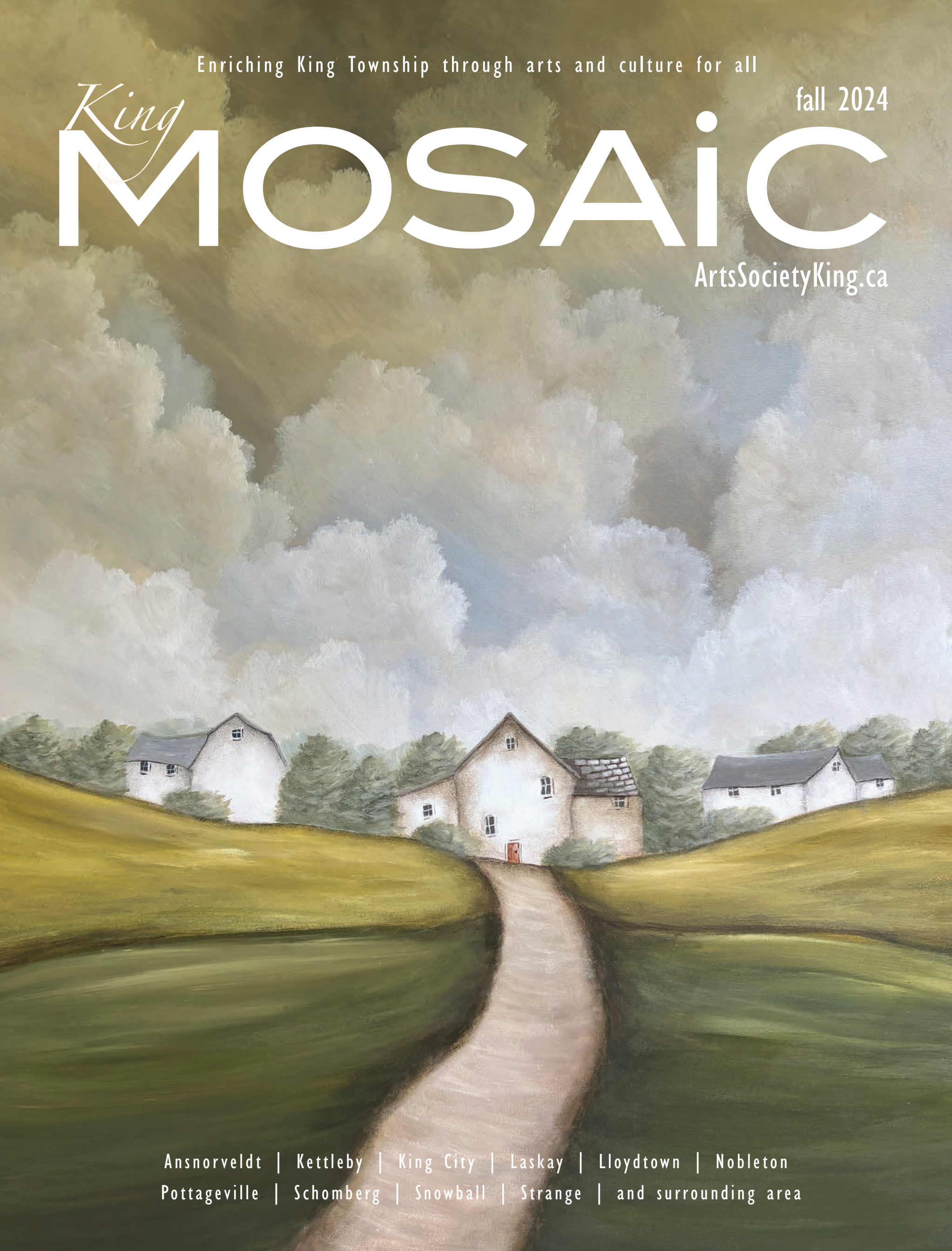


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King MOSAIC

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We welcome your feedback, contributions, and suggestions.

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FEATURED CONTRIBUTOR: ANNA SANTAROSSA



Anna Santarossa is a retired teacher and the founder of ARYCT (Active Retired York Catholic Teachers). She is also highly active in the community, serving on King Township's Heritage Advisory Committee, and as co-president of the Nobleton and King City Garden Club. Anna volunteers with City Street Outreach and has assisted King for Refugees. Despite her many commitments, Anna's favorite activity is gardening. Her garden is her greatest source of inspiration! Read Anna's tips on year-round container gardening on Page 17.

CORRECTION

In the Summer 2024 issue of MOSAIC, we neglected to give credit to Colin Duff for the cover photo of Karen Hunter's dragonfly jewellery. Using a composite of photos he shot, Colin made Karen's dragonflies come to life as they alighted on a rock. Our apologies to Colin.



OUR COVER MICHELE ROSE

Featured on the cover of the Fall 2024 MOSAIC is an acrylic on canvas painting entitled The Road Home by our featured artist, Michele Rose. Michele's work is inspired by the bucolic landscapes of her birthplace in England and her adopted home of Canada, all with a touch of whimsy. Michele paintings can be found in several galleries throughout Ontario, as well as the five art shows she attends annually. Read more about Michele on page 5.



contents

THE ARTS:

- 5 Brushstrokes of Greener Pastures
- 6 Word Has It: Cats Are Us
- 8 It's Time to Deck the Walls
- 8 Hello, My Name Is...Marianne Broome
- 9 Live Theatre Blossoms in King City
- 11 Let Me ASK You

HERITAGE:

- 13 The Best is Yet to Come: Welcome to the King Township Sports Hall of Fame

AROUND THE NEIGHBOURHOOD:

- 14-15 Events In and Around King Township
- 17 Events In and Around King Township (continues)
- 19 KTPL: Find Your Next Read This Fall at the Library

NATURE:

- 17 Container Gardening for All Seasons
- 19 Biologist at the Table: Raising Cane!
- 21 Awaken Your Senses with Herbs
- 23 In the Family Way

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THE ARTS

Tulips and Bees

Brushstrokes of greener pastures

It was more than 25 years ago when I first unknowingly encountered the work of Michele Rose.



WRITTEN BY
PATTI SKRYPEK

Patti is a retired communications professional and active volunteer who applies her creative skills to support a number of not-for-profit organizations within the community.

I had wandered into a small, unassuming gift shop tucked out of the way, seeking refuge from the rain. Right away, I noticed a tiny painting in a gold frame. I felt an inexplicable connection to the serene scene before me. The miniature wasn't signed so I didn't know who the artist was but I knew I had to have it.

Fast forward to 2019. I was visiting a small art gallery in Thornbury when I fell in love again with these beautiful images. I had planned on returning with my husband to purchase a painting but then the pandemic struck, shutting down the world.

It wasn't until the 2023 Schomberg Street Gallery that I rediscovered the quaint landscapes – and met Michele for the first time. I felt honoured to finally be able to meet her and buy one of her larger pieces. I showed her the tiny painting I had bought more than two decades ago and that's when she confirmed that she, indeed, was the artist!

Michele has been an artist all her life. Her mother inspired her at a young age by providing her with sketch books and colouring pencils when she was seven or eight. Born in Essex County, England, Michele's art often reflects Britain's old stone houses, barns, rural landscapes and, of course, sheep. Michele came to Canada when she was 22, and soon after developed her unique, whimsical style of peaceful and calming art.

She studied Textile Design at the Ontario College of Art and then studied under renowned Canadian artist Jon Tobin, where she developed an old Master's technique using lots of layers and washes.

Michele is a very disciplined artist who works in her home studio, using acrylic paint, Monday to Friday, from 10 a.m. to 5 p.m. As the day goes on, she finds she gets more energized and sometimes finds it hard to stop once she's in a flow. After doing a rough sketch directly on the canvas, she will often put a piece aside and work on another, returning to the previous one once she's ready to complete it.

Painting is her passion, her everything. Michele loves seeing the reaction she gets to her work. "It's what makes it so worthwhile, and humbling," she says. "Many people are very moved by my

work, sometimes bringing them to tears recalling a memory from their childhood or homeland."

She will never forget the time an eight-year-old boy was standing very still in front of one of her paintings and said to his mother, "Mom, these paintings make me cry." Her trademark rolling hills and cloudy blue skies had evoked strong feelings in him, making him very happy and emotional. Michele was so touched by his reaction that she was compelled to gift him one of her paintings.

A prolific artist, Michele has created thousands of paintings over the years. She welcomes commissions and also participates in about five art shows a year. Her work is currently available at five galleries and gift shops in Ontario. "Michele's art draws you in and tells a story. People love it. They often buy a small piece and come back and buy a larger one once it's in their home!" says Marc Baudendistel, owner of Tea on the 45th, a lovely Bracebridge, Ontario, gift shop/tea room where Michele's work is proudly available for sale.

