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fall 2025

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We welcome your feedback, contributions, and suggestions.

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**KIMBERLEY
RUSH-DUYGULUER**



Kimberley Rush-Duyguluer is a Toronto/Istanbul-based curator, writer, and researcher with a practice rooted in Global Feminisms, Material Culture, and the politics of aesthetics. She brings over 18 years of cross-disciplinary experience in curatorial research, public programming, and exhibition development, shaped by living in Saudi Arabia and Turkey and extensive travel throughout the SWANA region. She has been on the Advisory Board of the King Heritage and Cultural Centre since 2018 and served on its Exhibitions Committee from 2020 to 2024. Kimberley recently completed a Master's in Art History & Visual Culture and a Graduate Diploma in Curatorial Studies at York University (Fall 2024).

ON OUR COVER STEVE'S BELGIANS

Helen Hermanns tells real stories in oils, of everyday actions from her world. Here, aglow in the autumn light, a neighbour's late-born foal shelters with its dam and tosses at mosquitoes. Helen's love of horses immersed her first in the world of competitive dressage before it found expression in her art. When the creative impulse struck, she began with small oil sketches of landscapes that caught her attention until her subject matter shifted to the animals she knew intimately. Helen paints naturally and with intent, strict ideals and a thirst for constantly keeping depth and feel through the use of light in her paintings.



SONS' ADVENTURES INSPIRE
CHILDREN'S BOOK



MYSTERIOUS LOCAL LOVE



LET ME ASK YOU...

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STEPHEN LECCE 

MPP King—Vaughan



A DEPTH OF SIMPLICITY:

HELEN HERMANNS' LENS



WRITTEN BY DORITA PEER

Dorita is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician, then as an equestrian trainer, coach, breeder, and international official.

You hear the snorting horses, the groaning leather, recall that player's swing. The mallet strikes, wood on wood. A crack cuts the air – goal! You imagine fans not in the scene, cheering. With what the artist put in and what she left out, she has told the story well. "My current favourite," Helen says about the 50 X 50-inch scene of wintertime polo that commands a place of pride above the mantel in the Hermanns' grandest room. "I kept it simple all the way..."

Helen grew up around the horses that became her passion, her living and who partnered her dream. She and her gifted ex-racehorse, Prior, were long-listed for the Canadian Team in dressage.

Naturally, her first painting was of a thoroughbred, when she was already in the twelfth grade. "There were no oils in school," she laments, then digs up Jeremy Galton's *Oil Painting Techniques* to show me its power to teach. "The best book ever!" she adds in lingering joy of its influence on her. Its examples of beauty are defined by mastery of classical methods as revealed step by step by various artists. What had moved Helen was, "Every painting was doable."

Horses remain a beloved subject, but Helen's are not mere portraits of horse beauty. Her compositional reductions and abstractions from literate forms reflect her aim to entice viewers to see as she sees. "I am wired to like complexity but try to paint simply. Complexity is what draws me to classical music, dressage and art." All three are demanding disciplines with rules that lead to mastery. "I like the process. I turn my paintings upside down periodically to visualize the invisible lines,

negative spaces and angles against the reference material. I paint firstly what I see, secondly what I know, to keep the 'feel' that drew me to the subject." Add her fine touch using light and dark and we enter the mystique of the story the artist wants to share. A feeling. A magnificent example is *Still Life* in which sunrise warms a friendly group of Clydesdales passing around a tub of minerals. The word *feeling* came up a lot in our chat.

Landscapes, postcards of globetrotts, other charming critters and objects explore other themes in the evolution the artist desires for herself. Though innovative, Helen is also systematic. She shows me several thick little hardcover books with sticky notes blooming from their pages on which every detail of each painting got recorded: background, location, materials, techniques, her impressions, sales, its owner's comments.

The sunlit home studio attached to the fieldstone barn preceded Helen's drive to

paint seriously and still inspires it. Within range of comforting scents and sounds, surrounded by her artworks and classical music, the stage is set. "Under pressure, I work much better." By this, Helen acknowledges her first ASK Studio Tour in 2009, which required 30+ paintings for acceptance. Marianne Broome, famous for her large florals, was the adjudicator back then. Just like the big galleries, and also to encourage visitors to the Studio Tour, the Hermanns began hosting Saturday soirees for their clients.

Another measure of success is the number of quite impressive sales over the years, an accomplishment Helen credits to nudges from her entrepreneur husband, Jorg. Some of the earnings have gone to support animal welfare worldwide. For herself, it appears Helen has succeeded in her quest to capture the elusive depth of simplicity.

Website: <https://www.helenhermanns.com>



Echoes of the Past: Unveiling Dark Secrets in *what she left behind.*

As we ease into the short, golden season that southern Canada offers each year, it's the perfect time to refresh our **fall reading lists**.



WRITTEN BY
TIANA NOWZARI

Tiana is a law student, artist and writer who lends her talents to Arts Society King by, among other things, helping to populate ASK's social media feeds.

Fortunately, this season brings a wave of exciting new releases. King City author Brianne Sommerville's second novel, *What She Left Behind*, released in August, quickly rose to the top of my list of fall favourites.

Brianne's latest thriller offers a gripping small-town mystery centred around Charlotte, who returns to oversee renovations on her parents' newly purchased summer home. But the house carries a dark history: years earlier, a teenage resident named Lark Peters was believed to have died by suicide. When Charlotte discovers Lark's old diary, she begins to peer into the fractured mind of the past and unravels secrets the town would rather forget. As she navigates tense relationships with the locals, including Lark's estranged brother Darryl, Charlotte is pulled into a deeper mystery that forces her to confront both long-buried truths and her own inner turmoil.

Brianne brings to her task a wealth of writing experience and a background in English literature and theatre. She released her debut novel, *If I Lose Her*, in March 2024, written during her maternity leave. Her second novel was completed while juggling a full-time job and motherhood.

As a fan of thriller and crime novels, I was eager to speak with Brianne. What's exciting about small-town mysteries is how they slowly unfold to reveal layers of the community and its people. Her novel advances at a slow burn, giving readers time to really get to know the characters. The protagonist, Charlotte, is an outsider who, like the reader, uncovers the hidden histories and secrets that shape the town. Each character is richly developed and carries their own convoluted identities and struggles.

What mattered most to Brianne while writing this story was representing mental health with honesty and care. The story looks closely at the effects of trauma and how it continues to shape people long after the event itself. Through Charlotte and those around her, we see how the past surfaces in unexpected ways and how



• Brianne
• Sommerville

WHO IS BRIANNE? Brianne Sommerville is a Canadian author who writes female-driven thrillers with mental health representation. She is a member of International Thriller Writers and Crime Writers of Canada. Brianne studied English literature and theatre before entering the world of public relations and marketing. She lives in King with her partner and three littles under seven and knows every episode of Peppa Pig by heart. Her debut novel *If I Lose Her* was a Mary's Must Read book club pick and has been optioned for TV. *What She Left Behind* is her sophomore novel.

characters are shaped by the burdens they carry. Writing those moments came naturally to Brianne. Her own experience with anxiety helped her craft scenes that feel honest rather than exaggerated.

What she hopes readers take from her work is a sense of familiarity with the characters. She wants readers to feel as though they've spent real time with them, to see how their emotions shift and their relationships evolve. The story may move toward a mystery, but it lingers in the quiet changes that happen between people.

Currently, Brianne is working on her third thriller, this time about a group of lunch ladies who form a neighbourhood watch after a murder shakes their community. The idea came to her during a busy season of life, and writing continues to happen in short, borrowed windows. "If I can drop my kids off at a birthday party," she says, "I'll find a Starbucks and write for an hour and a half."

When asked what advice she would give other writers, Brianne points to the value of community. Joining writing groups gave her a space to test new work and hear different voices. She encourages writers not to hold their work too tightly. She even

noted that ASK has been beneficial in this way through networking and connecting literary artists. In 2021, she submitted a piece to our Timeless Tales competition and was recognized for her work. "I even got an Honourable Mention for it."

Website: www.briannesommerville.com



FALL 2025 MOSAIC MAYOR'S MESSAGE

On behalf of King Township Council, welcome to the fall edition of Mosaic.

As cooler weather arrives and leaves begin to turn, we reflect on the spectacular community initiatives we've enjoyed—especially those marking King Township's 175th anniversary—and look forward to more in 2025. Highlights from the summer included the return of the Raspberry Social and Community Picnic, a Canada Day event featuring our first-ever drone show, and the Indigenous Medicine Garden reveal.

Ahead of National Day for Truth and Reconciliation on September 30, I encourage everyone to visit the Kahéhta ("The Garden") at the King Heritage and Cultural Centre—a special place to reflect and connect with the land. King's heritage team continues to collaborate with Indigenous partners, and upcoming plans include unveiling an Indigenous mural. For updates, visit kingheritageandculture.ca.

Arts and Culture Programs

As routines resume, I invite you to sign up for arts and culture programs this fall. Options include musical theatre and fashion design for children, outdoor nature painting for adults, and a "Grandma/Grandpa & Me" series at the museum, where you can cook meals or create holiday cards with your grandchild. Families can explore Métis beading in honour of Indigenous Veterans Day and Remembrance Day, and join themed workshops celebrating Islamic Heritage Day, Halloween, and Christmas.

Program details are available at king.ca/recreation.

Community Events

The fall season brings a host of family-friendly events. Experience what makes living in King special at:

- **100th Anniversary of the Aurora-Whitchurch-King War Memorial:** Join the centennial event on Friday, Oct. 3 at the Aurora Cenotaph, commemorating those who served in the First World War.
- **Scan-o-rama:** Contribute to local history by bringing your family photos and documents to the King Heritage and Cultural Centre from 11 a.m. to 2 p.m. on Saturday, Oct. 4 for digital archiving. Learn tips for preserving family photo collections at home in a museum-led workshop.
- **Kingtoberfest:** Celebrate Oktoberfest on Saturday, Oct. 4 from 5 to 10 p.m. at Cold Creek Conservation Area. Enjoy German music, cuisine, beer, and a stein hold contest.
- **Taste of King:** Explore prix fixe menus and special promotions at restaurants across the Township during the bi-annual Taste of King event from October 25 to November 8. The two-week event highlights King's culinary diversity, from fine dining to causal bites. More details at king.ca/TasteOfKing.
- **ON TRACK:** How the Railway Connected Communities and Created a Country: Visit this museum exhibit, running until November 8 at the King Heritage and Cultural Centre, and tour the restored King Railway Station and King Christian Church—now open to the public after recent renovations.
- **One of a King Handmade Holiday Market:** Shop unique gifts made by local artisans on November 22 and 23 at the King Township Municipal Centre. Find jewellery, clothing, home goods, art, and food all in one place.

And as the holidays approach, mark your calendars for the annual Nobleton Tree Lighting and Main Street Christmas events in December! Keep up to date at king.ca/events.

Please continue to volunteer, support local businesses, and subscribe to receive King Township's top stories directly to your inbox at king.ca/subscribe.



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Steve Pellegrini
Mayor, King Township

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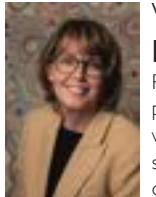
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Let me ASK you...

