicles and appliances. Learn more at the "Go Electric Event" on September 10, from 11 a.m. to 4 p.m. at the Schomberg Community Hall and Fairgrounds.





ANNA ROBERTS MP

KING—VAUGHAN

9401 JANE STREET, SUITE 115
VAUGHAN, ONTARIO L6A 4H7
ANNA.ROBERTS@PARL.GC.CA
WWW.ANNAROBERTSMP.CA • 905-303-5000



PRESENTS

Yalla Casablanca

10TH ANNUAL

SIP & SAVOUR

FUNDRAISER

SAVE
THE
DATE

THURSDAY, OCTOBER 26, 2023

6:00PM - 9:00PM

"SULTAN'S PALACE" AT SENECA KING CAMPUS

\$100
TICKET

EXPERIENCE A MOROCCAN-THEMED COCKTAIL RECEPTION WITH
FRAGRANT FLAVOURS, LIVELY MUSIC, AND CAPTIVATING TRADITIONAL DANCE.

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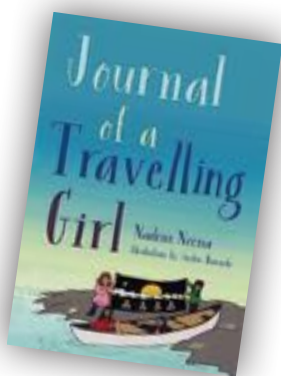
CELEBRATING INDIGENOUS STORIES AT THE LIBRARY

Come visit us at the Library for your next read this fall! In honour of the National Day for Truth & Reconciliation on September 30, we've selected three books for children, teens, and adults highlighting Indigenous stories and histories to share, along with our ongoing Virtual Truth & Reconciliation Book Club. For more information about our collections and related programming, visit kinglibrary.ca or contact your local branch.

Happy reading from the King Township Public Library team!

Virtual Truth & Reconciliation Book Club

Join us once a month at our virtual Truth and Reconciliation Book Club! The club meets on the second Wednesday of every month (beginning September) to read and discuss books centering Indigenous voices, works, stories, and realities. We explore both non-fiction and fiction stories across a variety of formats and genres. All are welcome to read with us! Please visit kinglibrary.ca or contact your local branch for more information and registration!



Journal of a Travelling Girl

by Nadine Neema & illustrated by Archie Beaverho

Journal of a Travelling Girl follows the journey of 11-year-old Julie as she canoes through the ancestral lands of the Tłıchǫ People with her friend Layla, and Layla's family. Through this canoe trip, Julia witnesses the Tłıchǫ Agreement of 2005 (the first combined land claim and self-government agreement in the Northwest Territories), and learns about the right to self-governance. Journal of a Travelling Girl was inspired by a true story and its writing requested as a means of educating children on the Tłıchǫ Agreement by its Chief Negotiator. Journal of a Travelling Girl is available in both print and digital formats for all library users.



WRITTEN BY
STEPHANIE WILCOX,
Stephanie is the Community Outreach Specialist at the King Township Public Library.



The Prairie Chicken Dance Tour by Dawn Dumont

The Prairie Chicken Dance Troupe is a group of performers set to embark on a fifteen-day tour through Europe; however, upon the entire group coming down with food poisoning, a rag-tag group of replacement dancers is formed from a retired cowboy, a nineteen-year-old and her aunt, and a strange man from the United States. As they dance their way across the continent, they're faced with misadventures, all while being chased by the organizer of the original tour—hellbent on joining the action. The Prairie Chicken Dance Tour is loosely based on the story of a group of Indigenous dancers who left Saskatchewan and toured through Europe in the 1970s. The Prairie Chicken Dance Tour is available in both print and digital format for all library users.



Powwow Summer

by Nahanni Shingoose

Set in Winnipeg, Powwow Summer explores themes of identity through the story of River, a biracial teenager who moves from a farm in Ontario to Winnipeg for a summer after graduating high school. River, part Ojibwe and part white, is provided with an opportunity to connect with her Indigenous father and grandmother and by extension, her heritage. Powwow Summer follows River as her right to identify as Indigenous is called into question; not just by others, but also through her own complex relationship with identity, and the resolution she finds. Powwow Summer is available in print format for all library users.

AROUND THE NEIGHBOURHOOD



HELLO
my name is

Jing Fu

I am Jing Fu, a landscape artist born in Shanghai and a new member of Arts Society King.

Growing up in an urban environment with limited access to nature has given me a deep desire for the natural world. I find that nature represents a way to escape the noise and stress of city life and find peace and tranquility.

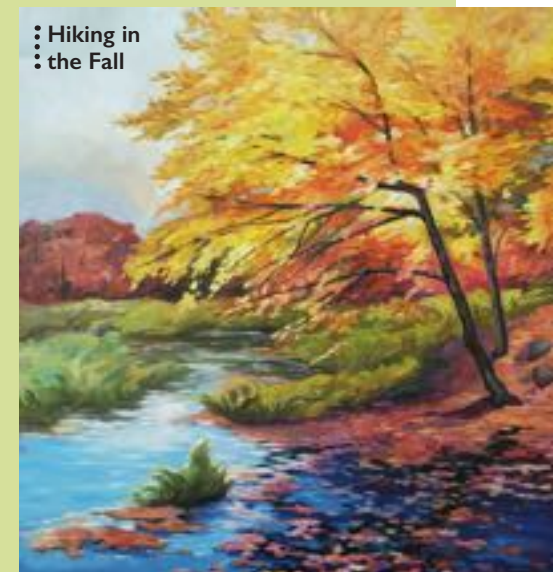
Most of my artwork focuses on capturing the essence of natural landscapes and conveying the emotions and feelings they evoke in me. I use a variety of mediums, including oil, acrylic, and pastels. Landscape painting allows me to explore important themes such as the beauty of the natural world, the relationship between humans and the environment, and the impact of climate change.

Nature symbolizes freedom to me. Through my artwork, I seek to convey the beauty of natural landscapes and the sense of wonder and appreciation. I hope that my paintings inspire others to appreciate and protect the natural world and raise awareness about important environmental issues.

