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winter 2024

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We welcome your feedback, contributions, and suggestions.

Write to us at

[editor@artsocietyking.ca](mailto:editor@artsocietyking.ca)

### FEATURED CONTRIBUTOR: CHRISTINE PAIGE



King artist and writer Christine Paige says, "It's taken me a long time to embrace, accept and appreciate that I'm ... well, different. As a kid it was tough sometimes. I learned how to cover for it, work around it and still nurture it so it wouldn't die. How do you pull yourself out of a secret world, where images in bark are photographs, that you didn't know no one else saw? Where dreams were as much a part of your life as waking hours. I struggled with being hauled out of 'my bubble', as my mother would call it. Now I go there willingly, untethered and unencumbered by time. Being an artist, regardless of medium, is the manifestation of unleashing a mystery energy." Her website features her latest artwork <https://christinepaige.ca/>. Visit page 6 and let Christine's short story move you.

### OUR COVER JOE TRIMMELITI

Featured on the cover of the Winter 2024 MOSAIC is a 48x30-inch oil on canvas painting entitled Northern Glow by our featured artist, Joe Trimmeliti. Joe's oil and acrylic paintings are original impressions inspired by his natural surroundings and rich imagination. His landscapes and abstracts are varied and continuously evolving. They have been positively embraced by the art enthusiasts and collectors who have attended his shows. Read more about Joe on page 5.



LET ME ASK YOU



MOONING IN THE ORCHARD

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HELLO, MY NAME IS...JENN BEST

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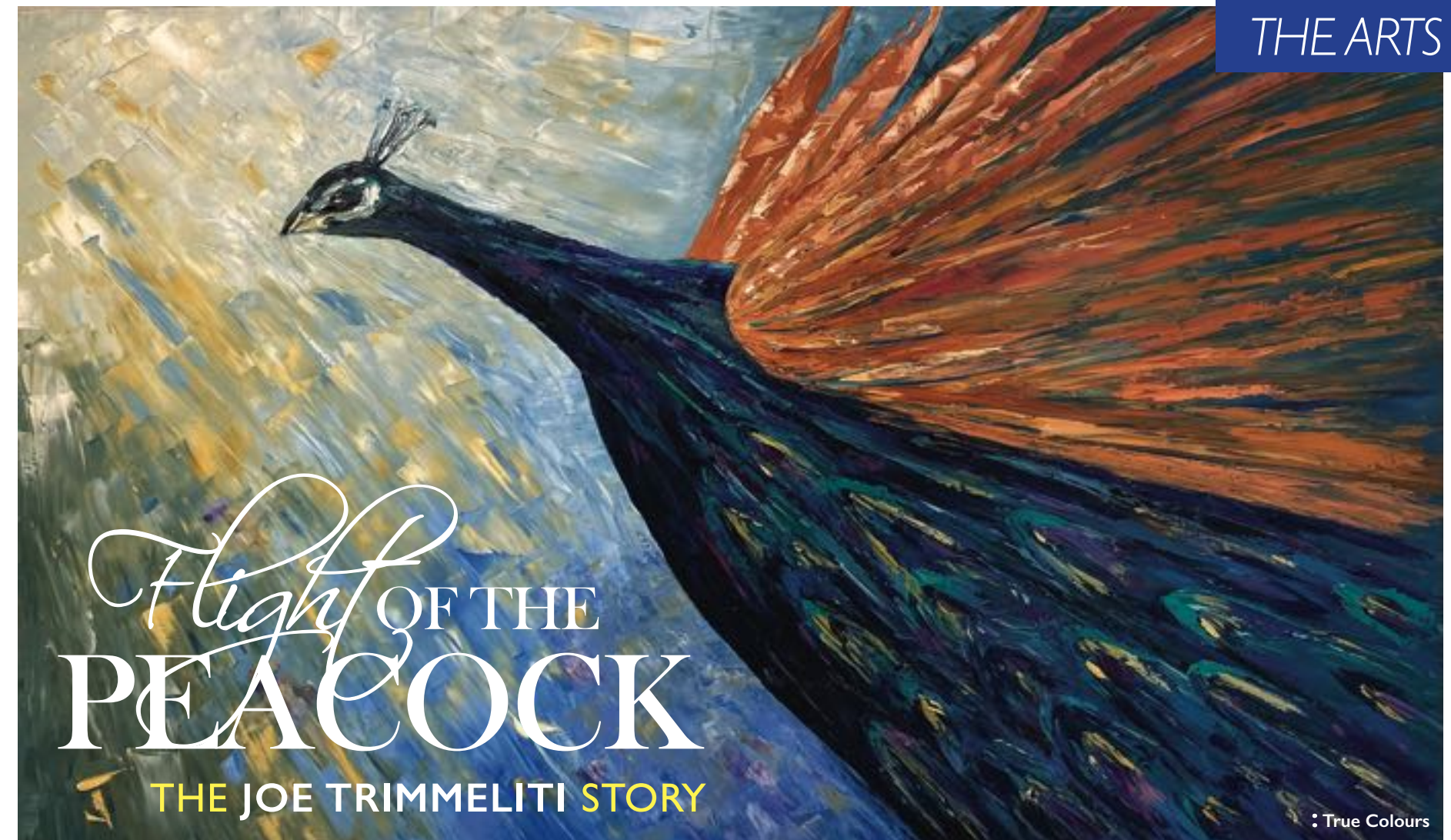
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: True Colours

What Joe's peacock displays is not male beauty or vanity, but plain brown wings powered by their mission.



: Spring Tapestry



: Portrait of a Meadow



WRITTEN BY  
**DORITA PEER**

Dorita is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician, then as an equestrian trainer, coach, breeder, and international official.

Every knife stroke lashes the canvas. Each hue cries out in pure joy almost straight from the tube. There is no second-guessing, no imitation. What Joe lays down comes right out of his mind's eye. His favourite painting, surely a self-portrait?

His painted tales uncover a pilgrimage that began in Filogaso, the tiniest village in Italy. Such expressionism counts on a certain independence of spirit having escaped over-instruction. Freedom and experiences rather than dictum or precedents fuel Joe's Big Bang.

But a man has to make a living, and that is what took Joe's parents to Argentina after the war, then back to Italy, then to Canada, leaving a young boy lost in a wilderness of languages. What could he do

in class but draw pictures? These caught the attention of benevolent teachers who supplied him with materials and praise. One even commissioned a sketch of the Bluenose schooner:

"The greatest thing for me." What he said about landing in Central Tech where he could learn the trades and earn 10/10 for his drawings. Joe persisted on pride and conquered Grade 10, achieving 80s in the arts. But frustrated with academics, he quit school at 17.

"The Beatles made me do it..." Sure, in the '70s, tripping out awhile came easy. Two years later, Joe's responsibility as the eldest son set him driving a truck, which taught him "a lesson about (working under) the whip." By then, he had earned a San-dan, 3rd Degree black belt in karate, enough to open his own gym. He also signed up at George Brown College for graphic design. A dream job followed at Toronto Public Library on a team designing booklets, silk-screen posters, mobiles and papier maché sculptures, even a witch for Halloween.

As Senior Staff Artist, he spent 15 happy years until creative possibilities petered out like the city budget and he found himself stagnating. He began freelancing as a sign maker and also dabbling in taxidermy, giving fish a makeover. Creatives are resourceful folks.

Around about then, his muse found Joe at a church fundraiser where a pal took him aside. "Hey, Joe. See that girl there? She just won a raffle, dinner for two. She's Italian. You're Italian. Go ask her to dance!"

Rina said yes. Joe's lady love, the mother of their two sons and a retired school teacher, has been saying yes for decades. Yes to his own graphic design business. Yes to the artistic adventures he feared to begin by gifting "Trim" — her name for Joe — an art course for his birthday. "I have to paint," he sighs. "It's in the genes." His heritage: a bespoke shoemaker grandfather, and a mason father who engaged young Joe in his craft. At Kingcrafts Studio for a time, Joe loved the ambiance and made arty friends.

His wins in ASK's 2021 and 2022 *Autumn Reflections En Plein Air* contest speak to the magnetism of his visual stories. His art has echoed poetry in the *More Than Meets the Eye* exhibit. Today, the peacock soul is well fed, the basement studio of the Trimmeliti King home — its deck a stage overhanging a Humber River ravine — exuberant with big paintings. "Not large enough," says Joe. "I am constantly evolving."

The pieces are growing grander, bolder and becoming popular with collectors. An early butterfly portrait morphed into a fieldful of wind-tossed wings in opalescent pastel notes. An arctic winter wears no white, its ice burns magenta beneath naked, shivering trees and timid stars. Joe's are not so much depictions as carvings of reality down to its essence. He has designs only on our sensibilities, from the inside out. "It's all in there." All? Then may we travel long together.

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# CEDAR TEA

INTRODUCTION BY DORITA PEER:

“My friend Christine Paige’s creative spirit knows no bounds.

*An OCAD alumnus, her originality beams from blown glass to found object mobiles, to whimsical papier mâché and ceramic caricatures and, lately, cosmic dreamscapes in alcohol ink. A board member in ASK’s early days, and now with WriteNow!@King, her worldly wit and way with words becomes performance art whenever she reads to us. Here is a sample of her literary acrobatics, a different story than awarded in the 2024 Timeless Tales IV: The Haunts contest.*”

OH NO ... AS SOON AS I ANSWER THE DOOR, I SEE FROM THE  
LOOK ON HER FACE THAT **MY JOB AS MOMMA** IS CALLING.

WRITTEN BY CHRISTINE PAIGE

I instinctively, I hold out my arms to offer an embrace. Tears flow and I let them happen without comment. Finally, allowing her to break the spell, we release and I say the words that begin triage. “Come on in sweetheart, I’ll make Cedar Tea.”

I boil water and cut delicate green tips from lacy cedar twigs into my favourite teapot. The ritual bestows a silence where one can gather thoughts, calm the racing heart, and breathe. The delicate forest aroma adds comfort, and placing the cups just so sets the tone. Waiting for the steep also marks an important part of the ritual to be appreciated. As is true of many things, it cannot be rushed. I know my calling well and approach my wounded baby bird with tenderness. After filling our cups and offering honey, I raise my eyes to my daughter’s, and hold.

First, I listen. The tears flow again as words sputter out until the pressure is released, but soon a discipline takes over after the magical first sip. The sentiments begin to align themselves like seed beads on a thread, events and emotions unravel. The pain underneath is slowly exposed for me to see. Details spill out as both the cup and heart are drained.

I refill the cups and take her hands in mine. My discipline here is to wait. A different part of the process than the steep. The steep is important for the brew; however, during the second cup, the focus is on me to keep judgement at bay. This is the hardest part -- to not sum things up, fix the problem or have all the answers. The

Tea will handle that. I need to simply echo what I have understood so that she may see clearly. The question of *what should I do?* is a foil meant for the inexperienced and hasty. I know that my opinions and instructions would be for my satisfaction and not what is needed here. So, I mirror and provide solace. Much weight is held in the second cup: sharing the burden is key. The only distraction allowed is noting when the bottom of the cup is bare, indication for the third and final cup.