THE ARTS



WRITTEN BY
PATTI SKRYPEK
Patti is a retired communications professional and active volunteer who applies her creative skills to support a number of not-for-profit organizations within the community.



• Nonie
• Dauphinais

featuring NONIE DAUPHINAIS & CAROLINE DAVEY



• Monarch Migration

NONIE DAUPHINAIS

Nonie Dauphinais is a retired elementary teacher from Aurora, ON. Although primarily self-taught, she has taken numerous classes and workshops over the years, experimenting with different media. A few years ago, she discovered the freedom of fluid art. This process allows her to tell her story through colour and movement without the boundaries of precise replication. Her hope is that each canvas will spark a memory or dialogue with the viewer.

As a very invested caretaker of our environment, Nonie admires the hidden strengths of the insect world. The monarch butterfly is one of nature's best known aviators. Each year, their fragile wings carry them thousands of miles. The wing scales that protect them from rain and give them their striking colours are shown in her painting "Monarch Migration" as the cells of paint that travel across the canvas. Her "Northern Landscape" painting encompasses the highlights, for her, of cottage life – the lake, the trees and winter's pristine snow. Each season brings its own special activities that her growing family can share together.

Email: fluidartca@gmail.ca and Ndauphinaisca@yahoo.ca
Instagram: <https://www.instagram.com/fluidartca/>
Website: <https://fluidartca.square.site>

WHEN AND WHERE WERE/ARE YOU HAPPIEST?

In the summer, my garden and cottage are my happy places. There are so many colours and textures that inspire me. In the winter, my studio takes precedence and becomes the playroom where I can experiment with ideas.

WHAT INSPIRED YOU TO BE AN ARTIST?

It sounds trite but I have always been interested in art. It was actually my teaching curriculum that set me off on my journey. I took many courses to help teach my students and the knowledge gained gave me the confidence to push past the "imposter syndrome."

WHAT IS THE HARDEST PART OF CREATING YOUR ART?

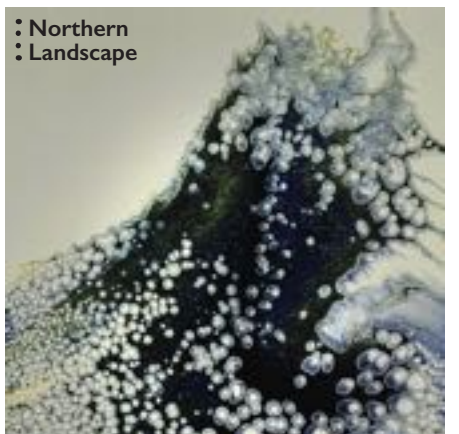
When I have a mental image of a scene and the resulting pour is not as I had hoped, it's very difficult to accept that the work may be beautiful even though it doesn't express exactly what I had in mind. To keep? Or not to keep?

HOW DO YOU KNOW WHEN A PIECE IS FINISHED?

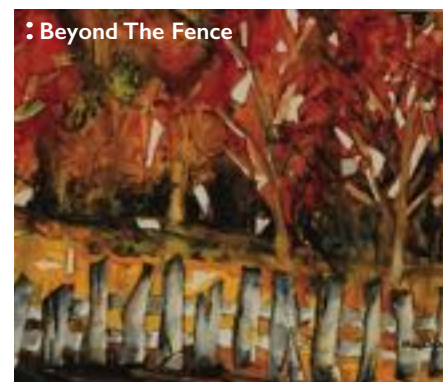
It's a feeling. With fluid art, the piece can say "Yes!" almost immediately or it can take time to develop. If I find myself saying I will change this or that when it dries, I invariably paint over the canvas. The "Yes" factor is missing.

WHAT IS YOUR MOST MARKED CHARACTERISTIC?

I think my most marked characteristic would be the colours in my work. I try very hard to have colour tell most of my story.



• Northern
• Landscape



• Beyond The Fence



• Caroline
• Davey

WHAT TECHNIQUES AND MEDIUMS DO YOU USE IN YOUR WORK, AND WHY DO YOU PREFER THEM?

I predominantly paint with watercolours and acrylics. I like the transparency and unpredictability of watercolours. Conversely, acrylic paints offer less surprises and I can make changes and correct my mistakes with ease. Both mediums are very portable for painting outside my studio.

HOW DO YOU SEE YOUR ART EVOLVING OVER TIME, AND WHAT GOALS DO YOU HAVE FOR YOUR ARTISTIC CAREER?

At the beginning, I followed all the painting principles and concepts but, over time, I became less compliant. Funnily, I actually enjoy being rebellious and breaking a few rules! Future goals...I hope to explore other mediums as new products are always enticing!

WHAT DO YOU THINK IS THE MOST IMPORTANT LESSON YOU'VE LEARNED AS AN ARTIST?

As an artist and within the creative framework, one important lesson that

I have learned is to value "freedom." It allows me to express and make choices without any constraints.

WHAT ARE SOME OF YOUR HOBBIES OR INTERESTS OUTSIDE OF ART?

I enjoy cooking and baking, especially learning about different cuisines and cultures.

WHAT IS THE ONE THING PEOPLE WOULD BE SURPRISED TO LEARN ABOUT YOU?

I come from a large family and I have eight siblings.



• Distant Mountains

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• Hans Martin at work in his studio



• Memories of The Algrave



• Winter Forest Stream



• The Old Flower Lady

HANS MARTIN: A scientist turns his talents to watercolours



WRITTEN BY
LESLIE HOBSON

Award-winning writer and photographer Leslie Hobson has lived in King for nearly 40 years.

Not every artist follows the same path or comes to their art in an expected way. For some, they come to discover their calling to art most fully later in their life, when they have the full luxury of time.

Hans Martin was born in Winnipeg as one of four boys to a German couple. Art has always been a part of his life. His father was very cultured and had studied both music and art in Dresden. He taught music while Hans was young and was also an accomplished painter who painted dozens of works, even using found wood to make his frames. One of the pieces his father made still hangs in his home today.

Hans excelled at school and went on from the University of Manitoba to earn his PhD in Atmospheric Physics. While in university, he entered his first art show and received an Honourable Mention for his work. It was the first time he truly felt like an artist and he was surprised by how emotional he felt receiving this acclaim. He tried a few night school art classes and continued to hone his craft, all while working and starting a family.

Because Atmospheric Physics is such a specialized field, it allowed Hans the opportunity to work all over the world – in North America, throughout Europe, and two years in Australia. For an artist, it was such a gift to get to see so many different parts of the world. While he didn't travel with his paints, he painted what he saw when he returned home.

It was while working in a cold, sterile laboratory environment that Hans met his greatest artistic inspiration. Fouad Fanaki was an Egyptian scientist, and the person whom he regards as the finest artist that he ever met. He stunned Hans with his talent with just a pencil and paper. They

began sketching and painting together to fill their spare time.

It was also around this time that his father finally put down his easel for good, and sent Hans all of his treasured tubes and fine brushes. An artist's legacy that he could feel and touch.

Hans retired young at age 60. With three children grown, he looked forward to a long and creative retirement and continuing his study of piano.

Unfortunately, a serious medical condition affected his fingers and he was unable to continue playing the piano. Luckily for all of us, he then turned his full attention to his art.

Hans also credits another great inspiration in his life – the watercolour teacher, Donnah Cameron. Unlike many men his age who have had great success in their career, he was an open and willing student to an enthusiastic teacher. He enjoyed her infectious laugh – and her fearlessness. He studied with her until she left our area.

Painting as a means to make money was never part of his plan. And while the commercial aspect of art never really came into play for Hans, he remembers fondly the first time he sold a piece and the satisfaction that it brought. It still does.

Hans works exclusively in watercolour. His work has been featured in many shows and he has won multiple awards. He is a strong supporter of the Society of York Region Artists (SOYRA) and the ASK community.

Today, Hans spends his time painting in his King City studio. Bathed in light from glass walls at both ends, it is truly a sublime space – made all the lovelier by his numerous works that are on display.

Here, sitting at his desk with an unfinished work before him, I ask Hans what's next for him – what does he still want to accomplish? He merely smiles and gestures at the unfinished painting on his desk.

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WRITTEN BY
TIANA NOWZARI
 Tiana is a law student, artist and writer who lends her talents to Arts Society King by, among other things, helping to populate ASK's social media feeds.

We're calling all creatives, art lovers, community builders, and big thinkers to join our dynamic volunteer organization! Now's your chance to be part of something meaningful, either as a member or a board member. Arts Society King is seeking:

- New members who believe in the power of local art
- A dynamic President to lead with vision
- An organized, committed Secretary to help keep us on track

There are many benefits to joining ASK. Members are featured in our online directory as part of our membership benefits, complete with a photo, biography and a direct link to their personal website. Members are also invited to participate in several events throughout the year, offering opportunities to display and sell their artwork and engage with community members.

This past year alone, we've held signature events, including our Studio Tour King – an art show and sale – and Autumn Reflections – an en plein air competition celebrating the best in outdoor painting with a finalist prize. We also embrace a wide range of artistic expressions beyond the traditional visual arts and welcome creativity in many forms. For the past five years, every spring, ASK has hosted the Timeless Tales writing competition, inviting writers of all ages to share their stories and celebrate the power of literary art within our community.

True artistic growth arises from more than just sales and prizes. Artists thrive when they're supported by others who share their dedication to the arts. Since joining ASK in 2023, Susie Cattedra, a painter specializing in realistic floral work, has become involved in the community through events like the Studio Tour King and the Schomberg Street Gallery. Through ASK, she's found opportunities to display her work and has even had some of her paintings purchased to be hung in the Mayor's office. "The community is great, and it's helped me open up," she says, reflecting on how the experience of exhibiting her artwork alongside other artists has contributed to her personal and creative development. It's that sense of belonging and shared purpose that lies at the heart of ASK's mission. Through networking opportunities, art events, and workshops, members have the chance to expand their skills and exposure.

Amidst an evolving digital era, we've also extended our support through social

ASK 2025 Events and Partnerships
 STUDIO TOUR KING TIMELESS TALES WRITING CONTEST SPRING BLOOMS: PLANT AND POP-UP ART SALE VE FOR VICTORY DANCE

NEXT EVENT: CABERNET & CANVAS. Sip, stroll and see art in the making.
 An en plein air art competition and wine event. September 14, 2025



For more information visit www.artsocietyking.ca





THE ARTS

media outreach. Our Instagram (@arts_society_king) has already played a key role in promoting our artists and events. Instagram is a vibrant space to showcase artwork and foster creative networks, and with an average of 10,000 to 15,000 monthly viewers on our page, it offers visibility for our artists.

Building on that momentum, we've launched our TikTok (@artsocietyking) page. TikTok is one of the fastest-growing social platforms and offers a fresh and accessible way to connect with a broader audience. Its short-form content makes it an ideal space to promote events, highlight artists, and create eye-catching storytelling. TikTok's ability to reach people quickly and organically makes it especially powerful. Recent trends show that TikTok viewership now surpasses Instagram by nearly four times, which gives our artists and programming a chance to shine in front of viewers who might not otherwise discover them.