I am very happy to join Arts Society of King and hope to meet new friends. My most recent work can be found at Instagram: [jingfuartstudio](https://www.instagram.com/jingfuartstudio), and if you are interested to visit my studio, please contact me at: jingfu.ca@gmail.com



• The Promise
of Tomorrow



• Hiking in
the Fall

Fall 2023 events

AUGUST 31 – ONGOING – WRITENOW!@KING

WriteNow!@King is a writers' group partnering with King Township Public Library who meet on the first and third Thursday afternoons each month from 2 – 4 PM. New and experienced writers are welcome to participate in stimulating writing exercises, guest speakers and feedback from peers.

Location: King City Public Library, 1970 King Road, King City

Contact: info@kinglibrary.ca for more information

NOW – NOVEMBER 10 – EXHIBITION: ON THE TRAIL OF THE MONARCH BUTTERFLY – KING HERITAGE & CULTURAL CENTRE

"On the Trail of the Monarch Butterfly" displays stunning micro-photographic images and aerial photographs depicting the monarch's amazing journey from Montreal to the mountains of central Mexico. This exhibit will also explore the Monarch butterfly's life cycle – visit to see live Monarchs as we wait for them to emerge from their chrysalis (timing can't be guaranteed). Learn more about pollinators and how to create a butterfly-friendly garden.

Location: King Heritage & Cultural Centre, 2920 King Road, King City

Time: Tuesdays – Saturdays 10 AM – 4 PM

Website: www.kingheritageandculture.ca

FALL AND WINTER 2023-2024 – FALL SKATING SESSIONS – NOBLETON SKATING CLUB

Learn to skate, power skating and figure skating sessions.

Location: Nobleton Arena, 15 Old King Road, Nobleton

Time: Mondays/Wednesdays/Fridays and Saturday mornings

Contact: nobletonskatingclub@outlook.com

Website: www.nobletonskatingclub.com

AUGUST 31 TO OCTOBER 1 – OPEN HOUSE/REGISTRATION – KING CURLING CLUB

Check out the website for dates and times to come out and try curling at the King Curling Club in the last week of September.

Location: Trisan Centre, 25 Dillane Drive, Schomberg

Time: Any time online

Website: www.kingcurling.com Email through website for more information

SEPTEMBER 6 – REGISTRATION/OPEN HOUSE – KING CITY SENIORS' CENTER

Time to renew your yearly membership and visit with friends.

Location: Seniors' Centre, 1970 King Road, King City

Time: 10 AM – 2 PM

Contact: KCSC at 905-833-6565

SEPTEMBER 8 – 24 – TASTE OF MAIN – SCHOMBERG MAIN STREET

A culinary event hosted by the restaurants and cafes of Schomberg Main Street.

Location: Various locations along Main Street,

Schomberg

Follow on social @schombergmainstreet

Website: www.schombergmainstreet.ca

SEPTEMBER 8 – PRESENTATION ON HORTICULTURE – KING CITY SENIORS' CENTRE

Learn about preparing your garden for winter.

Location: Seniors' Centre, 1970 King Road, King City

Time: 10 AM – 12 PM

Contact: KCSC at 905-833-6565

SEPTEMBER 8 – BBQ AND CORN ROAST – KING CITY SENIORS' CENTRE

Tickets are \$5 per person and available at the office.

Location: Seniors' Centre, 1970 King Road, King City

Time: 5 PM – 7 PM

Contact: KCSC at 905-833-6565

SEPTEMBER 9 – SPEAKER SERIES WITH ASHA FROST – KING HERITAGE & CULTURAL CENTRE

Asha Frost is an Indigenous Medicine Woman, author and founder of Sacred Membership. She is a member of Chippewas of Nawash First Nation. In this speaker series, Asha shares her Medicine in powerful ways through Ceremonies, teachings, and meditation to bring its audience together in community in light of Truth & Reconciliation.

Location: King Heritage & Cultural Centre, 2920 King Road, King City

Time: TBA

Website: www.kingheritageandculture.ca

SEPTEMBER 10 – GO ELECTRIC EVENT – SCHOMBERG HALL & FAIRGROUNDS

Reducing your carbon footprint does not need to be a hardship! View and test drive electric vehicles, and speak to professionals and current owners. Many makes and models will be on hand. Also available will be battery-operated lawn and garden tools, recreation vehicles, cooking surfaces, and much more.

Location: Schomberg Community Hall & Fairgrounds, 325 Main Street, Schomberg

Time: 11 AM – 4 PM

Website: www.climateactionking.weebly.com

SEPTEMBER 11 – OCTOBER 27 – HELEN HERMANN'S ART EXHIBITION – KING TOWNSHIP MUNICIPAL CENTRE

Come enjoy the artworks of local ASK artist Helen Hermanns in the KTMC main space.

Location: KTMC, 2585 King Road, King City

Time: 8:30 AM – 4:30 PM

Website: www.artssocietyking.ca

SEPTEMBER 17 – SCHOMBERG STREET GALLERY – ARTS SOCIETY KING

Arts Society King presents the annual Schomberg Street Gallery. The street is closed to traffic allowing for full pedestrian access to over 40 artists and artisans that line Main Street.

Browse through fine art including paintings, jewellery, photography, and more. This free community event is suitable for all ages and is a true kick-off to the fall season. Families can enjoy the Youth Art Tent. Brochures are available at the King Heritage & Cultural Centre, local libraries, and arenas, various King businesses and cafes, and in this issue of MOSAiC Magazine.

Location: Main Street, Schomberg

Time: 10 AM – 5 PM

Websites: www.artssocietyking.ca and www.schombergstreetgallery.ca

SEPTEMBER 20 – A DAY IN SOUTHERN GEORGIAN BAY – KING CITY SENIORS' CENTRE

The Travel Club has arranged a tour of several interesting sites in the Southern Georgian Bay area.