As the last drop falls home, it creates the tiniest of rings, rippling outwards to the porcelain edges of a miniature lake. The liquid settles itself calmly as one would expect. Naturally and predictably, a peaceful aura signals that the medicinal part of the cedar leaves is at work too. I already see a difference in my angel’s demeanour. Her shoulders are relaxing, her back straightening and her eyes are becoming clearer. The time has come for me to speak of healing and the subtle shift that takes place when our gaze goes from inward to forward, facing fears with what we have learned as well as letting go. The final cup of Cedar Tea is empowerment. We share a lighter outlook and even start smiling. Things don’t look so bad after all.

Cedar Tea is something you practice, and it is never perfected. Cedar Tea, like motherhood, is often a shared event but may be performed alone. Ritual leads to flow which in turn releases energy, opening the door to healing. I am grateful for Cedar Tea.



• Ceramic Tea Pot



## Winter Mosaic Mayor’s Message

On behalf of King Township Council, I’m pleased to welcome you to the winter edition of Mosaic Magazine.

As the winter season approaches, our communities come alive with festive celebrations and cherished traditions that bring friends and families together to share in the joy of the holidays.

## A Main Street Christmas

In Schomberg, a Main Street Christmas will take place on Saturday, Dec. 7, from 3 p.m. to 9 p.m. This annual celebration transforms Main Street into a winter wonderland where everyone is invited to enjoy holiday festivities. From street performers and carolers to fireside readings and holiday crafts, there’s something for everyone.

The festivities begin with the Community Santa Claus Parade at 4 p.m., a lively procession featuring creative floats from local businesses and marching bands. Following the parade, guests can stroll Main Street to the sounds of carolers and enjoy delicious seasonal treats like hot apple cider, roasted chestnuts, and hot chocolate.

The night wraps up with the spectacular Farmers’ Parade of Lights at 7:30 p.m., showcasing the creativity of our local farmers as they parade down Main Street in brightly decorated tractors and equipment.

Admission: \$5 per adult; children 12 and under are free. If you’d like to participate or get involved with the Schomberg Village Association, please contact [info@schomberg.ca](mailto:info@schomberg.ca).

## Nobleton Tree Lighting

On Sunday, Dec. 8, from 5 p.m. to 7:30 p.m., the Nobleton Gazebo will host our annual Tree Lighting Ceremony. This free community event is filled with family fun, local food and caroling. Join us as we gather to celebrate the spirit of the season and light up the Nobleton tree at 7 p.m.

We invite you to bring a toy or non-perishable food donation to help make the holiday season a little brighter for those in need in our community.

This holiday season, let’s continue to support each other, shop locally and give back to our wonderful community.



Wishing you a safe and joyous holiday season,

Steve Pellegrini  
Mayor, King Township



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Let me ASK you...



JUDY SHERMAN

At first glance, Judy Sherman's paintings may make you smile but the true meaning lies just beneath the surface. Through the juxtaposition of Old Masters style and present day life, her work -- often featuring animals -- is a visual commentary on world circumstances.

After graduating from Humber College and enjoying a successful career in graphic design, Judy travelled to Florence, Italy to study classical painting. She has been interviewed for a Rogers TV series, Colour and Vision – Portraits in Art, was published in American Art Collector Magazine and has appeared on City Line on CityTV. Judy has juried shows, conducted workshops and has been teaching privately for more than 15 years. She has won many awards, is represented in galleries and has paintings in corporate and private collections worldwide.

Instagram: [@judyshermanartist](https://www.instagram.com/judyshermanartist)  
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CHERYL UHRIG

is an accomplished artist and, like her cartoons and children's book illustrations, her vibrant oil and acrylic paintings each tell a story. Her paintings invite you in for another look and are designed to invoke an emotion, a memory or just make you smile. You may recognize her name or her work from the many cartoons she has created for the King Weekly Sentinel and MOSAIC Magazine.

Rather than duplicate a photo, Cheryl loves to interpret an image with lots of colour, exaggerated elements and additions to a scene. She just finished illustrating another part fantasy/part history book by Valerie Wright MacMenemey. In it, a pocket-sized pirate, Jack Tar, magically takes a young boy and his dog back to the days of Lord Simcoe. There, he discovers, change can be a real-life adventure. "This was pure fun to work on. I love that I can still play with pencil crayons!"

Email: [cuhrig@rogers.com](mailto:cuhrig@rogers.com) Instagram: [@uhrigcheryl](https://www.instagram.com/uhrigcheryl)



WRITTEN BY  
**PATTI SKRYPEK**  
Patti is a retired communications professional and active volunteer who applies her creative skills to support a number of not-for-profit organizations within the community.

WHAT IS THE BEST THING ABOUT BEING AN ARTIST?

Not conforming and it's okay. Always viewing the world with wonder and curiosity.

WHAT IS THE HARDEST PART OF CREATING YOUR ART?

Finding the time to paint. In these high technology times, the artist has to do everything now. Website design and maintenance, marketing, social media -- the list goes on.

WHAT INSPIRED YOU TO PURSUE THE TYPE OF ART YOU CREATE?

My inspiration comes from my passion for the classical style of painting, combined with my interest in humanity and current global issues. My paintings are inspired by my belief that everyone should be treated fairly and with respect, including all sentient beings. Being a narrative artist, my message is delivered with a gentle nudge and a little humour.

WHAT ADVICE WOULD YOU GIVE TO YOUR 18-YEAR-OLD SELF?

Always stay passionate about what you love to do.

WHAT'S ONE OF YOUR DREAM PLACES IN THE WORLD TO VISIT AND WHY?

Italy has always been my dream place. Being immersed in all the art I studied and love was exhilarating. Having the opportunity to study in Florence was the icing on the cake.



WHAT WAS ONE OF THE MOST IMPORTANT LESSONS YOU LEARNED IN LIFE?

Forget all our plans. We can't control what tomorrow brings, so make sure today is well lived.

WHAT ARE SOME OF YOUR FONDEST CHILDHOOD MEMORIES?

Freedom to be a kid. Reading comic books in a homemade tent on a rainy day with your best friend. Playing sports during school recesses. Opening up a brand new pack of Laurentian pencil crayons. Spending time with my Nan.

WHAT FORMS OF ART DO YOU CREATE, AND DO YOU HAVE A FAVOURITE?

Paintings are done in oil or acrylic. Illustrations and cartoons are done in pencil crayons, markers or watercolours. My favourite form of art is the one I'm working on at the moment. They are all so different, yet each one influences how I will approach the next project.

WHAT DO YOU HOPE YOUR ART CONVEYS TO YOUR AUDIENCE?

A friend recently said she "wanted to go to that place" in my painting. I liked that thought, and hope others feel the same.

WHAT MESSAGE DO YOU THINK THE WORLD NEEDS TO HEAR RIGHT NOW?

Hope. One of my favourite quotes is by philosopher William James, on optimism. "The greatest discovery of my generation is that a human being can alter his life by altering his attitudes of mind."



: Sailing Away





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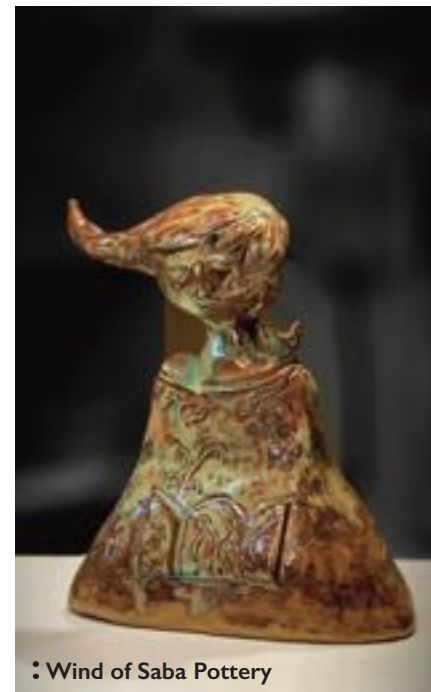
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# FINDING HER HAPPY PLACE

IN MARYAM KHANI'S  
BACKYARD IN KING CITY IS  
HER ART STUDIO, PAISLEY.



WRITTEN BY  
**JOANNE BAILEY**

Joanne is a retired college professor and registered nurse. She is an active volunteer with Arts Society King and the Nobleton Seniors' Centre.

"My studio is my happy place, and I feel that art is within me," Maryam says. "But it's the people who come to my studio that make it a pleasing environment."

Maryam was born in Tehran in 1979 and graduated from university in Iran with a bachelor's degree in engineering. She continued to study in Canada until her first son was born. It was her husband's career as a graphic designer, however, that introduced Maryam to art. Maryam had a vision that her eldest son was gifted in art and wanted to find any type of art outlet for him. One day with her husband and their two boys, then aged two and six, they came upon Kingcrafts Studio in King City. While Kingcrafts was not offering classes for children at the time, her husband

said, "Why don't you try something?" So, in 2014, with her husband's support and encouragement, Maryam became a member of Kingcrafts and started pottery classes.

She learned that, in pottery, persistence and patience are key. When you can feel that the clay is perfectly centered, it will spin smoothly, and your hands will move effortlessly around it. In no time, Maryam was able to mold her artistic aspirations into tangible forms.

Maryam has practised her art in several pottery workshops, but where she feels most serene is in her own studio, Paisley. It is there that she creates vases, pendants, earrings, plates, bowls and sculptured faces from clay. In many of Maryam's pieces, the colour blue is used, a very calming and serene hue, and that is how I felt when listening and talking to Maryam.

One of Maryam's favourite pieces of pottery is her sculpture of a woman. The "wings extending out from the hair and the small bird" on this piece symbolize freedom for Maryam. Leaving Iran was not

easy, she says, but she feels blessed to have come to Canada. "I left something behind, but I feel I was given many opportunities in Canada."

In 2016, Maryam extended her creative abilities to watercolour painting. Many of her paintings displayed in her studio are of flowers. These paintings capture a sense of blossoming and thriving in beauty, health and vigor. All these words are an exact description of how I picture Maryam. After having the pleasure of meeting Maryam at her studio in King City, I truly feel that Maryam creates beauty in the simple surroundings of her home and studio. This beauty enhances her wellbeing and continues to inspire her imagination in the artistic world.

A member of Arts Society King since 2018, Maryam offers six pottery classes in her Paisley studio in which students are given all the necessary materials, including five kilograms of clay to work with. Maryam's personal touch extends to her students and, while it is a challenge to start with a slab of clay and turn it into

a finished piece, she states, "each student will find their artistic talent within them." In addition to pottery, Maryam teaches watercolour painting in her studio.

When not teaching or creating her own art, Maryam leads an active life with her husband and two sons. She enjoys baking and music. Some years ago, Maryam took lessons to learn to play a hand drum. When she plays the drums, Maryam says, "It not only relaxes me but eliminates stress. The sound of the drums releases my mind so I can explore new art ideas. For example, I recently started embroidering and the smocks I wear when teaching now have my own designs on them."

Maryam followed her instinct, resigning from her career as an engineer to explore art. "My passion is whatever I create. Even hearing the birds sing while working in my studio inspires me to produce my art," she says. "Everyone is born with some form of art inside of them and, for some, that art will talk to them, and that is how I found myself".