When she's not painting, Michele leads an active life in Bracebridge. She started a local chapter of "ice dipping aficionados" where, from October and throughout

the winter, she chops through ice to dip into the Muskoka River with her woman friends. Staying in the water for about five minutes and often enjoying a sunrise, Michele says "dipping revitalizes you, gets your heart and mind working, and is so invigorating!" She also enjoys yoga, long walks in nature and baking.

Michele offers some sage advice to young artists: "Even if you have the passion, know that it's still hard work. Start when you're young and continue to develop your creative mind. Make an effort to get to know your potential customers and create relationships with them. People will want to know the backstory and inspiration to your work. One of my greatest joys is becoming friends with my customers."

Michele's artistic interests go beyond painting. She will soon be taking a portraiture class, building on her experience in doing her own children's portraits when they were young, and she hopes to take a sculpture class one day. Still, painting remains her first love. "I will never give it up until the day I die, and you can quote me on that!" says Michele.

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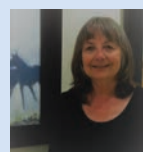
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CATS ARE US

“The smallest feline is a masterpiece,” said Leonardo da Vinci.



WRITTEN BY DORITA PEER

Dorita is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician, then as an equestrian trainer, coach, breeder, and international official.

What greater authority on form and function than he? Few would question their beauty but their intelligence is hard for some to read because still waters run deep; as well, their emotional life is quite complex. Cats will speak more with us than to their own kind and understand about 50 words – it is enough for their purposes in our relationship. They never tire of trying to get us to understand. They

also know their names and the names of other cats in their household and experience intense jealousy of them, as well as of the plants and the laptop you are attending.

Cavemen chose dogs, but cats chose us when we became civilized humans, croppers and hoarders of grain and mice. Win-win! Given a chance, an intimate relationship with your feline friend can develop for a lifetime.

That we share 90% of our DNA with them makes us all cat people, and certainly cause to celebrate International Cat Day each year on August 8th. These poems honour two of my besties.

LOVE ME LIKE AN ANIMAL

*Love me like an animal
Greet me at the door
Tail high, a flag of flying joy*

*Let your eyes' words talk to me
bright as no words ever shone
Beg your way into my arms
settle on my shoulder's heights to
breathe warm the hollow of my neck
and in my ear sigh that we are all we need*

*Feed my hands your trusty alms
show me where to touch
and how to stroke this feeling,
telling me with steady gaze
that we made it through the grief*

*Hold me to this place in time
lend me your unstudied grace
with the stillness of your sanity ~
I'm bound to lose these on the search*

*Lead the way through all of this
and cast me in your simple spell
that weaves a cloak to hide my faults*

Forgive me this blind state of human mind

*Guide me
Heal me
Miracle me*



Afternoon Siesta by Patricia Earl

The following poem references perhaps the greatest true love story ever told, that of the brilliantly original philosopher, Abelard, and the vastly educated free spirit, Heloise, set in medieval Paris. Their affair was fraught with obstacles: a secret marriage, a lovechild named Astrolabe, and Abelard's violent castration one dark night. He retired to a monastery, she to a convent in honour of their covenant of eternal love. The details make great reading also because of their ideas' impact on our times. Robert Ward's opera of 1984 is one I've not seen, but the episodic drama that inspired my poem plays out on the farm between my cat and the neighbour's.

CATS, THE OPERA

*There he hunkers, on the porch,
patient as a clock, the wind his tawny locks,
his pride a winter's snowy mane.*

*Leo
Settled on the old school desk,
facing sunbreak over the barn,
his searchlights fix on doors from which
~ should those doors ever open again ~
his Lady Love will escape to him.*

*Kitty
The morning winds down, pouring rain.
The waiter stretches, welcomes the
heating pad, his own unbroken beams,
lighting up his wildest hopes ~
the cat dreams of Leo and Kitty.*

*Abelard and Heloise
He, the castrato. She, the fiery lovelorn,
an ebony diva, all satin and silk,
caterwauling her wishes and woes.*

*They, tragic heroes of a desperate opera
where hearts are doomed to shatter
at the next soaring aria.*

*But patience is a cat and theirs
a fidelity long as a vigil ~
hers, a twining dance of hours,
his, a bravura embrace,
the grand finale a forgotten act
not in the libretto.*

*And she, smitten as she is,
will move on because she must.
The curtain will fall, kittenless.*



Celebrating King Township's newest jewel: the Zancor Centre

As Mayor of King Township, I am thrilled to share the latest milestone in our community's journey towards growth and enrichment: the official renaming of the Township-Wide Recreation Centre to the Zancor Centre. This state-of-the-art facility, set to open in September, represents the largest recreation and cultural addition in our township's history. It is a testament to our commitment to fostering a vibrant, active and connected community.

The Zancor Centre, located at 1600 15th Sideroad in King City, stands as a beacon of community spirit and collaboration. Our partnership with Zancor Homes, a developer with a long-standing history of supporting community services and events in King, has made this dream a reality. Zancor Homes has generously contributed \$1.5 million for the naming rights, which will last for the next 15 years.

This facility is not just another building; it is a zero-carbon, multi-use recreation centre that epitomizes innovation and sustainability. The Zancor Centre is the first combined aquatics and ice-sports community facility in Canada to achieve the Zero Carbon Building Design Certification by the Canada Green Building Council (CaGBC).

Inside the Zancor Centre, you will find amenities that cater to all ages and interests. The aquatics centre boasts a six-lane lap pool and a separate leisure pool, offering our first-ever indoor aquatics programs. There are also two NHL-sized ice rinks, spectator seating, an artificial turf fieldhouse with a running track, and a multi-use community space. These facilities will host various programs and events, from sports to arts, including the inaugural season of the King Rebellion Junior A hockey team. The home opener is scheduled for Sunday, Sept. 22.

King's Recreation Guide, coming out this month, will feature a comprehensive list of programs available at the Zancor Centre and other township facilities. Whether you are interested in trying a new sport, joining a fitness class, exploring the arts, or simply looking for fun activities for your children, our guide will inspire and motivate you. Inclusivity and accessibility are at the heart of our offerings, ensuring that everyone, from babies to seniors, can participate and thrive.

As we prepare for the official grand opening event in January 2025, I invite you to explore the Zancor Centre after the soft opening next month, participate in our programs, and join us in building a stronger, more vibrant King Township. Together, let's create lasting memories and celebrate the vibrant spirit of our community.

Sincerely,

Steve Pellegrini
Mayor, King Township



The Township-Wide Recreation Centre will officially be known as the **Zancor Centre**





• Angela Lane - Dancing Together

IT'S
Time
TO



• Valeria Mravyan - Fall is Here

DECK *the* WALLS



WRITTEN BY
KATHLEEN ROGERS

Kathleen Rogers is a fibre artist creating designs based on colour and shape for art quilts, table runners and lap quilts using her own hand-dyed and hand-painted fabrics and batiks.

Cultural Centre and Laskay Hall (2920 King Road, King City). The following juried artists will be participating: Dina Artman, Marianne Broome, Pamela Dey, Patricia Earl, Jacqueline England, Eva Folks, Karen Hague, Angela Lane, Ann Livingstone, Hans Martin, Veronica Meloche, Valeria Mravyan, Rubina Panjwani, Ivanka Pipinokova, Alysha Rocca, Kathleen Rogers, Judy Sherman, Sylva Sroujian, Joe Trimmeliti, and Lynn Wilson. You can check out the ASK website at www.artssocietyking.ca to find the biographies and artwork of the juried artists. Art lovers will find fine paintings in acrylic, oil, and watercolour; pottery, fibre arts and mixed media.

IF you are looking for a unique, one-of-a-kind gift for holiday giving, stop by the King Heritage and Cultural Centre and Laskay Hall on Saturday, November 9 when Arts Society King (ASK) holds its second bi-annual Deck the Walls Art Show and Sale from 10:00 a.m. to 4:00 p.m. There will be an exclusive Invitation-Only Preview Evening prior to the one-day sale.

Deck the Walls Art Show and Sale 2024 will feature 20 artists and artisans at one location, the King Heritage and

Arts Society King and the artists look forward to seeing you and sharing their work with you at this year's Deck the Walls Art Show and Sale 2024.



• Alysha Rocca - Coiled



• Pamela Dey - Huntsville



HELLO
my name is

Marianne Broome

Nature inspires my work in both watercolours and acrylics. Watercolours offer the magical, spontaneous flow of colour on wet paper, while acrylics allow for thick, expressive brushstrokes. My canvases are often large, at six to eight feet.

Although my giant close-up florals are still popular and have won many awards, I also enjoy painting landscapes and abstracted work. My landscapes are based on the essence of a scene, with modified composition and colours, according to my interpretation of the mood. I strive to create serene, ethereal paintings that inspire a feeling of peace.

With abstracted landscapes, I often change the colour scheme entirely or use

a limited palette of two or three colours, simplifying to evoke a different perception.

Many of the non-objective abstracts, which are not based on reality, are commissioned. I first create several sketches and refine one according to the client's preferences.