Location: Bus leaves from King City Arena, 25 Doctors Lane, King City

Time: 9:30 AM – 6:30 PM

Contact: Agnes at 905-841-7390 or Jayne at 905-853-1436

SEPTEMBER 21 – TALETELLERS NIGHT – ARTS SOCIETY KING

One and all are welcome to attend this free event featuring authors reading their short stories from A collection of Timeless Tales III – The Portrayals, a newly published anthology compiled from the 2023 All Ages Writing Contest. Enjoy refreshments as you meet the authors, and pick up your own copy of the anthology for just \$15. The authors will be thrilled to sign it for you.

Location: Laskay Hall, 2920 King Road, King City

Time: 6 PM – 8 PM

Contact: info@artssocietyking.ca

Website: www.artssocietyking.ca

SEPTEMBER 22 – POTLUCK LUNCH – KING CITY SENIORS' CENTRE

Attendees are asked to bring either a main course item or a dessert.

Location: Seniors' Centre, 1970 King Road, King City

Time: 12:30 PM

Contact: KCSC at 905-833-6565

SEPTEMBER 23 – OCTOBER 21 – AUTUMN REFLECTIONS EN PLEIN AIR – ARTS SOCIETY KING

ASK is launching our fourth annual En Plein Air competition within King Township. The competition is open to all artists from anywhere. Any subject outdoors in King Township produced as new work on site is eligible. Awards day is on October 21. Nine categories. \$2,000 in Cash Prizes. The public is welcome to rediscover their favourite sites through the eyes of an artist on Awards Day. Visit with the artists. Salute the winners and get insights on the art of Plein Air from the judges. A fun time for all lovers of art and the great outdoors.

Location: Throughout the Township of King –

Awards Day location TBD

Time: October 21 Awards Day 1 PM – 4 PM

Contact: info@artssocietyking.ca

Website: www.artssocietyking.ca

SEPTEMBER 23 – COMEDY IN KING – CHRISTMAS IN KING

Christmas in King presents 'Comedy in King' – a Yuk Yuk Stand Up Comedy Show at the Kingbridge Centre. Unwrap early Christmas cheer with the laughter-inducing antics of Martha Chaves, Patrick Haye, and Justin Shaw on Sept. 23 at the Kingbridge Centre! Tickets went on August 23rd for \$60 each. All net proceeds will spread holiday magic and meals to families in our community. Don't miss the merriment!

Location: Kingbridge Conference Centre, 12750 Jane Street, King City

Time: Doors open at 7 PM; Show starts at 8 PM

Website: www.christmasinking.ca

SEPTEMBER 23 & 24 – FINE ARTS SHOW & SALE – KINGCRAFTS STUDIO FINE ARTS

Kingcrafts Annual Art Show & Sale of paintings and handmade art cards.

Location: 12936 Keele Street, King City

Time: 10 AM – 4 PM

Contact: Email: info@kingcrafts.ca;

Phone:

905-833-1897

Website: www.kingcrafts.ca

SEPTEMBER 25 – SUCCULENT GARDENING FOR BEGINNERS – NOBLETON & KING CITY GARDEN CLUB

Molly Shannon of Canadian Succulents will share her expertise with the club through an introduction to succulent care and design.

Location: Laskay Hall – 2920 King Road, King City

Time: 7:30 PM – 9 PM

Email: nobletonkingcitygardenclub@gmail.com

Website: www.gardenontario.org/site.php/nobletonking

SEPTEMBER 26 – SPEAKER, ALISTAIR JOLLY – KING TOWNSHIP HISTORICAL SOCIETY

Alistair Jolly, M.A. Supervisor, Archaeology, Toronto Region Conservation Authority, will lead a discussion on the TRCA and its archaeological work as it pertains to King Township and the surrounding area, the archaeological process and how it has worked in Woodbridge and the Carrying Place.

Location: Laskay Hall, 2920 King Road, King City

Time: 1 PM

Website: www.kingtownshiphistoricalsociety.com

SEPTEMBER 26 – STRAW BALE GARDENING – SCHOMBERG HORTICULTURAL SOCIETY

Joel Porter will take us through the steps and strategies of growing vegetables in impossible places.

Location: Schomberg Community Hall, 325 Main Street, Schomberg

Time: 7:30 PM

Contact: Email schomberghortsociety@gmail.com

in and around King Township

COMPILED BY ARTS SOCIETY KING

SEPTEMBER 27 – FASHION SHOW – KING CITY SENIORS' CENTRE – Members will be modelling unique wardrobe items for the enjoyment of attendees.

Location: TBD • Time: 2 PM – 4 PM

Contact: KCSC at 905-833-6565

SEPTEMBER 30 – TRUTH & RECONCILIATION DAY – KING HERITAGE & CULTURAL CENTRE

– On this third National Day of Truth and Reconciliation, join us for a meaningful evening of Indigenous speakers, traditional drumming, singing, dancing, food, crafts, and more. All are welcome at this FREE event.

Location: King Heritage & Cultural Centre, 2920 King Road, King City • Time: TBA

Website: www.kingheritageandculture.ca

SEPTEMBER 30 – CHILDREN'S CLAY MASK WORKSHOP – KINGCRAFTS STUDIO

Your child will have fun creating this decorative mask that they can hang on the wall as a unique art piece. They will use a mask form as a base and the rest is up to them creatively. It would make a great gift as well! Level: Beginners. \$27 per child (Adults drop children off).

Location: 12936 Keele Street, King City

Time: 10 AM – 2 PM

Website: www.kingcrafts.ca for more information and registration

SEPTEMBER 30 – TABLET WEAVING: AN INTRODUCTION TO TURNING DEFINED PATTERNS (ADULT WORKSHOP) – KINGCRAFTS STUDIO

– This workshop is an introduction to: a quick warping method; a style of pattern called Egyptian diagonals; plus two additional colour patterns. Level: Experience in warping and weaving on an inkle loom (no experience with table/card weaving is required). Members: \$65; Non-members: \$80

Location: 12936 Keele Street, King City

Time: 10 AM – 4 PM

Website: www.kingcrafts.ca for more information and registration

OCTOBER 13 – PRESENTATION BY HOSPICE – KING CITY SENIORS' CENTRE – Learn the many aspects of Hospice that are of benefit to our community.