Instagram: @paisley\_studio



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## THE INITIAL PRODUCTION OF KING THEATRE COMPANY WAS DAVID FRENCH'S "SALT-WATER MOON," AND A WISE CHOICE IT WAS.



WRITTEN BY  
**BRIAN BOAKE**

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts and Toronto Raptors fan.

Your Scribe saw it outdoors at Pine Farms Orchard in late August. Minimal set design is called for. Furthermore, in theatre jargon, "... Moon" is a two-hander, so the cast couldn't get much smaller.

This revival starred Mona Hillis ("Mary Snow") and Josh Palmer ("Jacob Mercer") as adolescent lovers once, but now estranged due to Jacob's sudden departure for Toronto a year earlier. Mary is, understandably, still angry at Jacob for his callous action. Winning her heart back, particularly now that she's betrothed to a wealthy heir, is a tall order. Too polite to tell Jacob to get lost, Mary resists his blandishments throughout the play's 90-minute run time.

This work would belly-flop in an embarrassing fashion if either of the actors wasn't up to their demanding roles. Have our two performers truly conjured up the feel of a Newfoundland outpost a century ago? Happily, they have.

Hillis's and Palmer's litting Newfoundland accents (they needed only three weeks to internalize them sufficiently for the stage, a tribute to their professionalism) remained strong and convincing during the play's 90-minute run time. I like to watch the faces of non-speaking characters – do they display a plausible reaction to what they are hearing? Yes.

In my interview with Chloë Rose Flowers, she stressed to me that her duo had to emanate chemistry. I interpreted her words to mean that we the audience had to internalize Mary and Jacob's prior strong relationship. As my stage-manager sister used to say to herself, "Do I believe them?"

The play wasn't rushed. When one character or the other needed to think, or to cope with their anger and distress, permission was granted by the director. We the audience were also granted a breather to consider our feelings, and to catch up with the complicated backstories as they were revealed.

If a gun were pointed at my head, I'd label "Salt-Water Moon" a comedy, for there is humour. But there are many serious moments. We gradually learn of the effects upon the characters' families of

the military disaster at Beaumont Hamel. One is hard-pressed to overstate the magnitude of the 1916 debacle, in which the First Newfoundland Regiment was all but wiped out in under 30 minutes while attempting to pierce the German trenches at the Battle of the Somme.

Ten years later, Mary's war-widowed mother can't function, and her younger sister has been sent to a hellhole masquerading as a boarding school in St. John's. Mary, still an adolescent but forced to grow up early, can hardly be blamed for accepting a proposal of marriage from a financially comfortable, if ineffectual, suitor.

Our heroine fills what little spare time she enjoys by stargazing, using a handheld telescope as her shortcut to the galaxies. Jacob asks for her guidance to see what she sees, and she reluctantly consents. And off we go, on a fascinating trip which includes Jacob telling tales, some of which might even be true, of his romantic efforts in the big city. Did he really take Rose, his best girl, to a Tom Mix movie? Mary doesn't know who Mix, the biggest cowboy star of the silent era, is; that's not surprising, considering she's never been to a picture show. Nor does she know

whether she should chance reconnecting with the charming, flaky Jacob. Do we in the audience care about her romantic dilemma? Yes, we do, which is the subtlest yet most important compliment I can pay.

KTC's Artistic Director, the estimable Chloë Rose Flowers, is to be congratulated. Merely getting to an actual production was no small feat. And instead of values reminiscent of a neighbourhood Little Theatre, quality was on display from start to finish.

We also tip our hat to Pine Farms Orchard, for providing the venue. Who needs a stage when a front porch proves so useful; it's the perfect setting for Mary to be hanging up her wet washing, viewing the stars, or retreating, enraged at Jacob's jibes, inside her house. All available space, even the gravel pathway, is utilized, as the actors walk away, return, twist, and otherwise occupy their bodies. Consequently, we the audience stayed engaged with our eyes and ears.

I held a secret fear that KTC's inaugural effort would prove an interesting failure. Not to worry.

We look forward to KTC's next offering. Prediction: it will be, like "Salt-Water Moon", and KTC itself, small yet mighty.





**HAPPY Holidays**

**ANNA ROBERTS**  
MEMBER OF PARLIAMENT FOR KING-VAUGHAN  
SHADOW MINISTER FOR SENIORS  
ANNA.ROBERTS@PARL.GC.CA

# THE *Art* OF ANTIQUING



Is your **antiquing journey** filled with treasures of genuine value, or are you simply attracted to items that show craftsmanship, collectability or attention to design?



WRITTEN BY  
**JOANNE BAILEY**

Joanne is a retired college professor and registered nurse. She is an active volunteer with Arts Society King and the Nobleton Seniors' Centre.

"Antiquing" is the art of searching for and collecting antique items, typically those that have historical or cultural value. It's like treasure hunting for those "one-of-a-kind-pieces." By learning the history of antique pieces, one can appreciate the story they tell. These unique pieces can be mixed with contemporary finds to create a calm and inviting home. As we blend modern trends with inherited pieces that have sentimental importance, our homes become more distinctive.

Generally, the century-old mark makes something an antique. Most items that have been around that long are documented or cataloged by type and carry value estimates based on condition. Markings from the maker or manufacturer, or just evidence of quality craftsmanship, can authenticate a piece.

A good place to start when considering what makes an item an "antique" is the King Heritage and Cultural Centre, located at 2920 King Road in King City. The centre holds more than 8,000

artifacts representing all walks of life in King Township. Liza Mallyon, Collections and Exhibitions Coordinator, states, "The oldest pieces in the centre are 1809 King Township meeting minutes, 1843 tax records, and an 1838 prisoner box from the Upper Canada Rebellion. Most of our artifacts and images are from the late 19th and early 20th centuries. We have photos, letters, Indigenous artifacts, paintings, clothing, quilts and furniture. We research the history, assess the condition, and write detailed notes as to where it came from and how to care for it."

While the items at the King Heritage and Cultural Centre are not for sale, there are other places within King Township where you can find antique objects to add to your own collection. For instance: Cottage and Crown, located at 203C Main Street in Schomberg, which has been owned by Yvonne Rosseau since 2019. The store sells home decor, curated vintage objects and gifts. The oldest vintage pieces in the store are a phone from 1940 and a sewing machine from the late 1920s. There is décor for every season, along with housewares, clothing, jewelry, dinnerware, lace pieces, candles and even art from local artists. Yvonne finds quality pieces from barn sales, estate sales and garage sales all over Ontario.

Yvonne agrees that antiquing is an art. "When you buy an older piece, you envision this piece in a new space, or you pair it with a newer piece in your home." Shoppers tend to be in the 30-plus age group, she says, and are looking for unique finds. "Teacups are coming back, and I display them as plant holders, bird feeders, candles and on the stem of a wine glass as a cocktail glass."

Tucked behind at 270 Main Street is the Vintage Peony, owned by Alice. Before owning the store, Alice worked there painting furniture. She bought the shop in 2019, naming it after her favourite flower. "Decor design was my speciality, along with collecting antiques," said Alice.

When asked what the "art of antiquing" signifies to her, Alice stated, "It's those one-of-a-kind pieces, mixing the old with the new. Antiques are coming back." Her oldest pieces in the store are dough bowls that are over 100 years old and were used to make bread. The Tiny Toms wooden stool is another piece that's more than a century old and was used by school children in China. "My other unique items are an Asian fermenting vase, iron stone pieces, china, cups and saucers and water jugs." Alice also offers classes in chalk painting, a process whereby furniture is sanded and distressed to give it a different look.

North of Schomberg on Highway 27 is The Cookstown Antique Market, which opened in 1991. It houses 35 antique dealers in a 6,000-square-foot century-old barn. Diana Robinson bought the market from her husband's parents in 2017, becoming a second-generation owner with her husband. The dealers, ranging from 25 to 90 years of age, buy and price their own items. "The trend now is cups and saucers ranging in price from \$8 to \$100," says Diane.

The oldest antiques in Diana's store are wagon wheels and buggy seats from the late 1800s to early 1900s. Diana says, "The age of the shoppers varies, tending to be from 35 to 50 years of age, who enjoy mixing antiques with their modern décor. I have a young girl who comes frequently with her dad to look for rolling pins and another young child who comes to look for the Wade Figurines from the Red Rose Tea Boxes. Home designers, decorators and real estate stagers come to browse and buy."

When asked how antiques relate to art, Diana mused, "Many items here are crafted by someone's hands: dresses, dollies, scarfs and hand-painted china. These pieces are perfect, or sometimes imperfect, and to me that is an art."



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## NOW AND ONGOING – WRITENOW!@KING

WriteNow!@King is a writers' group partnering with King Township Public Library who meet on the first and third Thursday afternoons each month from 2 – 4 PM. New and experienced writers are welcome to participate in stimulating writing exercises, guest speakers and feedback from peers. Location: King City Public Library, 1970 King Road, King City  
Contact: [info@kinglibrary.ca](mailto:info@kinglibrary.ca) for more information

## NOW – ONGOING – GUIDED GROUP HIKES – OAK RIDGES TRAIL ASSOCIATION (ORTA)

ORTA offers multiple group hikes weekly through all four seasons in varying levels of difficulty, speed, distance and terrain. All are led by experienced volunteer hike leaders certified in hike leader training and first aid. Location: Various locations across the Oak Ridges Moraine  
Time: Every Monday, Friday and most weekends; various times (most at 9:30 AM)  
Website: [www.oakridgestrail.org](http://www.oakridgestrail.org);  
Instagram: @ortatrail

## NOVEMBER 16 THRU DECEMBER 13 – TREES OF GIVING – TOWNSHIP OF KING – HERITAGE & CULTURE

Do you believe in magic? The annual Trees of Giving display at the King Heritage & Cultural Centre is taking on a magical theme this year! Visit to vote on your favourite tree and help raise funds to send a child to summer camp! Admission is free.  
Location: King Heritage & Cultural Centre, 2920 King Road, King City  
Time: 10 AM – 4 PM Tuesday to Saturday  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## NOVEMBER 29 – ANNUAL CHRISTMAS CONCERT – KING TOWNSHIP HISTORICAL SOCIETY

Christmas Musical with the fabulous Borealis Big Band.  
Location: Laskay Hall, KHCC, 2920 King Road, King City  
Time: 8 PM  
Email: [kinghistoricalsociety@gmail.com](mailto:kinghistoricalsociety@gmail.com)  
Website: [www.kingtowshiphistoricalsociety.com](http://www.kingtowshiphistoricalsociety.com)

## NOVEMBER 30 – MIXED MEDIA FLOWER WORKSHOP – KINGCRAFTS STUDIO

Dive into a world of creativity with our upcoming painting class! Join us for an immersive 2.5-hour session where you'll learn to create this beautiful textured flower on an 8" x 8" canvas. Using a blend of sparkle and acrylic paint, you'll unleash your inner artist and bring this scene to life. No prior experience necessary – just come ready to immerse yourself in colour and expression.  
Location: Kingcrafts Studio, 12936 Keele Street, King City, Time: 1 PM – 3:30 PM  
Website: [www.kingcrafts.ca](http://www.kingcrafts.ca)