Artist Winnie Chen spoke about the exposure she gained after joining ASK and challenging herself to showcase her work beyond the digital space. She creates watercolours that feature florals, pets, and landscapes, and eventually had her artwork featured in the local newspaper. With an early start in digital marketing, she has strategically used online platforms to share her work, build a loyal following of nearly 15,000 followers, and grow her artistic brand. Through consistent engagement and creative promotion, she now offers commissions and sells her own art classes to a wide audience.

The spaces where artists are seen and celebrated now reach far beyond traditional gallery walls. At Arts Society King, we've worked to create community-based opportunities that offer artists the visibility, encouragement and connections they need to grow. This kind of support is possible because people who believe in the value of the arts are willing to contribute their time, ideas and energy. We always welcome new volunteers and board members who bring their unique talents and ideas to help artists and art spaces thrive. Because creativity flourishes where people show up.

Board positions will be confirmed at the November 2025 annual general meeting on November 2, 2025 at Laskay Hall. Membership runs from January 1 to December 31 each year but you can join any time! Membership fees are just \$50 for artists and associate members (non-artists who are patrons of the arts) and \$20 for students.

Be part of the team that brings the arts to life right here in King Township! Email us at info@artsocietyking.ca or learn more at artsocietyking.ca.



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WORD HAS IT – THE DAWNING OF – ALEXIS JAMIE BATEMAN



WRITTEN BY
DORITA PEER
 Dorita is a poet, writer, sculptor, painter, musician, and gardener. She made her living first as an optician, then as an equestrian trainer, coach, breeder, and international official.

Sherry Dubé, much-admired ASK Artist, has a daughter – and pundit – she hails as Alexis, who likes to go by “Jamie” and, I learned, who is not only a singer but a poet. Words and music: the magic pairing that renders even cowboys eloquent also helped Jamie to dare sharing her poetry.

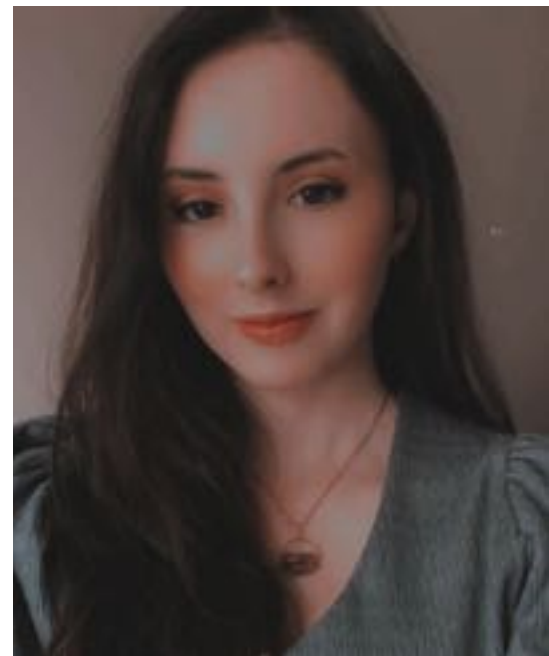
All good stories tell of hard upward climbs. Hers begins at age six. “My mother heard what most people couldn’t at that age.” Ah, but to succeed

at her love of singing meant taking criticism on the chin and striving hard. Jamie credits gifted teachers she names on the journey from Huron Heights Secondary through the early years at university, the trials of COVID and an epilepsy diagnosis. Winning the 2019 Ontario Registered Music Teachers Association (ORMTA) provincial music competition and the Newmarket Celebrates the Arts Grant allowed her to transfer from Psychology at York to Classical Voice Performance at U of T. The mentorship of influential sopranos culminates with Nathalie Paulin, “A most lovely spirit...” who helped transform Jamie’s dream into a deep connection to her music. Since graduating in 2024, Jamie teaches at the Vaughan Academy

of Music. Future plans include a Master’s in Psychology, or Music Therapy.

“...love is carved into our very souls.” How Jamie introduces her baccalaureate recital, *The Nature of Love*. A vibrant voice, a passionate style and stage presence express this emerging diva’s sensibilities. Reynaldo Hahn’s 1913 *À Chloris*, as sweet and sentimental as that Age of Innocence; hers will transport you at 5:50 on this link: <https://www.youtube.com/watch?v=zmNVfQnim8o>

Writing, her personal escape. “To me, it’s very private,” she confesses. Writing poetry to every song was her way “of digesting the music.” She finds poets kindred spirits, their wild, operatic lives insightful. Her poetic leanings have the introspective, romantic feel of lyrics.



DEAREST CHLORIS:

if your love always holds true
 I would sing a song to you
 I would write you every night
 And I’d dream till morning light
 I’d dream of love forever new
 Of joy that lives each day anew
 Not even death could steal away
 All the words I wish to say.

May – after the song “Allerseelen” (All Souls Day) by poet Hermann von Gilm and composer Richard Strauss – is from the time her grandfather passed, leaving her grandmother a widow. “It’s less about grief than it is about love, and the reality that a life-long love will one day end.”

MAY

Rosedas; I collected four
 I plucked them from the river shore
 There is so much I want to say
 Like how I fell in love in May

I ask you hold my hand once more
 And in this day, I must implore
 Smile at me through the window pane
 So we may speak of love again

You lay asleep in rows of stone
 The ground a bed for your sweet bones
 I sit by you, my dear, and pray
 And think of how we loved in May

This day I gladly give to you
 My friend, my dear, my favorite view
 Come to me so that I may say
 What wonder found me once in May

Rest was inspired by a poem Goethe wrote on the wall of a gamekeeper’s lodge. Six months before his death, the poet revisited it and broke down in tears. Later, the lodge burned down.

REST

On mountain tops high; a soft summers night,
 How peace seems in reach, yet still out of sight.
 The dew like a tear, it rolls off of the leaves,
 Right onto my cheek, and this I believe.
 For believe it I must, that peace lives in me,
 Like nectar on lilacs, or songs by the sea.
 The birds now are silent, they wait ever still.
 They know that I’ll struggle in silence until...
 I melt under treetops, alone in the grove,
 Above all my problems, enveloped by cloves.
 And If I pretend; my eyes closing and then,
 I’m granted my rest; my last breath an amen

“This poem came to me...I’ve often wondered who the “I am” represents; sometimes I think it’s ‘time,’ other times ‘fear.’”

“I AM”

When night eclipses dawn,
 And all our breaths are drawn.
 Therein the still of dusk,
 I am a hollow husk.

I do not still the night,
 Or any person’s plight.
 I am the blight of man,
 I am the moon’s lifespan.

And in the wake of dawn,
 When all our hope is gone.
 I am the winter’s breath,
 I am the touch of death.

Poetry like this arrives, a gift of the psyche, writes itself and calls you to be still and know that you are.



NOW AND ONGOING – WRITENOW!@KING

WriteNow!@King is a writer's group partnering with King Township Public Library who meet on the first and third Thursday afternoons each month from 2–4 PM. New and experienced writers participate in writing exercises, guest speakers and feedback from peers.
Location: King City Public Library, 1970 King Road, King City
Contact: info@kinglibrary.ca for more information

SEPTEMBER TO DECEMBER 2025 – FALL SKATING LESSONS – NOBLETON SKATING CLUB

Location: Nobleton Arena, 15 Old King Road, Nobleton
Time: Monday/Wednesday/Friday/Saturday sessions
Contact: nobletonskatingclub.com Email: nobletonskatingclub@outlook.com

SEPTEMBER 11 – HEALING OUR SOILS AND CLIMATE WITH COMPOST – TOWNSHIP OF KING & COMPOST COUNCIL OF CANADA

Learn more about the invisible creatures in the soil and how their activities, supported by compost use, lead to healthier, more fertile soils and a calmer climate.
Location: King Heritage & Cultural Centre, Laskay Hall, 2920 King Road, King City
Time: 6:30 PM–8:30 PM
Contact to register: www.townshipofking.perfectmind.com, Registration Code: 30433

SEPTEMBER 14 – CABERNET & CANVAS – ARTS SOCIETY KING

Immerse yourself in an unforgettable afternoon where creativity meets community at the picturesque Sherwood Farm in King City. Witness a live painting competition and delight your senses with a curated wine tasting. Don't miss the special highlight—our Mayor and Councillors stepping up to the easel in a friendly showdown, guided by professional artists. All proceeds support the vital work of ASK. Tickets: \$60.
Location: Sherwood Farm, 12485 Concession 7, King City
Time: 2 PM–6 PM
Website: www.ArtsSocietyKing.ca/events
Email: info@artsocietyking.ca
Phone: 905-833-2331

SEPTEMBER 15 – OCTOBER 31 – SHERRY DUBE EXHIBITION – KING TOWNSHIP MUNICIPAL CENTRE

Come enjoy the artworks of Arts Society King artist member Sherry Dube. Sherry is a self-taught traditional artist who creates acrylic works in a highly detailed and realistic style.
Location: King Township Municipal Centre, 2585 King Road, King City
Time: 8:30 AM–4:30 PM
– Monday through Friday
Phone: 905-833-5321
Website: www.ArtsSocietyKing.ca

SEPTEMBER 18 – TALE TELLERS NIGHT – ARTS SOCIETY KING

One and all are welcome to attend this free event featuring authors reading their short stories from a collection of Timeless Tales V – The Letters, a newly published anthology compiled from the 2025 Writing Contest.

Meet the authors and pick up your own copy of the anthology, which the authors will be thrilled to sign.
Location: Laskay Hall, 2920 King Road, King City
Time: 6–8 PM
Contact: info@artssocietyking.ca
Website: www.artssocietyking.ca

SEPTEMBER 18 – FARM TO TABLE – KING CHAMBER OF COMMERCE

Celebrate the farmers and agricultural industries of King Township.
Location: Fermanagh Farms, 4023 3rd Line, Bradford
Time: 5 PM–8:30 PM
Website: www.kingchamber.ca
Email: info@kingchamber.ca

DATE TBD – SIDEWALKABLE SATURDAY – TOWNSHIP OF KING

Come out and enjoy a fantastic day for the whole family in the heart of Schomberg! For the fourth year in a row, the Township of King is bringing the community together for Sidewalkable Saturday – a celebration of Schomberg Main Street, local businesses, art and much more.
Time: This fall – stay tuned for the date and time!
Website: www.king.ca/SidewalkableSaturday

SEPTEMBER 22 – SUSTAINABLE GARDEN HACKS – NOBLETON & KING CITY GARDEN CLUB

Carly McDougall will share hacks to make gardening easier.
Location: Laskay Hall, 2920 King Road, King City
Time: 7:30 PM
Email: nobletonkingcitygardenclub@gmail.com

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Time: 7:30 PM
Email: nobletonkingcitygardenclub@gmail.com

SEPTEMBER 23 – “GARDEN MYTHS” BY ROBERT PAVLIS – SCHOMBERG HORTICULTURAL SOCIETY

Robert Pavlis, with 50 years of gardening experience and an M.Sc. in chemistry and biochemistry, will dispel myths about planting trees, using natural pesticides and weed barriers.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 7:30 PM
Email: schomberghortsociety@gmail.com