Location: Seniors' Centre, 1970 King Road, King City

Time: 10 AM – 12 PM

Contact: KCSC at 905-833-6565

OCTOBER 21 – NIGHT AT THE CREEPY CREEK – TOWNSHIP OF KING

– Wear your costume and join us for an evening filled with Halloween activities. Come out to learn about creepy crawly worms and create your own Halloween lantern to take with you on the guided night hike along the haunted forest trail.

Location: Cold Creek Conservation Area, 14125 11th Concession, Nobleton

Time: TBA

Website: www.coldcreek.ca

OCTOBER 21 – ONE-OF-A-KIND FELTED BRACELET WORKSHOP FOR ADULTS – KINGCRAFTS STUDIO

– Learn how to create unique wearable art using this wet-felting technique. It is fun and easy, incorporating merino wool, soap, water and embellishments. You will soon be inspired to make many other felted items. Level: Beginners. Members: \$44; Non-members: \$55. All materials are included but we do ask that you bring two old hand towels, a 12" ruler, rubber kitchen gloves, a plastic grocery bag, and small scissors.

Location: 12936 Keele Street, King City

Time: 10:30 AM – 12:30 PM

Website: www.kingcrafts.ca for more information and registration

OCTOBER 23 – INDIGENOUS FOODS AND MEDICINE – NOBLETON & KING CITY GARDEN CLUB

– Jordan Jamieson, Michi Saagig knowledge keeper, will be teaching the club about Indigenous cuisine, archaeology, and the traditional foods and medicine of the Anishinaabe.

Location: Laskay Hall – 2920 King Road, King City

Time: 7:30 PM – 9 PM

Email: nobletonkingcitygardenclub@gmail.com

Website: www.gardenontario.org/site.php/nobletonking

OCTOBER 24 – PRESERVING YOUR HARVEST – SCHOMBERG HORTICULTURAL SOCIETY

– Whether you have your own produce or you want to take advantage of the fall harvest in stores, Karen Hollingshead will demonstrate all the ways she preserves her abundant produce.

Location: Schomberg Community Hall, 325 Main Street, Schomberg

Time: 7:30 PM

Contact: Email schomberghortsociety@gmail.com

OCTOBER 26 – YALLA CASABLANCA SIP & SAVOUR FUNDRAISER IN SUPPORT OF THE KING TOWNSHIP FOOD BANK

– Experience a Moroccan-themed cocktail reception with fragrant flavours, lively music, and captivating traditional dance.

Location: "Sultan's Palace" Seneca King Campus, 13990 Dufferin Street, King City

Time: 6 PM – 9 PM

Website: www.ktfootbank.ca for tickets and more information

OCTOBER 27 – HAUNTING ON KING ROAD – KING HERITAGE & CULTURAL CENTRE

– The Township of King presents Haunting on King Road, our creepiest event of the year and fun for the whole family. This event is designed for children 0-10 years old, all attendees over 3 years must register; children 2 and under are free.

Location: King Heritage & Cultural Centre, 2920 King Road, King City

Time: TBA

Website: www.kingheritageandculture.ca

OCTOBER 27 – RETIREMENT HOME FAIR – KING CITY SENIORS' CENTRE

– A one-stop place to learn about many of the retirement homes in our area and see if they might be for you or a loved one.

Location: Seniors' Centre, 1970 King Road, King City

Time: 10 AM – 12 PM

Contact: KCSC at 905-833-6565

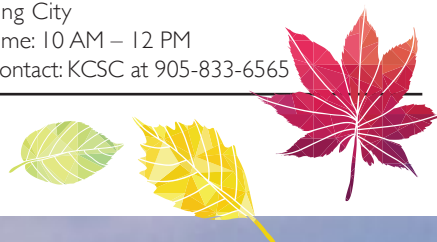
OCTOBER 28 – FOLK ART CHRISTMAS ORNAMENTS FOR BEGINNERS (ADULT WORKSHOP) – KINGCRAFTS STUDIO

– Learn how to use folk art painting techniques to make two adorable wooden ornaments to adorn your tree or to use as gift tags for that special someone. Level: Beginner. Members: \$60; Non-members: \$75. All materials are included.

Location: 12936 Keele Street, King City

Time: 9 AM – 2 PM

Website: www.kingcrafts.ca for more information and registration



SCHOMBERG street gallery 2023

Outdoor Art Show & Sale

Sunday Sept. 17th
10am - 5pm

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SchombergStreetGallery.ca

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Manuela Stefan

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COMEDY IN KING

FEATURING
MARTHA CHAVES
PATRICK HAYE
JUSTIN SHAW

SAT. SEPT. 23, 2023
 DOORS OPEN AT 7 PM,
 SHOW AT 8 PM
 LICENSED EVENT, AGES 19+

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Arts Society KING C K CHRISTMAS IN KING KING

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 Saturday 8:30am - 5:00pm; Sunday 11:00am - 3:00pm**

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BIOLOGIST AT THE TABLE

The life your food leads before it reaches the plate

— Illustration by Cheryl Uhrig
cuhrig@rogers.com



THE *Sex* *Life* OF MUSHROOMS

IT'S WEIRD. MY FIRST LESSON ON THE BIRDS AND THE BEES **MADE IT SEEM SIMPLE.** IT CAME FROM SISTER DEBORAH, MY 6TH GRADE CATHOLIC SCHOOL TEACHER.



WRITTEN BY
ART WEIS

Art is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

She was strict, deeply caring, and independently minded. In her telling, wind moves tiny pollen grains from the flower on the father plant to the mother plant's flower, where it fertilizes an egg. The mother then gives birth to a seed, which germinates into a baby plant.

"And so it is with people too," she concluded. I was pretty sure she skipped over a few details, but hey, she was working within some serious constraints.

There are some interesting twists in the story of sex among plants and animals. Like us, most animals have separate males and females. In contrast, most plants have both male and female sex organs. There are even a few species, like pandalid shrimp and Jack-in-

the-Pulpit, where everyone is male when young and small, but switches to female when older and larger. Within this variety, the essence of sex remains the union of two distinct cell types. One is small, mobile, and called "sperm". The other is big, sedentary, and called "egg". We call producers of small and large cells "males" and "females", respectively.