## DECEMBER 8 – NOBLETON TREE LIGHTING – TOWNSHIP OF KING

Join in the family fun and festivities at the annual Nobleton Tree Lighting as it brings the holiday spirit to life each year. Enjoy local food, sing carols and support your community! Location: 8 Sheardown Drive, Nobleton  
Time: 5 PM – 7:30 PM  
Website: [www.king.ca/communitycalendar](http://www.king.ca/communitycalendar)

## DECEMBER 30 & 31, 2024 AND JANUARY 2 & 3, 2025 – ARTVENTURE WINTER CAMP – MCMICHAEL CANADIAN ART COLLECTION

Led by talented art instructors, each two-day session of this camp will offer a unique opportunity for campers, ages 4 to 10, to celebrate winter and discover some of the most fantastic artworks currently on view at the McMichael.  
Location: McMichael Canadian Art Collection, 10365 Islington Avenue, Kleinburg  
Time: 9 AM – 5 PM  
Website: [www.mcmichael.com/event/artventure-winter-camp/](http://www.mcmichael.com/event/artventure-winter-camp/)

## JANUARY TO MARCH – WINTER SKATING LESSONS – NOBLETON SKATING CLUB

Canskate (Learn to Skate), Power Skating and Teen/Adult Learn skating lessons.  
Location: Nobleton Arena, 15 Old King Road, Nobleton  
Time: Mondays, Wednesdays, Fridays and Saturdays  
Contact: Email [nobletonskatingclub@gmail.com](mailto:nobletonskatingclub@gmail.com)  
Website: [www.nobletonskatingclub.com](http://www.nobletonskatingclub.com)

## JANUARY 17 – REFLECTIONS OF OURSELVES – RUG HOOKING WORKSHOP FOR KIDS & FAMILIES – TOWNSHIP OF KING – HERITAGE & CULTURE

Participate in our upcoming exhibit "Reflections of Ourselves", with a private group tour, followed by a kid-friendly rug hooking workshop for ages 6-12. Take inspiration from 19th century North American techniques to learn this tried-and-true skill to turn fibre scraps into your own "Reflections of Ourselves" piece of art. Add it to the exhibit or take it home. All levels welcome.  
Location: King Heritage & Cultural Centre, 2920 King Road, King City  
Time: 10 AM – 11:30 AM (PA Day)  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## JANUARY 18 – HOOT & HOWL – TOWNSHIP OF KING IN PARTNERSHIP WITH THE TORONTO AND REGION CONSERVATION AUTHORITY (TRCA)

Join us for a night of fun and adventure, discovering the sounds of our nocturnal animals! Enjoy a short presentation on owls and coyotes followed by a trip into the woods. Together we will call out to these wild creatures in hopes they will hoot or howl back! Location: Cold Creek Conservation Area, Education Centre, 14125 11th Concession, Nobleton  
Time: 6 PM – 7 PM  
Website: [www.king.ca/environmentalevents](http://www.king.ca/environmentalevents), for more information or to register

## JANUARY 23 TO MARCH 6, 2025 – ONLINE ACRYLIC PAINTING STUDIO WITH ANDREW SOOKRAH – MCMICHAEL CANADIAN ART COLLECTION

This popular virtual class offers live online instruction with artist Andrew Sookrah as he works with artists of all levels to refine their technique in the style of their choice.  
Location: Online via Zoom  
Dates: Thursdays – January 23, 30; February 13, 20, 27; March 6  
Time: 3 PM – 6 PM  
Website: [www.mcmichael.com](http://www.mcmichael.com)

## JANUARY 23 – REFLECTIONS OF OURSELVES – RUG HOOKING WORKSHOP FOR ADULTS – TOWNSHIP OF KING – HERITAGE & CULTURE

Participate in our upcoming exhibit "Reflections of Ourselves", with a private group tour, followed by a rug hooking workshop for ages 14 and up. Take inspiration from 19th century North American techniques to learn this tried-and-true skill to turn fibre scraps into your own "Reflections of Ourselves" piece of art. Add it to the exhibit or take it home. All levels welcome.  
Location: King Heritage & Cultural Centre, 2920 King Road, King City  
Time: 10 AM – 12 PM  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## JANUARY 25 – FELTED CARD WORKSHOP – KINGCRAFTS STUDIO

Discover the art of needle felting in our engaging beginners' workshop! Join us for a creative journey where you'll master the basics of this enchanting craft and create two beautiful, handcrafted greeting cards (4" x 5.5"). No prior experience needed. Just bring your enthusiasm and we will provide all the materials you need. Leave with your unique works of art, ready to share with friends and family, or proudly display them in your home. Unleash your creativity and join us for some artistic fun and relaxation!  
Location: Kingcrafts Studio, 12936 Keele Street, King City  
Time: 10:30 AM – 12:30 PM  
Website: [www.kingcrafts.ca](http://www.kingcrafts.ca)

## JANUARY 26 – CELEBRATING 75 YEARS – ZANCOR CENTRE GRAND OPENING – TOWNSHIP OF KING

Join us to celebrate 175 years of King Township and the official opening of the new Zancor Centre with the Mayor's Pancake Breakfast. Free skating, free swimming and more!  
Location: Zancor Centre, 1600 15th Sideroad, King City  
Time: 9 AM – 6 PM  
Website: [www.king.ca](http://www.king.ca)

## JANUARY 28 TO MARCH 4 – ONLINE OIL PAINTING STUDIO WITH JUDY SHERMAN – MCMICHAEL CANADIAN ART COLLECTION

This virtual studio experience led by artist Judy Sherman will offer instruction to emerging artists on working with the challenging but rewarding medium of oil paint.  
Location: Online via Zoom  
Dates: Tuesdays – January 28; February 4, 11, 18, 25; March 4  
Time: 3 PM – 6 PM  
Website: [www.mcmichael.com](http://www.mcmichael.com)

## JANUARY 28 – DIGITAL GENEALOGY WORKSHOP – TOWNSHIP OF KING – HERITAGE & CULTURE

Learn the tips and tricks of digital research as your KHCC museum guide teaches you how to track your family history online and through a variety of archival databases, step-by-step, including Ancestry.ca. Laptops will be provided or bring your own. Ages 14 and up.  
Locations: Nobleton Public Library, 8 Sheardown Drive, Nobleton; King City Public Library, 1970 King Road, King City  
Time: 10 AM – 11:30 AM  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## FEBRUARY 3 – MARCH 21 – SHERRY DUBE EXHIBITION – KING TOWNSHIP MUNICIPAL CENTRE

Come enjoy the artworks of Arts Society King artist member Sherry Dube. Sherry is a traditional artist who creates acrylic works with a highly detailed and realistic style. Her wish is for viewers of her work to gain a new appreciation for the beautiful world we live in and to experience a sense of peace at the end of a long day.  
Location: King Township Municipal Centre, 2585 King Road, King City  
Time: 8:30 AM – 4:30 PM  
Monday through Friday  
Phone: 905-833-5321

## FEBRUARY 8 – SUNFLOWER PAINT PARTY – KINGCRAFTS STUDIO

Unlock your artistic potential to capture the vibrant beauty of a sunflower in watercolour. With delicate brushstrokes and a palette of rich, flowing pigments, you'll discover how to infuse your 9" x 12" painting with the gentle sway of petals and the radiant warmth of sunlight. No prior experience necessary – just come ready to immerse yourself in colour and expression.  
Location: Kingcrafts Studio, 12936 Keele Street, King City, Time: 1 PM – 4 PM  
Website: [www.kingcrafts.ca](http://www.kingcrafts.ca)

## FEBRUARY 8 – GRANDMA, GRANDPA & ME: CROSS-STITCH WORKSHOP – TOWNSHIP OF KING – HERITAGE & CULTURE

Grandparents are invited to bring their grandchildren to a unique experience at the museum. "Leaf" your mark on our upcoming exhibit "Reflections of Ourselves", with a private group tour, followed by a cross-stitch workshop for all levels. Stitch your own "Reflections of Ourselves" leaf inspired by various cultural motifs to add it to the exhibit or take it home.  
Ages 14 and up.  
Location: King Heritage & Cultural Centre, 2920 King Road, King City  
Time: 10 AM – 12 PM  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## FEBRUARY 17 (FAMILY DAY) – FREE CHALET RENTALS AT COLD CREEK CONSERVATION AREA – TOWNSHIP OF KING – PARKS, RECREATION AND CULTURE DEPT.

Bring your family out to Cold Creek Conservation Area to celebrate Family Day. Free cross-country ski and snowshoe rentals at our winter chalet. We have numerous groomed trails of varying difficulty to ensure a fun experience for everyone. Bring your skates to enjoy the outdoor skating rink on our pond. All activities are weather-dependent; be sure to check the Cold Creek website for updates prior to coming.  
Location: Visitor Centre, Cold Creek Conservation Area, 14125 11th Concession, Nobleton  
Time: 8:30 AM – 3:30 PM  
Contact: Email [coldcreek@king.ca](mailto:coldcreek@king.ca);  
Website: [www.coldcreek.ca](http://www.coldcreek.ca)

## FEBRUARY 22 – ESTONIAN FOLK KNITTING WORKSHOP – TOWNSHIP OF KING – HERITAGE & CULTURE

Looking to expand upon your go-to knitting patterns? Dive into a new heritage style in this unique workshop to craft your own Estonian

folk mittens. Catch a pop-up Toronto-Estonian-led art exhibit and our current exhibit, "Reflections of Ourselves," to learn more about unique cultures that inspire fibre crafts around the world. Ages 14+.  
Location: King Heritage & Cultural Centre, 2920 King Road, King City  
Time: TBA. Visit website for more information.  
Website: [www.kingheritageandculture.ca](http://www.kingheritageandculture.ca)

## NOBLETON SENIORS 55+

Location: Nobleton Arena, 15 Old King Road, Nobleton  
Time: 10 AM – 12 PM  
Contact: Joanne Bailey 416-706-9375  
Email: [jbailey133@yahoo.com](mailto:jbailey133@yahoo.com)  
Website: [www.king.ca/seniors](http://www.king.ca/seniors)

## NOVEMBER 28 – ADDRESSING "AGEISM"

Jenna Wickens, Certified Professional Consultant on aging, will talk about positive age beliefs for seniors.

## DECEMBER 5 – ART WITH ANGELA DEL BORRELLO

Angela will give detailed instructions so everyone can paint their own winter scene on a canvas. Cost is \$10, which includes all materials. Register by December 3.

## DECEMBER 12 – CHRISTMAS PARTY

Come be festive and enjoy our last Thursday of 2024 by celebrating with fun, games, music and food.

## JANUARY 9 – "ONE YEAR OLDER"

Bring in your own vintage piece and tell us the history of this special heirloom. It could be clothing, jewelry, art, china or a childhood treasure.

## JANUARY 16 – HEART TO HOME

Teri will present an explanation of this service available to seniors. Different meal options will be highlighted. Enjoy samples of the different foods. Register by January 13, so food can be brought for us.

## JANUARY 23 – NOBLETON PHARMASAVE

Learn about the other services the pharmacy provides beside prescriptions. Matt, the pharmacist, will provide a detailed handout which will be explained by Joanne Bailey. For example, use of blister packs and blood pressure monitor.