I still teach workshops and courses for many art groups and colleges in the GTA and beyond. Some are now online.

My paintings celebrate the endless beauty of the natural world and express my concern for its preservation. I am honoured that they bring joy to those hanging them in their home or workspace.

www.naturesedgestudio.ca
m@naturesedgestudio.ca



• Fall Pond



• Big Rock



• Yellow Iris



• Chloë Rose
• Flowers



• Mona Hillis



• Josh Palmer



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The maturation of the King Township arts community continues in many ways.



WRITTEN BY
BRIAN BOAKE

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts and Toronto Raptors fan.

One of its youngest members, the energetic Chloë Rose Flowers, has undertaken the daunting task of creating a live-theatre company. In mid-August, King Theatre Company (KTC) introduced itself to the planet with eight performances of David French's "Salt-Water Moon." More on this event later.

Chloë bleeds King Township, describing the community as "amazing". She was born and raised here, attending estimable The Country Day School (CDS) on Dufferin Street for her primary and secondary education. Her love of performing was planted early, and she remembers fondly her cameo appearance as "Ignorance" in an adaptation of Charles Dickens's "A Christmas Carol." Chloë's interest in live theatre was profoundly deepened by her teachers at CDS. She speaks highly of mentors Scott Garbe and Adalgisa Bevacqua-Tirone.

Chloë honed her craft at Theatre by the Bay in Barrie. She trained with them through their Independent Theatre Producers Co-op and helped to

produce the inaugural Simcoe County Theatre Festival.

Unlike many folks in the performing arts, our subject comes by her...no, Brian, don't...florid collection of three names honestly. Chloë is her given name, and "Rose" was that of her grandmother. A memorable handle is useful. Have you ever heard of Eleanora Fagan or Marion Morrison? No, but you've certainly heard of them through their stage names – Billie Holiday and John Wayne.

It is well to remember that theatre is an art, but also a craft. Those who are undisciplined or irresolute need not apply. Getting started in the industry (if a calling so prone to financial distress is worthy of the word) is enormously difficult. Chloë understates her achievement in being selected to enrol in the University of Toronto's Theatre program, and in graduating with her degree. She clearly does not shy away from difficult long-term tasks.

Performers are numerous, but successful live theatre requires great skill offstage. Chloë seems eager to produce and/or direct KTC's early works. Bringing off either of these roles successfully will provide a boost to KTC's reputation. One hopes a virtuous circle can thus be maintained.

Chloë was determined to launch her first production as anything but a put-up job. Her call for performers produced a stream of qualified applicants, and tryouts were lengthy. "Salt-Water Moon" is a one-act two-hander, written by highly regarded Canadian playwright David French and first performed in 1984. It is the third of five plays in French's Mercer Plays series. This was a wise choice to inaugurate KTC, as the cast couldn't be much smaller, and there's no stage "business" to fuss over. "The play's the thing" – as always, The Bard nails it.

"Salt-Water Moon" would flounder if either performer playing the young lovers was weak. But more than thespian skill was called for. Chloë placed great store in ensuring a high degree of compatibility between her youthful leads. Josh Palmer and Mona Hillis were selected to portray the teenagers who meet with separate, secret goals. "Jacob" was attempting to rekindle love, while "Mary" wanted to understand why he'd left her for the bright lights of Toronto. Was the re-meeting a success? Could we suspend our disbelief, and revel in a visit to a Newfoundland outpost in 1926? We'll publish a review in our Winter issue.

The company currently has no physical home; "Salt-Water Moon" was performed outdoors at Pine Farms Orchard, just north of King City. Chloë is deeply grateful to the people at Pine Farms, particularly Pamela Rolph-Romeril and Chloe Thurston. This mother-and-daughter pairing listened to her appeal, and being supporters of the arts, agreed to allow their property to be used for the production.

What's next for KTC? Chloë speaks of musicals, though such productions can be tricky, expensive, and prone to failure. They can also be wonderful. Perhaps an honourable segue into children's performances might make sense, as Chloë develops a troupe. As of this writing, there is no new production scheduled. That said, someone of her passion and determination will find a way. We will be tracking her progress.

Your Correspondent is optimistic about the chances of success for Chloë's adventure, the King Theatre Company. Interested readers should visit the website kingtheatre.ca.

Full disclosure: Arts Society King has provided a grant of \$5,000. to King Theatre Company.

WHY IS MOSAIC UNIQUE?

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FASCINATING NATURE FACTS

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Let me ASK you



ANN LIVINGSTONE

is a Nova Scotian by birth and, through her formative years, lived coast to coast. She considers Canadian landscapes and animals a part of her psyche and cross-country heritage. She began drawing in childhood and has continued drawing and painting throughout her life. She is also an avid quilter and creates beautiful, vibrant-coloured saddle pads trimmed with braid. The biggest quilt she ever created was the "Star Quilt" she made for her cousin, singer Anne Murray. That quilt has 5,220 one-inch squares.

roryschoice@rogers.com



RUBINA PANJWANI

is a passionate jewelry designer whose love for the arts evolved into handcrafting wearable art. Specializing in the techniques of wire wrapping and beading, she creates stunning jewelry using colourful gems, silver, and copper wire of various shapes and sizes. Arriving in Canada from Pakistan more than 24 years ago with a Masters in Economics and many years of teaching experience, Rubina unexpectedly reconnected with the love for art that she held so closely in her youth. She found herself taking various art workshops and becoming inspired by the idea of designing and creating her own jewelry. Rubina's passion has only deepened over the years, leading her to become an active member of her artistic community and showcasing her beautiful jewelry across the Greater Toronto Area at various art shows and cultural events. Drawing on her teaching experience, Rubina also conducts jewelry-making workshops for children and adults, empowering them to create wearable art and learn a few new skills along the way.

Arthywirestudio@gmail.com
www.facebook.com/Arthywire Instagram: @panjwani.rubina

WHAT MIGHT MOST PEOPLE NOT KNOW ABOUT YOU?

Back in the day, at 42 years old, I was the oldest woman at the time to become a brake person on the Toronto branch of CN Rail.

WHAT IS YOUR FAVOURITE CHILDHOOD MEMORY?

Learning to ride horses!

HOW HAVE YOU, AS AN ARTIST, EVOLVED OVER TIME?

I always loved the concept of creation. I began my art journey when I enrolled in a two-year program at Seneca College, King Campus, which took me three years to complete. I went to school during the day, commuting from Toronto to King City, and worked at night to earn the money I needed to put myself through college. In 1986, I started working for the University of Toronto at Erindale College in Mississauga. A year later, I began an Honours degree in Art and Art History with minors in English and History at

Erindale in combination with Sheridan College in Oakville where the art components were completed. After a gruelling 13 years of working full-time and going to school, I graduated with an Honours Degree from the University of Toronto and a Degree from Sheridan College.

HOW DO YOU GET INSPIRED?

I see something...anything that speaks to me, and then I'm ready to go. For example, one summer I was playing croquet at my cousin Anne Murray's house in Pugwash, Nova Scotia. Right there and then, I decided my next university project would be a series of paintings featuring my Murray cousins playing croquet.

WHAT ARE SOME OF YOUR HOBBIES OR INTERESTS OUTSIDE OF ART?

Life generally...especially horses, cats and dogs.

WHAT ARE THREE THINGS YOU CANNOT LIVE WITHOUT?

My loving family, my little animal kingdom (three cats and a dog), and my dear friends.

WHAT DO YOU THINK IS THE MOST IMPORTANT LESSON YOU HAVE LEARNED AS AN ARTIST?

One of the biggest lessons I have learned is that being an artist requires the 4 P's: Passion, Patience, Persistence, and Practice. I remember when I first started learning how to wire wrap, it required me to put in many hours of practice and dedication to the art form before I started to master it. The key is to not give up and stick with it, especially if art is something that is meaningful to you.

WHERE IS YOUR FAVOURITE PLACE TO CREATE AND WHY?

My studio. It is my personal space, organized just the way I like it, and equipped with all the tools and accessories I need for my artistic projects. Sometimes, my cats come and hang out with me in my studio while I am working and that's always a nice feeling.

WHICH TALENT WOULD YOU MOST LIKE TO HAVE?

There are so many things I am interested in but, as it turns out, many of these interests are related to one art form or another! If I had an opportunity, I would have loved to learn both photography and classical dance.



WRITTEN BY PATTI SKRYPEK
Patti is a retired communications professional and active volunteer who applies her creative skills to support a number of not-for-profit organizations within the community.



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Jollytown Baseball Club 1887
Credit: King Township Archives



Nobleton Hockey Team 1907
Credit: King Township Archives

HERITAGE

THE BEST IS YET TO COME.