But, with fungi, it's weird! Googling "sex in fungi" returns an avalanche of complex graphs and baffling terminology. You will not find the words sperm or egg applied to fungi. Nor will you find references to males and females!

You may have heard that the mushroom—the cap atop a stalk—is equivalent to a flower. Well ok, except it has neither male nor female structures and it makes no seeds. Down in the mushroom gills are tiny structures that release tiny, single-celled spores, all the same size and shape. Like an egg or sperm, they carry one copy of each gene. But spores do not fuse with other spores. If one falls on a suitable spot of soil it divides to form a multicellular, thread-like strand that branches and proliferates through

the soil. If it is lucky, a branch encounters a strand derived from a different spore. That's when the fusion happens, the big step in mushroom sex! These fused threads form the fungal body, the mycelium, which grows by extracting nutrients from the soil, or from plant roots. Carrying two copies of every gene, one from each thread, it spreads tens to hundreds of metres in all directions underground—a hidden giant beneath our feet. Eventually, it puts up new mushrooms to restart the cycle.

The "luck" part of mushroom sex hinges on the point that fusion happens only if the two threads are of genetically different mating types. Details vary among species, but there can be as few as two and as many as a thousand mating types. Think of each mating type as a different sex. But unlike animals, each fungal sex looks the same; they differ only in the cell surface structures used in fusion. And so, the point is that a young fungal thread can mate with any sex except its own.

A thousand sexes? How can that happen? Think like a fungus: if you are genetically

different from all the neighbours then any thread you meet is compatible—you always get lucky. A new mutation at the mating type gene makes you unique, and so you can mate with anybody and everybody, giving you more chances to produce new mushrooms. And because novelty per se is an advantage, a new mutation always spreads. That is until it becomes so common it starts encountering other copies of itself; its very success ensures that it loses its novelty. But then the next new mutation gets the advantage and starts to spread! As this process goes on, species can accumulate thousands of mating-type genes, so thousands of sexes.

It sounds odd, but it still counts as sex. Two special cell types, each with a single copy of every gene, fuse to form a general cell type that has two copies of each, which go on to produce more of the single-copy type cells. And coming back to Sister Deborah, several years ago I realized that her flower lesson sowed the seeds, so to speak, for my research interests in the evolution of plant sexual systems. Who'd of thought?

NATURE

Mushroom Barley Soup

This basic soup is a perfect Autumn supper. You can use canned beef broth or make your own. When we go to St. Lawrence Market, I often buy 5+ pounds of soup bones. I've learned to get them on the way back to the car... they get pretty darn heavy pretty quick. As for mushrooms, the white or brown grocery store variety are perfect; anything more delicate gets lost in the mix.

INGREDIENTS:

1 lb. mushrooms, thickly sliced; 1 large carrot, diced; 1 large onion, diced; 1 stalk celery chopped; 1 lb. stewing beef, cubed; 1 Tbsp olive oil; ½ cup raw barley; 1 ½ tsp thyme (3 t, if fresh), 1 tsp rosemary; 1 bay leaf; 2 cloves garlic, smashed; 1 ½ L beef broth; salt and pepper to taste.

DIRECTIONS:

Prepare the veggies. Heat the oil in a large pot, then season the beef with salt and pepper. Brown the beef in small batches, careful not to burn the oil. Remove the beef and give the carrots, onions, and celery a quick sauté. Add the mushrooms and garlic, stirring briefly, before adding back the beef and then the broth. Bring the broth to a boil then add the barley and herbs. Continue on a low boil until the barley is tender, about 40 min.

Garnish with a generous sprinkle of fresh parsley. Serve with French bread and your favourite red wine.



Eek Farms is owned and operated by William and Avia Eek.

Bill's Great Uncle, William Valenteyn, was one of the first settlers in the Holland Marsh in 1934, making Bill the 3rd generation to be farming in the Specialty Crop Area, world renown, as the Holland Marsh.

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FROM FIELD TO SCULPTURE

THE ARTFUL ALLURE OF HAY BALES

NATURE



: 1961 Impala: Photo by Mary Morganelli

While driving around King Township's farmlands in summer, we are treated to the sight of hay being **grown and harvested**.



WRITTEN BY
BRIAN BOAKE

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts, and Toronto Raptors fan.

Hay, a generic term for several species of edible grasses, is stored for consumption by barnyard animals in winter. Today, hay is collected in giant swirls, often encased in weather-resistant cladding. However, this wasn't always the case.

Over a half-century ago, I worked summers at my uncle's dairy farm just south of King. Perforce, I became used to the twicedaily process of retrieving, milking, and feeding the Holsteins, then returning them to their ruminations. We, half-dozen farmhands, were always busy, but not frantic. However, with the arrival of hot, dry weather, the farm went into overdrive. Farmers have a love-hate relationship with rain, with haying season being close to 'hate' state. Wet hay cannot be harvested and

stored, as toxic mould can form. Many acres of thigh-high hay needed to be cut, baled, and stacked in the barns. We harvested from first light to moonrise. Mid-afternoon meals were driven to the fields by the womenfolk (their word, not mine).

There were no round baling machines in those days. We used a square baler. This device was attached to a tractor and used the latter's 'power take-off' (a rotating axle which connected to a variety of towed devices) to gather up the dried hay lying in rows. The baler compressed the hay into rectangular bales, wrapped and cut two pieces of baler twine around each one, and pushed it to the hay wagon. On it, farmhands would take turns grabbing the bales and stacking them in a careful pattern akin to bricklaying. Bales improperly stacked on the jittering wagon would cause the stack to collapse. We were creating life-size Lego projects. Not me though – I never could figure out the pattern and was despaired of by my workmates. Consequently, I was

relegated to the worst task of all, that of piling hay in the barn.

When a wagon pulled into the barn, laden with about 100 bales, careful removal was required. Each bale was placed on a conveyor belt, which was angled higher as the mow rose. In our aluminum barns, the heat increased as the mow grew closer to the roof. The air was fetid and dusty.