## JANUARY 30 – "COPING WITH LOSS & EMBRACING CHANGE WITH AGING" BY HOSPAL PRIVATE HOMECARE

Michele Frauley, Hosal President and CEO, will explore the stages of grief and practical self-care tips. Register by January 27, so enough snacks and refreshments can be provided by Hosal.

## FEBRUARY 6 – OLDER ADULT SAFETY & FIRE PREVENTION

Presented by Heather Watson, Community Resilience Officer; King Fire & Emergency Services. Learn about escape planning, accidents in the home, mobility concerns, proper battery usage.

## FEBRUARY 13 – ART WITH ANGELA DEL BORRELLO

Learn the technique of painting a planter pot for your garden to take home. Cost is \$10 per

person, which includes all materials. Register by February 10 so materials can be purchased.

## FEBRUARY 20 – THE IMPACT OF "OSTEOARTHRITIS"

A Zoom presentation will be given by the Arthritis Society of Canada. Learn how OA can affect your routines and impact your quality of life if left untreated.

## FEBRUARY 27 – CRIME PREVENTION, YORK REGIONAL POLICE

Constable Danielle Froud will talk about frauds, scams, vehicle safety, the information available on the Community Safety Data Portal and more.

## SCHOMBERG SENIORS 55+

Location: Schomberg Community Hall, 325 Main Street, Schomberg (except Dec. 9)  
Time: 10:30 AM (except Dec. 16 and Jan. 15)  
Email: [seniors@king.ca](mailto:seniors@king.ca)

## DECEMBER 4 – DR. MARIE ADAMS, "OUR SON, THE STRANGER"

Dr. Adams will talk about her family's experience with the adoption of an Indigenous child during the "Sixties Scoop."

## DECEMBER 9 – TRIVIA RETURNS WITH MAGGIE & LYNN

Join us for the many benefits of playing trivia. Fun! Laughter! Prizes! Coffee and treats! Location: Curling Lounge, Trisan Centre, 25 Dillane Drive, Schomberg

## DECEMBER 16 – FESTIVE SEASON LUNCHEON

Seniors are welcome to join us for fellowship and "good eats" as we celebrate the season. Time: 11:30 AM – 2 PM

## JANUARY 6 – BILL ANDERSON, THE "FLAGMAN"

Bill's presentation will take you through the Mediterranean Sea, stopping at ports along the way. It is hoped that the script will remind you of your own experiences or what you know of the region.

## JANUARY 15 – PAINTING WORKSHOP WITH LISA COLE, AKA THE PAINT LADY

Lisa will provide all supplies and will guide us as we "Inhale Possibility, Exhale Creativity" with acrylics. Cost \$30. Registration required. Time: 10 AM – 1 PM

## JANUARY 20 – THE COLOURS OF GILLIAN VIVONA

Learn about your colour pattern and how knowing can help you better interact with those around you.

## FEBRUARY 17 – IAN HAMILTON, CANADIAN CRIME & MYSTERY WRITER

BBC Culture named Hamilton among the 10 mystery/crime writers from the last 30 years that should be on your bookshelf. His books have won many awards. Well-known for the Ava Lee series.  
**KING CITY SENIORS 55+**  
Location: King City Seniors Centre, 1970 King Road, King City  
Time: 10 AM (except Feb. 21)  
Phone: 905-833-6565 to RSVP

## DECEMBER 6 – REFRESHER COURSE CPR

The Fire Department will provide a CPR refresher course. Please pre-register to

be sure there is enough equipment for all participants. Refreshments will be available.

## JANUARY 17 – WILLS AND ESTATE PLANNING

Lawyer David Struthers will discuss the importance of wills and estate planning and explain how to go about making your plans. Refreshments will be available.

## JANUARY 31 – ALTERNATIVE THERAPIES

Kit Woods, an alternative therapist, will discuss the healing processes of Reiki and Reflexology. Refreshments will be available.

## FEBRUARY 7 – FATTY LIVER

Kathy from Vaughan Community Health will be discussing "fatty liver." What is it and how do we prevent/treat it? Refreshments will be available.

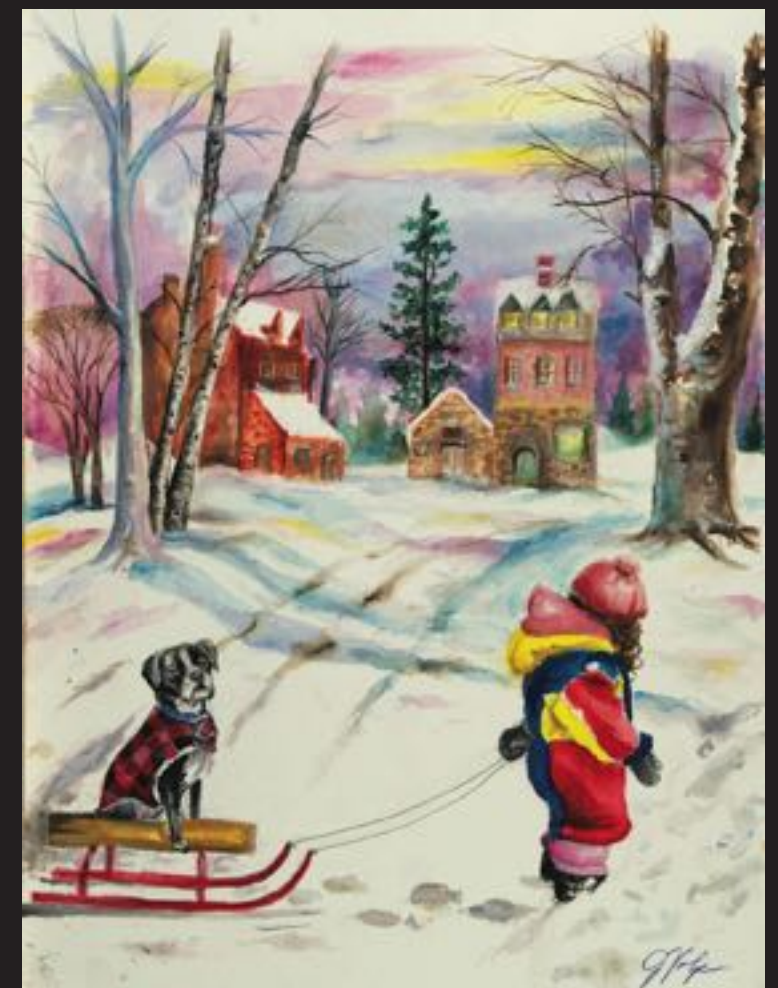
## FEBRUARY 21 – POTLUCK LUNCH

Each participant is asked to bring either a main course item or a dessert to add to the buffet table. This is a great time to enjoy a meal with friends, old and new.  
Time: 12 PM



• Jessica Volpe, ASK artist, won a contest to have her painting featured on the Schomberg Main Street Christmas poster. Read more about Jessica in the Spring 2025 MOSAic.

## A Main Street Christmas




Historic Schomberg  
Saturday, December 7<sup>th</sup> 2024  
3:00pm ~ 9:00pm

[AMainStreetChristmas.com](http://AMainStreetChristmas.com)  
[info@schomberg.ca](mailto:info@schomberg.ca)








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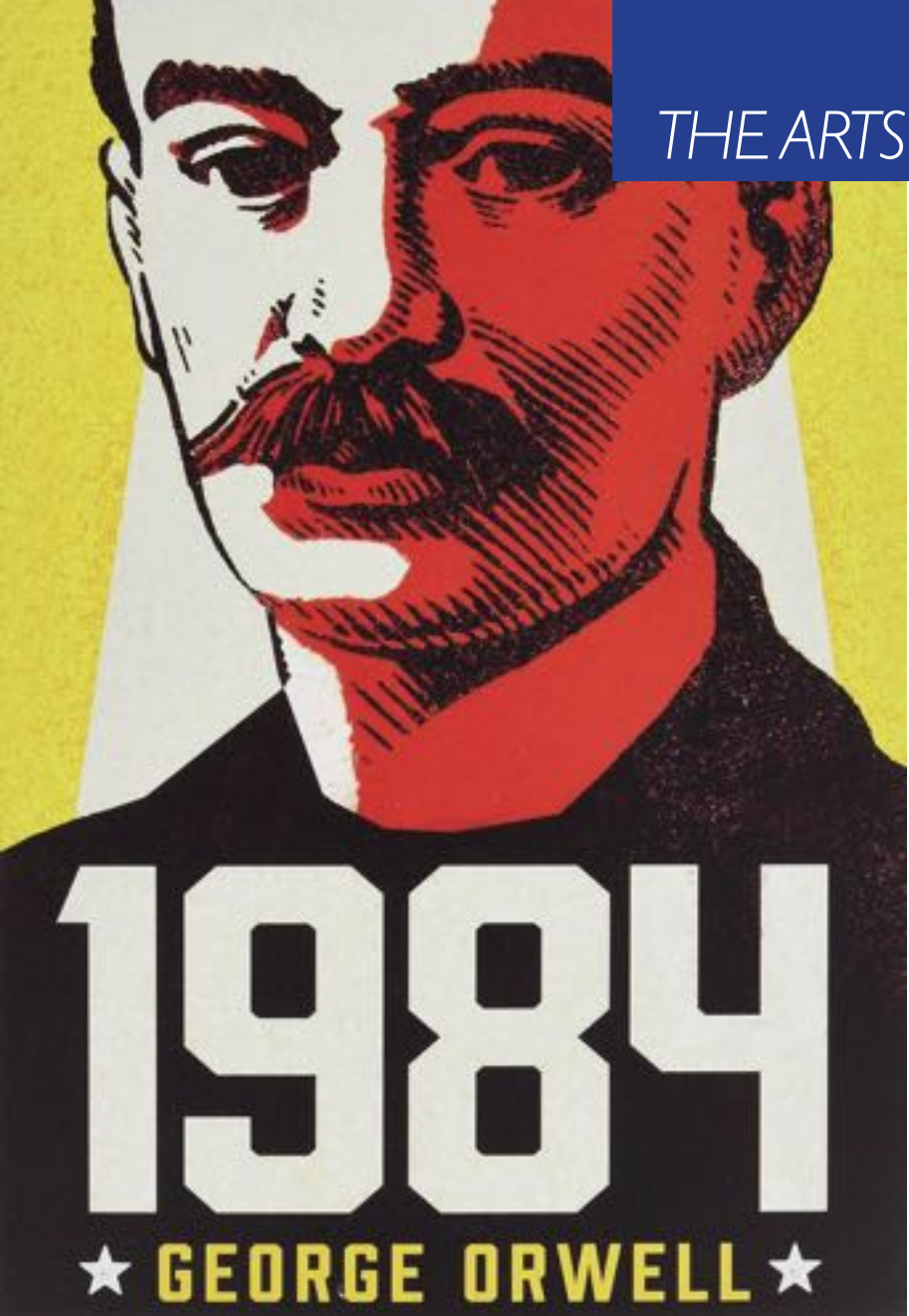
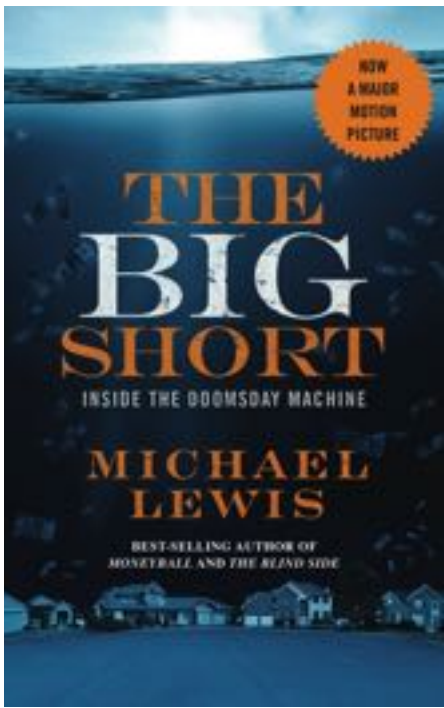
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# Language Matters.