Welcome to the King Township SPORTS HALL OF FAME



Kinghorn Girls Baseball Team 1924
Credit: King Township Museum

In the Fall of 2024, King Township and the King Heritage and Cultural Centre launch their inaugural **Sports Hall of Fame** exhibition. The opening of the King Township Sports Hall of Fame coincides with the grand opening of the newly constructed Zancor Centre.



WRITTEN BY
CLAIRE SMITH

Claire is a graduate of the University of Toronto's Master of Museum Studies program and joined the KHCC staff during summer 2024 as Exhibition Assistant – Sports Hall of Fame. Claire has also worked at both the Aurora Historical Society and the Aurora Museum and Archives.

From hockey to horseback riding, figure skating to trampoline, King Township citizens have left their marks on various sports disciplines. As King Township nears its 175th anniversary, this fact still rings true today. The township's legacy of sports excellence will be honoured in its own King Township Sports Hall of Fame, making King Township part of a long-established tradition of preserving cultural history in the form of a hall of fame.

The history of halls of fame can be traced back to 1900, when the chancellor of New York University, Dr. Henry Mitchell MacCracken, established The Hall of Fame for Great Americans in New York City. Since then, halls of fame have been established all over the world, including the Baseball Hall of Fame, established in

1939 in Cooperstown, New York, which is recognized as the first sports hall of fame.

Canada's Sports Hall of Fame was established in 1955 by the former chairman of the Sports Committee for the Canadian National Exhibition (CNE), Harry Price, on the CNE fairgrounds in Toronto. In 2011, Canada's Sports Hall of Fame was moved from Toronto to a 40,000-square-foot facility in Calgary, where today it celebrates hundreds of athletes from every sport and every province.

King Township's own sports history is just as long and notable. King Township has been the home to many past and present amateur and professional athletes, including 16 National Hockey League (NHL) players, three National Hockey League (NHL) coaches, 24 Olympic athletes, 15 elite equestrians, six figure skaters, three Stanley Cup Champions, and two Special Olympic athletes. The names of King Township residents can even be found in the Hockey Hall of Fame, Canada's Sports Hall of Fame, Ontario Sports Hall of Fame, Skate Canada Hall of Fame, Jump Canada Hall of Fame, and on the Canadian Walk of Fame.

Like the newly established King Rebellion hockey team, the King Township Sports Hall of Fame will call the newly constructed Zancor Centre, located at 1600 15th Sideroad in King City, its home. The sports hall of fame will be one of the many features of the 124,000-square-foot, state-of-the-art, carbon-neutral, and fully accessible multi-use recreation centre, which will include two NHL-sized ice rinks, a 25-metre lap pool, a kids' and leisure pool, as well as a multi-use field house.

The inaugural King Township Sports Hall of Fame exhibition will consist of two parts: a celebration of sports history in King Township, and a sports showcase featuring residents who collectively represent the spectrum of athleticism seen in sports today and the high level of personal dedication required to pursue a career in sports.

The celebration of sports history in King Township will present an informational timeline that will trace some of the major sporting events and achievements that have occurred in King Township from its early settlement in the 1800s to the present day. It will highlight moments and feature

images such as the Jollytown Baseball Club in 1887, the creation of Nobleton's first hockey team in 1907, the Kinghorn Girls Baseball team in 1924, Rosie MacLennan winning the gold medal in Trampoline at both the 2012 and 2016 Olympic games, and the inaugural 2024/2025 season of the King Rebellion.

Following this first exhibition, a select group of individuals will be chosen bi-annually by a nomination committee to be inducted into the King Township Sports Hall of Fame. King citizens who are interested in joining this committee are encouraged to contact the King Heritage and Cultural Centre to learn more about becoming a member. Citizens are also encouraged to submit the names and accomplishments of King Township athletes they feel are worthy of inclusion in the Sports Hall of Fame.

Sports have historically been a way to bring people together and the King Township Sports Hall of Fame aims to bring the residents of King Township together to celebrate its past, and to inspire the next generation of King Township residents to pursue their own sports dreams.

BACK TO SCHOOL TO BASICS

- ✓ RESTRICTING CELL PHONES IN CLASS
- ✓ BANNING SOCIAL MEDIA IN SCHOOL
- ✓ REFOCUSING ON READING, WRITING & MATH



STEPHEN LECCE
MPP for King-Vaughan



NOW AND ONGOING – WRITENOW!@KING
WriteNow!@King is a writer's group partnering with King Township Public Library who meet on the first and third Thursday afternoons each month from 2 – 4 PM. New and experienced writers are welcome to participate in stimulating writing exercises, guest speakers and feedback from peers. Location: King City Public Library, 1970 King Road, King City
Contact: info@kinglibrary.ca for more information

NOW – NOVEMBER 2 – EXHIBITION – STANDING IN THE DOORWAY: LIVED HISTORIES AND EXPERIENCES OF THE CHINESE COMMUNITY – KING HERITAGE & CULTURAL CENTRE
Created by the Markham Museum and the YDSB Museum & Archives, this award-winning exhibition highlights the history of Chinese immigration to York Region, Chinese culture and the 100th anniversary of the Chinese Exclusion Act. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 10 AM – 4 PM Tuesday to Saturday
Contact: Email: kingmuseum@king.ca
Phone: 905-833-2331
Website: www.kingheritageandculture.ca

VARIOUS FALL WORKSHOPS – KINGCRAFTS STUDIO
Come on out to Kingcrafts Studio and learn a new skill. Pottery, Make a Mug; Birch Trees Paint Party; Tablet Weaving; Stained Glass Angels; Mixed Media Flower. Location: Kingcrafts Studio, 12936 Keele Street, King City
Website: www.kingcrafts.ca

FALL 2024 – LIFE DRAWING CLASSES – KING HERITAGE & CULTURAL CENTRE
Sign up for in-class drawing instruction, facilitated by award-winning artist Giovanna Colalillo, who will instruct you in specific drawing techniques to capture gesture movements, shading, perspective, body proportions, as well as skeletal and muscular structure with reference to professional live art models. Date and time to be confirmed. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Contact: Phone: 905-833-2331
Website: www.kingheritageandculture.ca

SEPTEMBER 7 & 8 – ABSTRACT PAINTING WORKSHOP WITH LYDIA PANART – MCMICHAEL CANADIAN ART COLLECTION
Finding inspiration in the Four Elements (Earth, Water, Air and Fire), artist Lydia Panart will guide participants through the painting process – from reflections on the symbolic meaning behind each element, through a visual abstract exploration of how the elements might take form. Location: McMichael Canadian Art Collection, 10365 Islington Avenue, Kleinburg
Time: 10 AM – 4 PM
Contact: Email: kdangelo@mcmichael.com
Phone: 905-893-1121 Ext. 2216
Website: https://tickets.mcmichael.com/selection.aspx?item=694

SEPTEMBER 16 – NOVEMBER 1 – YI MEI – KING TOWNSHIP MUNICIPAL CENTRE
Come enjoy the artworks of Arts Society

King artist member Yi Mei. With bold strokes of acrylic or subtle nuances of oil, each piece reflects a meticulous attention to detail and a commitment to excellence. Exhibit in the KTMC main space. Location: King Township Municipal Centre, 2585 King Road, King City
Time: 8:30 AM – 4:30 PM
Monday through Friday
Phone: 905-833-5321

SEPTEMBER 19 – PUB PORTRAITS – ARTISTIC ADVERTURERS
Relax with fellow creatives and your sketchbook – at the pub. Sign up with Janet Wortel. Location: Schomberg Pub & Patio, 226 Main Street, Schomberg
Time: 7 – 9 PM
Email: Janet Wortel at loonerart@gmail.com

SEPTEMBER 19 – TALE TELLERS NIGHT – ARTS SOCIETY KING
One and all are welcome to attend this free event featuring authors reading their short stories from a collection of Timeless Tales IV – The Haunts, a newly published anthology compiled from the 2024 All Ages Writing Contest. Enjoy refreshments as you meet the authors and pick up your own copy of the anthology for just \$15. The authors will be thrilled to sign it for you. Location: Laskay Hall, 2920 King Road, King City
Time: 6 – 8 PM
Contact: info@artsocietyking.ca
Website: www.artsocietyking.ca

SEPTEMBER 21 – NOVEMBER 16 – SATURDAYS AT THE MCMICHAEL CHILDREN'S ART CLASSES – MCMICHAEL CANADIAN ART COLLECTION
These popular children's art classes offer a creative exploration of various art mediums, encourage skill development, cultivate art appreciation and introduce children to the art of Canada through in-gallery activities. Fall term. No class on October 12. Location: McMichael Canadian Art Collection, 10365 Islington Avenue, Kleinburg
Time: 10 AM – 12 NOON and 1 – 3 PM
Contact: Email: kdangelo@mcmichael.com
Phone: 905-893-1121 Ext. 2216
Website: www.mcmichael.com