Our only salvation? Once done, we could peel off our clothes and have a swim, though not in a pool. Rather, there was a lagoon (let's say), of unknown origin. Perhaps my uncle had used an earthmover to create a run-off hole for us hands. Some things are best not to know. We'd splash around until we felt vaguely human again, then head for the farmhouse for lunch.

I didn't make it through my first summer unscathed. One day I went to sleep early and slept for at least 24 hours. When I awoke, there was a small crowd around my bed. This was my "Dorothy regains consciousness" scene, made most striking by the presence of my Dickensian-beadle uncle. He told me they had

discussed calling an ambulance for me. This was the only time I ever saw fear in that man's eyes.

Hay season was quickly followed by straw baling. Straw, which consists of the stalks of cereal plants, has no nutritional value. However, straw is useful as bedding in stalls for veal calves and cows giving birth. Straw bales, while the same dimensions as hay, were perhaps half the weight. However, straw is nasty stuff.

Leather gloves and long-sleeved shirts were essential attire, as the bales' sharp points could do serious damage to one's hands and forearms while grasping the twine when stacking them.

At summer's end, we needed to harvest the 'second cut' hay. I had no idea what that stuff was, but thankfully there wasn't much of it (hurray!), each bale was insanely heavy, and the cows loved it. I've since learned that 'second cut' hay is replete with latergrowing grasses like alfalfa and clover.

I'm not burdened with sentimentality. Using round balers must be infinitely superior to the processes of the past. There is such a thing as 'progress'.

TRAILBLAZER TRAINING

IT'S NOT WHAT THEY DO, IT'S **HOW THEY FEEL** ABOUT WHAT THEY DO.



WRITTEN BY
DEBORAH WEISS

Deborah Weiss has been creating and facilitating mental wellness programs since 2003. She combines equine-assisted therapy with client-specific therapeutic support.

This approach applies to all confidence-building activities, but it's especially borne out when doing equine activities with people with neuro-differences.

Horses at Heart is an equine-assisted therapy program at WaterStone Estate & Farms in King Township. For 20 years, the program has been supporting families seeking therapeutic counselling, adults with mental health challenges, at-risk youth, and children with autism. Highly regarded, the program is successful based on its equine therapy methodologies, which focus on meeting each participant where they are and ensuring they have a positive experience.

Students in the special education class at Huron Heights Secondary School in Newmarket regularly attend a Horses at Heart program called Trailblazer Training and it's hard to tell who has more fun – the students, the teachers, or the program facilitators.

Some students are eager to ride a horse on their first session while others are happier

to climb the mounting block and participate from a distance. In the Trailblazer program, no one is pressured to go further in the equine experience than what they choose in the moment.

The common approach of pushing past comfort zones to feel successful in an activity doesn't hold up if someone doesn't safe or confident in wanting to do so. Participants might want to ride the horse, but once up on the mounting block, it may seem too scary. They have a chance to reassess their comfort zone. If standing on the mounting block but not getting up on the horse is what they prefer, that's okay. The program facilitators make sure that their experience on the mounting block is a good one. They can be on the top step, close to the horse and stroke the horse's mane, hold the reins, and feel the saddle. The facilitator will talk about what a nice horse is it, and they can stay on the mounting block for as long as they like so that it becomes a positive experience – a successful experience.

Jullian Paulozza, a Huron Heights Secondary School student, is a participant in the Trailblazer Training program. For his first two visits, he chose to help with horse feed, sweeping, and grooming. His experience in those activities was met with

positive feedback and lots of high-fives. On his third visit, he surprised everyone and asked to ride. He didn't hesitate to climb the mounting block and hop on. Having observed some of his classmates ride, he had already learned to ask his horse to 'walk on' and 'halt'. He beamed as he joined the file in a musical ride.

"He would talk about the horses to his family at home or on the phone and show pictures of himself with the horses," says Taryn, Jullian's mother, who witnessed a positive change in her son's confidence and communication skills. "Riding to music in formations with partners was especially exciting for Jullian. His enthusiasm would last through the week."

Having participants respond positively to musical rides is no surprise to Horses at Heart facilitators. Musical rides are an essential component of the program, which integrates the *Horse Boy Method*, an equine intervention specifically designed for the nervous system and the brain, according to its founder Rupert Isaacson. Isaacson researched the science of equine-assisted therapy with neuro-scientists and adult autists and found that brain receptors involved in learning are activated when moving in rhythm on a horse, enhanced with

the addition of the auditory rhythmic cues of music.

Overall, creating an empathetic and supportive environment promotes engagement. Meeting the child where they are, not where we want them to be, encourages positive new experiences that keep the children and parents coming back for more.



: Huron Heights S.S. student Jullian
: with his mom Taryn, and Classy
: the horse.

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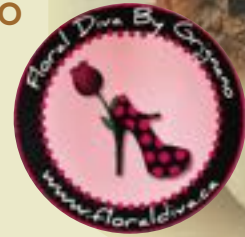
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Perchance TO Dream

• Kettleby Cemetery Dead House,
• c1899



WRITTEN BY BERT DUCLOS

Bert is an avid outdoors enthusiast, who appreciates archaeological history and cultural heritage conservation.

Volume XXVI of The Canadian Horticulturist of 1903 contains an editorial titled “The Village Park and Cemetery”. It reads in part:

“It is surely a sentiment worthy of recommendation, that leads us who live to pay respect to the dead, for them we owe many debts of love and gratitude. A neglected graveyard with uncut grass, broken fences and stones that are falling over, seems to shame the living, and speak loudly of their lack of reverence for their ancestry.”

Our cemeteries are a tangible link to both the ordinary and better-known people of our past. Their monuments and landscapes are an integral part of our communities, each with its own unique history, development, and growth. The inscriptions on their monuments instruct us about local, spiritual, medical, and material history, cultural geography, historical archaeology, folklore, genealogy, and much more.

There are 26 approved cemeteries in King Township, nine of which are still active. Of the 26 approved cemeteries, King Township owns 15 with one being active. Of the 11 privately owned cemeteries, eight remain active. Seventeen cemeteries within King are recognized and protected under the Ontario Heritage Act, one of the highest ratios in Ontario.