SEPTEMBER 23 – RESCUE CAMBODIA JOURNEY TOUR – ST. PAUL'S CHURCH, NOBLETON

A presentation of Cambodian dances, culture and stories by a troupe of young people from Rescue Cambodia, a haven for orphaned and at-risk children, families living with HIV/AIDS,

and destitute elderly women in Cambodia. The event is free.
Location: St. Paul's Church, 5750 King Road, Nobleton, Time: 7 PM
Website: www.stpaulsnobleton.ca
Email: 905-859-0843

SEPTEMBER 25 – FOREST WALK & TREE PRINTING – TOWNSHIP OF KING

Celebrate National Forest week by hiking the Cold Creek Conservation Area trails and creating your own unique tree print! Free family-friendly activity, pre-registration required.
Location: Cold Creek Conservation Area, Visitors Centre parking lot, 14125 11th Concession, Nobleton
Time: 5 PM–6 PM
Contact to register: www.townshipofking.perfectmind.com Registration Code: 30434

SEPTEMBER TBD – NATIONAL DAY FOR TRUTH & RECONCILIATION – KING HERITAGE & CULTURAL CENTRE AND TOWNSHIP OF KING

Join us for a National Day for Truth and Reconciliation and Orange Shirt Day Gathering, a meaningful evening of Indigenous speakers, traditional drumming and singing, traditional dancing, food, crafts and more. View the collection of Indigenous artifacts and learn their history. Free event.
Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: TBD
Website: www.kingheritageandculture.ca

OCTOBER 4 – SCAN-O-RAMA – KING HERITAGE & CULTURAL CENTRE

The KHCC is welcoming all community members to share their King Township historic family photos. The digital scans of your photos, stories and documents will be added to our museum archives to help us continue to share the story of King Township. Don't forget to catch one of our museum workshops: teaching you how to care for and organize your photos and family collections at home!
Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 11 AM–2 PM
Website: www.kingheritageandculture.ca

OCTOBER 4 – KINGTOBERFEST – TOWNSHIP OF KING

Mark your calendars for Kingtoberfest, where the essence of Oktoberfest meets the natural beauty of Cold Creek Conservation Area. Tickets on sale in early fall.
Location: Cold Creek Conservation Area, 14125 11th Concession, Nobleton
Time: 5 PM–10:30 PM
Contact: www.king.ca/kingtoberfest

OCTOBER 7 – GUIDED FALL FOREST HIKE – TOWNSHIP OF KING & NATURE CONSERVANCY OF CANADA

Experience the sights and sounds of nature and the home of fascinating amphibians like the Jefferson Salamander while knowledgeable experts lead the way.
Location: Happy Valley Forest, meet at the intersection of 16th Sideroad & 7th Concession
Time: 6 PM – 7 PM
Contact: environmentalstewardship@king.ca
Register: www.townshipofking.perfectmind.com
Registration Code: 30435

OCTOBER 11 – WORLD MIGRATORY BIRD DAY – BIRD FEEDER BUILDING ACTIVITY – TOWNSHIP OF KING

Celebrate World Migratory Bird Day by learning about the birds that call the Cold Creek Conservation Area home and creating pinecone bird feeders to hang along the trails.
Location: Cold Creek Conservation Area, Visitors Centre, 14125 11th Concession, Nobleton
Time: 12 PM–1 PM
Contact: environmentalstewardship@king.ca
Register: www.townshipofking.perfectmind.com
Registration Code: 30436

OCTOBER 18 – ISLAMIC HERITAGE DAY – TOWNSHIP OF KING

Celebrate Islamic Heritage in King with events, workshops and activities centred around this year's theme: science & technology. The KHCC is partnering with King's Islamic community on a pop-up exhibit, storytelling, vendors, kids' crafts and refreshments.
Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 1 PM–4 PM
Website: www.kingheritageandculture.ca

OCTOBER 19 – SPEAKER SERIES WITH DAVID F. CHAPMAN – KING HISTORICAL SOCIETY

Topic is the 71st anniversary of Hurricane Hazel
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 1 PM
Website: www.kingtownshiphistoricalsociety.com
Email: kinghistoricalsociety@gmail.com

OCTOBER 23 – OH! CANADA – 12TH ANNUAL SIP & SAVOUR – KING TOWNSHIP FOOD BANK

Join us for an evening of True North fun, food, and fundraising in support of the King Township Food Bank featuring Canadian culinary traditions from coast to coast to coast. Enjoy toe-tapping entertainment and a festive atmosphere designed to make your spirits soar.
Location: Cardinal Golf Club, 2740 Davis Drive West, King
Time: 6 PM–9 PM
Contact for information or tickets: www.ktfb.ca
Email: ktfbshipandsavour@gmail.com

OCTOBER 24 – NIGHT AT THE CREEPY CREEK – TOWNSHIP OF KING

During the spooky season, Cold Creek Conservation Area transforms into a world of thrills and chills just in time for Halloween. Registration opens early fall.
Location: Cold Creek Conservation Area, 14125 11th Concession, Nobleton
Time: 6 PM–9 PM
Website: www.coldcreek.ca/creeptycreek

OCTOBER 25 – HALLOWEEN AT THE MUSEUM – KING HERITAGE & CULTURAL CENTRE

The Museum is haunted with spooky trick-or-treaters and a mystery lurks in our heritage buildings. Did we mention there will be candy? Bring your Halloween costume and discover the fun!
Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 1 PM–3 PM
Website: www.kingheritageandculture.ca

OCTOBER 25 – ALL-DAY HOME ALTERNATIVE ENERGY & RETROFIT EVENT – KING ENVIRONMENTAL ACTION TEAM (KEAT) – TOWNSHIP OF KING

Learn about alternative energy for your home from local experts.
Location: Zancor Centre, 1600 15th Sideroad, King City
Time: 11 AM–4 PM
Website: www.king.ca/EnvironmentalEvents

OCTOBER 27 – GROWING UP WITH TREES – NOBLETON & KING CITY GARDEN CLUB

Guest speaker is Jack Campbell.
Location: Laskay Hall, 2920 King Road, King City
Time: 7:30 PM
Email: nobletonkingcitygardenclub@gmail.com

OCTOBER 28 – “HOUSE PLANTS – MOST IMPORTANT, LEAST UNDERSTOOD” – SCHOMBERG HORTICULTURAL SOCIETY

Darryl Cheng will reveal the secrets to understanding light requirements for houseplant owners struggling with vague directions leading to dramatically different interpretations and results.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 7:30 PM
Email: schomberghortsociety@gmail.com

NOVEMBER 7-9 – AUTUMN ART SALE FUNDRAISER – McMICHAEL VOLUNTEER COMMITTEE

Shop original art and sculpture by contemporary Canadian artists. Proceeds directly support the artists and projects funded by the McMichael Volunteer Committee.
Location: McMichael Canadian Art Collection, 10365 Islington Avenue, Kleinburg
Time: Opening Night Reception & Sale: Fri., Nov. 7, 6 to 10 PM; Art Sale: Sat., Nov. 8 & Sun., Nov. 9, 10 AM to 5 PM
Email: mvc@mcmichael.com
Phone: 905-893-1121

NOVEMBER 8 – FALL BAZAAR – CHRIST CHURCH KETTLEBY

Join us for this beloved annual tradition featuring our famous bake table, local veggies, homemade crafts and coffee/tearoom, serving sweet treats and fall loaves.
Location: Christ Church Kettleby, 292 Kettleby Road, Kettleby
Time: 12:30 PM–3:30 PM
Website: www.anglicanparishoffloydtown.com
Phone: 905-955-2765

NOVEMBER 12 – EXCELLENCE IN BUSINESS AWARDS – KING CHAMBER OF COMMERCE

Celebrate the exceptional businesses and leaders within King Township and the King Chamber of Commerce.
Location: The Manor, 16750 Weston Road, King
Time: 5 PM
Website: www.kingchamber.ca
Email: info@kingchamber.ca

NOVEMBER 14, 15, 16 & NOVEMBER 21, 22, 23 – KINGCRAFTS STUDIO SALE 2025

Drop by to browse and shop a variety of handmade pieces by local artisans. Free admission, no tax
Location: Kingcrafts Studio, 12936 Keele Street, King City
Time: 10 AM–4 PM
Website: www.Kingcrafts.ca

NOVEMBER 18 – BANQUET AND ANNUAL GENERAL MEETING – SCHOMBERG HORTICULTURAL SOCIETY

Enjoy a delicious dinner and indulge in some decadent desserts, a time to applaud our members who won awards and prizes for their excellent showings and photographs, and a chance to welcome new board members.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 7:30 PM
Email: schomberghortsociety@gmail.com

NOVEMBER 22 & 23 – KING ARTISAN HOLIDAY MARKET – ARTS SOCIETY KING

Discover the perfect gift – or an enchanting treasure just for you – at the inaugural ASK Artisan Holiday Market. Wander through historic buildings transformed into galleries of creativity where over a dozen talented artisans unveil their exquisite works.
Location: King Heritage & Cultural Centre, 2920 King Road, King City
Time: 11 AM–4 PM
Website: www.ArtsSocietyKing.ca/events
Email: info@artssocietyking.ca

NOVEMBER 22 & 23 – ONE OF A KING – TOWNSHIP OF KING

This handmade holiday market is a great place to find locally made treasures, gifts and more!
Location: King Township Municipal Centre, 2585 King Road, King City
Time: 10 AM–3 PM
Website: www.king.ca/OneofaKing

KING HERITAGE & CULTURAL CENTRE PROGRAMS & EXHIBITIONS

Location: 2920 King Road, King City
Website: www.kingheritageandculture.ca
Phone: 905-833-2331

ONGOING TO NOVEMBER 8 – ON TRACK: CONNECTING COMMUNITIES, CREATING A COUNTRY

In conjunction with the reopening of the King Railway Station, the King Heritage & Cultural Centre is pleased to present ON TRACK. This in-house exhibition explores the growth of railways in the early days of settlement and highlights how the railway created a country from coast to coast. The exhibition includes train-themed activities.
Time: Tuesdays through Saturdays 10 AM–4 PM

SEPTEMBER 20 – D & D YOUNG

ADVENTURERS LEAGUE

OCTOBER 4 – D & D YOUNG

ADVENTURERS LEAGUE #2

Learn the fundamentals of storytelling and Dungeons & Dragons 5e game mechanics while changing the course of history – as our stories from the museum archives come alive with magic, dragons and mythical beings! Designed to introduce your child to D&D and improv in one sitting: from character creation to completing the story. Suitable for ages 6–11.
Time: 10 AM–11:30 AM

SEPTEMBER 20 – PHOTOGRAPHY POP-IN

Calling all families, couples, groups, individuals and even pet owners and their pets to an outdoor pop-in photoshoot at the KHCC museum! Register for a 30-minute photo session with our professional photographer, with the KHCC's heritage buildings and gardens as your backdrop. You will be provided with your digital photographs following the session for you to print, treasure, scrapbook or

showcase.
Time: 10 AM–2 PM

SEPTEMBER 24, OCTOBER 1, 8 & 15 - FENCING 101

The KHCC is hosting “Knights in the Classroom” – Fencing 101 in our historic Laskay Hall for beginners of all ages. Guided by an experienced fencer and certified coach, participants are given the opportunity to develop their technique over this 4-week course. Fencing-grade equipment, including jackets, gloves, masks, swords and chest protectors, will be provided. Long pants and indoor athletic shoes are required. Ages 10+ (teens, adults, seniors and families included).
Time: TBD

NOVEMBER 1 – METIS BEADING WITH KATHY MORGAN

Learn the art of Métis Beading with Métis artist Kathy Morgan as, she shares the art and stories passed down through her family over many generations. Design a beaded poppy in commemoration of Indigenous Veterans Day and Remembrance Day; or a beaded flower of choice. Kathy is a proud member of the Métis Nation of Ontario, renowned for their distinguished beadwork, most often incorporating floral patterns. She was initially taught beadwork by her Métis grandmother; and continues to share her knowledge as a Métis Cultural Presenter and beadwork instructor.
Time: 12 PM–4 PM

NOVEMBER 15 TO DECEMBER 12 – TREES OF GIVING: THROUGH THE DECADES

In celebration of King's 175th anniversary, our annual display of trees will be decorated with a “Through the Decades” theme. Vote for your favourite tree and help fundraise for Kingcrafts!