SEPTEMBER 21 - OCTOBER 26 –AUTUMN REFLECTIONS EN PLEIN AIR – ARTS SOCIETY KING
ASK is launching our fifth annual En Plein Air competition within King Township. The competition is open to all artists from anywhere. Any subject outdoors in King Township produced as new work on site is eligible. Nine categories, \$2,000 in cash prizes. The public is welcome to rediscover their favourite sites through the eyes of an artist on Awards Day. Visit with the artists, salute the winners and get insights on the art of Plein Air from the adjudicator. A fun time for all lovers of art and the great outdoors. Plein Air Location: Throughout the Township of King Awards Day Location: Pottageville Park Pavilion, 4380 18th Sideroad, Kettleby
Awards Day: Saturday, October 26
Time: 1 – 4 PM
Contact: info@artsocietyking.ca
Website: www.artsocietyking.ca

SEPTEMBER 24 – GROWING UP WITH TREES – SCHOMBERG HORTICULTURAL SOCIETY
Jack Campbell will speak about a lifetime of practical, hands-on experience in growing, planting, maintaining and even designing tree landscapes, giving an overview of working in both forest and urban landscape settings. Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 7:30 PM
Contact: schomberghortsociety@gmail.com

SEPTEMBER 26 – OCTOBER 31 – IN-PERSON ACRYLIC PAINTING STUDIO WITH ANDREW CHEDDIE SOOKRAH – MCMICHAEL CANADIAN ART COLLECTION
The McMichael and art instructor Andrew Cheddie Sookrah are pleased to offer a new series of in-person studio acrylic painting sessions where beginner and intermediate artists will focus deeply on colour hues, tonal values, shape and form in acrylic painting. Location: McMichael Canadian Art Collection, 10365 Islington Avenue, Kleinburg
Time: 6 – 9 PM
Contact: Email: kdangelo@mcmichael.com
Phone: 905-893-1121 Ext. 2216
Website: https://mcmichael.com/event/in-person-acrylic-painting-studio-with-andrew-cheddie-sookrah/

SEPTEMBER 28 – SCHOMBERG COUNTRY RUN – ANGLICAN PARISH OF LLOYDTOWN
Proceeds of the 14th Annual 5km Run will go toward providing clean water to Indigenous communities. Location: 116 Church Street, Schomberg
Time: 9 AM – 11 AM
Contact: Email: aploydtdtown@gmail.com
Phone: 905-955-2765
Website: www.anglicanparishofloydtdtown.com

SEPTEMBER 28 & 29 – KINGCRAFTS ART SHOW & SALE – KINGCRAFTS STUDIO
Kingcrafts Studio is once again hosting its very popular Fine Art Show and Sale. Shop and browse a variety of unique pieces that have been painted in the heart of King City. Location: Kingcrafts Studio, 12936 Keele Street, King City
Time: 10 AM – 4 PM
Website: www.kingcrafts.ca

SEPTEMBER 29 – FERMANAGH FARMS THIRD ANNUAL FALL MARKET – FERMANAGH FARMS
A wonderful local vendor market featuring over 50 crafters, specialty bakers, food and drink makers along with an amazing kids' zone with bouncy castles, slides and a pumpkin patch! Admission is free but we do support the Bradford Helping Hand Food Bank, so please bring a non-perishable food item or financial donation. Location: Fermanagh Farms, 4023 3rd Line, Tottenham (in the Bradford/Schomberg area)
Time: 10 AM – 4 PM
Website: www.fermanaghfarms.com

SEPTEMBER 30 – NATIONAL DAY FOR TRUTH & RECONCILIATION – TOWNSHIP OF KING AND INDIGENOUS ACTION COMMITTEE OF YORK REGION
Join us for a meaningful evening of Indigenous speakers, traditional drumming, singing and

dancing, food, crafts and more. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 5:30 – 8:30 PM
Website: www.king.ca

OCTOBER 19 – KINGTOBERFEST – TOWNSHIP OF KING
Mark your calendars for Kingtoberfest, where the essence of Oktoberfest meets the natural beauty of Cold Creek Conservation Area. Enjoy the festivities, engage in friendly competition with classic Oktoberfest games that promise plenty of laughter and camaraderie. Location: Cold Creek Conservation Area – 14125 11th Concession, Nobleton
Time: 5 – 10 PM
Contact: To purchase tickets, please visit www.king.ca

OCTOBER 20 – THE 70TH ANNIVERSARY OF HURRICANE HAZEL – KING TOWNSHIP HISTORICAL SOCIETY
A sharing of photos/experiences of the deadly hurricane of October 15, 1954. Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 1 PM – 2:30 PM
Contact: Email: kinghistoricalsociety@gmail.com
Website: www.kingtowshiphistoricalsociety.com

OCTOBER 22 – TRIED & TRUE TIPS & TECHNIQUES – FROM THE FARM TO THE GARDEN – SCHOMBERG HORTICULTURAL SOCIETY
Beth and Lex Antonic of Providence Hill Farm will share their unique regenerative approach, which focuses on improving soil health by increasing organic matter using cultivation methods that do not disturb the soil structure wherever possible. Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 7:30 PM
Contact: schomberghortsociety@gmail.com

OCTOBER 24 – SIP & SAVOUR – ALOHA HAWAII – KING TOWNSHIP FOOD BANK
King Township Food Bank is pleased to present Aloha Hawaii, our 11th annual Sip & Savour fundraiser. Experience the vibrant energy and cultural richness of a Hawaiian luau, complete with traditional music, hula dancing, and authentic flavours that bring the spirit of the islands to life. Location: Seneca Polytechnic, King Campus, 13990 Dufferin Street, King City
Time: 6 – 9 PM
Contact: Email: ktfbipsavour@gmail.com
Website: www.ktfootbank.ca for more information and tickets

OCTOBER 24 – PUB PORTRAITS – ARTISTIC ADVERTURERS
Take turns drawing portraits or posing for them at this local pub night for creatives. All skill levels are welcome. Sign up with Janet Wortel. Location: Craft Kitchen & Beer Bar, 214 Main Street, Schomberg
Time: 7 – 9 PM
Email: Janet Wortel at loonerart@gmail.com

OCTOBER 25 – PHANTOM OF THE ORGAN – ALL SAINTS KING CITY, FEATURING ERNESTO DE LUCA
Enter "if you dare" and hear the spirit of the

pipe organ come alive through familiar spooky tunes of the season! Location: All Saints Anglican Church, 12935 Keele Street, King City
Time: 7:30 PM
Contact: ernestodelucamusica@gmail.com
Website: ww.allsaintskingcity.ca

OCTOBER 26 – HALLOWEEN AT THE MUSEUM – KING HERITAGE & CULTURAL CENTRE
A spooky visitor is stopping by the museum with a mystery to solve! Join us in this family-friendly event for Halloween activities, crafts and candy to celebrate. Time to be confirmed. Contact: Phone: 905-833-2331
Website: www.kingheritageandculture.ca

OCTOBER 26 – NIGHT AT THE CREEPY CREEK – TOWNSHIP OF KING
The Township of King presents the Night at the Creepy Creek, our creepiest creek event of the year and fun for the whole family. Location: Cold Creek Conservation Area, 14125 11th Concession, Nobleton
Time: 6 PM – 9 PM
For tickets and additional information, please visit www.king.ca

NOVEMBER 2 – METIS BEADING WORKSHOP WITH KATHY MORGAN – KING HERITAGE & CULTURAL CENTRE
Learn Metis beading with Metis artist Kathy Morgan, as she shares the art and stories passed down through her family over many generations. Design a beaded poppy in commemoration of Remembrance Day and Indigenous Veterans Day, or a beaded flower of choice. Time to be confirmed. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Contact: Phone: 905-833-2331
Website: www.kingheritageandculture.ca

NOVEMBER 4 – DECEMBER 20 – PAMELA DEY – KING TOWNSHIP MUNICIPAL CENTRE
Come enjoy the artworks of Arts Society King artist member Pamela Dey. Pamela likes to capture movement of colour in her Canadian landscape paintings to create lasting impressions of nature. Exhibit in the KTMC main space. Location: King Township Municipal Centre, 2585 King Road, King City
Time: 8:30 AM – 4:30 PM
Monday through Friday
Phone: 905-833-5321

NOVEMBER 9 – DECK THE WALLS ART SHOW & SALE – ARTS SOCIETY KING
The second bi-annual Deck the Walls Art Show and Sale hosted by Arts Society King. Kick off the holiday season with ASK artists showcasing their best pieces throughout the King Heritage & Cultural Centre for this sale event. Enjoy complimentary beverages and treats. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 10 AM – 4 PM
Contact: info@artsocietyking.ca
Website: artssocietyking.ca

NOVEMBER 9 – FALL BAZAAR – CHRIST CHURCH KETTLEBY
Come and enjoy baking, tea, crafts and treasures. Location: Christ Church Kettleby, 292 Kettleby