Cemeteries deserving of protection possess various cultural heritage values and attributes.

These can encompass the cemetery’s design and landscape features; its connection with the community, including historical settlement

patterns, and land usage; physical or spiritual landmarks with notable elements, such as funerary monuments, dead houses, fences, gates, markers, and mausoleums or other structures that exhibit diverse architectural, decorative, and construction styles influenced by religious and artistic influences.

Established to serve the needs of the surrounding communities, cemetery development in King Township followed its settlement pattern and population growth. The earliest settlers in King made their way up a western corridor from present-day Kleinburg to the Nobelton area in 1790, followed by French royalist émigrés in 1798 and Quakers in 1802 who travelled up the central corridor of Yonge Street in what was then part of King. Settlement pushed further north in the western corridor to what became Lloydtown and Schomberg, with others arriving there from Yonge Street west along an Indigenous trail, now Lloydtown-Aurora Road, from the Kettleby area. With the improvement of Yonge Street, settlement increasingly made its way along a southern corridor, known as today’s King Road, west of Oak Ridges to Springhill (King Cemetery growth can be attributed to longer periods of development, a larger and aging local population, catastrophes such as epidemics and fires, and the rigours of early settlement due to lack of expertise, isolation, and shortage of medical aid. Rising faith-based needs and services influenced cemetery growth in King as evidenced by 16 of the 17 inactive cemeteries and four of the nine active cemeteries reflecting a religious faith affiliation, often accompanied by a place of worship. Many of these earliest faith-based cemeteries were on plots of land donated by the property owner.

In the first 90 years of the 1800s, 21 cemeteries opened across King, 14 in the west corridor; six in the south, and one in the Kettleby area. The first to open was a Quaker cemetery in 1833, in today’s Schomberg, followed by Lloyd’s Cemetery in 1834, in Lloydtown, and finally the King City Cemetery in 1887. Only five cemeteries opened after 1890.

The oldest of King’s cemeteries provide a remarkable insight into the conditions faced by its first settlers.

Transcripts of the burial markers in these earliest cemeteries reflect a steady death rate in the first decades when compared to the population growth. The years 1842, 1847, 1854 and 1862 seemed to have abnormally high death rates unassociated with any age or gender group. Death rates dropped from the 1850s and on, perhaps indicating improved living, farming and working conditions, and with more access to medical aid. By 1869, it appeared that the western corridor cemeteries had a higher infant (less than 2 years old) death rate and a higher child (2 to 15 years old) death rate than the other corridors. Perhaps these young ages were more subject to the rigors of pioneering. In the same period, the death rate of those between 16 and 49 years old appears equal in all corridors, while the rate of those who reached and passed the grand old age of 50 in the western corridor was half that of the other corridors. It appears the western portion of the township was still the frontier during this period. There does not appear to be a difference in the death rates of girls and boys in the infant and children groups. The adult female death rate increases after 20 and peaks at 26-30 and is at its lowest at 41-45 years old. The adult male death rate decreases after 20 (the peak physical strength years) and

is the highest at 31-35, and the lowest at 46-49 years old. Up to 1869, the winter months had the highest rate of death for all age groups, but particularly high for children, with March having by far the most deaths. Factors such as severe winter, seasonal illness, seasonal food and water restrictions, isolation, and transportation problems were likely contributors. Of the 18 multiple deaths in a family within a short period, no year stands out, though the majority were in winter. There does not appear to be any significant causes to these multiple deaths in a family. However, a few cemeteries include burials of infant and children siblings who died over the course of several months.

Being largely a rural and farming locale in the earliest decades, one with an isolated population with little disposal income and sparsely served by religious institutions, it was not uncommon in King for the dearly departed to be buried on the family homestead. Knowledge of these burial grounds increasingly comes to attention as recent property developments increase.

King Township cemeteries include unique structures and markers. Both the King City Cemetery and the Kettleby Cemetery contain octagonal-shaped dead houses, originally serving as the temporary resting place for the recently passed during winter months when the frozen ground did not permit grave digging. Built throughout southern Ontario in the mid-late 19th century, of the 10 known surviving, six of these architectural oddities exist in communities that bordered Yonge Street immediately north of Toronto. The Crossley family monument in the King City Cemetery is a distinctive, four-sided obelisk standing two metres high and coming to a point at the top, constructed of what was termed White

Bronze. Made by the White Bronze Company of St. Thomas, Ontario, these unique markers are actually 99 per cent commercially pure zinc. The company sold five hundred White Bronze monuments across Canada by 1887, and though considered works of art, they did not gain popularity and the company ceased manufacturing them in 1900.

Interments of note include the 1851 burial in St. Andrew's Presbyterian Cemetery, Eversley of Henry Frost, the originator of music education in Ontario schools. The unexpected death of Jesse Lloyd's family servant girl Jennie led him to set aside a parcel of his land as a burial ground in 1834. Here, on the knoll then known as Lloyd's Cemetery, today as the Wesleyan Methodist Church Cemetery, is the little footstone inscribed simply "Jennie" which marks her resting place. Here, too, is the marker for Robert McKee, which shows a female figure in the foreground and a winged figure carrying a scythe about to touch her.