NOBLETON SENIORS 55+

Location: Nobleton Arena, 15 Old King Road, Nobleton
Time: 10 AM–12 NOON
Contact: Joanne Bailey 416-706-9375
Email: jbailey133@yahoo.com
Website: www.king.ca/seniors

SEPTEMBER 11 – WELCOME BACK: JOIN OUR “ICE CREAM SOCIAL” SPONSORED BY DEL MANOR IN AURORA

Kristen Egan, Community Outreach Manager from Del Manor in Aurora, will talk about brain health.

SEPTEMBER 18 – TAI CHI DEMONSTRATION AND THE IMPORTANCE OF BREATH WORK

Holistic practitioner Maryanne will engage us in Tai Chi and talk about the importance of breath work. A refreshing juice will be provided. Register by September 14.

SEPTEMBER 15 – THE “OSCARS IN NOBLETON”

It's your Red-Carpet Day at the Oscars in Nobleton. Enjoy a movie with popcorn. Movie to be selected by the group.

OCTOBER 2 – HOMEOPATHIC MEDICINE

Homeopathic practitioner Tariq Chaudhry will speak about Homeopathic Medicine, its origin, philosophy, core principles and how it works in the body.

OCTOBER 9 – PAINT YOUR OWN FALL SIGN

Artist Angela Del Borrello will design a fall sign for you to paint for your home. Cost is

\$10, which includes all materials. Register by October 6.

OCTOBER 16 – CHAIR ZUMBA AND FIRST IMPRESSIONS WORKSHOP

Come out for chair Zumba and a First Impressions Workshop with Frank. Wear your favourite hat that displays your character.

OCTOBER 23 – EYE HEALTH FOR SENIORS

Optometrist Dr. Melissa Siragusa from Nobleton will talk about the warning signs of cataracts and glaucoma.

OCTOBER 30 – SURPRISE HALLOWEEN THEME FROM THE “FLOURISH FAMILY CHIROPRACTIC CLINIC”

Come and enjoy a breakfast talk sponsored by this new clinic and learn about the services available. Snacks and refreshments will be served. Register by October 27.

NOVEMBER 6 – ACRYLIC ON CANVAS, BIRCH TREE PAINTING

Artist Angela Del Borrello will give you instructions on how to paint a birch tree scene. Cost is \$10 for all materials. Register by November 3.

NOVEMBER 13 – “SO YOU THINK YOU CAN WRITE”

Dorita Peer (author, journalist, editor, publisher and illustrator) will lead us into an adventure with muse. Please bring a photo on any subject.

NOVEMBER 20 – “ONCE UPON A TIME:” THE HISTORY OF SCHOMBERG

Come listen to an interesting presentation by Bill Foran, long-time resident of Schomberg.

SCHOMBERG SENIORS 55+

Location: Variable
Times: Variable
Contact: Email kingtownshipseniors55@gmail.com Phone: 905-833-6565

SEPTEMBER 8 – WELCOME BACK

Mini workshop – Summer-fun-sharing and getting to know more about each other.
Location: Trisan centre, Curling Lounge, 25 Dillane Dr, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

SEPTEMBER 11 – OUTING – SLABTOWN CIDER CO. – SELF-DRIVE

Cider tasting outing.
Location: 4559 Concession Road 6, Uxbridge
Time: 2 PM–4 PM

SEPTEMBER 22 – WHAT A PHARMACIST CAN OFFER TO HELP MAINTAIN GOOD HEALTH

Helen Panezutti, pharmacist at Guardian-Brownsville Drugs, will give a presentation on how pharmacists can help keep you healthy.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

SEPTEMBER 27 – “LET ME OUT” ESCAPE ROOM – SELF-DRIVE

Another escape experience. Cost \$26 to \$30, depending on number of attendees. Free parking.
Location: 634227 Hwy. 10, Mono
Time: 2 PM until you get out!



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FALL 2025 EVENTS CONTINUED

AROUND THE NEIGHBOURHOOD

OCTOBER 3 – DOWNTON ABBEY: “THE GRAND FINAL” MOVIE – SELF-DRIVE
See the final Downton Abbey movie. Cost \$12 per person, refreshments extra.
Location: Newmarket Cineplex, 18195 Yonge St, East Gwillimbury (Newmarket)
Time: TBA

OCTOBER 6 – SENIORS FINANCIAL ABUSE
Yellow Brick House will host a presentation on the financial abuse of seniors and how to keep your savings safe.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

OCTOBER 19 – “WHERE DARK THINGS DWELL” – SELF-DRIVE
Prepare to be scared by this night-time escape room experience. Cost \$53 per person, \$10 for parking.
Location: Black Creek Pioneer Village, 1000 Murray Ross Pkwy, Toronto
Time: 8 PM until you get out!

OCTOBER 20 – KATHRYN MORTON, PRESIDENT, AVONLEA TRADITIONS INC.
Kathryn's on-line Canadian doll business features dolls from all over Canada, accompanied by journals filled with stories, maps and more. Accessories are uniquely Canadian, such as wooden toboggans, parkas, etc.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

OCTOBER 23 – FALL COLOURS TOUR AND LUNCH – SELF-DRIVE
See the fall colours and enjoy a full English tea at the British Tea Shop in Alliston.
Location: British Tea Shop, 11 Young Street, Alliston
Time: 12 PM

NOVEMBER 3 – LIFE STORY PRESENTATIONS AND PUZZLE AND BOOK SALE
Our very own Carol Hindley features the life story of another one of our fascinating Schomberg 55+ members.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

NOVEMBER 10 – WENDY EMERY: GLASS CREATION WORKSHOP
Wendy Emery returns to teach us to make more fabulous glass creations. Cost TBD.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

NOVEMBER 17 – “UNLOCK THE MAGIC OF YOUR HOME” WITH MARIANNE SHELDRAKE
Mariane, a Feng Shui consultant, will teach us how Feng Shui can help shift your life.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

NOVEMBER 24 – “BELLE ITALIA” WITH LIANNE HARRIS
Lianne Harris returns, this time to guide us on a tour of Italy, its place in history and its ever-reaching influence on us today, followed by a complimentary pizza party.
Location: Schomberg Community Hall, 325 Main Street, Schomberg
Time: 10 AM for coffee; meeting starts at 10:30 AM

KING CITY SENIORS 55+
Location: King City Seniors Centre, 1970 King Road, King City
Time: 10 AM – Except September 8 and October 17
Contact: RSVP to King City Seniors Centre at 905-833-6565

SEPTEMBER 5 – PRESENTATION – WILLS AND ESTATE PLANNING
David Struthers will provide information on the need for wills and estate planning.

SEPTEMBER 8 – MEN'S CLUB
Men who are members of King City Seniors are invited for breakfast and to discuss ways that the club can provide more activities of interest to them.
Time: 9:30 AM

SEPTEMBER 12 – CREATIVE WORKSHOP
Artist Angela Del Borello will provide a workshop involving a form of artistic creation. Themes and medium to be announced.

SEPTEMBER 26 – PRESENTATION BY YORK REGION TRANSIT
Erin Straughan of York Region Transit will

provide information on recent changes to help with transit issues for seniors in King Township.

OCTOBER 3 – PRESENTATION ON GRIEF
Michelle Frauley of Hospall will discuss ways of dealing with grief.

OCTOBER 10 – CREATIVE WORKSHOP
Artist Angela Del Borello will provide a workshop involving a form of artistic creation. Themes and medium to be announced.

OCTOBER 17 – POTLUCK LUNCH
Come out and enjoy a delicious buffet. Each attendee is asked to bring either a main course item or a dessert. Time: 11:30 AM

OCTOBER 24 – COOKING CLASS – MAKING CANNOLI
Rose will show us how to make cannoli. Registration is necessary. Cost TBD.

NOVEMBER 7 – PRESENTATION ON FIRE SAFETY IN THE HOME
Heather will discuss fire prevention and fire safety in our homes.

NOVEMBER 14 – PRESENTATION – IN HONOUR OF REMEMBRANCE DAY
Gordon and Christa Van Dyke will give a talk on “Children of the War.” A look at growing up on opposite sides of the conflict in WWII.

NOVEMBER 21 – CREATIVE WORKSHOP
Artist Angela Del Borello will provide a workshop involving a form of artistic creation. Themes and medium to be announced.

Sons’ adventures inspire children’s book



WRITTEN BY JOANNE BAILEY
Joanne is a retired college professor and registered nurse. She is an active volunteer with Arts Society King and the Nobleton Seniors' Centre.

“I can still picture my two boys, who are now grown men, in their rubber boots, jumping in puddles, climbing hills and swishing through tall wet grass,” says Marina Di Girolamo. “Feeling nostalgic about the childhood of my two sons and how magical it was for them to explore the world around them while playing together was an inspiration for me to write this book, ‘Just What We Need.’”

Marina was an immigrant child who came to Canada from Italy in 1966 with her parents, settling in the GTA. For Marina, reading was a huge undertaking since her parents did not speak English. “Both my parents worked all day, so I found pleasure in reading. I not only saw adventure but could view the world through the books I read. I still remember at age seven riding my bicycle to the book mobile every Saturday because there were no libraries. The sound of my feet on the metal steps and the aroma inside

the book mobile was a beautiful thing for me. The following Saturday, I would return those books and grab more. This weekly adventure developed my language skills.” After high school, Marina went to York University and achieved a Bachelor of Education and a BA in French. As an elementary school teacher for 32 years, Marina taught junior kindergarten to grade 8. Her career advanced as a reading and ESL specialist. With her degree in French and a fascination with Paris, Marina remembers the enjoyment of reading “Madeline,” written by Ludwig Bemelmans.

In these colourful rhyming picture books, children can easily chime in, guessing what the next word may be. “In my book, ‘Just What We Need,’ I chose to write a story in rhyme because hearing rhyme is one of the best ways to promote confidence and competency in children. A rhyming story is predictable, and children begin to develop a richer vocabulary.”