The only tool writers have at their disposal is **their language**, which in my case is English.



WRITTEN BY  
**BRIAN BOAKE**

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts and Toronto Raptors fan.

**OF** all the tongues spoken on our planet, English has the most words accepted as “official” by those we have decided are our arbiters of such things, namely the Oxford English Language dictionary people. If we accept the figure of approximately 800,000 English words in usage, with new coinings annually cancelling out words considered obsolete, there are a lot of elements we can use to construct our poems, essays, short stories, and so on. Sometimes English can become bastardized. George Orwell is rightly celebrated for his bleak, brilliant novels, particularly *Animal Farm* and *1984*. He also published, in 1946, one of the most influential essays in history, entitled *Politics and the English Language*.

Orwell was a prose master who worshipped at the altar of brevity. *Animal Farm*, at about 125 pages, is so short it is classified as a novella. Yet it’s more powerful than a hundred doorstoppers. He also was the Cassandra of his time, capable

repeatedly of seeing clearly into the future while unable to convince anyone that his warnings should be heeded.

While re-reading *Politics...*, I was chilled by this observation: “*You can shirk [responsibility for clear prose] by simply throwing your mind open and letting the ready-made phrases come crowding in. They will construct your sentences for you – even think your thoughts for you, to a certain extent – and at need they will perform the important service of partially concealing your meaning even from yourself.*”

How did he know ChatGPT would one day bully its way into our consciousness? In 1984, two-way TV invades Winston Smith’s life from the second he’s awake. Now, here we are in the era of Zoom and CCTV.

So much of Orwell’s essay resonates today. He bashes one of my bete noires, that being the double negative, by quoting Professor Harold Laski, who committed, “*I am not, indeed, sure whether it is not true to say that the Milton who once seemed not unlike a seventeenth-century Shelley had not become, out of an experience ever more bitter in each year, more alien (sic) to the founder of that Jesuit sect which nothing*

*could induce him to tolerate.*” I feel like I’ve irretrievably lost points of IQ by even attempting, and failing, to make sense of this sentence

And why does Orwell inject a “(sic),” you may ask? Orwell postulates that Laski meant “akin,” not “alien.” For me, the sentence is so abstruse at this point as to render either word, even though they are contradictory, possible.

My first-year English professor, who may have been a draft-dodger, railed against the sanitized language used by the American military to justify their “activities” in Vietnam. In particular, he detested the term “pacification of a village” as a euphemism for “napalmed the place and its residents into annihilation.” Early in the movie *Apocalypse Now*, the Colonel is ordered to “terminate with extreme prejudice” the deserter Colonel Kurtz. I don’t know about your spine, but mine just experienced a shiver.

Fast-forward to find “extraordinary rendition” as a kinder, gentler way of saying “kidnap.” And some bright spark decided that “torture” was a nasty way to describe what U.S. servicemen were doing to (alleged) terrorists, so “enhanced interrogation techniques” was invented.

Isn’t bad writing more of a mosquito bite than a malignant tumour? I turn to Michael Lewis’s seminal book *The Big Short: Inside the Doomsday Machine* for this excerpt:

“*Language served a different purpose inside the bond market than it did in the outside world. Bond market terminology was designed less to convey meaning than to bewilder outsiders. Overpriced bonds were not ‘expensive’; overpriced bonds were ‘rich,’ which almost made them sound like something you should buy. The floors of sub-prime mortgage bonds were not called floors—or anything else that might lead the bond buyer to form any sort of concrete image in his mind—but tranches. The bottom tranche—the risky ground floor—was not called the ground floor but the mezzanine, or the mezz, which made it sound less like a dangerous investment and more like a highly prized seat in a domed stadium.*”

The weasel adjective “sub-prime” was invented to offer a hint that the borrowers’ finances were shaky. However, “sub-prime” too often turned out to mean “worthless.”

Thus, at least partially through seductive language was spawned the financial crisis of 2008, the reverberations from which we’ll be suffering for generations.

Language matters.

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## KING'S REBELLIOUS ROOTS

WRITTEN BY CLAIRE SMITH & LIZA MALLYON



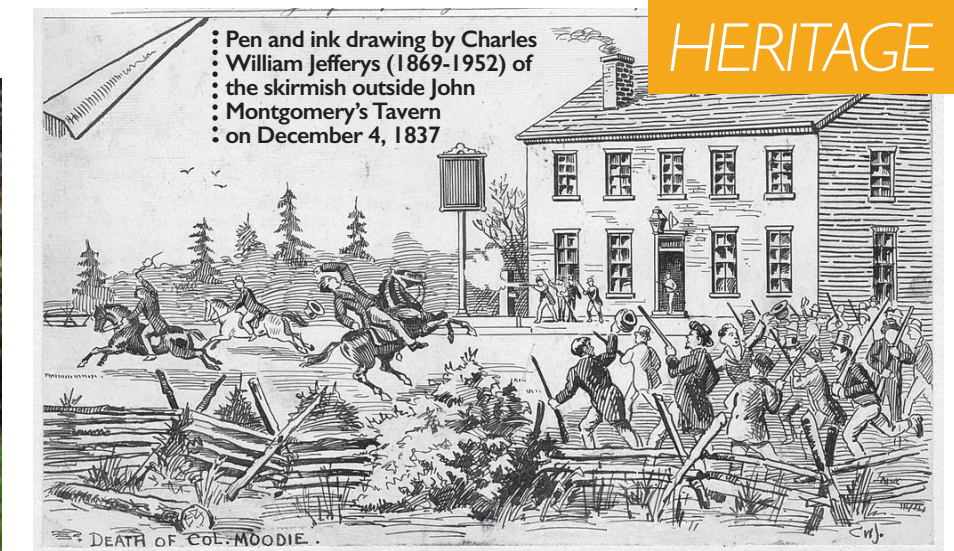
Long before the Rebellion hit the ice in King, there were some other rebels in the Township. Civil unrest in 1830s Upper Canada led to the Rebellion of 1837, an event that helped pave the way for Canada's future – and King citizens played an active role.

In the early 19th century, the British Colonial Government of Upper Canada was dominated by the Family Compact, a network of wealthy businessmen and community leaders who used their influence to control political, economic, judicial and religious decisions. They were strong conservatives and distrustful of democracy.

In opposition to the Family Compact were another group of citizens – mostly farmers and tradespeople – who created the Reform Movement. In search of a

more “responsible government,” the group was led by Toronto journalist William Lyon Mackenzie with support from farming communities across what is now the Greater Toronto Area. In King Township, it was the community of Lloydtown that most supported the reformers, earning it the nickname of “Rebel Town.”

One of Mackenzie's main supporters was a King Township farmer named Jessie Lloyd. Lloyd was the local leader of the reform movement in King Township and was appointed one of Mackenzie's chief lieutenants. Lloyd is credited with raising \$2,000 for the Reform cause and with helping Mackenzie to gain the support of other farmers from communities north of Toronto. In total, Lloyd gathered close to 50 men, most of them farmers from Lloydtown, Newmarket, Holland



Landing, Sharon, Machell's Corners (Aurora), Whitchurch and Vaughan to join Mackenzie's march on Toronto.

Since the reformers had been unable to establish fair representation by political means, a plan was made to overthrow the government. On December 7, 1837, Mackenzie led a group of close to 800 men towards the city. The group came face-to-face with 1,500 loyalist troops, sent by Sir Francis Bond Head, at Montgomery's Tavern (on Yonge St., just north of Eglinton Ave.). In total, the clash lasted less than an hour with the loyalists claiming victory over the rebels.

Retribution towards the reformers was swift and harsh. Homes were burned, men were arrested and rebels Peter Mathews (1796-1838) and Samuel Lount (1791-1838) were hung for their participation.

Many rebels fled over the border to safety in the United States, including Lloydtown's Jesse Lloyd (1786-1838), who died alone in exile the following year.

Although the Rebellion of 1837 ultimately failed, its action prompted a revision in government: the creation of the British North America Act in 1840 united the governments of Upper and Lower Canada. On July 1, 1867, the Act of Union was proclaimed, and the Dominion of Canada was formed, leading to responsible government and the Canada that exists today.

With the naming of the King Rebellion, King Township continues to honour its political history, fighting spirit, early citizens, and the role King Township played in the establishment of modern-day Canada. Go get 'em, Rebels!



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My journey is a testament to the transformative power of art. I discovered my passion for painting at 37 during one of the most challenging periods of my life -- over a decade ago. Since then, I haven't stopped painting.

Alongside my art, I also work as a life coach and teacher, helping individuals and leading workshops and retreats emphasizing the emotional and mental health benefits of creativity. I'm also pursuing a Mindfulness and Art teacher certification for children.

This past year, I've given myself permission to experiment more, focusing on expressive, large portraits -- a journey that has given me immense joy and



continues to evolve in exciting ways. My paintings are contemporary, bold, statement pieces bursting with vibrant hues, contrast, depth and texture through mixed media and oil paint. I love layering materials; each canvas becomes an exploration through sight and touch.

Everyone is creative; if we look closely, we can all see that creativity surrounds us. I'm deeply passionate about the healing and transformative power of art-making and creative expression for individuals and communities. Through my art, teaching and coaching, I aim to contribute in my own way.