Road, Kettleby
Time: 12 NOON – 3:30 PM
Contact: 905-955-2765

NOVEMBER 15, 16 & 17 – KINGCRAFTS STUDIO ANNUAL SALE 2024 – KINGCRAFTS STUDIO
Our Kingcrafts members have been busy creating beautiful one-of-a-kind items perfect for your home or gift giving. Arts and crafts at great prices. Come out and support your local artisans. No tax, free admission and free parking. Location: Kingcrafts Studio, 12936 Keele Street, King City
Time: 10 AM – 4 PM
Website: www.kingcrafts.ca

NOVEMBER 16 – DECEMBER 14 – TREES OF GIVING: DO YOU BELIEVE IN MAGIC? – KING HERITAGE & CULTURAL CENTRE
Trees of Giving is a community fundraising event that showcases trees decorated by King Township community groups and local businesses; theme for 2024 is "Do you believe in magic?" Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: Tuesdays through Saturdays, 10 AM – 4 PM
Contact: Email: kingmuseum@king.ca
Phone: 905-833-2331
Website: www.kingheritageandculture.ca

NOVEMBER 19 – BANQUET AND ANNUAL GENERAL MEETING – SCHOMBERG HORTICULTURAL SOCIETY
Members are invited to have a glass of punch, enjoy a terrific dinner and indulge in a serving or two of great-tasting desserts. Applaud our members who won awards and prizes for their excellent showings, including the Annual Photo Contest. Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: Doors Open at 6 PM, Dinner at 7 PM
Contact: schomberghortsociety@gmail.com

NOVEMBER 22 – 24 – ONE OF A KING – TOWNSHIP OF KING HOMBERG HORTICULTURAL SOCIETY
This handmade holiday market is a great place to find locally made treasures, gifts and more! Location: King Township Municipal Centre, 2585 King Road, King City
Time: Friday 6 – 9 PM; Saturday 10 AM – 6 PM; Sunday 10 AM – 4 PM
Website: www.king.ca

NOVEMBER 23 – COOKIES WITH SANTA – KING HERITAGE & CULTURAL CENTRE
Santa is in town and ready to share his favourite festive treat of all – cookies! Decorate cookies, make crafts and get your photo with Santa this holiday season. Time to be confirmed. Location: King Heritage & Cultural Centre, 2920 King Road, King City
Contact: Phone: 905-833-2331
Website: www.kingheritageandculture.ca

NOBLETON SENIORS 55+
Location: Nobleton Arena, 15 Old King Road, Nobleton
Time: 10 AM – 12 NOON
Contact: Joanne Bailey 416-706-9375
Email: jbailey133@yahoo.com
Website: www.king.ca/seniors

SEPTEMBER 12 – VIRTUAL CHAIR YOGA & PIZZA SOCIAL
Enjoy a physical, mental and spiritual practice followed by a Pizza Social. Pizza sponsored by Vivo Pizza in Nobleton.

SEPTEMBER 19 – COLOURS BY GILLIAN
Everyone has a colour pattern. Does your colour interact better with others? Come and find out.

SEPTEMBER 26 – ART WITH FREELANCE ARTIST ANGELA DEL BORRELLO
Create a unique centrepiece for Thanksgiving – sponsored by Lesley Thompson, Community Relations Director, Amica Aurora Promenade. Cost per person \$5.00. Please register as materials need to be purchased.

OCTOBER 3 – FASHION WITH FRANK
Be in style for the fall and learn how to layer your clothes in a creative way.

OCTOBER 10 – PHYSIOTHERAPY FOR SENIORS
Simple exercises to relieve joint pain. Sponsored by Giacomo Fabrizio, physiotherapist at Nobleton Physiotherapy.

OCTOBER 17 – ANNA ROBERTS, MP, GUEST SPEAKER
Come and join with Anna Roberts, MP, Shadow Minister for Seniors. Let's hear about her role in supporting this demographic group.

OCTOBER 24 – GENERAL EYE CARE FOR SENIORS
Learn about the importance of our eyes. Presented by Melisa Siragusa, OD, Nobleton Optometry.

OCTOBER 31 – HALLOWE'EN PARTY
A fun day of "Witchful Thinking & Ghostly Gathering." Prizes for the best costumes. Treats will be provided.

NOVEMBER 7 – PASTA COOKING WITH ROSE
Come and learn a new pasta recipe with Rose and have a taste as well. Please register so we can purchase the food. Cost per person is \$5.00

NOVEMBER 14 – CHAIR ZUMBA WITH FRANK
It's a "workout party" as you exercise to a Zumba class.

NOVEMBER 21 – "ROCKS TALK"
Rock and minerals play an important role in our everyday lives. Learn how in this hands-on presentation by Gillian.

NOVEMBER 28 – "AGEISM" – WHAT WE NEED TO KNOW
Jenna Wickens, a Certified Professional Consultant, will talk about aging, the positive benefits and more.

KING CITY SENIORS 55+
Location: King City Seniors Centre, 1970 King Road, King City (except Sept. 7)
Contact: Call the Centre at 905-833-6565

SEPTEMBER 7 – ANNUAL BBQ, CORN ROAST & HOEDOWN
Location: King City Community Centre, 25

Doctor's Lane, 2nd Floor, King City
Time: Dinner 5 PM, Dancing 7 PM
Dinner will be followed by square dancing and line dancing for you to enjoy as a participant or spectator. Tickets \$10 per person available at the King City Seniors Centre.

SEPTEMBER 20 – HEART TO HOME – 10 AM
Heart to Home will present a tasting of their many menus which can be delivered to your home. RSVP at the Centre at 905-833-6565

OCTOBER 4 – NATUROPATHY – 10 AM
Presentation on naturopathy and how it can be of benefit to you. RSVP at the Centre at 905-833-6565

OCTOBER 18 – POTLUCK LUNCH – 12:30 PM
For potluck lunch, attendees are asked to bring either a main course item or a dessert to share.

NOVEMBER 1 – AGING AT HOME – 10 AM
Presentation offering suggestions on how you can make your home safe for you to continue to reside in. RSVP at the Centre at 905-833-6565

NOVEMBER 15 – HOSPICE – 10 AM
Presentation on how hospice can assist in the community with new programs. RSVP at the Centre at 905-833-6565

SCHOMBERG SENIORS 55+
Location: Schomberg Community Hall, 325 Main Street, Schomberg (except Oct. 2)
Contact: Email Lynn at klbird@hotmail.com

SEPTEMBER 9 – WELCOME BACK WITH VIRTUOSO CLARINET PLAYER SEAN DERRAUGH – 10:30 AM
Sean will talk about the history of the clarinet, show and talk about the different clarinets in his collection, and entertain us with a performance. Cost: Non-members \$2

SEPTEMBER 18 – PAINTING WORKSHOP WITH LISA COLE AKA THE PAINT LADY – 10 AM – 1 PM
Lisa provides all supplies and will guide us as we "Inhale Possibility, Exhale Creativity" with acrylics. Cost: \$30

SEPTEMBER 23 – SHOW AND TELL WITH GILLIAN VIVONA
10:30 AM – Gillian will present and discuss her collection of rocks and minerals. Cost: Non-members \$2

OCTOBER 2 – TOUR OF THE SCHOMBERG MASONIC LODGE
2 PM – Location: 107 Main Street, Schomberg

OCTOBER 7 – AMICA SENIORS LIFESTYLES – 10:30 AM
Lesley Thompson, Community Relations Manager with Amica Promenade, will review the services being offered by the new facility in Aurora. Cost: Non-members \$2

OCTOBER 10 – FLORAL WORKSHOP WITH PETAL ACADEMY'S DARLENE RUPKE – 10 AM – NOON
Darlene supplies all materials to create three fall floral pumpkin centrepieces for your Thanksgiving table or to offer as hostess gifts. Cost: \$75 + HST



Anna Raeli
Insurance and Financial
Services Incorporated
Anna Raeli, Agent
2946 King Rd
King City, ON
905-833-2662
annaraeli.com



From one business owner to another

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Eek Farms is owned and operated by William and Avia Eek.

Bill's Great Uncle, William Valenteyn, was one of the first settlers in the Holland Marsh in 1934, making Bill the 3rd generation to be farming in the Specialty Crop Area, world renown, as the Holland Marsh.

We are proud to be stewards of the land, feeding people locally, provincially, nationally and around the world with our carrots and onions.

Taste the difference of vegetables grown in our organic based soil--soil matters!

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FALL 2024 EVENTS

IN & AROUND KING TOWNSHIP

AROUND THE NEIGHBOURHOOD

OCTOBER 16 – FALL COLOUR TOUR – 10:30 AM

This self-driving tour will take us through the beautiful Hockley Valley with a stop for lunch at Mrs. Mitchell's. Starts at the Schomberg Community Hall.