Four years ago, Marina and her husband moved to King City. Marina says that the open spaces, farmland and hiking trails helped inspire her to write a book. As a “Nonna” to Aria, Marina takes great joy in reading to her granddaughter as she did to her boys. “I read to my two sons as

soon as they could sit up and now I want Aria to love books and personally develop her own little character. It is important for children to limit screen time and explore nature.” Marina believes children should learn that “it is okay to take a few risks while playing outside, get dirty, fall down, scrape a knee and then get back up to face a new challenge.”

Even in the midst of busy lives, it only takes a few minutes a day to stop and read aloud to our children or grandchildren. This in turn encourages them to develop the joy of literature and the lifelong habit of reading. When children are exposed to reading, they feel connected, ask more questions, engage in meaningful conversations and openly express their feelings.

Now retired from teaching, Marina is an active volunteer in King Township with the Arts Society King and Christmas in King. Marina's book “Just What We Need” is her first published work and is an adventure about her two sons, who were energetic, constantly on the move and eager to explore.

Marina's book is available at Indigo or on Amazon.

<https://pegasuspublishers.com/books/all/just-what-we-need>



Marina Di Girolamo reads a copy of her book, *Just What We Need*, to her granddaughter, Aria.



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AROUND THE NEIGHBOURHOOD

Reads for the SEASON

The leaves are falling, and the weather is slowly cooling down; now is the perfect time to rest and enjoy the season changes with these library staff-recommended reads for a cozy autumn. For more recommended reads, check out our staff-curated list online at <https://king.bibliocommons.com/>



WRITTEN BY
NICOLE GNEO
Nicole is the Interim Program Supervisor for the King Township Public Library.



Sarah Suggests:
The Stolen Queen
by Fiona Davis

Egypt, 1936: Charlotte Cross attends an archaeological dig, where a tragedy alters her life forever. New York City, 1978: Annie Jenkins lands a job helping Vogue magazine editor Diana Vreeland organize the famous Met Gala, hosted at the Met Museum. Charlotte now works at the same museum in the department of Egyptian Art, researching a female pharaoh called Hathorkare. During the Met Gala, a valuable artifact that once belonged to Hathorkare is stolen, and it appears her legendary curse has been reawakened. Charlotte realizes she must go to Egypt, a place she swore she would never return to, and Annie, who has been blamed for the theft, tags along to try and clear her name. Perfect for fans of ancient Egypt, museums, fashion magazines, art theft, dual timelines, and female friendship.



Theresa Suggests:
The Maid
by Nita Prose

The Maid by Nita Prose is an entertaining read. Molly Gray takes great pride in being a maid at the Regency Grand Hotel and is shocked one morning to find a wealthy guest, Mr. Black, dead in his hotel room. Her orderly life is turned upside down when she becomes the lead suspect in his murder! This mystery novel has twists, surprises, and explores themes of invisibility, acceptance, friendship, and strength of character.



Nicole Suggests:
Phantasma
by Kaylie Smith

Looking to escape reality for a while? Dive into the darkly enchanting world of the *Wicked Games* series by Kaylie Smith. The first novel, *Phantasma*, follows Ophelia Grimm as she inherits her family's magic after her mother's sudden death. Thrust into a new role and burdened with overwhelming debt, Ophelia must act quickly to save what's left of her family from losing everything. Her only option? Enter — and win — the deadly competition known as *Phantasma*, run by demons and devils. As the stakes rise, she's forced to team up with a mysterious stranger named Blackwell. But can she trust him? With magic, danger, and a touch of romance, *Phantasma* is a spellbinding read—perfect for the Halloween season!



Ada Suggests:
The Complete Autumn & Winter Cookbook
by America's Test Kitchen

Fall is a season for celebration! Leaves are starting to change colour, and using seasonal vegetables, especially in autumn and winter, is the perfect way to create cozy and enjoyable dishes. Fall brings a variety of fresh ingredients like squash, sweet potatoes, carrots, and apples. Cooler temperatures and festive occasions inspire the creation of comforting dishes, stews, soups and baked goods. The recipes in *The Complete Autumn & Winter Cookbook* by America's Test Kitchen will guide you in appreciating the satisfaction of a homemade meal.

• Nourhan Almasri



• Apheleauty



• Denim Bloom



HELLO my name is Nourhan Almasri

I consider myself a rising artist with a curious mind and a brush full of possibilities — blending the precision of science with the soul of art. My creative spark was lit early, tracing mountain ranges under the gentle guidance of a family friend — my first art mentor. Encouraged by my elementary school art teacher, who recognized my innate talent, I began to take my gift more seriously. With the warm support of my parents and the vibrant influence of local artists, I dove into art camps and classes where my passion bloomed like watercolour on paper.

My choice of mediums, ranging from pencil and acrylics to digital and mixed media, is shaped by my artistic intent, allowing me to continuously

experiment and evolve. My creativity also found its way into fashion, where I designed garments and competed in regional design competitions, earning awards along the way. Whether it's canvas, fabric, or the margins of a lab notebook, my art reflects a deep commitment to expression. Today, I continue to explore where creativity and curiosity collide. With a deep love for my King community and a heart open to growth, I am now seeking art mentors to help support my evolving vision and guide me as I build a life where science and art meet in harmony.

Socials:
Instagram @nourhan_ral
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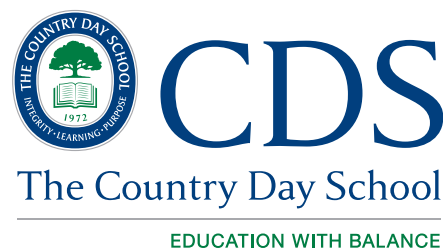
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Red-leafed trees outside Anna's house

IT'S ALL ABOUT THE MATH

I love fall, the crisp air, the blustery days, and especially those **fiery red leaves** that make my heart do cartwheels.



WRITTEN BY ANNA SANTAROSSA

Anna is a retired teacher and the founder of ARYCT (Active Retired York Catholic Teachers.) She is also highly active in the community, serving on King Township's Heritage Advisory Committee, and as co-president of the Nobleton and King City Garden Club.

One windy afternoon, while backing out of my driveway (very slowly, mind you), I stopped to admire the red-leafed trees and bushes in my garden – and had a revelation.

Turns out, I'm subconsciously obsessed with the Fibonacci sequence. You know that math pattern where each number is the sum of the two before it: 0, 1, 1, 2, 3, 5, 8...? You get it. And guess what? I had unknowingly planted five red-leafed trees and shrubs.

That's when I realized – it wasn't just the red trees. Fibonacci was everywhere. Leaf patterns, tree branches, flower petals... my garden was basically a living, blooming math textbook.

Like most gardeners, I always say there's no such thing as too many plants. And whenever I added new ones, I instinctively planted them in groups of three or five,

thinking it was just a good design principle. Turns out, I've been doing math all along.

Now, you can ask anyone in my family, and they'll tell you: "Math is not her thing." I'm the person who gets side-eyed during group bill-splitting – and yes, I know there's an app for that. But, after spotting all those mathematical patterns in my garden, I wanted to know everything about Fibonacci's sequence and why math was showing up in my garden. That's when it hit me: math isn't just about crunching numbers – it's about patterns, beauty, and yes, inspiration.

I wish someone had told me that in high school. I might have taken a greater interest in the subject. To the untrained mathematical mind like mine, it seems that number patterns like the Fibonacci sequence found in nature are magical. However, after doing some research, it turns out that the number patterns aren't magical; they're efficient. Nature isn't trying to be clever; it's trying to survive. And the plants that figured out the most efficient ways to grow? They're the ones still showing off in my backyard. So yeah, maybe math is my thing – especially when it comes with petals.

That windy autumn epiphany sent me straight down a rabbit hole of golden ratios and spirals. Fibonacci numbers are everywhere – three sections in bananas, five in apples, and spirals galore in sunflowers, pinecones and pineapples. Did I count every petal myself? Absolutely not. I trusted the internet (and a few botanists). The more I read, the more I noticed that a particular debate began to emerge: Is this sequence simply an efficient mathematical design...or is it evidence of the Divine?

I'm not getting into that debate. I'm just a curious gardener with a love of red leaves, a new respect for math, and a garden that – apparently – has been doing advanced geometry behind my back.

As I looked at my garden in this new way, I realized it's not like a textbook; it is one. Geometry in the leaf shapes and spirals. Number sense in how the plants cluster and multiply. Algebra in the way things grow. Measurement in every inch of spacing. Data in what thrives and what doesn't. And probability? Let's just say every time I plant something new, there's a 50/50 chance it survives – and that might be generous.

And running quietly through it all is the Fibonacci sequence, the very thing

that sparked this whole revelation. That blustery autumn afternoon, when I paused to admire the five fiery red trees in my garden, I had no idea I was about to tumble down a mathematical rabbit hole. But there it was, woven into everything: the numbers, the spirals, the patterns I hadn't consciously noticed until they practically waved at me. What began as a passing glance turned into a full-blown fascination. Suddenly, I wasn't just looking at plants, I was seeing nature's logic, its elegance, and its efficiency in full bloom.

So now, every time I step into my garden, I see more than flowers and foliage. I see math at work – quiet, clever, and beautifully disguised in petals and leaves. Who knew the key to falling in love with numbers was right in my front yard?