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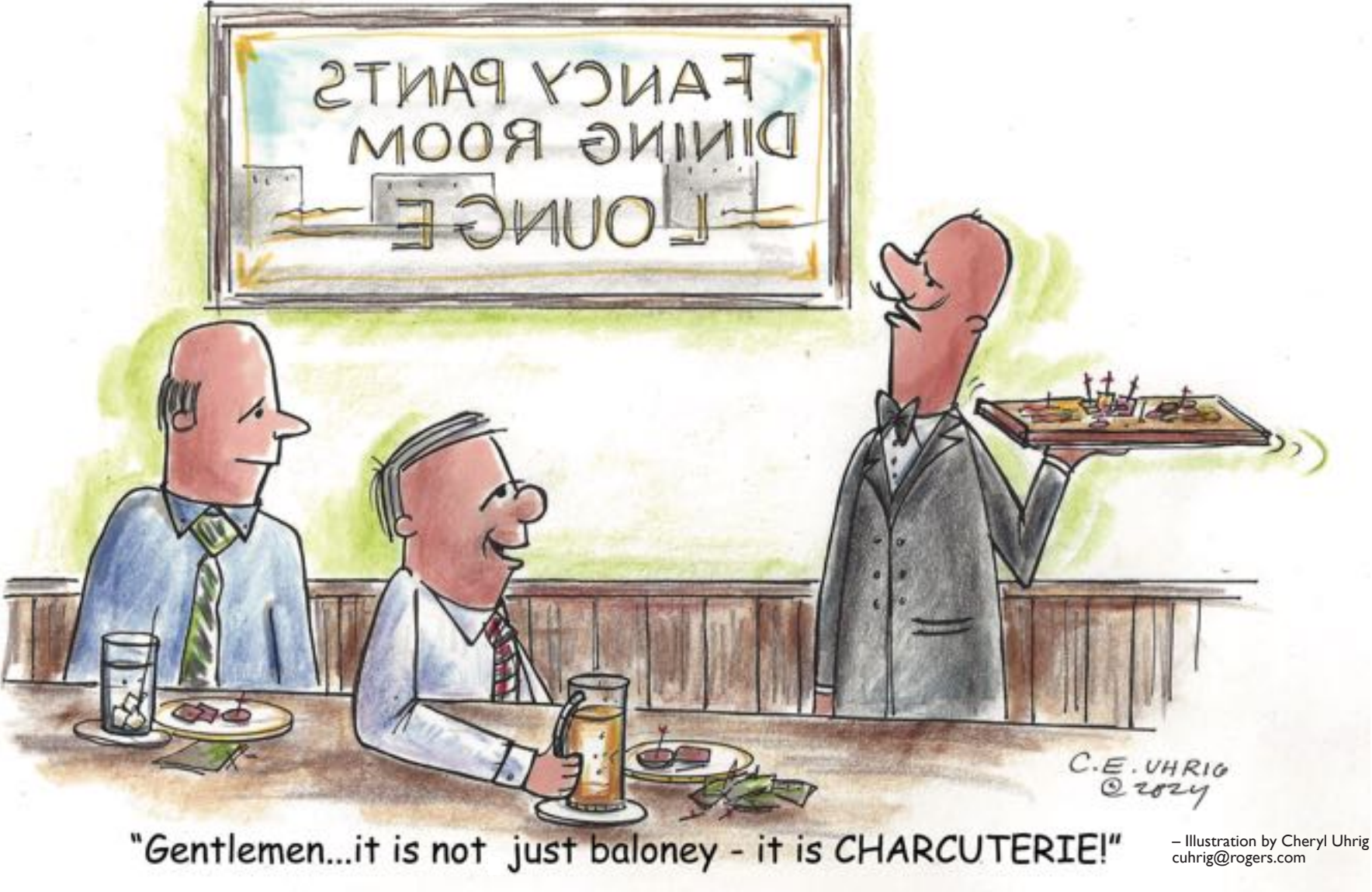
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# CHARCUTERIE, BEFORE IT HITS THE BOARD

What could be more delicious than a paper-thin slice of prosciutto?

WRITTEN BY  
**ART WEIS**  
Art is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

The savory, salty flavor of a finely cured piece of pork leg is a pleasure beyond compare. The only thing that comes close is soppressata, a sausage stuffed with the butcher's leftover pig parts, hung to dry. Even a slice of mortadella, the sausage of Bologna, is a treat. Yes, I love dried up old meat! Or as you may know it, charcuterie.

Over the centuries, people learned by trial and error that salting and drying meat prevents spoilage. The trick to turning a fresh pork leg into a ham is to reduce water activity in the muscle tissue. Harmful bacteria, such as Salmonella, need free water to grow and survive. Salting draws water out of the meat cells through

osmosis, rendering them less suitable for microbes. It also puts the bacteria themselves under water stress. Salting can be a slow process. When dry-curing a 10 kg ham, it takes 40 days to ensure the salt makes it all the way into the core. Once that's done, the dried ham can last for months or more.

Salting and drying also trigger chemical reactions that create new flavours. As muscle cells deteriorate during the curing process, enzymes get released. These then break down an important protein, myosin, one of the two components of the muscle contraction machinery. Like all proteins, myosin is a chain of amino acids; in this case, a chain that is 3,500 links long. Food chemists have determined that when a ham is dry-cured, the myosin molecules get chopped up in over 200 different ways. These breakdown products are what makes ham taste different from just salty pork.

While salting is key, some forms of charcuterie use additional measures to

reduce water activity in the meat. When making dried sausages, like salami, some artisans dial back on the salt but add active cultures of special beneficial bacteria. And to feed these microbes, they also add dextrose, a sugar. As the bacteria grow, they decrease the pH of the sausage to 5.0, which is the approximate isoelectric point of myosin. This is the point at which this water-binding protein has the same number of positive and negative charges; when these charges balance, myosin all but loses its water holding capacity. And so, because the myosin can't hold onto water, drying is accelerated. And, by the way, the remains of the added bacteria also contribute to the salami's flavour!

When you cook raw pork, it fades from rosy to brown. When you bake a ham, it stays pink. What's that about? A few years ago, I wrote about myoglobin, the muscle protein that makes red meat red. Not to be confused with myosin, myoglobin is a soluble protein that hangs onto oxygen

until the muscle needs it. And like its chemical cousin in the blood, hemoglobin, myoglobin in the muscle turns red when the oxygen is attached. Cooking distorts the myoglobin, the oxygen detaches and the colour fades. But, if you use the right kind of curing salt, nitrous oxide gets attached to the myoglobin, giving it a more stable pink colour. What is the right kind of salt? One that contains saltpeter, sodium nitrite. A popular type of curing salt, known as Prague powder, contains about six per cent saltpeter. Manufacturers often add a pink pigment to their powder as a marketing ploy, but it is the white sodium nitrite that does the trick.

One of my foundational eating experiences came at age 10 when mom made me a corned beef on rye with horseradish; it was thrilling, yet comforting. As far as charcuterie goes, curing your own corned beef is easy and reliable. And it's a great meal for New Year's Day!

## MAKE YOUR OWN CORNED BEEF!

This recipe is based on the one in the Julia Child & Company cookbook. It is quite easy and reliable. You can substitute kosher salt for the curing salt. The flavour will be the same, but the final product will not be as pink. It is best to cure the brisket 14 days, but I have had good results in as little as seven days.

INGREDIENTS:

- Beef brisket, 4-6 kg, trimmed of excess fat.
- For the rub, 1 C curing salt; 3 T brown sugar; 1 T cracked black pepper corns; 2 t each of ground allspice, dried thyme and mustard seeds; 1 t each of paprika and dried sage; 1 bay leaf.

DIRECTIONS:

- Day 1:** Combine the dry ingredients and rub the mix over the entire brisket. Place the meat in a ziplock bag with the bay leaf and any remaining rub. Force out as much air as you can, then seal. Store in a shallow bowl on the bottom shelf of the refrigerator. After 12 hours, juices will start to accumulate. Rotate the bag and massage the meat to ensure the salt is spread evenly, then return to the fridge. Rotate the bag daily.
- Day 14:** Remove the brisket from the bag, rinse off the rub, then soak in a bowl of cool water. After an hour, drain and replace the water. Continue soaking for 24 hours, changing the water at least one more time.
- Day 15:** To cook, place the brisket in a Dutch oven, cover with 10 cm of water and bring to a boil. Add an onion stuck with five cloves, one carrot, two ribs of celery, three bay leaves, three cloves of garlic and several sprigs of thyme. The meat will be tender and delicious in about three hours.
- Slice and serve with boiled potatoes and cabbage if you wish. The leftovers are great for sandwiches. And don't forget the horseradish! Once cooked, the corned beef will keep in your refrigerator for weeks.



# COZY UP BY THE FIRE

## KING TOWNSHIP PUBLIC LIBRARY STAFF PICKS!

WRITTEN BY KELLEY ENGLAND

Can you believe it's that time of year again?! During the winter months, we find ourselves inside more and more. Often finding solace in a warm blanket with a great book, ideally in front of a toasty fire. Let Library staff help you stock up on some great reads, all available at your library!

Adele suggests

**The Sleeping Car Porter**

by Suzette Mayr



I was looking for something different to read this summer, and came across this book, the winner of the 2022 Scotiabank Giller Prize. I could not put it down, and highly recommend it as both a great read and exposure to some Canadian history that we didn't learn in school. The book is written from the perspective of Baxter, a Black man, who is also queer, as he serves as a porter on a transcontinental passenger train travelling from Montreal to Vancouver, saving up nickel and dime tips so he can attend dentistry school. It is a fabulously written novel where the characters, both porters and passengers, come to life. The book illuminates the societal limits imposed on Black men at the time, as well as for those trying to exist in the secrecy of being queer. It also illustrates the horrible working conditions inflicted on Black workers, despite Canada being a place of refuge from slavery and segregation in the U.S. After reading the novel, I learned from the Canadian Encyclopedia that close to 90 per cent of all Black men in Canada in the early 20th century were associated with railway employment, especially as sleeping car porters. These jobs were severely underpaid and the abysmal working conditions left the men in constant peril. That said, Mayr illustrates this period of history through a train ride with passengers who all have secrets, keeping Baxter on his toes despite living in a state of sleep deprivation.

Kalli suggests

**Moon of the Crusted Snow**

by Waubgeshig Rice



Waubgeshig Rice writes a compelling story of what happens in a small northern Anishinaabe community when the world goes dark. The small town comes together to group their food and take care of each other, but their traditional survival plan of looking out for each other goes awry when an outsider comes to their community. What begins as a community refusing to turn away someone in need becomes a community fighting to keep order when the newcomer becomes a leader that threatens their way of life and their survival. Read this story to find out who wins when tradition and greed come head-to-head and don't miss out on the sequel "Moon of the Turning Leaves" when you finish this one!

Kate suggests

**Neverwhere**

by Neil Gaiman



A man finds himself in an alternate, shadow London after rescuing a young girl that no one else seems to see. His heroic gesture leads him to fall through the cracks, disappearing from his own life and joining hers. They embark on a Heracleian quest to save the girl and the world. I'm not a huge fan of fantasy but I enjoyed this story with its sinister, almost steampunk characters, time travel and nods to history. His writing has a childlike whimsy and humour to take the edge off the darker bits. The book is an updated version of his original novel, which was made into a television series.

Sarah suggests **Youthjuice** by E.K. Sathue



Sophia Bannion is thrilled to land a role at HEBE, a luxury skincare and wellness company based in NYC. When Sophia meets the CEO, Tree Whitestone, she is offered an opportunity to try their new top-secret moisturizer called "Youthjuice." Sophia uses it and it instantly heals her scarred hands. As she becomes more and more addicted to Youthjuice and the HEBE lifestyle, she realizes that something sinister is happening in the office. This light horror novel is perfect for skincare enthusiasts, TikTok lovers, and fans of The Devil Wears Prada. At 276 pages long, you will devour the entire story in a few days.










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King Rebellion Captain Aaron Andrade heads to the blue line

# PUTTING THE REBELLION ON ICE

King Township welcomes a new organization to its sports roster



WRITTEN BY  
**BRIAN BOAKE**

Brian is a survivor of decades in the IT industry, husband, father of two, supporter of the arts and Toronto Raptors fan.