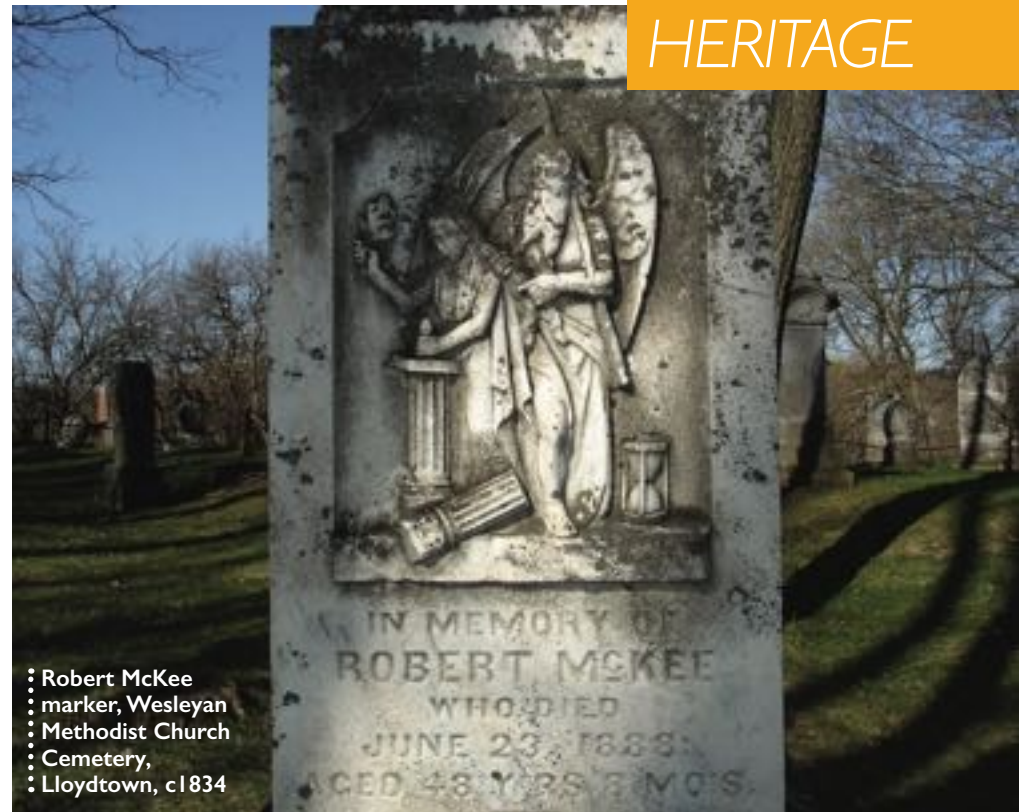
King Township's cemeteries, both active and inactive, provide irreplaceable opportunities to learn of and commemorate the lives of those that shaped our communities and are idyllic, if not heavenly, means to take pleasure in the outdoors.



• Eleventh Line
• Presbyterian Cemetery, c1866



• St. Mary's Roman Catholic
• Cemetery, c1853



• Robert McKee
• marker, Wesleyan
• Methodist Church
• Cemetery,
• Lloydtown, c1834

EAT & PRESERVE LOCAL IF YOU CAN!



• Growing Beans,
• Eversley, ON,
• Cairns Farm, c1930s

'Tis the season for **harvesting crops** from your local farm or personal garden.



WRITTEN BY
KRISTI KUKK

Kristi is the Heritage & Programs and Volunteer Coordinator with the Township of King and the KHCC.

However, like many gardeners, you might find that your appetite may not be able to keep up with the fruits of your labour before it all spoils. The simple solution: canning and preserving. Throughout history, this tried-and-true process was necessary for people living in Southern Ontario to preserve their food stores long into the winter and early spring. It was not a preference, but that of survival. Today, it can be a creative hobby in the kitchen to preserve your produce and add a zing of flavour!

Preserving food has been a practice used by Indigenous peoples in Canada since time immemorial. Foods like herbs, berries, plants, vegetables, fish, and meat were preserved through drying and curing; and, later smoking, salt curing, and freezing. Many of these preservation methods were exchanged between Indigenous peoples and early fur traders as their relationships and trading developed over time.

Canning was added to this repertoire in 1811, with the invention of the tin can. However, due to its production, canning was mostly a manufactured process. Canning did not become a common household staple until the Mason Jar was invented in 1858. It was the first glass jar with a screw-on cap,

which, unlike its predecessor, was accessible and reusable.

In the 19th century, it was popular to can both fruits and vegetables as jams, jellies, preserves, and pickles. In particular, pickling was most popular for its extended shelf-life as well as its unique flavour. Popular recipes included: pickled onions, cauliflower, beans, cabbage, radishes, black walnuts, as well as cucumbers. With that said, pickling was not reserved for vegetables. It was very common in this time period to pickle fruit, known as "spiced fruits". This included: sweet pickled cantaloupe, sour plums, blueberries, blackberries, cherries, and pears.

While most picklers in the 19th century used this method to preserve their kitchen

produce, it is interesting to note that some Victorians added their own fashionable twist: arsenic! Known for its vibrant emerald green hue, arsenic was a sought-after, yet highly toxic, dye used in wallpaper, carpets, textiles, and clothing. As a food additive, arsenic was added to pickled and canned foods to emit a neon-green colour – since there was nothing more appetizing than a jar of glowing pickles!

Traditionally, pickling and canning have been done with a cauldron over an open-hearth fire; or, a cast-iron stove fueled by firewood or coal. Nowadays, this method has been simplified through the gift of the contemporary stove-top. Try your hand at pickling and eat and preserve local – if you can!

ON THE TRAIL OF THE MONARCH BUTTERFLY

The King Heritage & Cultural Centre is pleased to present On the Trail of the Monarch Butterfly, an exhibit focused on one very special pollinator. Produced by the Canadian Aviation and Space Museum, in collaboration with the Embassy of Mexico, this exhibit features stunning micro-photographic images, aerial

photographs and a short film; follow the journey of Mexican filmmaker and pilot Francisco Gutiérrez on their 72-day adventure to raise awareness about butterfly habitat conservation.

A stunning addition to this exhibition is the gorgeous artwork of King artist Grazyna Tonkiel, who captures the fragile beauty of butterflies in

her drawings with Prismacolor art pencils and gold leaf. Grazyna is locally known as "King's butterfly lady" and uses her extensive knowledge to promote butterfly conservation.

Butterflies, as well as bees, birds and other insects are important pollinators in the gardens and farms of King Township – there wouldn't be

any fruit to preserve without these hardworking creatures. Visitors to the exhibit can create paper butterflies and learn how to support pollinators in their own gardens.

On the Trail of the Monarch Butterfly is on display until November 10, 2023, Tuesday to Saturday, 10 a.m. to 4 p.m. Admission rates apply.



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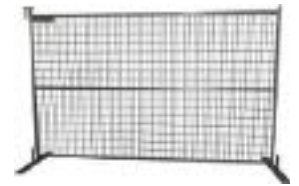


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