The number of spirals on pinecones are almost always Fibonacci numbers




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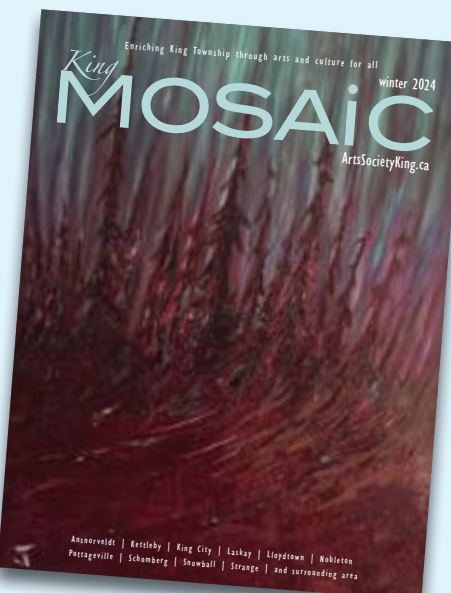
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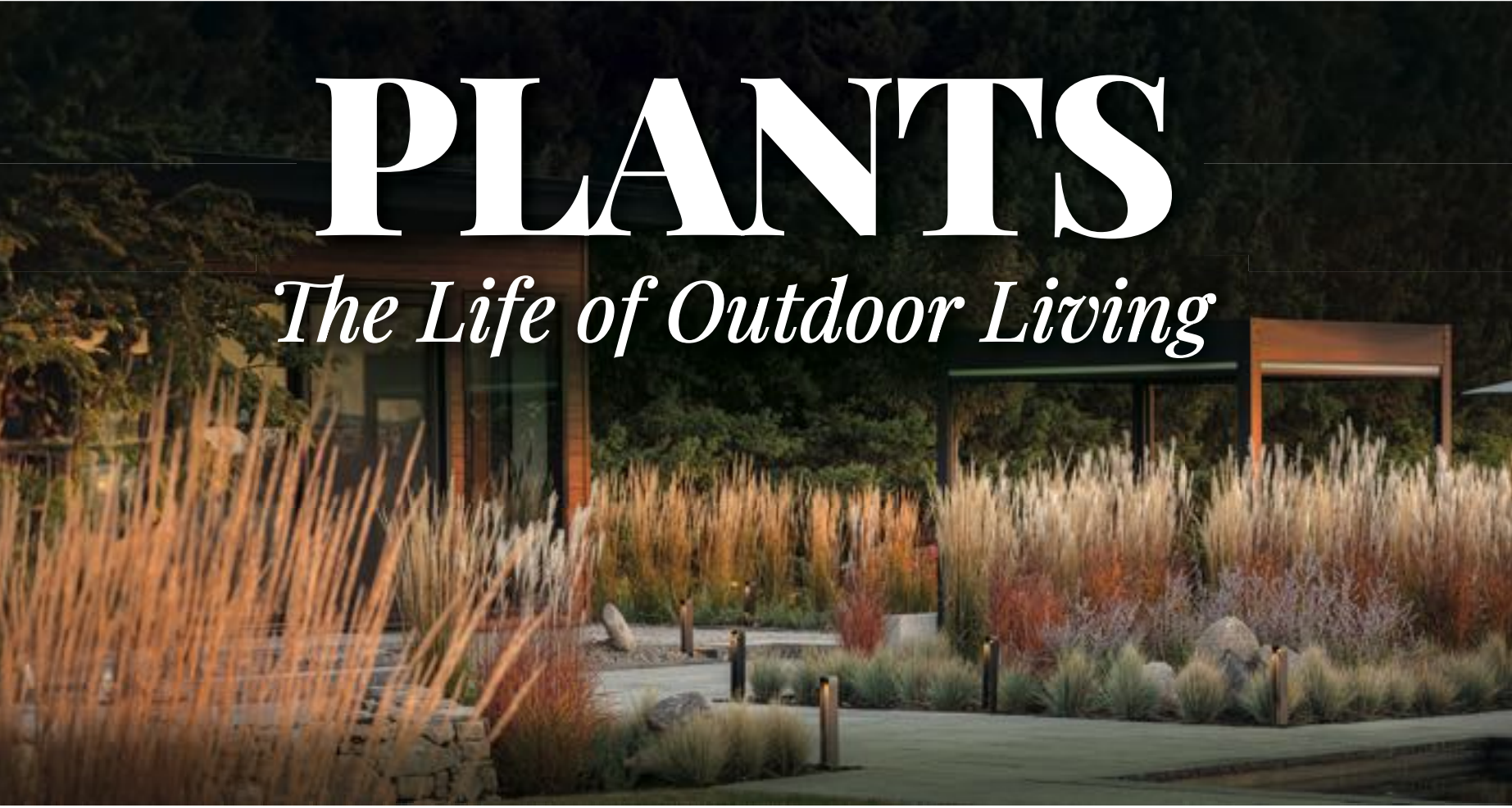


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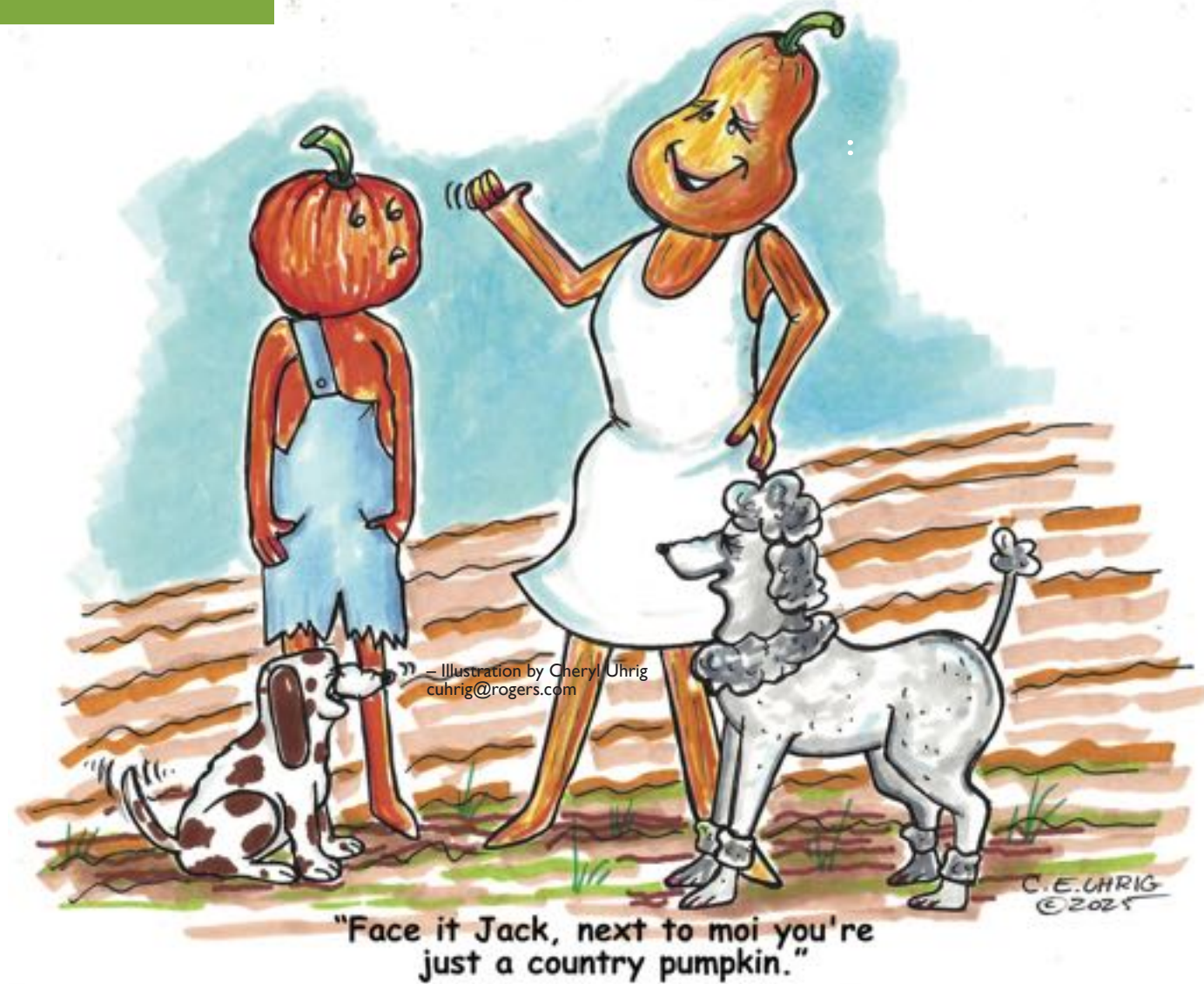
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THE TRUTH ABOUT PUMPKINS & PIES



WRITTEN BY ART WEIS

Art is Professor of Ecology and Evolutionary Biology at the University of Toronto, and former director of the Koffler Scientific Reserve at Jokers Hill.

Long ago, on a crisp November day, I had a thought: rather than throw out the Halloween jack-o-lantern, turn it into pumpkin pie!

It was still fresh, and I figured that “homemade, from scratch” had to beat any pie you could get from a can of filling. I had no recipe in hand, and the internet was still decades into the future, but in my youthful exuberance I thought how hard could it be? You can probably anticipate the answer: But it wasn’t the difficulty in reducing five pounds of pumpkin into several cups of custard that haunts my memory. It’s the sheer awfulness of the result. It was at once both grainy and slushy. It tasted like pumpkin pie in the same way that grape Kool-Aid tastes like Beaujolais. That pie never made it to the table. It was

only years later I learned the fault lay not so much in the cook as in the pumpkin.

A rose may be a rose, but the name “pumpkin” is wracked with ambiguity. The big, orange, round, ribbed thing you carve for a jack-o-lantern is only one of a dazzling array of fruits produced by the varied cultivars of the species biologists call *Cucurbita pepo*. Some types are called pumpkins, some squash and some gourds. Acorn squash is one of them, along with spaghetti squash and zucchini. And so are those half-green, half-yellow decorative gourds. Just as terriers, huskies and dachshunds are all of the species *Canis familiaris*, the vines producing these diverse fruits all belong to *C. pepo*.

And, as with dogs, humans orchestrated the diversification of these plants. Remains of squash-like plants have been recovered at archeological sites in southern Mexico dating to 10,000 years ago, putting *C. pepo* into the running for oldest domesticated plant. The First Nations spread the vine throughout Mexico, across the plains, up the Mississippi valley and northeast to the

Great Lakes basin. The Haudenosaunee were among the peoples who used it in a cropping system they called the “three sisters.” Maize, beans and squash were grown together in the same mound. It was a form of companion planting whereby the squash smothered weeds, the beans enhanced soil fertility, and the corn offered vertical support for its viny partners. In some places, the squashes were eaten in summer; before they matured. Elsewhere they were left for late autumn and stored for the winter. Several cultures preserved the fruits by slicing then drying in the sun. As seeds got passed down generation after generation, local practices caused these species to genetically diversify into local varieties. Curious gardeners can buy seeds for a few of these many varieties from seed producers in the southwestern states. For *C. pepo*, some of these offerings are labeled as squashes and some as pumpkins.

So, we’ve learned that not all *C. pepo* are pumpkins. But it turns out that not all pumpkins are *C. pepo*. A closely related species, known as *Cucurbita moschata*,

BRANDIED PUMPKIN PIE

If you use a frozen, prepared crust, this recipe is as easy as pie.

INGREDIENTS:

One butternut squash, ~1200 gm; 3 large eggs; 1 C heavy cream; ¾ C dark brown sugar; ½ t salt; 2 T brandy, 2 t ground ginger; 1½ t ground cinnamon; ¼ t grated nutmeg; pinch of ground clove; one frozen, pre-formed 10-inch pie crust.

DIRECTIONS:

- Peel and seed the squash, then cut flesh into 1½-in chunks. Coat with melted butter and roast at 400 degrees, stirring once or twice, until the squash is tender; about 30 to 45 minutes. A bit of browning is okay. Let it cool, then purée in a food processor.

- Partially bake the crust at 375 degrees. To keep the pie shell flat, line with aluminum foil and fill with dried beans to weigh it down. Bake 20 minutes, then remove foil and beans and bake until pale golden, 5 to 7 minutes more. Cool on rack until needed.

- In a large bowl, whisk together 1¾ C of the squash purée with the eggs, cream, brandy, salt and all the spices. Pour the mixture into the cooled pie shell. Transfer the pie onto a large baking sheet.

- Bake at 325 degrees until crust is golden and center jiggles just slightly when shaken, 50 to 60 minutes.

After the pie completely cools, serve it with a dollop of whipped cream laced with a sprinkle of ground cinnamon. And why not wash it down with a wee snifter of brandy?

was also domesticated by the first Americans. Originating in more tropical latitudes, it too diversified as it was spread about. Its most familiar cultivar may be the butternut squash. In contrast to the stringy grainy flesh and earthy flavour of acorn squash, butternut is smooth, creamy, nutty-tasting and faintly sweet. This flavour/texture profile makes butternut squash a fine ingredient for sophisticated recipes, including purées, soups and soufflés. And these same characteristics are shared with at least two other *C. moschata* cultivars, the Seminole and Dickinson pumpkins! Their ribbed, round shapes are nearly the same as a jack-o-lantern pumpkin, but their flesh makes a smooth, custardy pie filling! In fact, when you buy a can of Libby’s 100 per cent Pumpkin Pie Filling, you’re getting 100 per cent Dickinson pumpkin. Coarse, crude jack-o-lanterns need not apply.