The King Rebellion has begun play in the Ontario Junior Hockey League (OJHL). Temporarily, its "home ice" is the Nobleton Community Centre arena, but before season's end, the team is expected to settle permanently in the nearly finished Zancor Centre at the northwest corner of Dufferin and 15th Sideroad.

The Rebellion, owned by Willa Wang, arrived in King when the franchise known as the Brantford 99ers was purchased, moved, and rebranded. "Rebellion," already the rep program's team name in King, is also a historical echo of the 1837 Lloydtown rebellion (see the King Heritage and Cultural Centre article on that battle elsewhere in this issue).

The OJHL is regarded as the province's second-best hockey competition for 16- to 20-year-olds. Unlike the showcase Ontario Hockey Association, which boasts teams from around the province, the OJHL's locations are almost all within a 90-minute bus ride of each other. While

many of the OJHL players are hoping to further their hockey ambitions through U.S. college scholarships or a Canadian university roster, some have seen their professional dreams come true. These days, professional leagues in Europe and Russia are searching for talent, so while only a few young men will crack an NHL roster, there's still hope for those (the majority!) who don't.

Your correspondent watched the Rebellion in action against the Leamington Flyers in early October. While the Rebellion's record of 11 points in 10 games was respectable, the visitors had piled up 17 in 11, and thus were favourites. The game's outcome was in doubt until late in the third period, but ultimately Leamington overcame King's two-goal lead to win 4-2.

As a hockey player myself (yes, to this day), I was interested in more than the score. The game is often considered as little more than chaos on ice, which it surely can be on occasion. There can also be moments of individual brilliance and superb teamwork. What are the Rebellion players capable of?

Hockey is rich in situations. The way a squad plays when it's ahead 5-3 with two minutes remaining should be different than when it's down 2-1 with five to play,

and the other team just received a minor penalty. I was interested to learn how the Rebellion's coach, Mark Joslin, juggles his roster to protect a lead, or to tie the game on a power play goal in the latter case. My curiosity was quickly dissipated. Within the game's first minute, his starting five patiently reset themselves to optimize a rush, something we often don't see until a power play opportunity.

Coach and General Manager Joslin was pre-sold as knowledgeable and effective, given the honours he has already received in his career. In my research, I was particularly struck by how the 99ers improved from five (!) victories in 2022-23 to 26 last season. That can't be a fluke, and I began my post-game conversation with him by asking how such an astonishing turnaround occurred.

In response, Joslin related to me a theme which resonated throughout our chat; to wit, a team's culture determines its degree of success. Players who understand and accept their roles within the team structure, who "buy in," to use Joslin's term, will learn how to win. In his view, the game is 70 per cent mental. Coachability is essential. He derided as "Eddie Haskell's" some players he moves on from, because they say the right

words to his face while actually tuning him out.

Junior hockey rosters endure a lot of churn during the season. Joslin, who seemed unfazed by his squad's failure to retain their lead, expects more of it. Returning to the theme of culture, he suggested players who are demoted to the OJHL ranks from the OHA often can't cope with the blow to their egos, and consequently won't stick.

The coach has brought in his long-time friend Nikolai Borschevsky, an ex-Toronto Maple Leaf, to enhance the Rebellion's power play. Borschevsky has been successful in doing so; additionally, the presence of a former pro enhances the team's image as a serious place to play.

I came away impressed with the Rebellion organization. (Sidebar: Well done to Nobleton fans...there were a respectable number in attendance, and they stayed for 60 minutes. Logoed wearables, like hoodies and toques, sold at a steady pace.) The coach and others I met seem committed to success and a path to achieve it. We hope a fan base can be built in King Township, and that the Zancor Centre will prove an exciting place for fans to cheer on their team.



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# WINTER SOWING: A GARDENER'S SECRET WEAPON

You know those moments when you're scrolling through social media and suddenly, you see something that makes you think, "That looks... fun?" **Well, that's how I stumbled onto winter sowing.**

WRITTEN BY  
**ANNA SANTAROSSA**  
Anna is a retired teacher and the founder of ARYCT (Active Retired York Catholic Teachers.) She is also highly active in the community, serving on King Township's Heritage Advisory Committee, and as co-president of the Nobleton and King City Garden Club.

Intrigued, but not convinced, I thought, "Let's see if this works." Spoiler alert: It does! And since I'm no expert, I'm here to tell you all about my perfectly chaotic experience trying it out.

The best part? No fancy grow lights or heat mats are required. If you've ever tried to start seeds indoors without all those bells and whistles, you know the struggle is real. My indoor attempts have been, let's say, a learning experience. But this method -- winter sowing -- caught my attention because it's low-maintenance. So, naturally, I had to give it a whirl. Now I'm here to share some tips with you.

Start in January because it's cold and dreary, and nothing exciting garden-related is happening. That's when I gather my containers, soil and seeds. At first, I

thought it made sense to focus on the hardy perennial seeds I had harvested from my garden in the fall. But then I thought, why limit myself? So, I planted a random mix of perennials, annuals, veggies and herbs. If it was a seed, I gave it a shot. I even planted seeds from a dried flower arrangement I had sitting on my dining room table for years, and guess what? They grew! Who knew that dusty cockscomb would sprout again?

Winter sowing quickly turned into a scavenger hunt for plastic containers. Water jugs? Perfect. Berry containers? Absolutely. Salad boxes? Why not! I even eyed my rotisserie chicken container with a spark of inspiration. The sturdier the container, the better it withstands the winter elements. After collecting my containers, I grabbed a drill and made drainage holes at the bottom and sides. I'll admit, it was my first time using an electric drill on plastic and I was a bit nervous -- but it worked out perfectly and I still have all my fingers!

Using a water jug? Great! Cut it in half, leaving about an inch attached to create a convenient "lid." Fill the bottom

with potting soil, soak with water and plant your seeds. Duct tape is your new best friend. Not only does it hold your container together, but it also works as a label. Write down the seeds you planted with a Sharpie then cover your writing with clear tape to protect it. Trust me, the sun will fade your labels faster than you can say, "What did I plant here again?" That's exactly what happened to me my first year. All my labels faded, leaving me with many thriving seedlings that all looked the same in unlabeled containers. I still haven't found the perfect labeling solution, but I'm hoping you'll have better luck.

Now that you've sown your seeds, place the containers outside in a spot where they'll likely get covered by snow and pelted by rain. Yes, that's exactly what we want -- the seeds need moisture. While some moisture will come from condensation inside the container, this can dry up, so if you notice that, water them. Most of the time, though, this isn't an issue since we typically get plenty of snow and rain during the winter months in Ontario.

Don't be discouraged if not all your seeds sprout in the spring. Most will and you will have the pleasure of watching them become viable plants. At first, I was surprised that so many had sprouted, then excited, and finally...a little scared. Suddenly, all these plants needed a home! What was I thinking sowing so many? In the past, I've planted in a frenzy, tossing seedlings into the garden like confetti at a parade. Now, I make sure to plan. I take the time to map out where everything will go before I even start sowing.

There you have it -- winter sowing, a method that's partly science, partly whimsy and totally achievable, even for the most carefree and enthusiastic gardeners (like me). It's an adventure, a test of patience and a great way to cure the winter blues. Whether you're meticulously organized or just throwing seeds in containers to see what happens, winter sowing is a rewarding experience that adds a bit of magic to your gardening routine. Try it out! Worst case, you end up with a lot of plastic containers and a new appreciation for duct tape. Best case? You'll have a garden full of surprises come spring!





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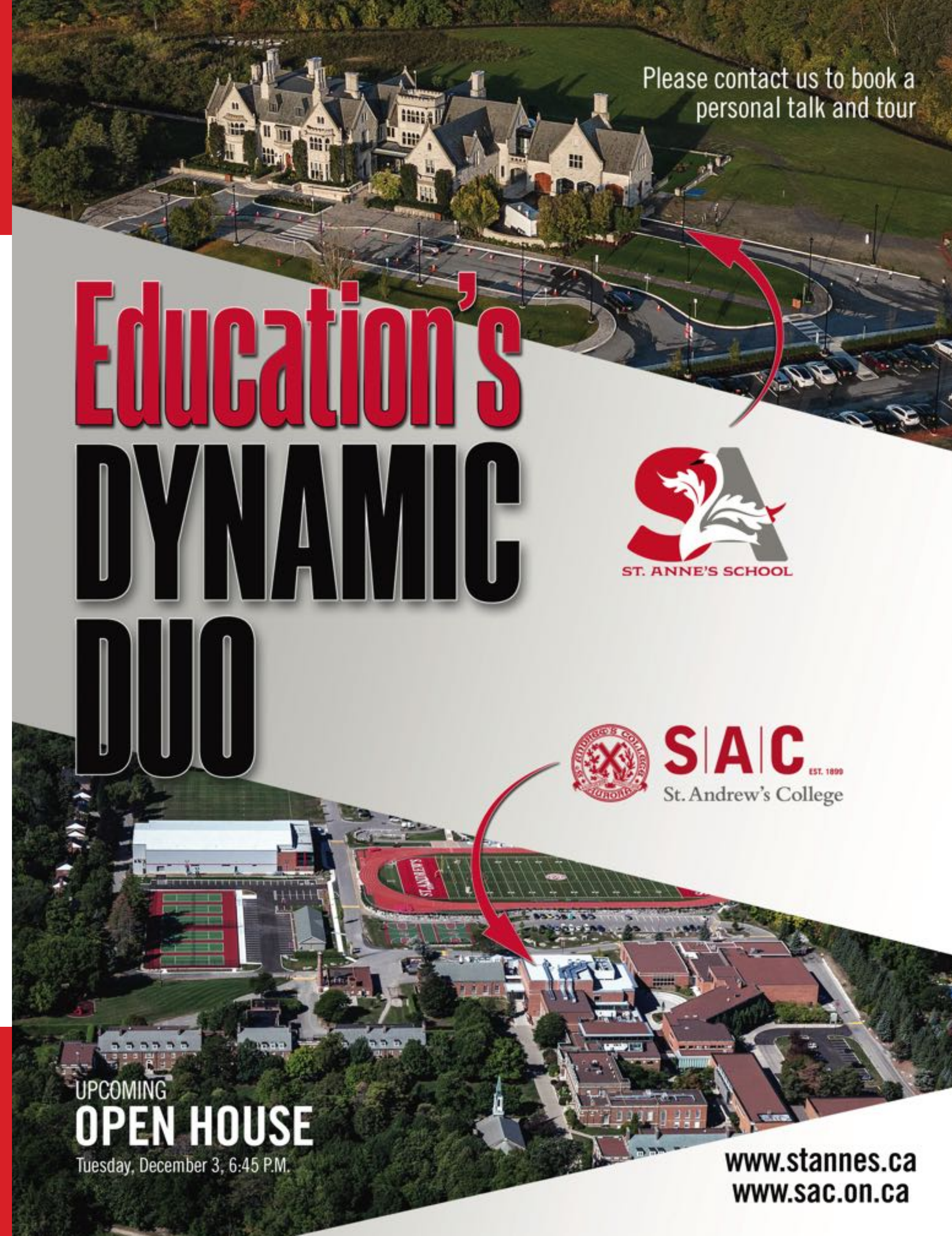
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