OCTOBER 23 – LIANNE HARRIS PRESENTS THE ROARING TWENTIES – 10:30 AM

Come dressed for the era and learn about this golden time of the Speakeasies and the Silent Era, when life was the Bee's Knees and the fashion and music was the Cat's Pajamas. Cost: Non-members \$2

NOVEMBER 4 – SUSAN PORTER'S GHOST TOUR – 10:30 AM

Susan recounts a recent ghost tour in Scotland. Cost: Non-members \$2

NOVEMBER 18 – GUESS WHAT IT IS! – 10:30 AM

Two Schomberg 55+ members present a unique antique item! Who will guess what it is! Cost: Non-members \$2

NOVEMBER 25 – GLASS WORKSHOP WITH ARTIST WENDY EMERY – 10 AM – 1 PM

Participants will use a wide assortment of colourful sheet glass, frit, stringers and globs to create a suncatcher to hang in a window or on a wall. Cost: \$90



SEPTEMBER 22 – ZANCOR RECREATION CENTRE SOFT OPENING – TOWNSHIP OF KING
Join us to celebrate the soft opening of the new Zancor Recreation Centre. Additional details can be found on our website closer to the event.
Location: Zancor Recreation Centre, 1600 15th Sideroad, King City • Time: 12 NOON – 6 PM
Website: www.king.ca
Opening Hours: Sunday – Thursday 7 AM – 11 PM; Fridays and Saturdays 7 AM – 12 AM

CONTAINER GARDENING FOR ALL SEASONS

NATURE



WRITTEN BY
ANNA SANTAROSSA
Anna is a retired teacher and the founder of ARYCT (Active Retired York Catholic Teachers.) She is also highly active in the community, serving on King Township's Heritage Advisory Committee, and as co-president of the Nobleton and King City Garden Club.

Many local gardeners believe that growing plants in containers is a pursuit that only lends itself to spring through early fall, given our climate. Paul Zammit, a professor at Niagara College's School of Environment and Horticulture, dismisses that notion.

Paul, a popular and engaging speaker, recently addressed the Nobleton and King City Garden Club, where he emphasized that the most important thing to remember is that we live in Canada. Our containers should reflect each season, allowing us to enjoy them year-round. It is also essential to find ways to transition between seasons. He suggested adding an evergreen such as cedar, boxwood or juniper to your mixed planter as the evergreen can remain and be a part of your year-round design.

Paul has delivered numerous presentations across Canada and internationally at garden clubs and prestigious gardens. He hosts two gardening shows on CBC radio, "Ontario Today" (year-round) and "Here and Now Show" (May to Sept) on 99.1 FM.

When choosing your containers, Paul advises you to look for beautiful vessels that inspire you. Paul dispels the myth that adding a layer of gravel to the bottom of the container is sufficient to ensure proper drainage and healthy root growth. Having drainage holes at the bottom of the container is essential.

When filling your container with potting soil (soil-less mix), it's best to use a planting mix that is porous and free-draining. Never use topsoil or garden soil. Another tip he gave the audience was not to fill your container to the top. Always leave a little space to ensure applied water collects and soaks down through the roots in the planter.

Paul provided guidelines for choosing plants for the container. Firstly, check to see how high the plants will grow. While having very tall plants in containers is nothing to worry about, you need to ensure that the height of the other plants works within its scale. Height will add drama to the container, but you can also create drama by mixing the colours of the foliage and flowers.

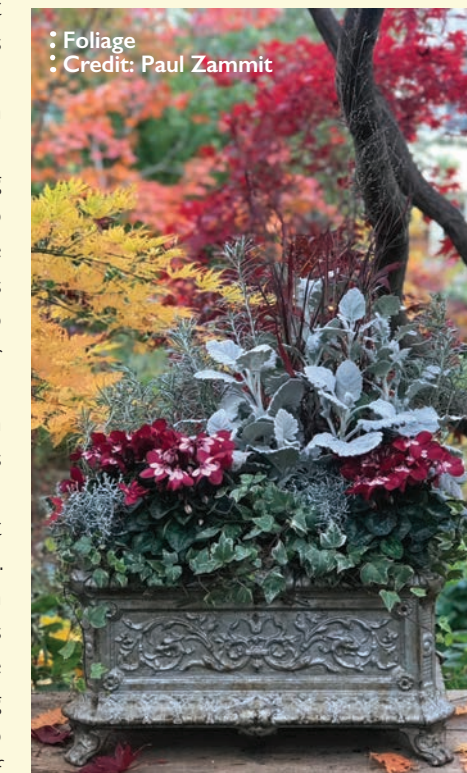
Select plants that have different textures to create interest and drama. Mixing bold and hearty plants with those that have fine or subtle textures adds depth to the arrangement. The final consideration is fragrance. Adding rosemary, basil, oregano or thyme to a spring and summer planter full of

flowers will provide a delightful and fragrant surprise.

Paul takes the concept of container gardening and turns it on its head. While we know we can create beautiful container gardens on balconies or patios, Paul challenges us to think beyond these traditional spaces. Have you considered adding containers to inground gardens where vegetation cannot grow or even placing them in the middle of your driveway? Paul's presentation showed

us how he has done both -- and the audience was impressed!

Paul's knowledge and expertise illustrate how we can achieve such impressive results ourselves. He encourages us to think outside the box and reimagine how we use containers by placing them in unexpected locations. By boldly using color, texture and fragrance, we can create dramatic and beautiful container gardens that captivate and inspire year-round.



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Quick and Easy Sugar Cookies

As the name implies, here's a quick and easy sugary treat. This makes about 36 cookies.

INGREDIENTS: 1 cup unsalted butter, room temperature; 2/3 cup plus 3T of granulated sugar, divided; 2 cups all-purpose flour; 1 tsp vanilla extract; colored sugar sprinkles.

DIRECTIONS: Preheat oven to 325 F, and line a large baking sheet with parchment paper.

Beat together the butter and 2/3C sugar with an electric beater; this will form a gritty mixture. Then blend in the flour and vanilla.

Using a large measuring spoon, scoop out and roll the dough into 1-inch balls. Roll each ball in the reserved sugar until lightly coated. Flatten the sugared balls into disks using the bottom of a drinking glass. Sprinkle with the sprinkles and press again (the disks should be about 1/4-in. thick).

Bake for 14-16 min. Remove from the oven when the edges are lightly browned. Let the cookies sit for at least another 15 min. before removing from the pan.



— Illustration by Cheryl Uhrig
cuhrig@rogers.com

RAISING CANE!

IT'S HARD TO IMAGINE A WORLD WITHOUT SUGAR.

WRITTEN BY
ART WEIS
Art is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

You find it in desserts, of course, but also in breakfast cereal, bread, ketchup, salad dressings, processed foods, not to mention pop. Even as I write this, I am stirring a spoonful into my coffee. Sugar is everywhere and for everyone. But it was not always thus! As recently as the 18th century, sugar was a luxury. It all started long ago with a tropical plant.

Sugar cane is a grass that sprouts several stout stems, or canes, growing 3-6 metres tall. Picture a dozen very tall, very fat corn plants growing in a tight cluster. When cut, the cane oozes a sticky sap packed with the sugar known chemically as sucrose. The sap also contains traces of amino acids, minerals, some vitamins, various other biochemicals and, of course, water. Around 6,000 years ago, the people of New Guinea found that a chew of the fresh-cut cane was a rich, flavoursome and

sweet treat. Cultivation followed. Over the centuries, the crop spread throughout the Pacific and tropical Asia. Along the way, people developed various processes to concentrate and refine the sap into the product we know.

Crystalline sugar probably was first produced in India about 2,500 years ago. In fact, the word sugar comes from the Sanskrit word *sárkara*, which translates as gravel. They crushed the cane to release the sap, then boiled it to drive off the water. The residue was cleaned up, re-dissolved in fresh water and re-boiled. This was repeated five or more times until the sap was as concentrated as possible without burning. The remaining sludge was poured into a cone-shaped mold. As it cooled, the sugar crystallized into a large, solid cone. The remaining thick brown liquid, which contained residual sugar and the other sap components, was drained. We call it molasses. The crystalline cone came to be known as a "sugarloaf." Although a loaf was almost pure sugar, enough of the molasses remained to give it a brownish hue and a bit of those richer flavours. Loaves were convenient for transport

but had to be crumbled into chunks for final use, and those brown chunks really did look like a pile of gravel.

White sugar came more recently (~700 CE), maybe in Persia, maybe in Egypt. They figured out how to wash brown sugarloaves with pure water and clay particles to drive out the remaining molasses. It was a tricky process; too much water, too fast would wash out the residue, but also dissolve the sugar.

Sugar finally made it to Europe with the returning Crusaders. It was a hit with the aristocracy, who added it to the list of exotic and expensive spices they sought from Asia. Posh ladies regularly had a white sugarloaf on the teatime table, along with special shears to lop off a lump. With all the molasses components washed away, white sugar was very sweet but free of other flavours. This made it highly versatile; it added sweetness to a dish but didn't compete with the other ingredients.