Some say the best “pumpkin pie” is made from butternut squash, and I won’t disagree. Please see above for a recipe for pumpkin pie that I got from the New York Times.



• Joseph and Mary Ann (Proctor) Hollingshead with their two daughters (standing) and niece (seated), circa 1901.

Mysterious Local Love

A STORY FROM THE ARCHIVES

As the celebration of King’s 175th Anniversary continues throughout 2025, we are again focusing on a story from King Township’s past, discovered in the archives of the King Heritage & Cultural Centre (KHCC).



WRITTEN BY FELICIA ROSATI

Felicia is an Archives Volunteer at the King Heritage & Cultural Centre.

The KHCC is home to four heritage buildings and houses artifact and archival collections – all with stories that captivate visitors, staff and volunteers like me. Since I started volunteering in the archives a few years ago, I have been lucky to see some amazing pieces of the past that have been donated to the site. Much of my volunteer work has focused on transcribing documents – from letters written by a World War I soldier to love letters of notable citizens of the Township. Each time I leave the KHCC, I am left wanting to know more – and spend time imagining the many possibilities of what really could have happened all those years ago.

Late last year, the KHCC received a donation of love letters written by Joseph Hollingshead to Mary Ann Proctor. The Hollingsheads were active members of the community who descended from a

family of United Empire Loyalists. During the War of 1812, Joseph’s father Anthony, at only 12 years of age, drove a wagon full of American prisoners.

Joseph, born June 10, 1845, grew up in Nobleton with eight siblings. He operated his own farm in King Township during the period 1867 to 1869 – and it was during these years that he was writing to Mary Ann Proctor.

Mary Ann was born in King Township on April 25, 1845 to John Proctor and Margaret Sutcliff, both of Irish descent. The couple moved to Lot 20, Concession 7 in King, where Mary Ann and her 10 siblings were born. While there is not much known about Mary Ann, she must have been an incredibly captivating woman if Joseph’s pure dedication to her affection is any indication.

The letters do not lack fondness – Joseph makes his adoration for Mary Ann clear from the earliest letter received by the KHCC. On October 8, 1866, he writes, “All the friendship I ever professed for you I still retain. I am at this moment as devotedly attached to you as ever and

my heart tells me that my affection can never change except grow stronger with every new proof of your kindness.” Clearly, Joseph is smitten.

But as with many great love stories, there were a few bumps in the road. In a letter from September 1, 1868, Joseph wrote, “You cannot doubt for one moment that I love you with the fondest affection and would devote my whole existence to your happiness.” But then a twist: “Oh dear Mary Ann think how deeply I love you and believe not one word you hear about me until you hear it from some person that is not an enemy of mine because I believe there are some on the ninth concession that do hate me not that I ever wronged them but simply because I got to see you any person letting such things about me as you told me if I am willing to face any time such things are false and are only done to turn you from me.” (Punctuation was missing from the original letter.)

The staff and volunteers at KHCC were left shocked and intrigued – what could this mean, what was being said about Joseph and who was it that was trying

• Photo of letter written by Joseph to Mary Ann before they were married.



to keep Joseph and Mary Ann from one another? Was it someone after Mary Ann’s heart, envious of the blossoming relationship between the two, or someone pining after Joseph? While we may never know the answers to these questions, Joseph and Mary Ann did stay together. The couple married in December 1869 and resided in Schomberg. They had two children, daughters Charlotte Alberta and Emily Ann Elizabeth. In 1870, Joseph rented property and worked as a general merchant, then eventually became a successful druggist. Mary Ann and Joseph remained in Schomberg until their deaths, with the former passing in 1937 and the latter in 1907; both are buried in the Schomberg Union Friends Cemetery.

Our paper trail of the couple ends here, but we are happy to know that the two remained together; hopefully happily in love. While some questions remain unanswered, our hearts are full just reading the lovely letters Joseph sent to Mary Ann as he was after her heart – although we can’t help but wonder what Mary Ann’s letters back to Joseph said!



• Gravestone in Schomberg Cemetery



• Joseph Hollingshead (1845-1907) and Mary Ann Proctor (1845-1937), studio portrait, circa early 1870s; they were married on December 29, 1869.

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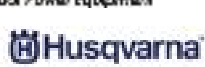
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RED DRESSES

Presence through Absence

The two rows of bright red dresses pop against the stone façade in the outer vestibule, performing a tableau steeped in visceral intensity. On a gusty day at the King Heritage and Cultural Centre, the dresses shift between states — sometimes still, other times **twisting, flipping** or swaying.



WRITTEN BY
**KIMBERLEY
RUSH-DUYGULUER**

Kimberley Rush-Duyguluer is a Toronto / Istanbul-based curator, writer, and researcher with a practice rooted in Global Feminisms, Material Culture, and the politics of aesthetics.

Designed for human bodies, they evoke an undeniable void — the absent body at the centre of the REDress Project. Near the museum entrance and, on an adjacent tree, the 20ish dresses stand as markers of trauma, visible to passing motorists and visitors.

The REDress Project was created by Métis artist Jaime Black in 2010 as an installation with just six dresses, confronting the alarming numbers of Missing and Murdered Indigenous Women — a focus that has since expanded to include girls and Two-Spirit people. The project has grown to nearly 100 dresses travelling across Canada, the United States, and Europe. Exhibited at the Smithsonian Museum of the American Indian in Washington, D.C., it is also on permanent display at the Canadian Museum for Human Rights in Winnipeg.

The garments — a mix of women's and girl's dresses acquired through community donations and institutional purchases — form a growing collection the KHCC hopes to expand by 2026. This public art project continues KHCC's commitment to amplifying Indigenous voices and histories through programming. Hung in early May, the installation led into May 5, Red Dress



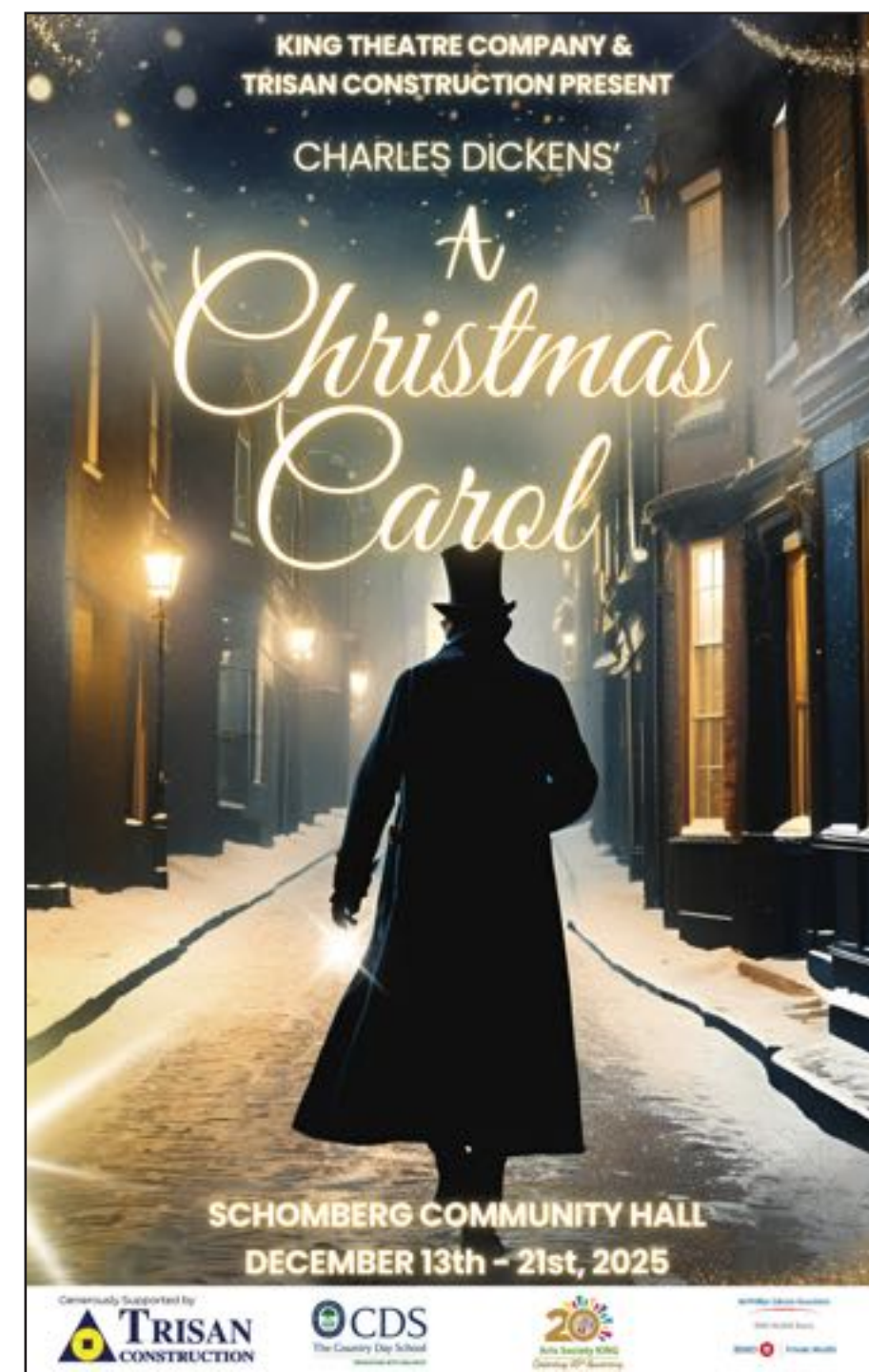
Day — a national day of remembrance sparked by Jaime Black's 2010 work. The dresses remained in place until May 15.

In a 2021 interview with the Canadian Museum of History, Black explained that the dresses are not empty but imbued with a profound spiritual presence — used "to evoke a presence through the marking of absence." They represent Indigenous voices in the public space. For her, the colour red symbolizes both blood and bloodline. Black is also set to release an anthology of essays by Indigenous elders, artists, writers, scholars, and family members of MMIWG2S people titled REDress: Art, Action and the Power of Presence.

The motif of the red dress recurs in Indigenous cultural productions. Métis writer Maria Campbell's 1978 NFB short film *The Red Dress* and her play *The Book of Jessica* — co-written with Linda Griffith — embed the image within narratives of Métis identity.

A red dress also features in Rebecca Belmore's 2002 canonical performance *Vigil*. Wearing a floor-length red jersey dress, Belmore nails parts of it to walls and pavement at sites in Vancouver's Downtown Eastside, where women were abducted by convicted serial killer Robert Pickton. She tears the dress from the nails, leaving it in tatters—a violent elegy to the women lost.

Across these works, the red dress stands as a haunting reminder of colonial violence against Indigenous women and communities.





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