Biologists have some lingering questions about *Saccharum officinarum*, the sugar cane plant. This species is found only in cultivation, so what was its wild ancestor? The leading hypothesis is that sugar cane started as a hybrid between two

or more of the wild *Saccharum* species. This is based on cane's chromosome number. Most animals have two copies of each chromosome, one from mom and one from dad. So do most plants. But sometimes when two different plant species cross-pollinate, the seeds end up with four copies. A recent genomic study showed that sugar cane has 12 copies! This suggests several hybridization events in sugar cane's family tree. Plant geneticists will be sorting this out for years to come.

A second question that comes up is why so much sucrose? Some other plants make lots of sugar, but usually in the fruit. Energy-rich fruits encourage birds to take away the fruit to eat, and in the process spread the seeds — the plant rewards the bird for its dispersal services. Something similar, yet very different, may be going on in sugar cane. Scientists discovered a particular type of bacteria in cane stems, a type of bacteria that takes nitrogen out of the air and makes it available to the plant. These germs are like an in-house fertilizer factory. For their service, the plant feeds them sugar!

So, I'm going to refill my coffee cup. Maybe I'll put in two spoonsful.







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AWAKEN YOUR SENSES WITH HERBS

Charles the Great, who was known as Charlemagne, once said, “an herb is the friend of physicians and the praise of cooks.”

WRITTEN BY
JOANNE BAILEY
Joanne is a retired college professor and registered nurse. She is an active volunteer with Arts Society King and the Nobleton Seniors' Centre.

Humans have used herbs for thousands of years. The Sumerians, around 2500 B.C., left written records of medicinal plants on clay tablets, describing over 250 plants used in herbal recipes. The Ebers Papyrus, an Egyptian scroll from about 1550 B.C., lists spices like anise, mustard, saffron, cinnamon and cassia, providing evidence of the spice trade's existence over 3,500 years ago. Herbs have a rich history that spans millennia.

So, you may want to ask yourself, what exactly is an herb?

Herbs are plants with fragrant or aromatic properties. Herbs can be used to flavour our recipes, be included in fragrances and even be used as a part of natural medicines. Some common examples of herbs are basil, parsley, rosemary, thyme, dill, chives, mint, cilantro, lavender, sage and bay leaf. Whether herbs are classified as a robust plant, a leafy herb, a fast-growing herb, a woody herb or a versatile herb, they all can be added to soups, stews, sauces, salads, breads, meats,

or just as a garnish. Herbs add many flavours to dishes – chives have a mild onion-like taste, dill has a fresh and tangy flavour, rosemary has a pine-like aroma, thyme has a lemony and earthy flavour and mint adds a cooling and refreshing taste to drinks and desserts.

Herbs can be grown in pots or in the ground and require at least six hours of sun. Herbs are best grown in soil that is not too rich but drains well, with a minimum of fertilizer as too much fertilization has been known to reduce their flavour. An herb garden enhances the beauty of your yard. Some herbs actually flower and the aroma of multiple herbs adds a pleasant scent.

Herbs are also great companions to other vegetables in your garden. They complement each other and contribute to the growth and productivity of both plants. Two examples that I have used over the years are planting chives among my strawberries and basil with tomatoes. When chives are planted alongside strawberries, they suppress fungi that can affect strawberries and their strong onion-like aroma acts as a deterrent against slugs and aphids. The result has been larger and sweeter strawberries.

Planting basil around tomato plants also has benefits. Basil helps to repel pests and has also been known to enhance the

root growth, plant size, flavour and overall production of tomatoes.

Ann Rockley, a resident of Schomberg and active volunteer on Schomberg Community Farm, has been growing and drying her own herbs for years. For over 32 years, Ann ran a successful global high-tech business but, when faced with lifelong health challenges, she turned to healthy food and herbs for energy and stamina. Now a nutritionist, Ann is pleased to share her secrets of success with others. She states, “Some herbs not only taste great but have medicinal properties when steeped as a tea. Basil relieves minor pain, oregano and thyme have antioxidant, anti-inflammatory and antimicrobial properties, dill can cure hiccups, mint soothes stomach aches and indigestion, parsley can strengthen your heart and rosemary can boost vision.”

Ann has also learned over the years that drying herbs is easy and does not require any special equipment. Bunches of herbs can be simply tied together with a twist tie or elastic and hung upside down in a spot away from sun in your home. A mesh bag can also be used with the herbs loosely tied and hung to dry. Alternatively, a simple herb dryer can be used, but ensure that you keep the heat low to preserve active ingredients.

As we awaken our senses with different herbs, know that you can grow herbs that enhance your own personal taste buds and mood. You can never have too many herbs since, once they are dried, they can be stored in sealed jars in a cool dark place or spice cabinet or in the freezer for the long winter ahead.

In essence, herbs are little packets of joy that grace our recipes with flavours, infuse our drinks with zest and fill our spaces with unforgettable aromas.



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WRITTEN BY
STEPHANIE WILCOX
Stephanie is the Community Outreach Specialist at the King Township Public Library.

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King City Book Club: The second Thursday of each month, beginning September 12, at 6:30 pm.

Schomberg Book Club: The second Wednesday of each month, beginning September 11, at 1:00 pm.

Nobleton Book Club: The second Wednesday of each month, beginning September 11, at 6:30 pm.

For more information about meetings, selected titles, and participation, visit kinglibrary.ca or contact your local branch.

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In the FAMILYWAY

Donna Greenstein

If you recall from my article in the last MOSAiC (Summer 2024), the correct cow had been separated from the herd and into the barn to **prepare her for impregnation** and, in good time, motherhood.



WRITTEN BY
BRIAN BOAKE
Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts and Toronto Raptors fan.

Bossie (a generic name) stood in her stanchion contentedly chewing her cud, while ignoring us humans, as Holsteins do. I've been told Guernsey and Jersey cattle have personalities, but I have no experience with those breeds. A telephone pole has more personality than your average Holstein (but how they produce milk!). Such a contrast with pigs, which we also raised. These beasts were a huge revelation to me. Pigs are intelligent, sociable, and in need of a new press agent. They are not in the least "dirty" unless compelled to be. Keeping their enormous skins cool is of existential concern to our porcine friends, and they will do whatever they must, including... yeah, that. Unfortunately, the odour of pigs' waste never disappeared from my nostrils. After about two weeks on the farm, I was no longer cognizant of cattle aroma,

which was small proof to the others that I was settling in. Oddly, even lifers like my relatives said they too were never able to "unsmell" pigs. But I digress. I was the youngest and least experienced farmhand in residence, and, as such, was low man on the totem pole; more accurately, I was the end-portion of the pole which is uncarved and stuck in the ground. I was informed of nothing. In keeping with the unspoken conspiracy (not that I'm paranoid or anything) of the veteran farmhands to keep me in the dark, I hadn't a clue as to how our cow was to be helped into the motherly way. I was soon to find out, and nothing could have prepared me. Bossie, being docile by nature, and unneeded of social interaction so long as sustenance was provided, waited perhaps a day. Then a large, unfamiliar car pulled up to the barn. The driver was a total stranger to me, and remained so, although my cousin Harold chatted with him familiarly enough. The day was quiet, so several of the hands were hovering. Any activity out of the ordinary produced a scrum.

Our guest popped his vehicle's trunk to reveal a large shiny urn (think a samovar without the filigree). He then opened it and gobs of steam wafted through the air. This was a marvel to me, though everyone else was oblivious. I heard the words "dry ice," which meant little apart from it being the source of steam. The stranger reached in, after donning a hefty glove, and pulled out a vial of something, with a label taped on. He then connected the vial to a yard-long glass tube. He removed his heavy glove and replaced it with a clear plastic one which extended the length of his arm(!), after which he strode into the barn, and to Bossie's stanchion. Perhaps it's time for me to censor myself. The stranger, to me anyway, was the professional inseminator. My uncle, a Master Breeder of Holstein-Friesian cattle, had selected Bossie's mate for her from a list. I never learned the father's name. For all I know, Mr. Bull had long since departed for the Great Pasture in the Sky but lived on through his semen. Preserved in the vials, which in turn were maintained in

a commercial freezer until ordered, the semen's integrity was ensured in its final hours by the dry ice. I won't offer further details of the impregnation process. Being bright people, you can work it out from what I've already described. The operation was over within seconds, though it was long enough to cause my eyes to pop. Impregnation is of utmost concern to the dairyman. A female can't generate lactation without becoming pregnant and giving birth. Of course, the offspring is of value also. On our farm, a female calf would enjoy a bucolic growth path until old enough to join the production herd. Males were separated into their own cohort and fed a special diet, with the goal of producing tender meat. The boys' lives were pleasant, though short. I'm unaware if insemination techniques have advanced since the long-ago day I've described. This is a memoir; not a scientific treatise. There were many surprises for barely-adolescent-me that summer; but none surpassed the sight of my first artificial impregnation.



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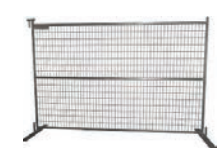
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